

8

PETITION FOR 9 FOOT BASKETBALL GOALS

THE LISTED PARENTS OF THE "E" BOYS BASKETBALL GAMES AT BANCROFT MIDDLE SCHOOL PETITION TO IMMEDIATELY IMPLEMENT THE USE OF 9 FOOT GOALS FOR THE REMAINDER OF THE 2006 SEASON.

To learn the fundamentals of basketball a child requires height appropriate goals. "E" Boys playing basketball on 10 foot goals only fosters and ingrains negative fundamental physical habits and could possibly cause injury due to excessive strain on developing muscles.

The inappropriate equipment blocks the ability to play basketball as it was designed to be played for both physical skill development and enjoyment of the game.

This is the first year the Parks and Rec league has experimented with full sized goals in age group of children. Long Beach bought new adjustable basketball goals last year at a cost of \$1,000 each. They are available for use but are in storage.

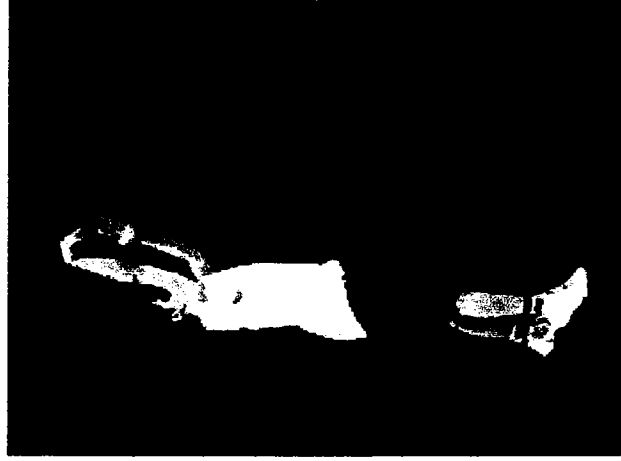
Nationally Recognized Youth Basketball Guidelines call for baskets heights of 8 1/2' high baskets for 7& 8, **9" baskets for 9 and 10 year olds**; 9 1/2' for 11 and 12 year olds.

PROPER SHOOTING TECHNIQUE FOR A FREE-THROW IS IMPOSSIBLE FOR 9 AND 10 YEAR OLDS ON 10 FOOT GOALS.

Proper Shooting - The player holds the ball to rest in the dominant hand's fingertips (the shooting arm) slightly above the head, with the other hand on the side of the ball. **Generally, the non-shooting arm is only used to guide the shot, not to power it.**

The set shot is taken from a standing position, with neither foot leaving the floor, typically used for free throws.

Have you seen your son shoot in proper form during a game – without needing both arms to power and not needing to jump for power?



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"Bringing Basketball to the Kids"

★ The primary purpose of Bidy Basketball is to make the youngsters feel that they belong in the sports world. This has been done by changing the size of the ball to 27+ and 28+ inches instead of 30 inches in circumference, lowering the height of the basket from 10 feet to 8 1/2 feet or 9 feet for 12's, shortening the foul line from 15 feet to 12'10" and adding special rules such as each player must play at least six minutes of the game.

The importance of the Bidy program has been recognized by the United States Department Educational Exchange Program, having sponsored Bidy Clinics throughout South America, the Far East and Southeast Asia. Among the nations playing Bidy are Italy, Chile, Spain, El Salvador, Bermuda, Australia, England, Morocco, Formosa, Japan, Puerto Rico, Canada, Ecuador, Burma, Peru, Virgin Islands, Thailand, Malaya and Philippines

NAYSI News FYI:

North American Youth Sport Institute

Ask Jack: What is the height difference between a NBA hoop and a junior high school hoop? S.H. on 5/31/2003

★ *Jack sez:* The regulation basketball goal is 10 feet high for all levels of league play from middle school through the professional level. For elementary grade students, move the goal up and down to any height so that the youngsters can make shots without having to resort to all kinds of strange mechanics to get the ball up to the goal. Then, gradually raise the goal as they become more skillful.

Here is a good rule of thumb for young players, based on the 10 foot goal. Position the goal, down or up, to a height where some of the players can jump up and just touch the net.

March 4, 2006

PETITION IN FAVOR OF 9 FOOT GOALS FOR "E" BOYS BASKETBALL LEAGUE 2006

Team Name	Childs Name	Parent/Advocate Signature
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Pan Am	Adrian Barreras	
Pan Am	Dylon Marcoux	
Pan Am	Derek Kim	
Pan Am	Arden Mayne	
Signal Hill	Nick Gonzalez	
Pan Am	Cameron Griffin #1	# Best Player
Gilbert Marciano	Adrian Marciano #30	
Signal Hill	Andrew J.	

Signal Hill

Signal Hill	Izaiah Rivas	Raymond Rivas
Signal Hill	Nathaniel Murad	Debbie Murad
Signal Hill	Brian OM	Sekem Hagan
Signal Hill	Moses	Jovita Gomez

March 4 2006

PETITION IN FAVOR OF 9 FOOT GOALS FOR "E" BOYS BASKETBALL LEAGUE 2006

Whaley 9Am

Parent/Advocate

Team Name	Childs Name	Signature
Lakers	Shiloh Garcia	
Lakers	Shiloh Garcia	
Lakers (Whaley)	Jacob Zinger	Michael Zinger
Whaley Johns	Marco Monrose	
Lakers	Brandon Quezada	Patricia Quezada

Blue

El Dorado 9:00 a.m.

Titans	Rodrigo Magaña	Agatha Magaña
El Dorado	Irma Sanchez	
"	Lee Puckett	
"	Alejandro Rosales-Mendez	Guadalupe Rosales
Titans	Anthony Boyd	Anthony Boyd

March 4, 2006

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<u>Team Name</u>	<u>Childs Name</u>	<u>Parent/Advocate Signature</u>
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Wardlow	- Kerin	Rayne Laabert
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Pan Am	- Jont Miles	John Abbata
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Pan Am	- Norik Desami	Morlean Mours
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Pan Am	- Nicholas Clark	Tony Clark
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Wardlow	Michael Quinn	Wendy M. Orr
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Wardlow	Jeffrey Quinn	Wendy M. Orr
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Wardlow	Michael Quinn	Mike P. Orr
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Wardlow	Jeffrey Quinn	Mike P. Orr
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Pan Am	Dirk Young	Jay Young
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Pan Am	Daannu Emrazens	Jake
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Pan Am	Riley Fembel	Scott Fembel
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Wardlow	Elijah Davis	Ken Davis
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Wardlow	Al Hintz	Al Hintz
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Pan Am	Dirk Young	Dirk Young
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(310) 951-8920 (Played Eurocup 3 yrs)

Next season only

March 4, 2006

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FOR "E" BOYS BASKETBALL LEAGUE 2006

College Estates Pistons

Parent/Advocate

Team Name	Childs Name	Signature
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College Estates	Sequan Walker	Mother K Wall
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College Estates	Pistons	Natalie Abbond
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College Estates	Mitchell Kern	[Signature]
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College Park Estate	Mitchell Kern	[Signature]
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College Estates	Jack Hill	Martha Hill
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College Estates	Thomas	Eton
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Thomas	Cathy (G'ina Nut) Ennis
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Stearns Park - only 3 children played


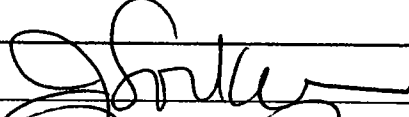

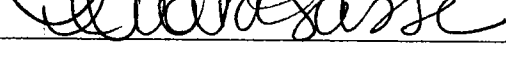
did not speak to parents

March 4, 2006

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FOR "E" BOYS BASKETBALL LEAGUE 2006

Parent/Advocate

<u>Team Name</u>	<u>Childs Name</u>	<u>Signature</u>
Clippers	MATT OCA	
Wizards		
Clippers	Cam	
Lakers	Chad	
Heat	Kyle	

Whalers Emmanuel Torres Virginia Jones

2005 Youth Sports National Report card



CTSA

CITIZENSHIP THROUGH SPORTS ALLIANCE

For the first time ever, CTSA convened a panel of youth sports experts from across the country to evaluate youth sports in the United States and articulate its successes and failures. The panel evaluated only community-based youth sports programs, focusing on those that serve children ages 6 to 14. To do so, panel members relied on their own experiences as youth sports leaders, authors, sociologists, sports psychologists, coaches and parents, as well as on current research and academic literature.

For more details on these grades, please turn the page.

The Citizenship Through Sports Alliance (CTSA) is an alliance committed to promoting positive behavior in youth sports by harnessing the collective resources of major U.S. sports organizations to provide practical and proven tools for parents and coaches in youth sports. Members of the CTSA are:



AREA of REVIEW	GRADE
Child-Centered Philosophy	D
Coaching	C-
Health and Safety	C+
Officiating	B-
Parental Behavior/Involvement	D

Grading key for each topic:

A=Outstanding; B=Good; C=Fair; D=Poor; F=Failing

WWW.sportsmanship.org

810 Baltimore • Kansas City, MO 64105

913-791-9564



2005 Youth Sports National Report Card

OVERVIEW

The expert panel that issued these grades was composed of men and women from all over the country whose diverse experiences with youth sports brought a unique perspective. These panelists included authors, attorneys, researchers, youth sports organization leaders, youth coaches and parents. Their common goal was to articulate where youth sports is succeeding and where it is failing. It is the hope of the CTSA that this will become an ongoing evaluation.

The panel recognized that youth sports is a wonderful activity for the children of this country, and that it provides both physical fitness and a means to enhance the character development of young people. The panel also recognized that in most communities youth sports is shepherded by men and women who are sincerely concerned for the well-being and development of youth. The panel does not wish to minimize the significant contributions of the people and programs who are working to provide such positive experiences.

The panel also recognized, however, that there are many areas where youth sports is falling short of its goals.

The panel is greatly concerned that, on the whole, youth sports has:

- ★ • Lost its child-centered focus, meaning less emphasis on the child's experience and more emphasis on adult-centered motives, such as winning.
- ★ • Suffered from the actions of over-invested sports parents, who maintain unrealistic expectations and fail to behave in a way that promotes the development of their own child and others.
- Failed to provide sufficient background checks, training and evaluations for coaches, who are so instrumental in the youth sports experience.
- Focused on early sports specialization, leading to burnout, overuse injuries and a hyper-competitive atmosphere focused on travel team participation at an ever-younger age.
- ★ • Lost the voice of the child, who is participating in sports for his or her own goals, which experts say include fun, friends, fitness and skill development.

The panel hopes that by increasing awareness of these challenges, it can stimulate dialogue about ways to improve youth sports, enabling more young people to benefit from all that youth sports has to offer.



2005 Youth Sports National Report card Areas of Review

Grading key for each topic: A=Outstanding; B=Good; C=Fair; D=Poor; F=Failing

Grading scale for elements within each topic: E=Excellent; S=Satisfactory; N=Needs Improvement; U=Unacceptable

CHILD-CENTERED PHILOSOPHY

Overall Grade (A-F): **D**

1. Youth sports leaders, parents and coaches put the goals of children – fun, friends, fitness, participation and skill development – first.	Unacceptable
2. Each player gets adequate attention and sufficient playing time in games and practices to improve skills and promote physical fitness.	Needs Improvement
3. League leaders and coaches reject a “win-at-all-cost” mentality and instead focus on broader issues, such as life lessons and overall character development.	Needs Improvement
4. League leaders, parents and coaches understand the dangers of early sports specialization.	Needs Improvement
5. Youth sports leaders set expectations and hold parents, coaches and themselves accountable for sportsmanship, civility and commitment to a child-centered philosophy.	Unacceptable

COACHING

Overall Grade (A-F): **C-**

1. An adequate pool of coaches possesses training in coaching techniques and safety, ensuring a safe environment for practices and games.	Needs Improvement
2. Coaches focus on effort, skill development, positive reinforcement and fun.	Unacceptable
3. Coaches cultivate an environment of respect for officials and opponents, modeling sportsmanship and civility.	Needs Improvement
4. Coaches ensure that all players receive enough playing time to promote continued participation and physical fitness.	Needs Improvement
5. Coaches refrain from encouraging early sports specialization and don't penalize youth who participate in multiple sports or activities.	Needs Improvement

HEALTH and SAFETY

Overall Grade (A-F): **C+**

1. League leaders, coaches and officials provide a safe and secure environment for games and practices.	Satisfactory
2. League leaders and coaches promote healthy habits – including fitness and good nutrition – and they discourage the use of performance-enhancing supplements, alcohol and drugs.	Needs Improvement
3. The league conducts formal background checks on coaches and volunteers.	Needs Improvement
4. League leaders and coaches emphasize the health and safety of the participants, and they possess adequate training in first-aid procedures and team safety, including hydration.	Needs Improvement
5. League leaders and coaches establish a reasonable number of games and practices for each age group to promote participation and prevent burnout or overuse injuries.	Satisfactory

OFFICIATING

Overall Grade (A-F): **B-**

1. Officials possess adequate training in officiating techniques, game rules and safety.	Needs Improvement
2. Officials do their part to promote a child-centered philosophy, focusing on effort, skill development, positive reinforcement and fun.	Satisfactory
3. Officials model sportsmanship and civility, encouraging an environment of respect for all.	Satisfactory
4. Officials ensure that games are played by the rules, with special emphasis on fairness and safety.	Satisfactory
5. An adequate pool of trained officials is available for games and tournaments.	Needs Improvement

PARENTAL BEHAVIOR/INVOLVEMENT

Overall Grade (A-F): **D**

1. Parents behave appropriately at games and show respect for officials, coaches and participants.	Unacceptable
2. Parental behavior before, during and after games reflects an understanding of their role as parents and positive supporters – not as unofficial coaches.	Unacceptable
3. Parental expectations are realistic, and parents focus on their child's total development, rather than focusing primarily on their child's potential to earn a sports scholarship or play professionally.	Needs Improvement
4. Parents understand and support children's motivations to play sports – fun, friends, fitness, participation and skill development.	Needs Improvement
5. Parents are willing to volunteer, and they do so without expectations of special privileges for their own children.	Needs Improvement

Citizenship Through Sports Alliance: Focusing on Youth Sports

2005 Youth Sports National Report Card - Panel of Experts

The Citizenship Through Sports Alliance (CTSA) developed the **2005 Report Card on Youth Sport in America**. The report card identifies simple measures essential to a positive, child-centered youth sports experience and assigns "grades" in each category for our nation's youth-sports programs.

A national panel of youth-sports experts determined the "grades" and accompanying commentary. The panel includes individuals with expertise in research, sports psychology and sociology, marketing and communications, plus national content providers and representatives of youth-sport coaches, officials and youth-serving organizations with national reach.

Members of the panel:

Douglas Abrams, professor, School of Law, University of Missouri, Columbia, MO
David Bennett, parent/coach/recreation director, Charleston, SC
Tonya Booker, recreation sports director, San Carlos, CA
Bruce Brown, NAIA *Champions of Character* special presenter, Camano Island, WA
Chris Carr, Ph.D., sports psychologist, Methodist Sports Medicine Center, Indianapolis, IN
Jay Coakley, Ph.D., sports sociologist, University of Colorado, Colorado Springs, CO
Douglas Coatsworth, Ph.D., Human Development and Family Studies, Penn State University, University Park, PA
John Fraim, parent/coach, Columbus, OH
Kate Gordon, vice president sports and entertainment, Edelman, New York, NY
Dan Gould, Ph.D., director, Institute for the Study of Youth Sports, Michigan State University, East Lansing, MI
Steve Kallas, parent/coach/league board member/attorney, Westchester, NY
Lisa Licata, vice president – community relations, National Alliance for Youth Sports, West Palm Beach, FL
Barry Mano, executive director, National Association of Sports Officials, Racine, WI
Jo Ann Rust, National Junior College Athletic Association vice president, CTSA board, Tucson, AZ
Todd Petr, managing director of research, National Collegiate Athletic Association, Indianapolis, IN
Rose Snyder, Rose Snyder Consulting, Colorado Springs, CO
Kathy Spangler, director of national partnerships, National Recreation and Park Association, Ashburn, VA
Jim Thompson, executive director, Positive Coaching Alliance, Stanford, CA
Rick Wolff, founder, Center for Sports Parenting, New York, NY
Judith Young, Ph.D., vice president for programs, American Alliance for Health, Physical Education, Recreation and Dance, CTSA board, Reston, VA



CTSA harnesses the collective power and expertise of the major sports organizations in America to promote **respect for self, others and the game.**

