

We Create Community



Register Now for New Parks, Recreation & Marine Winter Recreation Classes

Registration for Parks, Recreation & Marine recreation classes is going on now. More than 400 classes in art, music, fitness, special interest subjects, and adult sports leagues and aquatics programs will start in December. These programs offer exercise and recreation, social interaction and learning for preschool-aged children to adults.



Preschoolers

New classes for preschoolers will spark creativity. Ages 4-8 can create unique works of art in *Little Picasso* and learn about shapes, materials and colors in *Pee Wee Art*. Kids can also explore in *Lil' Sprouts Cake Decorating* and *Fun on the Farm* with stories, crafts and horse back riding.

Kids Love Christmas Music with sessions for babies, toddlers and older kids features holiday singing and dancing. Little athletes can develop confidence, teamwork and sports skills in *B-Baller Hoop Schools* and *Tiny Tiger Martial Arts*.



Youth

New classes for ages 9-14 have a delicious spin this winter with *Cake Design*, and *Food Science*, an introduction to scientific method, food safety, flavors and ingredients. Kids can make great food gifts in *Holiday Food Gifts in a Jar* and *Valentine's Day Food Gifts in a Jar*.

Kids can stay active with *Ballet/Tap Combo* dance class covering form and technique for ballet and tap. *B-Ballers Hoop School* classes will build basketball skills. Kids can also enjoy *Cowboy and Cowgirl Winter Camp* where they can learn horsemanship at El Rodeo Stables in Brea.

Teens

Teens can get creative and learn cooking fundamentals in *Basic Cooking For Teens*. PRM's on-line *Driver's Education* course to obtain a driver's permit is fun and interactive. Coursework can be completed day or night. *B-Ballers Hoops School-Basketball Training* will help players develop teamwork and fundamental basketball skills.



Adults

This winter, start the season with *Fast Quilt Retreat* and make gifts and decorations like tree skirts and wall hangings, or finish projects. *Beginning Ballroom* focuses on

rumba, cha cha and salsa, waltz basics, and students can spice up moves and tighten turns in *Salsa & Merengue!* New fitness classes include *Power Tae Remix Fitness*, which combines Taekwondo and kickboxing. *Yoga with Lacey* for all levels is an alignment-based class that includes poses and movement focused on strength, stretching and balance. *Horse Fun* teaches safety, basic horsemanship, haltering, grooming, saddling and riding!

Adults ages 50+

New dance and fitness classes offered for winter are *Chair Based Yoga* for all levels, and *FUNctional Movement & Balance* that works on balance, agility, and strength using games, weights and our bodies.

There are three easy ways to register, including:

1. Visit www.lbparks.org and click on "Online Registration" under "LB RecConnect"
2. Call 562.570.3111
3. Visit the Registration Reservations Office at: 2760 Studebaker Rd., Monday thru Friday, 8 a.m. to 5 p.m.

Halloween Festivities For All Ages

More than 2,500 kids with their families had a “hare-raising” time at the “boo-tiful” El Dorado Nature Center’s 5th annual Howl-O-ween Festival on October 26. Trick-or-treaters and nature lovers alike collected treats along the trails, visited an animal education village, and had fun at the Ooh-possum Patch Midway with slides, bouncers, a craft booth, and face painting. The crowd also enjoyed food trucks and shivered and gasped at spooky tales told by the South Coast Storytellers Guild.



You are never too old for spooky fun! The Long Beach Senior Center, the Expo Center, and Chavez and Houghton Parks hosted Halloween parties on October 31. Seniors enjoyed food, fun and games and costume contests. The Silverado Park Seniors had a carnival and the El Dorado Senior’s Wednesday Big Band Dance had a Halloween theme with costumes and dancing.



Parks, Recreation & Marine staff participated at the City Hall Tent-or-Treat event on October 31. Students from surrounding elementary schools visited the new plaza area for swag, candy games and a photo booth. Halloween-inspired sounds and lunch-time food trucks and vendors added to the fun.

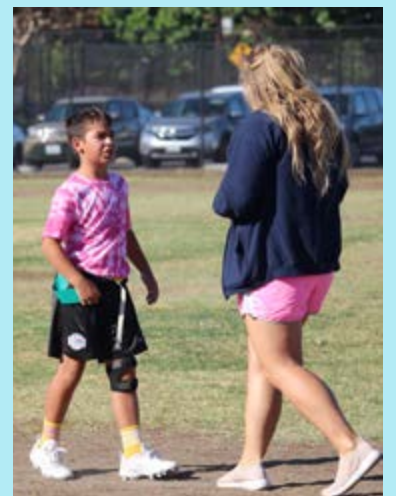
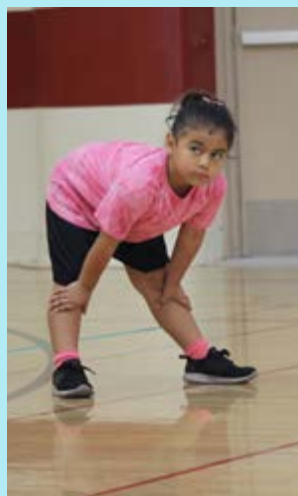
PRM Youth Sports Teams "Pink Out" to Support Cancer Research

On October 26, more than 1,000 youth on Parks, Recreation & Marine (PRM) youth flag football and volleyball teams participated in the 7th Annual "Play for a Cure" Pink Out. Coaches, players and parents at parks throughout the city showed their support of breast cancer awareness by wearing pink.

The event took place at youth sports game sites across the City including the field and gym areas of Silverado Park, and Bancroft, Stephens and Hughes Middle Schools.

A collection among the supporters netted nearly \$600, which is being donated to Susan G. Komen Breast Cancer Foundation and Breast Cancer Angels.

For more information about PRM youth sports programs, visit us at www.teamsideline.com/longbeach.



FREE YOUTH SPORTS LEAGUES



Coed Basketball–Born 2012-2015
Boys Basketball–Born 2006-2011
Girls Basketball–Born 2006-2011

Emphasis is placed on participation and skill development. Nine week season schedule includes practices and six weeks of games.

Register online starting November 1, 2019 at teamsideline.com/longbeach. Leagues start January 18, 2020 at Long Beach Parks.

Call your local park for practice schedule information.
\$10 fee for uniform and team photo

Free Youth Recreation Programs During Thanksgiving Week



During the Thanksgiving week school break, Long Beach Parks, Recreation & Marine will offer free youth and teen recreation programs during extended hours at twenty various parks throughout the City.

care recreation programs at neighborhood parks for ages 5-12. Programs are scheduled from 11 a.m. to 5 p.m., on November 25, 26 and 27, and parks will be closed on November 28 and 29, 2019. Youth can enjoy free games, crafts, sports tournaments, field trips and holiday celebrations. Teens can visit their local Teen Centers for sports, tournaments field trips and more. Visit <https://bit.ly/2NlyTsa> for more information.

Free "Fall Fun Days" are drop-in, non-custodial

Admiral Kidd*, 2125 Santa Fe Ave.
Bixby, 130 Cherry Ave.
Chavez*, 401 Golden Ave.
Coolidge**, 353 E. Neece St.
Drake, 951 Maine Ave.
Freeman Center*, 1205 Freeman Ave.
MacArthur, 1321 Anaheim St.
McBride*, 1550 M.L. King Ave.
M.L. King, 1950 Lemon Ave.

Orizaba, 2935 E. Spaulding St.
Pan American, 5157 Centralia St.
Ramona, 3301 E. 65th St.
Scherer***, 4600 Long Beach Blvd.
Seaside, 1401 Chestnut Ave.
Silverado*, 545 W. 31st St.
Somerset, 1500 E. Carson St.
Stearns Champions, 4520 E. 23rd St.
Veterans, 101 E. 28th St.

Wardlow, 3457 Stanbridge Ave.
Whaley, 5620 Atherton St.

* Teen Centers

**Houghton Park Teen programs temporarily located at Coolidge Park

*** Houghton Park youth programs temporarily at Scherer Park



Great Shake Out Drill Preps Staff and Park Patrons

On October 17 Parks, Recreation & Marine staff participated in the Great Shake Out drill. The event allowed staff to practice emergency procedures and to be ready for a day when running water, electricity and gas service may be out, hundreds of structures are destroyed and residents are without food, water or shelter. During the drill at PRM Administration, staff focused on the Veocci communication system, and managing shelter container supplies.



Junior Beach Runners Make Time at Aquarium of the Pacific Fun Run

Parks, Recreation and Marine's (PRM) WRAP (Winners Reaching Amazing Potential) kicked off their Junior Beach Runners program at the annual Aquarium of the Pacific Fun Run on October 12, part of the JetBlue Long Beach marathon.

This is the 13th year of the Junior Runner's participation in the event. A total of 60 participants signed up to compete and joined more than 2,000 other young runners. Race finishers received medals, certificates and free entrance into the Aquarium.

Junior Beach Runners is held during the school year at PRM-run WRAP programs at Edison, Lafayette, Burbank, Starr King, Grant, Hudson, Lee, and Garfield Elementary Schools. Program youth engage in nutrition lessons, food preparation, games, journaling and physical fitness activities to learn about the importance of eating healthy and staying physically fit.



Lone Sailor Memorial Celebrates 15th Anniversary

On October 12, the Long Beach Veterans Commission and Partners of Parks, hosted the Lone Sailor Recognition Ceremony commemorating the 15th anniversary of the dedication of the Lone Sailor Memorial in Long Beach and the 244th anniversary of the United States Navy.



The ceremony honored those who served in the Navy, Marines, Coast Guard, and Merchant Marines, as well as those who have dedicated bricks at the Lone Sailor Memorial Plaza in Bluff Park at Ocean Boulevard and Paloma Avenue overlooking the Pacific Ocean. A replica of the USS Long Beach missile cruiser was displayed and the Long Beach Community Band provided the music.

The Long Beach Lone Sailor is a replica of the original Lone Sailor statue, cast by artist Stanley Bleifeld, located

on the granite plaza that forms the amphitheater of the U.S. Navy Memorial in Washington, D.C. Although the artist has created several Lone Sailor memorials throughout the United States, the Long Beach Lone Sailor is the only one that overlooks the ocean. All others are located inland while one overlooks the San Francisco Bay.

Over the past 15 years, family and friends have purchased bricks to honor their loved ones who served. To date, 525 bricks have been installed to create a lasting memorial. The Lone Sailor Memorial is located near Ocean Blvd. and Paloma Avenue.



Crowds read memorial bricks at the opening of the Lone Sailor Memorial on October 13, 2004. Over 500 bricks have been purchased and installed to commemorate loved ones.

Marine Bureau Boat Auction

The Long Beach Marine Bureau will hold a boat auction on Saturday, November 23 to sell impounded and abandoned vessels. The auction will take place at Alamitos Bay Marina, 205 N. Marina Drive.

The public may inspect the vessels beginning at 8 a.m. and the auction will begin at 9 a.m.

For more information, call 562.570.3215.



La Bella Fontana Beautification

Marine Maintenance Supervisor Jeff King and Beach Maintenance Superintendent Cory Forrester were honored by the Naples Island Garden Club for their support of a beautification at the La Bella Flora Fontana Park.

The work involved removing eight decaying olive trees and two dead palm trees and installing eight new California Peppers and two new palm trees. They also made irrigation and electrical modifications, and added up lighting.



California Pepper Tree installed at the La Bella Flora Fontana Park.



Jeff King, Marine Maintenance Supervisor and honorary member of the Naples Garden Club

Free Youth Fishing Derby



Saturday, November 23

El Dorado Regional Park

7550 E. Spring Street

Registration: 8-9 a.m.

Raffle: 1 p.m.

Prizes and refreshments

This is a free children's fishing derby. Fishing poles and tackle to catch fish will be provided to kids 15 years old and under for free. Anyone over the age of 16 is required to have a California State Fishing License.

Call 562.570.1711 for more information.

ed2go Online Classes

at www.lbparks.org

Classes Start Monthly

Dec
• 35859
Jan
• 35860
Feb
• 35861



ed2go topics include:

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\$95 per class

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Congratulations to Alex Perez, Gardener for the Marine Bureau on being named Employee of the Month for the month of October. Alex has been employed by the City of Long Beach for 31 years.

He recently answered a few questions so that readers can know him better.

What do you like to do in your free time?

Spend time with my family.

What's your biggest work achievement so far?

Getting employee of the month!

What's your own advice that you always follow?

Get to work on time.

Where is the most interesting place you've been?

I worked for the state in bigfoot country, Shasta County. With the Conservation Corps, we worked in the most middle-of-nowhere, beautiful places.

Who inspires you?

My family – They get me going.

What are you famous for at work?

Being here 31 years.

What song is always in your head when you're working? War – Don't Let Nobody Get You Down

If you could have a superpower, what would it be? Invisibility.

Who would play you in a movie of your life?

Cheech Marin.

Using one word, how would you describe your family? AWESOME!

Maintenance Operations Bureau October 2019 Statistics

Community Services

Enrollees	88
Total Hours.....	2,529
Beach Maintenance Hours	362
Marine Maintenance Hours.....	688
El Dorado Park Hours.....	348
Tree Farm Hours.....	88
Los Cerritos Wetlands Hours	971
Special Cleanup Hours	72
Work Orders Completed.....	435
Restrooms Cleaned Daily.....	172
Facilities & Gyms Cleaned & Stocked Daily	28
Park Turf Acres Maintained	814
Park Landscape Acres Maintained	2,310

Community Recreation Services October 2019

Permits to Gather	208
Reserved Picnic Sites.....	54
Facility Use Permits	59
El Dorado Regional Park Paid Entries	91,280
El Dorado Regional Park Passes	788
Visits to City/City Operated LBUSD Pools	48,006
Youth and Teen Participants.....	8,748
Senior Citizens Participants	15,737
Visits to El Dorado Nature Center	33,008

ADOPT From Long Beach Animal Care Services



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Instagram & Twitter: @LBAnimalCare
www.LongBeachAnimalCare.com



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November- December 2019 Calendar

November

Th. 21	9 a.m.	Parks and Recreation Commission Meeting	El Dorado Park Senior Center
	4 p.m.	Low Cost Pet Vaccination and Microchip Clinic	Scherer Park
Sat. 23	8 a.m.	Youth Fishing Derby*	El Dorado Regional Park
	9 a.m.	Marine Bureau Boat Auction	Alamitos Bay Marina
	9 a.m.	El Dorado Regional Park Cleanup	El Dorado Regional Park
	7:30 p.m.	Tellabration Storytelling Event*	El Dorado Nature Center
Mon. 25	Varies	New 4-wk. Mon./Wed. (11/25-12/18) Swim Lessons Begin*	Silverado Park Pool
	11 a.m.	Free Fall Fun Days Youth Recreation Programs	Visit LBParks.org for locations
Tue. 26	9:30 a.m.	Children's Storytime	Rancho Los Cerritos
	11 a.m.	Free Fall Fun Days Youth Recreation Programs	Visit LBParks.org for locations
Wed. 27	10 a.m.	Tails and Trails (18 mos. – 5 Yrs. & parents) Owls are a Hoot*	El Dorado Nature Center
	11 a.m.	Free Fall Fun Days Youth Recreation Programs	Visit LBParks.org for locations
Th. 28:		Thanksgiving Holiday	
Fri. 29:		City Holiday	

December

Mon. 2		Register Now for Youth Basketball Leagues starting Jan. 18, 2020	teamsideline.com/longbeach
Tue. 3	9:30 a.m.	Children's Storytime	Rancho Los Cerritos
Th. 5	4 p.m.	Low Cost Pet Vaccination and Microchip Clinic	Scherer Park
	4 p.m.	Cocoa with Santa*	Rancho Los Cerritos
Fri. 6	4 p.m.	Cocoa with Santa*	Rancho Los Cerritos
Sat. 7	9 a.m.	Breakfast with Santa*	Rancho Los Alamitos
	10 a.m.	First Saturday Stewarts Trail Cleanup	El Dorado Nature Center
	11 a.m.	Cocoa with Santa*	Rancho Los Cerritos
	1 p.m.	Creation Station Youth Art Program – Free	Rancho Los Cerritos
Sun. 8	8 a.m.	Audubon Bird Walk	El Dorado Nature Center
	1 p.m.	Home for the Holidays Event*	Rancho Los Cerritos
Tue. 10	9:30 a.m.	Children's Storytime	Rancho Los Cerritos
Wed. 11	4 p.m.	Holiday Open House	Rancho Los Alamitos
	10 a.m.	Parent & Me Workshop: Winter Kaleidoscope (18 mo. - 5 yrs.)*	El Dorado Nature Center
Th. 12	8 a.m.	Bird Walk	Rancho Los Cerritos
	4 p.m.	Holiday Open House	Rancho Los Alamitos
Fri. 13	4 p.m.	Holiday Open House	Rancho Los Alamitos
Sat. 14	5:30 p.m.	Candlelight Tour*	Rancho Los Cerritos
Tue. 17	9:30 a.m.	Children's Storytime	Rancho Los Cerritos
Th. 19	9 a.m.	Parks and Recreation Commission Meeting	El Dorado Park Senior Center
	4 p.m.	Low Cost Pet Vaccination and Microchip Clinic	Scherer Park
Sat. 21	10 a.m.	Wetland Warrior Cleanup	Golden Shore Reserve
Mon. 23	11 a.m.	Winter Fun Days Extended Recreation Supervision at local parks	Visit LBParks.org for details
	10 a.m.	Parent & Me Workshop: Cozy Winter Home (18 mo. - 5 yrs.)*	El Dorado Nature Center
Tue. 24	9 a.m.	Winter Break Workshop: Creativity Abounds (5-8 yrs.)*	El Dorado Nature Center
	9:30 a.m.	Children's Storytime	Rancho Los Cerritos
	11 a.m.	Winter Fun Days Extended Recreation Supervision at local parks	Visit LBParks.org for details
Wed. 25		Christmas	
Th. 26	11 a.m.	Winter Fun Days Extended Recreation Supervision at local parks	Visit LBParks.org for details
Fri. 27	9 a.m.	Winter Break Workshop: Rain & Roots (5-8 yrs.)*	El Dorado Nature Center
	11 a.m.	Winter Fun Days Extended Recreation Supervision at local parks	Visit LBParks.org for details
Sat. 28	9 a.m.	El Dorado Regional Park Cleanup	El Dorado Regional Park
Mon. 30	11 a.m.	Winter Fun Days Extended Recreation Supervision at local parks	Visit LBParks.org for details
	10 a.m.	Parent & Me Workshop: Winter Showers/Spring Flowers (18 mo.-5 yrs.)*	El Dorado Nature Ctr.
Tue. 31	9 a.m.	Winter Break Workshop: We've Got You Covered (5-8 yrs.)*	El Dorado Nature Center
	9:30 a.m.	Children's Storytime	Rancho Los Cerritos
	11 a.m.	Winter Fun Days Extended Recreation Supervision at local parks	Visit LBParks.org for details

*Call 562.570.3100 or visit www.LBParks.org for fee and registration information



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