



# CITY OF LONG BEACH **C-12**

DEPARTMENT OF HEALTH AND HUMAN SERVICES

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October 9, 2007

HONORABLE MAYOR AND CITY COUNCIL  
City of Long Beach  
California

## RECOMMENDATION:

Authorize the City Manager to execute agreements and subsequent amendments with Kaiser Permanente to implement the Latino Diabetes Prevention and Management Program in the amount of \$37,500 for a period of one year from the receipt of the funding. (Citywide)

## DISCUSSION

Kaiser Permanente has awarded \$37,500 to the City of Long Beach, through the Department of Health and Human Services (DHHS), to continue the implementation of the Latino Diabetes Prevention and Management Program (Diabetes Program).

The Diabetes Program was established in September 2003 through a grant from The California Endowment in order to fill an identified need for Spanish-language diabetes education. The need was based on the lack of linguistically appropriate diabetes education services in the community, the high rates of diabetes among Latinos, and the large number of under/uninsured Spanish-speaking individuals not connected with medical care services. To date, the program has provided educational services and health referrals to nearly 600 Long Beach residents, and has linked over 100 participants to a medical home at a partnering clinic.

The Diabetes Program consists of a 12-week diabetes education course that focuses on diabetes self-management, skill building and social support. In addition, participants are provided with a consultation with a registered dietician, diabetes monitoring equipment, and referrals and linkages to community resources. Classes have been held at various community locations throughout the City including the Long Beach Comprehensive Health Center, Long Beach Memorial Medical Center, the Children's Clinic on Pine, the West Facilities Center, among others. The program is provided at no cost and is open to the public.

Additional services of the Diabetes Program include diabetes screenings at community events, a monthly support group, case management for diabetic women of childbearing age, and participation in activities of the Long Beach Diabetes Collaborative.

Funding from Kaiser Permanente will sustain the program by supporting personnel costs, educational materials, diabetic supplies, and consultations with a registered dietician.

This matter was reviewed by Deputy City Attorney Lori A. Conway on September 17, 2007 and by Budget and Performance Management Bureau Manager David Wodynski on September 28, 2007.

TIMING CONSIDERATIONS

City Council action on this item is requested on October 9, 2007.

FISCAL IMPACT

The City will receive grant revenues up to \$37,500 to offset expenditures of the same amount. Funds are currently appropriated in the Health Fund (SR 130) and the Department of Health and Human Services (HE).

SUGGESTED ACTION:

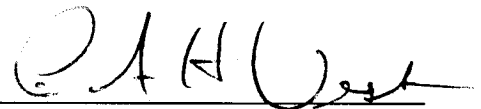
Approve recommendation.

Respectfully submitted,



RONALD R. ARIAS  
DIRECTOR  
HEALTH AND HUMAN SERVICES

APPROVED:



PATRICK H. WEST  
CITY MANAGER