



CITY OF LONG BEACH

C-13

DEPARTMENT OF HEALTH AND HUMAN SERVICES

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September 22, 2009

HONORABLE MAYOR AND CITY COUNCIL
City of Long Beach
California

RECOMMENDATION:

Authorize the City Manager, or designee, to execute an agreement and any subsequent amendments between the City of Long Beach and Kaiser Permanente South Bay Medical Center in the amount of \$15,000 to continue the Latino Diabetes Prevention and Management Program for the period of July 1, 2009 through July 1, 2010. (Citywide)

DISCUSSION

Kaiser Permanente South Bay Medical Center has awarded \$15,000 to the City of Long Beach, through the Department of Health and Human Services, to continue the Latino Diabetes Prevention and Management Program (Program).

The Program was established in September 2003 through a grant from The California Endowment in order to fill an identified need for Spanish-language diabetes education. Kaiser Permanente South Bay Medical Center and the Kaiser Permanente Foundation have consistently provided Program funding since 2004. The need was based on the lack of linguistically appropriate diabetes education services in the community, the high rates of diabetes among Latinos, and the large number of under/uninsured Spanish-speaking individuals not connected with medical care services. To date, the program has provided intensive educational services and health referrals to almost 800 Long Beach residents, and has linked over 200 individuals with diabetes to a medical home at a partnering clinic. Another approximately 2,000 residents have received diabetes screenings and basic diabetes information.

The Program consists of an 11-week diabetes education course that focuses on diabetes self-management, skill building and social support. In addition, participants are provided with diabetes monitoring equipment, and referrals and linkages to community resources. Classes have been held at various community locations throughout the city including local safety net clinics. The program is provided at no cost and is open to the public.

In its fifth year of funding, this grant from Kaiser Permanente South Bay Medical Center will sustain the program for another program year by supporting personnel costs and program materials.

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This matter was reviewed by Deputy City Attorney Linda Trang on August 13, 2009 and by Budget and Performance Management Bureau Manager David Wodynski on August 24, 2009.

TIMING CONSIDERATIONS

City Council action on this item is requested on September 22, 2009 in order to continue this program without service interruption.

FISCAL IMPACT

The total amount of the agreement is \$15,000 for the period of July 1, 2009 through July 1, 2010. Sufficient funds are budgeted in the Health Fund (SR 130) in the Department of Health and Human Services (HE). There is no impact to the General Fund.

SUGGESTED ACTION:

Approve recommendation.

Respectfully submitted,



RONALD R. ARIAS
DIRECTOR
HEALTH AND HUMAN SERVICES

APPROVED:



PATRICK H. WEST
CITY MANAGER