



## Legislation Text

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**File #:** 15-1001, **Version:** 1

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Recommendation to authorize City Manager, or designee, to execute all necessary agreements, and any subsequent amendments, between the City of Long Beach and the State of California Department of Public Health, in an amount not to exceed \$682,189 for the period of July 1, 2015 through June 30, 2016, to continue the Maternal, Child, Adolescent (MCAH) and Black Infant Health (BIH) Programs to implement program activities that promote healthy pregnancy and birth outcomes among low-income individuals and families. (Citywide)

Local public health jurisdictions receive block grants from the State of California Department of Public Health (CDPH) to ensure access to quality health care services for pregnant women and children; provide linkages to preventive and primary care services for children and youth; and deliver family-centered, community-based comprehensive health education to address community concerns.

The Black Infant Health (BIH) program seeks to reduce maternal and infant health disparities affecting African-American women and babies. African-American babies are twice as likely to be born with a low birth weight (less than 5 pounds, 8 ounces) than infants of other racial or ethnic groups, and African-American babies are more than 1.5 times more likely to be born prematurely than white babies. Also, African-American women are four times more likely to experience life-threatening health complications from pregnancy than white women.

Each year, over 500,000 women give birth in California. Although most pregnancies are healthy, many women and infants face challenges in reaching optimal health. Rates of maternal and infant morbidity and mortality have steadily improved in Long Beach over the last 10 years. The MCAH and BIH programs are critical public health programs that contribute to positive health outcomes for women, infants and children.

The MCAH and BIH programs provide over 3,000 client contacts per year. Services provided during these contacts include client assessments, nurse home visits, group and individual health education, lactation support, and referral information and navigation assistance. MCAH and BIH staff also work collaboratively with community agencies and organizations to promote the health of the MCAH and BIH eligible populations. For FY 2015-2016, the total cost for the MCAH and BIH programs is \$1,238,308. The State's program allocation for MCAH is \$174,343 and for BIH is \$507,846. In addition to State funding, the MCAH and BIH programs are subject to federal and local agency matches. The federal match for MCAH is \$56,238 and for BIH is \$72,129. The match is from Federal Title XIX Medicaid (Medi-Cal) Funds. The City match for the MCAH grant is \$211,343, and \$216,409 for BIH. The Health Department uses revenue from First 5LA and public health realignment funds to meet the

local match requirements.

This matter was reviewed by Deputy City Attorney Linda Vu on September 1, 2015 and by Budget Management Officer Victoria Bell on September 8, 2015.

City Council action on this matter is requested on October 6, 2015, in order to continue the program without interruption.

The Health Department will receive reimbursements from the State in the amount of \$682,189 for the grant period of July 1, 2015 through June 30, 2016. The City match required for BIH is funded through the First 5 LA grant and the MCAH match is funded through public health realignment funds. Sufficient funding is budgeted in the Health Fund (SR 130) in the Department of Health and Human Services (HE). The Health Department will hire one FTE Outreach Worker, a part-time Health Educator and one Clerk Typist, non-career to help fulfill grant requirements. These positions are included in the FY 16 budget.

Approve recommendation.

KELLY COLOPY  
DIRECTOR HEALTH AND HUMAN SERVICES

APPROVED:

PATRICK H. WEST  
CITY MANAGER