

CITY OF LONG BEACH

DEPARTMENT OF HEALTH AND HUMAN SERVICES

2525 GRAND AVENUE • LONG BEACH, CALIFORNIA 90815 • (562) 570-4000 • FAX: (562) 570-4049

November 10, 2015

HONORABLE MAYOR AND CITY COUNCIL City of Long Beach California

RECOMMENDATION:

Authorize the City Manager, or designee, to execute an agreement and any subsequent amendments between the City of Long Beach and The Earl B. and Loraine H. Miller Foundation, to accept funding in the amount of \$61,000 for the period of July 1, 2015 through June 30, 2016, to implement a fitness, nutrition, and health education program. (Citywide)

DISCUSSION

The Earl B. and Loraine H. Miller Foundation (Miller Foundation) has awarded the City of Long Beach Department of Health and Human Services (Health Department) \$61,000 to provide free fitness and nutrition classes to community members, and to prepare high school students to pursue a college degree in a health-related field.

This funding will focus on increasing participants' levels of physical activity and knowledge of nutrition through partnership with the Beach Community Wellness Program at California State University, Long Beach Department of Kinesiology. In addition, the Health Department will partner with Jordan High School to coordinate a speaker series and field trips where students will learn about health-oriented degrees and fields of study that they can pursue in college.

This matter was reviewed by Deputy City Attorney Gary Anderson on October 15, 2015 and by Budget Management Officer Victoria Bell on October 16, 2015.

TIMING CONSIDERATIONS

City Council action on this item is requested on November 10, 2015, in order to continue this effort without service interruption.

FISCAL IMPACT

The total amount of the agreement is \$61,000. Sufficient funds are budgeted in the Health Fund (SR 130) in the Health and Human Services Department (HE). No match or in-kind service mandate is required, and there is no local job impact associated with this action.

HONORABLE MAYOR AND CITY COUNCIL November 10, 2015 Page 2

SUGGESTED ACTION:

Approve recommendation.

Respectfully submitted,

KELLY COLOPY

DIRECTOR

HEALTH AND HUMAN SERVICES

APPROVED:

SATRICK H. WEST