

We Create Community



Junior Beach Runners Track Meet

On Saturday, March 28, the Junior Beach Runners (JBR) participated in the 1st Annual Fitness Challenge at Chittick Field. JBR is a nutrition education and physical fitness program for youth done in partnership with Long Beach Parks, Recreation and Marine, Long Beach Health and Human Services and the Long Beach Unified School District's "Winners Reaching Amazing Potential" (WRAP) sites at King, Hudson, Lee, Lafayette, Edison, Grant, Garfield and Burbank Elementary Schools.

The goal of JBR during the spring was to prepare stu-

dents to pass State Board of Education Fitness Test at their schools. A total of 100 youth participated in the Fitness Challenge, which included a zig zag run, arm crawl, spider web crawl, mini hurdles and tire pull. The youth enjoyed a kids fun zone with a jumper and face painting.

The youth also played a fun fruit and veggie game offered by the Health Department's "Healthy Active Long Beach" program, enjoyed organic juices from the Salud Company, and built their basketball skills with drills offered by Triple Threat Basketball.



Commission on Youth and Children: Where the Voices of Youth Matter



L-R: Commission on Youth and Children Commissioners Carmen Abbott, Judith Carey-Fisher, Emma Parsons, Jacob Alpern, Nina Richardson, Jeremiah Jones, Vivian J. Malauulu, Megan Kerr, Jonathan Schnack, Dr. Gregory Canillas

provision of youth services including social and health services, job training, education, juvenile justice, safety and recreation. The group annually reviews the City's legislative agenda and Education and Youth Strategic Plan.

The Commission stays current on issues facing Long Beach children through presentations about programs such as the BE S.A.F.E. (Summer

In 2003, the Long Beach City Council adopted a resolution forming the Commission on Youth and Children (CYC). The CYC is a youth-adult board of ten adults and nine youth. The adult commissioners include one Long Beach Unified School Board member, one parent of a child or children under age 21, and eight youth service experts. Youth members are selected by the City Council member of the district in which he/she resides, and appointed by the Mayor. They must be under the age of 19 at the time of appointment.

The CYC advises the Mayor and City Council on the City's

Activities in a Friendly Environment) program, the U.S.D.A. Summer Food Program, Winners Reaching Amazing Potential (WRAP) programs in schools, and the Main Library's "Special Connect" sensory-friendly place for children with special needs.

The CYC meets bi-monthly on the last Wednesday of the month at 6 p.m. in the Parks, Recreation and Marine Administration offices at 2760 Studebaker Road. Upcoming 2015 meetings are scheduled for May 27, June 22, September 23 and November 18. For more information, call (562) 570-3850.



DAY CAMPS

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APRIL 15
AT 8 A.M.

Our enthusiastic and dedicated staff want your child to experience the endless benefits of a great summer day camp.

AGES 5 - 12 • M - F 9AM - 4PM • JUNE 22 - AUGUST 28

Unless otherwise noted. Extended hours are available for an additional fee. Field trips are an additional cost.

<p>PARK DAY CAMPS FEE: \$105 PER WEEK El Dorado West • 562.570.3225 Silverado • 562.570.1675 Stearns Champions Creative Artist Camp • 562.570.1685 Veterans • 562.570.1695</p> <p>HIGH FIVE SPORTS CAMP FEE: \$105 PER WEEK Pan American • 562.570.1660</p> <p>AQUATICS DAY CAMPS FEES VARY PER CAMP Belmont Junior Beach Camp (ages 5-7) • Bayshore Beach Camp (ages 8-12) Bay Club Teen Camp (ages 13-15) • Counselor in Training Camp (ages 14-17) 562.570.1888</p>	<p>PEE WEE CAMP FEE: \$105 PER WEEK AGES 5 - 8 Wardlow • 562.570.1705</p> <p>MUSIC & ARTS CAMP FEE: \$110 PER WEEK Whaley Park • 562.570.1710 Online registration strongly recommended</p>
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- ➊ Visit <http://activenet.active.com/lbparks> or follow the link at WWW.LBPARKS.ORG
- ➋ Click on the "Request an Account" button.
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Department Specialty Camps Let Kids Be Kids

Parks, Recreation and Marine will offer dozens of week-long specialty camps for youth this summer that will allow them have fun with diverse interests such as film making, writing, chemistry, engineering, dance, music, robotics, sand castle design, skateboarding, soccer, basketball, football, gymnastics, cooking, and more.

Arts: Kids can have creative fun with camps for filmmaking, dance, art and writing. IncrediFlix Inc. is offering sessions in making "Action Flix," "Lego Flix" and animation.



Movies by Kids Inc. will offer Claymation and Minecraft Movie camps. Budding authors can hone their storytelling skills in camps focused on literary favorites like Camp Katniss, for "Hunger Games" fans, Harry Potter and Hogwarts Camp. Dance camps include Hip Hop, Minions & Monsters, and

Perfect Pixie dance camp for little pixies ages 4-7. The Long Beach Summer Music Academy gives band and orchestra students entering 7th, 8th or 9th grade with at least one year of music instruction with a rewarding, musical experience. The 10 weekly sessions culminate in a

public concert. The Woodland Creatures Arts and Crafts camp will let campers "capture" their favorite woodland creatures on canvas, in sculpture, drawing and more.

Sports: Full and half-day soccer camps for all levels, skateboarding, basketball, football, and gymnastics are perfect for sports enthusiasts. "Learn to Row" camps at Pete Archer Rowing Center for ages 12-18 will teach boat handling, water safety, rowing and sportsmanship.

Science: Young scientists will love Crazy Chemworks, Engineering Using LEGOS, Eureka camp with a focus on simple machines, Fort Building, FUN-GINEERING to learn about building skyscrapers, bridges and tunnels; Jedi Engineering Using LEGOS, Ninjaneering Master Using LEGOS, Wings and Things camp exploring aerodynamics; NXT Robotics Using LEGOS, and Secret Agent Lab camp.

Special Interest: Other theme camps include Star Wars, Jedi Training, Sand Castles, Top Chef Cooking, the Wipe Out massive obstacle course camp, Youth Leadership and Public Speaking camp, and Zombie Survival Camp for learning survival skills with fun, interactive activities.

Register at <http://activenet.active.com/lbparks> starting May 4.

Class Instructor Profile: Kevin Hamilton



Parks, Recreation and Marine recreation classes are taught by talented, enthusiastic instructors from all walks of life. Kevin Hamilton, an instructor in the Summer Music Academy Youth Camp, is such a person. He is known for his fun teaching style and ability to foster children's musical abilities and self-esteem. He was named the Long

Beach PTA's "Teacher of the Year" in 2007. He recently answered a few questions about his work.

How did you get into music instruction?

During my first few years of college, I realized that I could make a living doing two of the things I loved most, creating music and working with young people. I was fortunate enough to have some amazing mentors as I went through college in pursuit of my degree.

What was your inspiration for the Music Academy?

I wanted to provide a place for my students, and all Long Beach students to continue progressing musically over

the summer. My hope is that friendships will form between music students of different schools in our community.

How do you feel your work impacts the community?

I don't know that it impacts the community per se, but it can create wonderful experiences for the students and families involved. The students get to make new friends, improve their musical abilities and perform a concert for their families.

What do you like most about working with the Long Beach community?

I absolutely love meeting so many wonderful Long Beach families. It's great to witness the sense of pride from the parents and child right after a concert, or the excitement on the face of the younger sibling when they tell me they can't wait to start and instrument.

Why should a child attend your class?

If the child is a middle school musician, and enjoys playing in a band or an orchestra instrument, the class will foster friendships, help the student to learn new songs and improve their skills.

Earth Day Beach Cleanup

El Dorado Nature Center is coordinating the annual Earth Day Beach Cleanup on Saturday April 18 from 10 a.m. to 12 p.m. In honor of Earth Day, you can help protect our coastline. Bring your family, friends and buckets (to help cut down on plastic waste) to one of the four cleanup sites:

Belmont Veterans Memorial Pier, 15 39th Place
 Marine Park Mother's Beach, 5839 Appian Way
 Cherry Beach, Junipero and Ocean Blvd
 Peninsula Beach, 55th Place and Ocean Blvd

Parking is free in the lots for the event.

For more information or to register your group, contact Brooke Davis at (562) 570-4876.



Homeland Hosts Visioning Process



Homeland Cultural Center's West African drum and dance troupes expressed the vibrancy of Long Beach's Anaheim Street in performances at the Gamboa Theater for the start of the Anaheim Corridor Design Visioning Process.

The public gathered at the Homeland Center at MacArthur Park on March 28 to discuss goals for improving the Anaheim Corridor by capitalizing on the area's strong diversity, drawing new visitors and supporting businesses.

The community can share thoughts about issues facing Anaheim Street, at upcoming meetings at the Mark Twain Library at 1401 E. Anaheim Street on April 18, 12 - 12:30 p.m.; June 6, 12 - 2:30 p.m.; and July 25, 2:30 - 5 p.m.

Community Recreation Services Bureau: By the Numbers - February 2015

Permits to Gather	70	El Dorado Regional Park Paid Entries	9,913
Reserved Picnic Sites.....	2	Adult Sports League Participants.....	504
Number of Contract Classes	12	Visits to City and City Operated LBUSD Pools...	12,034
Facility Use Permits Issued	73	Youth and Teen Participants.....	42,704
Field Use Permits Issued.....	60	Senior Citizen Participants	40,446
El Dorado Regional Park Annual Passes.....	604	Visits to the El Dorado Nature Center	19,180

Know Your Long Beach Park: Channel View Park



When you feel like a walk in the park, one of the prettiest ones to choose in Long Beach is Channel View Park. This 5.1-acre linear park spans the west bank of Los Cerritos Channel along Studebaker Road. A .91-mile path in the park between 7th Street and Loynes Drive is great place to jog, walk or bike. Long Beach Bikeway 10 runs through the park, with cyclists entering at the 7th Street Pedestrian Bridge or at the south end at Loynes Drive.

The park land was originally intended to be an extension of Palo Verde Avenue, but ultimately Palo Verde Avenue concluded north of 7th Street in the early 1960's. The area was improved as a park with turf, trees, benches and a walking path in 1968. The bicycle overpass across 7th Street was added in the early 1980's.

Channel View Park is a nice place to get some exercise or relax on a benches and observe the avian wildlife and rowers that frequent the Los Cerritos Channel.



“Wetland Warrior” Lenny Arkinstall Profiled on CBS News



On March 21 CBS News profiled Lenny Arkinstall, Founder and Executive Director of the Los Cerritos Wetlands Stewards, Inc., who in 1994 made it his personal goal to completely clean Long Beach's Los Cerritos Wetlands. He has been involved in the maintenance of Long Beach's delicate wetlands ever since.

In a small boat, Lenny regularly skims the Los Cerritos Bahia Marina collecting trash and dredging underwater. He came up with the idea to lay booms along areas to collect trash before it could migrate into sensitive areas where wildlife may confuse it for food.

In 2012 when Arkinstall received the city's first Aquatic Capital of America Foundation award for his efforts. Former Long Beach City Councilman Rob Webb who gave

Lenny the award, said, “We have more snowy white egrets and birds that we didn't see when we were kids. A lot of that is because of Lenny.”

In the course of 20 years, Lenny estimates hundreds of tons of debris have been pulled out of the local waters. The CBS piece noted a study by the University of Georgia that stated that 8 million tons of plastic trash ends up in the ocean a year.

Since 1994, more and more volunteers joined Lenny in his efforts. Los Angeles County and City of Long Beach staff and trucks also help to remove also remove the trash.

He established up the Los Cerritos Wetlands Stewards to organize long-term efforts to protect and enhance the Los Cerritos Wetlands. Learn more about the Los Cerritos Wetlands Stewards at www.lcwstewards.org.

See the CBS profile at www.cbsnews.com/news/one-mans-solution-to-the-pollution.

Marine Bureau Update

Alamitos Bay Marina staff have been busy planning a major relocation of vessels with 293 customers on gangways 15 through 25 and those south of the “red line” on gangways 26 through 29 to temporary homes to make the area accessible for the dredging of Basin 2 and Basin 3 before the permit expiration date of October 31, 2015.

The City is committed to finding alternative berthing within the Long Beach marina system throughout this process to the extent possible. The completion date for the current construction is June 1, 2015. Demolition will begin on or before June 1. Dredging is preliminarily scheduled for completion in September.

Staff is working on funding sources for the construction of Basins 3, 6 and 7. A presentation to City Council regarding the details and results will be scheduled within the next few weeks.



Alamitos Bay Marina Basin 2

Alamitos Bay Marina Restroom Renovations



Marine Maintenance staff recently removed the old roof from the “A-2” restroom in the Alamitos Bay Marina and replaced it with a sturdy new torch down rock roof.



Staff will paint the building and address any other maintenance needs so that it can open again soon, newly renovated and fresh!

The “A-5” restroom is also scheduled for a re-roofing and will be completed soon.

Maintenance Operations Bureau - March 2015

Community Service Workers Program

Persons enrolled in program122

Number of hours worked/sites:

Queensway Bay.....261

Beach Maintenance.....98

Marine Maintenance767

El Dorado Park Areas1,597

Los Cerritos Wetlands 156

Neighborhood and Community Event Cleanups....322

CSW hours for the month of March3,201

Maintenance and Development Bureau

Work Orders Completed.....176

Restrooms cleaned on a daily basis.....172

Facilities and Gymnasiums cleaned daily28

Park acres maintained:

Park turf814

Park landscape.....2,310

Street (medians) turf53

Street landscape153

Water consumption and cost:

Parks and Street Island Potable.....7,834ccf, \$44,667

Parks and Street Island Reclaimed.....4,834ccf, \$13,913

Timmons Subaru “Shares the Love” with Friends of Long Beach Animals



Far left: Ted Stevens, Manager of Long Beach Animal Care Services joins Timmons Subaru Manager April Somers (4th from left) and Friends of Long Beach Animals members and Timmons Subaru staff to accept donation.

On March 28 Timmons Subaru of Long Beach presented the Friends of Long Beach Animals (FOLBA) with a donation of \$42,835 from their December 2014 “Share the Love” campaign. The campaign is a Subaru of America charitable program that donates \$250 from the sale or lease of every new Subaru vehicle to a selected non-profit organization.

The generous donation will go towards spay/neuter programs for pets in the Long Beach community.

Long Beach Animal Care Services thanks April Somers, Timmons Subaru General Manager and staff for choosing FOLBA as their “Hometown Charity” and for hosting an animal adoption event with Go Country 105 radio station.



Timmons Subaru adoption event with FOLBA, Long Beach ACS and Go Country 105 radio.

Partners of Parks “30 for 30” Campaign Celebrates 30th Anniversary

Since 1985 the non-profit Partners of Parks has raised funds for Long Beach recreation programs and has supported the rehabilitation of parks and the construction of new parks.

While the demand for Partners of Parks services has increased, their operating budget has not been augmented in over ten years.

Join the hundreds of other people who support Partners of Parks and make a donation today to POP’s “30 for 30” campaign with a goal to raise \$30,000 for their 30th anniversary. Visit www.partnersofparks.org to donate.

For more information about Partners of Parks, visit www.partnersofparks.org.



Partners of Parks supports the popular “Movies in the Park” program sponsored by Signal Hill Petroleum. “Movies in the Park” will celebrate it’s 10th season in Long Beach parks this summer.

CALENDAR OF EVENTS

April - May 2015

APRIL 2015

Fri. 10:	Hours Vary	Spring Break "Fun Days" Supervised Park Hours	Park Community Centers
Sun. 12:	8 a.m.	Audubon Bird Walk	El Dorado Nature Center
Mon. 13:	Hours Vary	New four week swim lesson sessions begin	Belmont Plaza Pool
Tue. 14:	7 p.m.	*Family Nightlife Walk	El Dorado Nature Center
Wed. 15:	8 a.m.	Summer On-Line Day Camp Registration Begins	On-Line
	9 a.m.	Senior Advisory Commission Meeting	Long Beach Senior Center
Th. 16:	9 a.m.	Parks and Recreation Commission Meeting	El Dorado Senior Center
Sat. 18:	10 a.m.	Earth Day Coastal Cleanup	East of Belmont Vets Memorial Pier
Mon. 20:	Hours Vary	New five-week swim lesson sessions begin	Silverado Park Pool
Tue. 21:	Hours Vary	New five-week swim lesson sessions begin	King Park Pool
Mon. 27:		Summer "Recreation Connection" - class and program guide published	
Wed. 29:	10 a.m.	*Pre-school Parent & Me Workshop (crafts, songs outdoor activities)	El Dorado Nature Center

MAY 2015

Sat. 2:	10 a.m.	Turtle Show	El Dorado Nature Center
	2 p.m.	Out of the Wilds and Into your Garden Native Plant Class	El Dorado Nature Center
Mon. 4:		Summer Class Registration Begins	
Sun. 10:	8 a.m.	Audubon Bird Walk	El Dorado Nature Center
Tue. 12:	7 p.m.	*Family Nightlife Walk (#12078)	El Dorado Nature Center
Wed. 13:	10 a.m.	*Pre-school Parent & Me Workshop (crafts, songs outdoor activities)	El Dorado Nature Center
Th. 14:	2:30 p.m.	Marine Advisory Commission	Long Beach Yacht Club
Wed. 20:	9 a.m.	Parks and Recreation Commission Meeting	El Dorado Senior Center
Th. 21:	9 a.m.	Senior Citizen Advisory Commission	McBride Park
Fri. 22:		100 Days of Summer Concert	Marine Stadium
Wed. 27:	10 a.m.	*Pre-school Parent & Me Workshop (crafts, songs outdoor activities)	El Dorado Nature Center
	6 p.m.	Commission on Youth and Children Meeting	PRM Admin., 2760 Studebaker Rd.

*Call for registration and fee information.

NATIONAL GOLD MEDAL AWARD WINNER!



Long Beach Parks, Recreation and Marine

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