

**CITY OF LONG BEACH
SENIOR CITIZEN ADVISORY
COMMISSION MINUTES**

**WEDNESDAY, OCTOBER 18, 2017
LONG BEACH SENIOR CENTER
1150 EAST 4TH STREET, ROOM 202,
LONG BEACH, CA 90802, 9:00 AM**

Mary Alice Sedillo, Chair
Winifred W. Carter, Commissioner
Laura E. Claveran, Commissioner
Don Darnauer, Commissioner
Ronald Eomurian, Commissioner



Robert Finney, Commissioner
Jo Prabhu, Commissioner
Paula Prager, Commissioner
Naida Tushnet, Commissioner

1 ROLL CALL

At 9:03 a.m., Commissioner Sedillo called the meeting to order.

STAFF LIAISON

Lori Jarmacz, Superintendent
Irene Rodriguez, Secretary

PLEDGE OF ALLEGIANCE

Commissioner Tushnet led the flag salute.

READING OF MISSION STATEMENT

Commissioner Eomurian read the mission statement.

2 APPROVAL OF MINUTES

17-010SR Recommendation to approve the minutes of the Senior Citizens
Advisory Commission minutes for the meeting held September 20, 2017.
Suggested Action: Approve recommendation.

**A motion was made Commissioner Robert Finney, seconded by
Commissioner Paula Prager, to approve recommendation. The
motion carried by the following vote:**

**Yes: 7 - Don Darnauer, Ronald Eomurian, Robert Finney, Jo
Prabhu, Paula Prager, Naida Tushnet and Mary Sedillo**

Excused: 1 - Winifred Carter

Absent: 1 - Laura Claveran

3 PUBLIC PARTICIPATION

Patron, Richard Castle attended the Long Beach Transit Board meeting on September 25th as requested by Commissioner Darnauer. There will be another important Transit meeting on October 23rd at the Long Beach Transit.

4 GUEST SPEAKER

Guest speaker, Jacqueline Lauder, MSG, Director Community Giving with SCAN Health Plan gave a presentation on independence at home and services SCAN has to offer seniors.

5 STAFF REPORT

Recreation Superintendent, Lori Jarmacz invited everyone to attend the Long Beach Senior Center Health & Wellness Fair October 24th from 9am-12noon where they will be offering FREE Flu shots to Seniors.

Listed are "FREE" Flu clinics/locations that will run from 9am-12noon:

11/01 Mc Bride Park - 155 Martin Luther King Jr. Ave. LB

11/03 El Dorado Park - 2800 Studebaker Road LB

11/06 Bixby Park - 130 Cherry Avenue LB

11/08 Houghton Park - 6301 Myrtle Ave. LB

Recreation Superintendent, Lori Jarmacz advised the Senior Citizen Advisory Commission they will be conducting elections for new officers at the November Meeting.

6 STANDING COMMITTEE REPORTS

- A. Community Relations - Commissioners Darnauer, Finney and Prager
Commissioner Darnauer reported on a presentation that was submitted by the Downtown Residential Council to expand the Passport bus route.
- B. Crime Prevention and Safety - Commissioners Carter, Eomurian and Prabhu -
None
- C. Health - Commissioners Sedillo and Prager
Commissioner Sedillo reported on lecture she attended on "CKD" Kidneys.
Commissioner Sedillo reported on a Nursing home and medicare article.
- D. Housing - Commissioners Sedillo, Darnauer and Tushnet
Commissioner Sedillo reported that the Granny Flats development passed.
Commissioner Darnauer reported on a recent Hi-rise building survey.
- E. Legislation - Commissioner Finney - None
- F. Technology - Commissioner Prabhu
Commissioner Prabhu reported on a meeting she will be having with Heart of Ida to discuss Senior Technology/Training.
- G. Transportation - Commissioners Darnauer, Finney, Eomurian and Prabhu
Commissioner Darnauer reported on an appointment with Council member Gonzalez and Kraig Kogan regarding the Passport bus expansion, he also has a meeting with Mayor Garcia scheduled for next week.

7 ANNOUNCEMENTS

First District Councilwoman, Lena Gonzalez will be hosting a Dia De Los Muertos Celebration in downtown Long Beach on November 4th.

Moola will be hosting a Dia De Los Muertos Celebration on October 21st.

Gray Panthers will be hosting a Holiday Brunch on December 2nd from 11am-2pm at Plymouth West 240 Chestnut Avenue in Long Beach.

Landuse Planning Meeting at Scherer Park on October 18th @ 6 pm.

Aquarium of the Pacific is starting an Enviromental Academy on October 25th. Cost: 4 wks/\$40

The General meeting of the Senior Citizen Advisory Commission will be held November 15, 2017 at 9:00 am, at Long Beach Senior Center located at 1150 E. 4th Street Room #202, Long Beach 90802.

ADJOURNMENT

At 10:44 a.m., Commissioner Sedillo adjourned the meeting.