tcc Family Health

Jack Tsai, MD Associate Medical Director, Homeless Services TCC Family Health Ali Zandi, PsyD Director of Behavioral Health TCC Family Health

About TCC Family Health

Founded 80 years ago, TCC is a:

- Nonprofit, licensed Federally Qualified Health Center system in Long Beach, CA.
- 13 community and school-based health centers and a mobile clinic located throughout greater Long Beach.
- Provides comprehensive, high quality health care and health promotion to medically underserved, low-income, and high-risk populations of all ages.



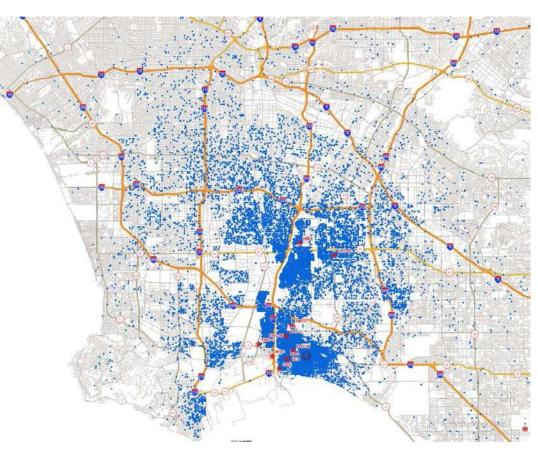
tcc Family Health Our Approach is Systemwide



Our Community of Long Beach

Socio-Economic Index (2018)





S. Mark Taper Foundation TCC Family Health 455 East Columbia St., Ste. 201 Long Beach, CA 90806	TCC Family Health Central Long Beach 2360 Pacific Ave. Long Beach, CA 90806	▲TCC Family Health Cesar Chavez Elementary 730 West 3 rd St. Long Beach, CA 90802	▼TCC Family Health Cabrillo Gateway 2000 San Gabriel Ave. Long Beach, CA 90810
TCC Family Health Bellflower 17660 Lakewood Blvd. Bellflower, CA 90706	▲TCC Family Health Hamilton Middle School 1060 East 70 th St. Long Beach, CA 90805	▼TCC Family Health Multiservice Center for the Homeless 1301 West 12 th St. Long Beach, CA 90813	▲TCC Family Health Roosevelt Elementary 1574 Linden Ave. Long Beach, CA 90813
The Vasek Polak Children's Clinic Family Health Center 1057 Pine Ave. Long Beach, CA 9081	TCC Family Health Westside 2125 Santa Fe Ave. Long Beach, CA 90810	TCC Family Health 445 East Anaheim St. Wilmington, CA 90744	TCC Family Health 1900 Atlantic Ave. Long Beach, CA 90806
TCC Family Health 540 East Artesia Blvd. Long Beach, CA 90805	TCC Family Health Mobile Dental Clinic Currently Based @ Bellflower Clinic	▼TCC Family Health Mobile Health & Wellness	▲ School Based Health Centers ▼ Serving Homeless Individuals & Families



TCC Family Health Impact

As a leader in providing comprehensive primary and preventive health and wellness services, in the most recent year, TCC served approximately:



40,000 Patients



135,000 medical & behavioral health visits



42,000 social service, care coordination, and health education visits



TCC Family Health as an Employer

- We create jobs 442 Employees (343.49 FTE
- Purchase goods and services from local businesses.
- Partner and support other smaller community organizations through our innovative programs and grants.



Our Comprehensive Services

- Primary and
 Preventive Care for all ages
- Chronic Disease
 Management
- Family Planning
- Pre-natal Care
- Women's Health
- Behavioral Health
- Teen Wellness
- Cambodian Senior
 Program

- American Indian Program
- Dental Services
- Psychiatry
- Podiatry
- Homeless Services
- Walk-in immunizations
- Dispensary
- Pharmacy
- Medical Legal Partnership
- Home Visiting for ages
 0-3

- Health Education & Outreach
- Health Coverage & Cal Fresh Enrollment
- Reach Out & Read
- Services in Multiple Languages
- Food Pantry and Farmer's Market



Integrated Behavioral Health Services



Linking Families to Solutions for Better Health

tcc Family Health

focusing on services for the homeless and formerly homeless



TCC Homeless Services









- 1,894 homeless individuals in Long Beach*
- 1,336 homeless patients served by the entire TCC Family Health system
- 1,110 homeless patients served by TCC at the City of Long Beach's Multi Service Center for the Homeless
- 13% (27 families) of the 209 high risk newborns referred for TCC's Selective Home Visiting program are homeless
- 6,000 medical and behavioral health visits



Challenges Facing Our Patients and Staff

- Insurance Enrollment
- Workforce Primary Care Physicians/Nurse Practitioners/Specialist Physicians/Behavioral Health
- Social Determinants
 - Housing
 - Food
 - Job Training
 - Community Violence

- Social Isolation
- Trauma
- Poverty
- Physical and Mental Health Issues and Substance Abuse Disorders



Coming Soon-New Programs



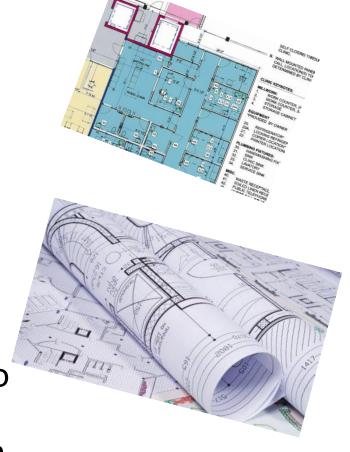
Partnering with Mental Health America to address continuum of care for the homeless



Partnering with Dignity Health, St. Mary Medical Center to address care of our community's seniors

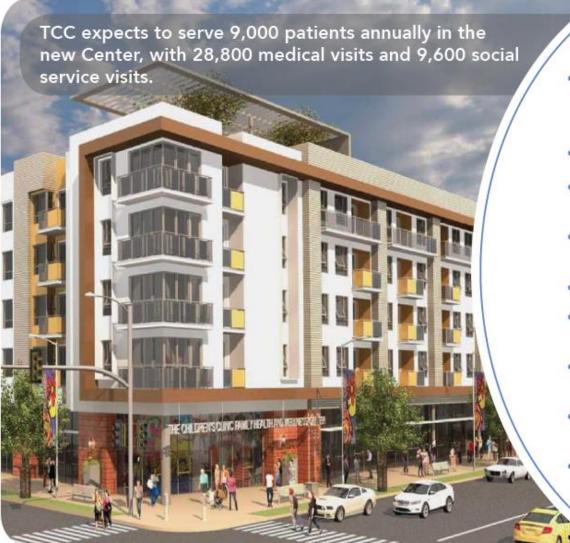


Partnering with Bridge Housing to provide health and low cost housing to residents of Cambodia Town





Coming Soon: TCC Family Health & Wellness Center



Key Community Benefits

- Improve physical and emotional health for patients of all ages in the surrounding community
- Create employment opportunities
- Serve as an economic engine for local businesses
- Educate and empower patients to take charge of their own wellness
- Promote intergenerational healing
- Promote cross-cultural learning and understanding
- Prevent social isolation and build community
- Counter soaring housing costs due to gentrification
- Participate in creating a hub for Cambodian cultural activity and support



TCC Family Health & Wellness Center

- 18,331 sq. ft. health and wellness centers
- Serving all ages with staff reflective of the community
- 88 units of housing; 66 low income and 22 units for the formerly homeless BRIDGE Housing







For more information or to provide input, please contact:

Elisa A. Nicholas, MD, MSPH
Chief Executive Officer
562-264-3551
enicholas@tccfamilyhealth.org

Jack Tsai, MD
Associate Medical Director,
Homeless Services
jtsai@tccfamilyhealth.org

