



ACCESS TO SAILING THERAPEUTIC REHABILITATION PROGRAMS

6475 East Pacific Coast Highway, Long Beach, CA 90803 (562) 433-0561 www.access tosailing.org
Access to Sailing, Inc, a 501(c)3 non-profit organization

Our mission: Sailing beyond disabilities, beyond limitations.

Access to Sailing provides therapeutic rehabilitation to disabled and disadvantaged children and adults, through interactive sailing outings. Our participants face a wide variety of physical and mental challenges including spinal cord damage, stroke, head injury, chronic disease and developmental disabilities. Many have suffered a recent traumatic injury or illness. For over 14 years, ATS has served thousands of participants, mostly in small groups brought to us by hospital therapists, special education teachers and community program leaders. ATS outings provide an empowering experience in which participants often discover they are capable of far more than they had realized. Ultimately, the mission of Access to Sailing is empowering each participant to reintegrate in society and live a full, rewarding life as a productive member of the community.

ATS 2004 highlights

In 2004, Access to Sailing has served over a 1000 participants, mostly on personalized outings of 6 or fewer guests per boat. ATS hosted its 2 biggest events ever, with the Aquarium of the Pacific and Disabled Sports USA, highlighted by an outing with 25 injured US soldiers from Iraq, televised on ABC and CBS.

Programs served by ATS in 2004

U.S. Soldiers injured in Iraq
Disabled Sports USA Summerfest
Aquarium of the Pacific Festival of Human Abilities-- for disabled public
Veterans Administration Hospital-- adult veterans in wheelchairs
North Long Beach Intensive- children with mental disabilities
Autism Society- autistic children and families
Multiple Sclerosis Society
US Vets program for homeless Veteran fathers and their children
CLU (Center for Learning Unlimited)- children with developmental disabilities
Chelsea Fabiszak (girl with Rett Syndrome, and her girl scout troop)
Cabrillo High School Special Education- children with mental disabilities



US Army soldier Leo Pedroza lost his arm in Iraq. He discovered new abilities sailing with Access to Sailing.

Thanks to donations, ATS most 2004 outings were provided at no charge.

An average ATS outing costs the program about \$250 for a 10 person group and 2 boats. These costs include insurance, boat maintenance, bottom cleaning, boat captains, storage and office expenses. Your donations of cash, boats, cars and other items will help ATS continue to offer outings at no cost or low cost to participants. For ongoing funding, ATS is looking for sponsors to contribute a monthly sponsorship of \$250, \$500 or \$1000. For each \$250 monthly donation, ATS will provide one 10-person outing per month with the disabled or disadvantaged group(s) of the sponsor's choice. Please see contact ATS for more information, photos and 2004 program details.

