



CITY OF LONG BEACH

C-9

DEPARTMENT OF HEALTH AND HUMAN SERVICES

2525 GRAND AVENUE • LONG BEACH, CALIFORNIA 90815 • (562) 570-4000 • FAX: (562) 570-4049

January 6, 2015

HONORABLE MAYOR AND CITY COUNCIL
City of Long Beach
California

RECOMMENDATION:

Authorize the City Manager, or designee, to execute all necessary agreements and any subsequent amendments between the City of Long Beach and the March of Dimes California Chapter to accept funding in the amount of \$42,239, for the period of March 1, 2015 through February 29, 2016, for a program specifically developed for African-American women who are at high-risk of depression, chronic disease, and low birth weight, and premature deliveries. (Citywide)

DISCUSSION

Rates of premature deliveries in African-American women are nearly 30 percent higher than that of the general population. The statistics are similar for low birth weight babies. Both of these conditions greatly increase the risk of developmental disabilities, health problems, and premature death. Stress is thought to be a significant contributor to poor birth outcomes in this population. This program will target participants in the Black Infant Health (BIH) program, who are at risk of poor birth outcomes due to extreme stressors in their lives, such as domestic violence, homelessness, depression, and race-related stressors (stereotyping, discrimination, racism).

The March of Dimes California Chapter has awarded the City of Long Beach \$42,239 for the Department of Health and Human Services' (Health Department) program Destined for Greatness. The program is aimed at decreasing depression and increasing positive coping skills, such as physical activity, in order to positively impact mental health, chronic disease prevention, and healthy birth outcomes.

The Destined for Greatness Program will be a new service that is offered as part of the Health Department's Black Infant Program, and consists of a 6-week stress reduction/relaxation class series, and an 8-week physical activity class series.

This matter was reviewed by Deputy City Attorney Linda Vu on December 1, 2014 and by Budget Manager Lea Eriksen on December 10, 2014.

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TIMING CONSIDERATIONS

City Council action on this item is requested on January 6, 2015, in order to accept funding and begin program operations to meet required objectives.

FISCAL IMPACT

The total amount of the agreement is \$42,239 for one year. Sufficient funds are budgeted in the Health Fund (SR 130) in the Department of Health and Human Services (HE). No match or in-kind service mandate is required, and there is no local job impact associated with this action.

SUGGESTED ACTION:

Approve recommendation.

Respectfully submitted,



KELLY COLOPY
DIRECTOR
HEALTH AND HUMAN SERVICES

APPROVED:


PATRICK H. WEST
CITY MANAGER