



**COUNCILWOMAN
LENA GONZALEZ**

Memorandum

Date: March 1st, 2016

To: Honorable Mayor and Members of the City Council

From: Councilwoman Lena Gonzalez, 1st District *LG*
 Councilmember Dee Andrews, 6th District *DA*
 Councilmember Roberto Uranga, 7th District *RU*

Subject: Senior Citizen Advisory Commission Request

Recommendation:

While understanding the needs of senior's citywide, we respectfully ask the Senior Citizen Advisory Commission to create a report to review and explore the costs of restoring the former senior food programs and to discuss the connection to transportation, specifically related to any major changes that would have interrupted access from senior communities to former food program locations in the city.

We are requesting the City Manager to provide a verbal report back at a Council meeting in a presentation no later than 90 days regarding the senior meal program. Grant opportunities should be explored along with the possibility of the Health Department collaborating or leading the work since this is truly a health related issue.

Background Information:

Our Senior and Older Adult populations need new and creative avenues for park programming and activities that include access to healthy and nutritious foods. Many of our older adult populations either do not have convenient access to healthy food options or have grown concerned with the lack of healthy activities at our parks for seniors. In addition, District One residents have grown concerned with Long Beach Transit bus routes being cut or increasing in price over the last few years.

Approximately three and half years ago the Senior Lunch program was implemented through a contract with the County of Los Angeles and administered by the non-profit Human Services Association (HSA) for the City of Long Beach and supervised by our Parks, Recreation and Marine Department.

Due to an increase in the cost to provide meals by HAS and the lack of attendance at specific locations in the city the program was discontinued including Chavez Park. For this program the City does not provide any financial support for the program and seniors are asked to donate \$2.25 for the meal but are not required to. No one is turned away for lack of funds.

The following locations provide senior meals:

- The Senior Center – CD 2
- El Dorado Park West – CD 5
- McBride Park – CD 6
- Houghton Park – CD 9

Fiscal Impact: There is no fiscal impact.



City of Long Beach Memorandum
Working Together to Serve

MAR 01 2016

REQUEST TO ADD AGENDA ITEM

Date: March 1, 2016

To: Maria De Luz Garcia, City Clerk

From: Councilwoman Lena Gonzalez, District 1
Councilmember Dee Andrews, District 6
Councilmember Roberto Uranga, District 7

Subject: Request to Add Agenda Item to Council Agenda for **March 1, 2016**

Pursuant to Municipal Code Section 2.03.070 [B], the City Councilmembers signing below request that the attached agenda item (due in the City Clerk Department by Friday, 12:00 Noon) be placed on the City Council agenda under New Business via the supplemental agenda.

The agenda title/recommendation for this item reads as follows:

Senior Citizen Advisory Commission Request

Council District	Authorizing Councilmember	Signed by
1	Lena Gonzalez	
7	Roberto Uranga	
6	Dee Andrews	