OFFICE OF THE CITY ATTORNEY CHARLES PARKIN, City Attorney 411 West Ocean Boulevard, 9th Floor Lond Beach. CA 90802-4664

UTILIZATION REVIEW SERVICING AGREEMENT

THIS AGREEMENT is made and entered, in duplicate, as of October 1, 2019, 2019 for reference purposes only, pursuant to a minute order adopted by the City Council of the City of Long Beach at its meeting on September 17, 2019, by and between MEDEX MANAGED CARE, INC. a California corporation ("MEDEX"), with principal offices at 1201 Dove Street, Suite 300, Newport Beach, California 92660, and the CITY OF LONG BEACH, a municipal corporation ("City").

RECITALS

This Agreement is made and entered with respect to the following facts, which are incorporated by reference into the Agreement:

- A. MEDEX, for the purposes of this Agreement, is in the business of providing managed care services, including utilization review, to workers' compensation insurance companies, self-insured employers, and municipalities; and
- B. City is obligated, either on its own behalf or contractually on behalf of others, to (i) make workers' compensation benefit and coverage related decisions to select injured workers; (ii) pay and adjust claims related to these workers as per applicable statutes; and (iii) provide for managed care services as may be deemed necessary; and
- C. City desires to secure the services of MEDEX for managed care services, specifically utilization review.
- D. MEDEX has no exceptions to any provision, clause or requirement outlined in the Workers' Compensation Utilization Review Services Request for Proposal dated February 4, 2019 including its exhibits and attachments.
- E. MEDEX has agreed that its services will conform to the Workers' Compensation Laws of California, the California Labor Code, and any rules and regulations issued pursuant to such laws and the Code, in existence at

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the time of execution of this Agreement or effective during the term of this Agreement, and that MEDEX shall perform its services in accordance with the leading practices and standards in the business of utilization review.

NOW, THEREFORE, in consideration of the mutual terms, covenants, and conditions in this Agreement, the parties agree as follows:

EFFECTIVE DATE AND TERM. This Agreement shall begin on 1. October 1, 2019 and shall end on September 30, 2021 (both days inclusive), unless terminated earlier in accordance with Section 12. By mutual agreement and amendment of this Agreement, the parties may extend the initial term for three (3) separate, consecutive periods of one year each.

2. RESPONSIBILITIES OF MEDEX.

Α. MEDEX shall medically manage each individual case submitted to MEDEX by City in accordance with the criteria established in this Agreement and Exhibit "A", attached to and made part of this Agreement by this reference.

- MEDEX shall perform the various systems implementations B. and transfer and maintenance duties reasonably required by policies and procedures established by City, including accessing City's electronic claims management system to review relevant documents and inputting medical management case notes. MEDEX shall make available individual case notes, to the extent allowable under applicable state regulations, updating patients' progress using transfer procedures implemented with the cooperation of City.
- C. MEDEX shall provide to City, MEDEX's standard reports and any custom reports as may be required and previously agreed to. In the case of a special request, MEDEX will make every effort to provide the report within the specific time frame as requested by the City. There will be no additional fees for standard reports. MEDEX shall provide standard reports monthly, quarterly and annually. Standard reports are defined as:

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i.	Cost	Savings	Summar	y:
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- ii. UR Referrals and Cost Savings History, containing both Detail and Summary information;
- D. MEDEX shall designate a service coordinator, who shall be an employee of MEDEX to be available to City to service City's account with MEDEX.
- E. MEDEX shall comply with all applicable laws, rules and regulations relating to its services under this Agreement and shall obtain, maintain and, upon request, provide to City proof of any and all necessary certifications, licenses and regulatory approvals.
- F. MEDEX shall meet the guarantees described in Exhibit "C" attached to and made part of this Agreement by this reference.

3. RESPONSIBILITIES OF CITY.

- Α. City shall designate MEDEX as its exclusive provider of utilization review services.
- City understands and agrees that City shall retain the sole В. responsibility for, and the sole authority to make, all decisions with respect to benefit and coverage determinations for workers' compensation cases covered under this Agreement. Additionally, City will also be responsible for the payment of all related workers' compensation claims as may be required under applicable law. MEDEX will not be responsible for the provision of, or payment of, any medical, indemnity, permanent disability or death benefits, medical-legal expenses, vocational rehabilitation, or legal and other allocated expenses to which the City's injured workers' may be entitled.
- City shall be responsible for the payment of all applicable audit C. fees and assessments levied against City by any governmental entity. Notwithstanding the immediately preceding sentence, any late or inconsistent payment penalties or fines assessed by any governmental entity shall be paid by the party, either City or MEDEX, responsible for causing the penalty or fine.

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Disputes regarding responsibility for the payment of any penalty or fine shall be resolved by good faith negotiations between the parties.

D. City shall fully cooperate with and assist MEDEX in the performance of MEDEX's obligations under this Agreement including providing access to City's electronic claims management system to retrieve relevant medical records and input notes. MEDEX's performance under this Agreement shall be dependent upon City's timely performance of its obligations hereunder provided that MEDEX acts timely and promptly in its own regard. MEDEX shall be entitled to rely upon information, authorization, decisions or approvals provided by City to MEDEX. If access to claims management system is not available, then the parties will collaborate on the method of transmission and retrieval of documents necessary to perform utilization review services.

4. COMPENSATION.

- A. In consideration for the services provided by MEDEX to City under this Agreement, City shall pay to MEDEX the fees set forth in Exhibit "B", attached to and made part of this Agreement by this reference in an annual amount not to exceed One Hundred Fifty-Eight Thousand Four Hundred Dollars (\$158,400).
- В. MEDEX may, at MEDEX's sole discretion, adjust the fees to be charged to City under this Agreement upon the occurrence of any of the following events:
 - i. Any modification or amendment to this Agreement, which affects any change in the services to be provided by MEDEX under this Agreement.
 - ii. Any modification of MEDEX's administrative procedures made at the request of City.

Any such adjustment in the fees pursuant to either subsection (i) or (ii) above shall become effective on the effective date of the change in services mutually agreed to in writing between the parties and shall be reflected in an

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amendment to this Agreement. City shall have the right to terminate this Agreement notwithstanding Section 2 above, if City does not accept the adjustment in fees.

C. MEDEX shall prepare and deliver to the City a statement calculating the fees or other charges within fifteen (15) days after the end of the month for which MEDEX provided services. City shall pay the fees to MEDEX by the statement due date. In the event City disputes any portion of the statement, City shall timely pay the undisputed portion and work with MEDEX towards the timely resolution of the disputed amount.

D.

5. REPRESENTATIONS AND WARRANTIES.

A. City represents and warrants that this Agreement and the transactions and activities contemplated by it (i) are within the municipal powers of City; (ii) have been duly authorized by all necessary action of City; (iii) constitute the legal, valid and binding obligations of City, enforceable against it in accordance with their terms; and (iv) do not and will not conflict with or result in a breach of any of the provisions of, or constitute a default under the provisions of any law, regulation, licensing requirement, charter provision, or other instrument applicable to City or its employees or to which City is a party or by which City may be bound.

В. MEDEX represents and warrants that this Agreement and the transactions and activities contemplated hereby (i) are within the corporate powers of MEDEX; (ii) have been duly authorized by all necessary corporate action of MEDEX; (iii) constitute legal, valid and binding obligations of MEDEX, enforceable against it in accordance with their terms; and (iv) do not and will not conflict with or result in a breach of any of the provisions of, or constitute a default under the provisions of any law, regulation licensing requirement, charter provision, bylaw or other instrument applicable to MEDEX or its employees or to which MEDEX is a party or by which MEDEX may be bound.

6. BOOKS AND RECORDS.

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Α. MEDEX shall establish and maintain case data, in a mutually agreed upon manner and format, on each case referred to MEDEX for City.

- В. MEDEX and City shall maintain such books and records, including but not limited to, payment records, notices, accounting and administrative records, as shall reasonably be required to accurately account for all services provided pursuant to this Agreement and any matters necessary for the proper administration of this Agreement. Such books and records shall be maintained in accordance with the generally accepted accounting principles and shall be maintained for at least seven (7) years, and such obligation shall not terminate upon termination of this Agreement.
- C. MEDEX and City each shall have the mutual right, during the term of this Agreement and any extension of the initial term, to inspect, audit and copy, on no less than thirty (30) days prior notice to the other party, and during normal business hours or at such other times as may be agreed upon, said relevant books and records as they pertain to this Agreement. Such information shall be provided to each party pursuant to procedures designed to protect the confidentiality of patient health care records in accordance with applicable legal requirements and recognized standards of professional practice.
- 7. STATUS OF PARTIES. The parties agree that MEDEX, its affiliated corporations, and the agents and employees of MEDEX and its affiliated corporations, in the performance of this Agreement, shall act in an independent capacity as independent contractors and not as officers or employees of City.

8. CONFIDENTIALITY.

A. The parties acknowledge and agree that each has developed certain trade secrets, client lists, software, knowledge, data, tools, methodologies, processes, plans, procedures, techniques, manuals, treatment protocols, clinical indicators, case rates, provider payment structure information, underwriting methodology, proprietary rating plans, provider practice data, employee-outcomes

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data, audit reports, actuarial analyses and other proprietary information (collectively "Confidential Information"). For purposes of this Agreement, the party that has developed Confidential Information to which the other has access is referred to as the "Protected Party." Except with the express written consent of the Protected Party, or as provided herein, other one party shall not disclose to others or take or use for its own purposes or the purpose of others at any time any Confidential Information of the Protected Party not otherwise in the public domain that may have been or may be obtained by the other party by reason of its relationship with the Protected Party. The parties further agree that this provision shall also be applied to all information that is designated as confidential or proprietary in writing by the Protected Party, whether by letter or by use of a stamp or legend before or at the time any such information is disclosed or delivered to the other party unless disclosure is required by subpoena, court order, the Public Records Act, or the confidential information becomes publicly available without breach of this Agreement by City. Notwithstanding the foregoing provisions, the parties recognize that a patient's medical records are confidential and shall not be disclosed to third parties without the consent of the patient, unless otherwise permitted or required by applicable law.

- B. This Agreement shall not be construed to grant either party any license or similar rights to Confidential Information disclosed or delivered to it by the other party. The parties agree that any breach by a receiving party of its obligation under this Agreement may result in irreparable injury to the Protected Party. Accordingly, in seeking enforcement of any of these obligations, the Protected Party shall be entitled, in addition to all other remedies, to seek injunctive and other equitable relief to prevent or restrain the breach of this Agreement.
- 9. DISPUTE RESOLUTION. In the event of any controversy or dispute arising out of or relating to this Agreement, the parties agree to exercise their best efforts to resolve the dispute as soon as possible. To invoke the dispute resolution process set

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forth in this Section, the invoking party shall give to the other party written notice of its decision to do so, including a description of the issues subject to the dispute and a proposed resolution thereof. Within ten (10) days after receipt of notice, a face-to-face meeting by MEDEX and City shall take place to attempt to resolve the issues. If the designated representatives cannot resolve the dispute, the parties shall meet within thirty (30) days after the initial meeting and describe the dispute and their respective proposals for resolution. If the dispute cannot be resolved at the second meeting, then the parties reserve the right to pursue all legal remedies available to them.

10. **INDEMNITY AND INSURANCE.**

- MEDEX shall defend, indemnify, and hold harmless City, its Α. officers, agents and employees, from and against any and all liability, loss, damage or expense, including punitive damages and attorney's fees, incurred in connection with claims or demands for damages of any nature whatsoever, except to the extent such claims or demands arise from or are caused by the sole negligence of City.
- B. Prior to commencement of work under this Agreement, MEDEX shall furnish to City one or more original Certificates of Insurance and Endorsements completed and executed by an agent authorized to bind the insurer. Subject to MEDEX's right to reasonable deductibles in such amounts as approved by City, MEDEX shall obtain and maintain for the duration of this Agreement, at MEDEX's sole expense, insurance written by companies authorized and admitted to do business in the State of California or rated A:VIII or better by A.M. Best Company in the following types and amounts:
 - i. Workers' Compensation Insurance with the statutory limits required by the laws of the State of California and Employers' Liability with minimum limits of \$1,000,000 per accident and \$1,000,000 per occupational injury.
 - Commercial General Liability Insurance equivalent in ii. scope to ISO CG 00 01 11 85 including but not limited to premises and

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operations, personal and advertising injury, products and completed operations, independent contractors and contractual liability, with minimum limits of \$1,000,000 per occurrence, \$1,000,000 products and completed operations sublimit, and \$2,000,000 general aggregate. This insurance shall include "The City of Long Beach, its agencies, commissions, boards, officials, employees, and agents" as additional insured on an endorsement equivalent in coverage scope to an ISO CG 20 26 11 85 endorsement.

- iii. Commercial Automobile Liability Insurance equivalent in scope to ISO CA 00 01 06 92 covering Symbol 1 ("Any Auto") with a minimum combined single limit of \$1,000,000.
- iv. Professional Liability Insurance or Errors and Omissions Liability Insurance with minimum limits of \$1,000,000 per claim and \$2,000,000 general aggregate. If this coverage is written on a "claims made" form, coverage shall be continuous by renewal or extended reporting period for not less than 24 months following completion of the Agreement and acceptance of the work by City. Coverage, including renewals, shall contain the same retroactive date as the original policy applicable to this Agreement.
- C. MEDEX shall make available to City, during normal business hours, all books, records, and other information relating to the insurance required by this Agreement and City shall have the right to inspect each of the policies and endorsements. MEDEX, upon City's request, shall cause its insurers to provide to City, at no cost, copies of all policies and endorsements.
- D. self-insured self-insurance program, retention, deductibles must be separately approved in writing by City's Risk Manager or designee and shall protect the City, its agencies, commissions, boards, officials, employees and agents in the same manner and to the same extent, as they would have been protected had the policy or policies not contained retention or deductibles. Each policy shall be endorsed to state that coverage shall not be

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reduced, non-renewed, or canceled except after thirty (30) days prior written notice to the City, and shall be primary and not contributing to any other insurance or selfinsurance maintained by City. MEDEX's insurance shall waive subrogation against City, its officials and employees for bodily injury (including death), property damage, and any other loss. MEDEX shall notify City in writing within five (5) business days after any insurance required in this Agreement has been voided by the insurer or canceled by MEDEX. MEDEX shall require that all subcontractors that it uses in the performance of this Agreement maintain insurance in compliance with this Agreement unless otherwise agreed in writing by City's Risk Manager or designee.

- E. Within thirty (30) days prior to expiration of the insurance required by this Agreement, MEDEX shall furnish to City certificates of insurance and endorsements evidencing renewal of the coverage.
- F. Any modification or waiver of these insurance requirements shall only be made with the written approval of City's Risk Manager or designee. The procuring or existence of insurance shall not be construed or deemed as a limitation on liability relating to MEDEX's performance of this Agreement or as performance of or compliance with the indemnification provisions of this Agreement.
- G. In the event MEDEX is unable, after using its best efforts, to obtain any of the above-mentioned coverages, it shall immediately notify City. City shall then have the opportunity to immediately terminate this Agreement or to purchase insurance on MEDEX's behalf and to deduct the cost of such insurance from the next payment due to MEDEX.

11. DEFAULT.

- A. The following are events of default under this Agreement:
- i. Any breach of this Agreement that is not cured by breaching party within ten (10) days after receipt of notice of such breach by the other party.
 - The discovery by City of the falsity of any representation ii.

or warranty made to City by MEDEX pursuant to Article 6 hereof.

- iii. The levying of any attachment, execution of any process against MEDEX which is not promptly removed or the filing of any petition under any bankruptcy statute against MEDEX or the appointment of any receiver or trustee to take possession of MEDEX's properties which is not set aside or terminated within ten (10) days from the occurrence thereof.
- B. The failure of either party to declare a default upon the occurrence of an event constituting a default shall not waive that party's right to declare a default upon the occurrence of any subsequent event.

12. TERMINATION.

- A. This Agreement may be terminated by City or MEDEX as follows:
 - i. Upon thirty (30) days prior notice for any reason.
 - ii. Upon ten (10) days prior notice in the event of a default.
 - iii. Immediately upon notice in the event of fraud, abandonment, gross or willful misconduct, insolvency, or lack of legal capacity to act by the other party.
- B. Notwithstanding the termination of this Agreement, this Agreement shall continue to apply to the extent needed for all obligations and liabilities incurred by each party prior to such termination to be fully performed and discharged by such parties.
- C. City shall have the right, in the event of a termination of this Agreement, to immediate possession of all electronic records not previously provided, and this right may be exercised at any time after termination.

13. HIRING AND ASSIGNMENT OF EMPLOYEES.

A. City agrees that during the term of and for a period of two (2) years after the termination of this Agreement, it will not, without prior written consent of MEDEX, hire any employee of MEDEX or its affiliate who was assigned to, or

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performed, any service for City in connection with this Agreement.

В. Each party reserves the right to change its designated representative or staff assigned to the services performed under this Agreement. The City requires thirty (30) day notice for changes in the designated representative and fourteen (14) day notice in changes in staff.

14. GENERAL PROVISIONS.

- The subject headings of the Articles of this Agreement are included for purposes of convenience only and shall not affect the construction of interpretation of any of its provisions.
- B. This Agreement sets forth the entire understanding of the parties and supersedes any prior agreement or understanding, oral or written, relating to the subject matter hereof. No supplement, modification or amendment of this Agreement shall be binding unless executed in writing by all the parties. No waiver of any of the provisions of this Agreement shall be deemed, or shall constitute, a waiver of any other provision, whether or not similar, nor shall any waiver constitute a continuing waiver. No waiver shall be binding unless executed in writing by the party making the waiver.
- C. MEDEX may not assign, sell, transfer or otherwise convey, pledge or encumber any of its rights, obligations or interests under this Agreement without the prior written consent of the City.
- Except as otherwise provided herein, the provisions hereof D. shall inure to the benefit of, and be binding upon, the successors, assigns, heirs, executors and administrators of the parties hereto.
- E. This Agreement shall be governed by and construed in accordance with the laws of the State of California. In the event that any provision of this Agreement is held by a court of competent jurisdiction to be unenforceable or void in any jurisdiction, the other provisions of this Agreement shall remain in full force and applicable law shall be construed in order to effectuate the purpose and

intent of this Agreement.

F. Each notice referred to in this Agreement shall be in writing and shall be given when delivered by hand, or is deposited in the U.S. Postal Service registered and return receipt, addressed to each party at the address set forth below or at such other address as such party, by notice to the other party, may designate from time to time. Notice shall be deemed given on the date personal hand delivery is made or on the date shown on the return receipt.

If to MEDEX: MEDEX Managed Care, Inc.

1201 Dove Street, Suite 300

Newport Beach, CA 92660

Attention: David Kim

If to City: City of Long Beach

411 West Ocean Boulevard, 10th Floor

Long Beach, CA 90802

Attention: City Manager

- G. This Agreement is not intended or designed to or entered for the purpose of creating any benefit or right for any person or entity or any kind that is not a party to this Agreement.
- H. MEDEX shall not use the name of the City, its officials or employees in any advertising or solicitation for business, nor as a reference, without the prior approval of City's Manager or his designee.
- I. Termination or expiration of this Agreement shall not affect rights or liabilities of the parties which accrued prior to termination or expiration of this Agreement.
- J. In the event of any conflict or ambiguity between the Agreement and any Exhibit, the terms of the Agreement shall govern.
- K. MEDEX, by executing this Agreement, certifies that, at the time it executes this Agreement and for its duration, MEDEX does not and will not

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perform services for any other client which would create a conflict, whether monetary or otherwise, as between the interests of the City and the interests of any other client of MEDEX. L. This Agreement shall be deemed the creation of both parties and it shall not be construed or interpreted against either party as the drafter. M. The Proposal submitted to City by MEDEX is incorporated by reference to the extent that is does not contradict this Agreement. If there is any inconsistency between the Proposal and this Agreement, then this Agreement shall govern. IN WITNESS WHEREOF, the parties have caused this document to be duly executed with all formalities required by law as of the date first stated above. MEDEX **MANAGED** CARE. California corporation ept 24 Name

INC., 000 Title 2019 By Name Title "MEDEX" CITY OF LONG BEACH, a municipal corporation Βv City Manager

"City"

This Agreement is approved as to form on

CHARLES PARKIN, City Attorney

Deputy

OFFICE OF THE CITY ATTORNEY CHARLES PARKIN, City Attorney 411 West Ocean Boulevard, 9th Floor Long Beach. CA 90802-4664

- 1. UTILIZATION REVIEW. MEDEX shall provide Utilization Review services as listed below:
- 1.1 Utilization Review Criteria. MEDEX shall provide Utilization Review services based on referrals by City. MEDEX's utilization review standards shall meet or exceed all Workers' Compensation Laws of California, rules and regulations. MEDEX shall adhere to the following policies in administering utilization review services:
- (a) No person other than a licensed physician who is competent to evaluate the specific clinical issues involved in the medical treatment services, and where these services are within the scope of the physician's practice, requested by the physician may modify, delay, or non-certify requests for authorization of medical treatment for reasons of medical necessity to cure or relieve.
- (b) The criteria or guidelines used in the utilization review process will be disclosed to the physician and employee and if the injured worker is represented by counsel, the injured worker's attorney.
- (c) Prospective and concurrent decisions shall be made in a timely fashion that is appropriate for the nature of the injured worker's condition, not to exceed five (5) working days from the date of receipt of the written request for authorization. If appropriate information, which is necessary to render a decision, is not provided with the original request for authorization, such information may be requested by a reviewer within five (5) business days of receipt of the written request for authorization in order to make the proper determination. In no event will the determination be made more than fourteen (14) days from the date of the date of the original request by the healthcare provider.
- (d) Decisions to approve a physician's request for authorization prior to, or concurrent with, the provision of medical services to the injured worker shall be communicated to the requesting physician within 24 hours of the decision. Any decision to approve a request shall be communicated to the requesting physician initially by

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telephone and/or facsimile. The communication by telephone shall be followed by written notice with proof of service to the requesting physician within 24 hours of the decision for concurrent review and within two (2) business days for prospective review.

- Decisions to modify, delay or deny a physician's request for (e) authorization prior to, or concurrent with the provision of medical services to the injured worker shall be communicated to the requesting physician initially by telephone and/or facsimile. The communication by telephone shall be followed by written notice with proof of service to the requesting physician, the injured worker, and if the injured worker is represented by counsel, the injured worker's attorney within 24 hours of the decision for concurrent review and within two business days of the decision for prospective review. Letters that modify deny or delay will contain the name, specialty and phone number of the reviewer. The written decision will also state that if the treating/requesting physician wishes to discuss the utilization review decision with the reviewer, expert reviewer, or the medical director, in accordance with regulation 9792.9(k) the physician can call the toll-free number from 12:00 p.m. to 4:00 p.m. PST, Monday through Friday. Additionally, all adverse (modification, delay or denial) decision letters will contain all items stated in UR regulation sections 9792.9 (j) (1-9) & (k) and/or may be found in the physician decision report.
- In addition, the non-physician provider of goods or services identified (f) in the request for authorization, and for who contact information has been included, shall be notified in writing of the decision modifying, delaying, or denying a request for authorization that shall not include the rationale, criteria or guidelines used for the decision.
- In retrospective cases, the decision will be communicated within 30 (g) days of receipt of information that is reasonably necessary to make the determination. Decisions will be communicated within 24 hours via phone and by written explanation both faxed and /or mailed.
- (h) With all utilization decisions, a clear statement advising the injured employee that any dispute shall be resolved in accordance with the independent medical review provisions of Labor Code section 4610.5 and 4610.6, and that an objection to the

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utilization review decision must be communicated by the injured worker, the injured worker's representative, or the injured worker's attorney on behalf of the injured worker on the Application for Independent Medical Review, DWC Form IMR, within 30 calendar days after service of the decision. The Application for Independent Medical Review, DWC Form IMR will be provided to the injured worker along with the utilization review decision. All fields of the form, except for the signature of the employee, must be completed by the claim's administrator. The written decision provided to the injured worker, shall include an addressed envelope, which may be postage-paid for mailing to the Administrative Director or his or her designee.

- (i) Following receipt of the Application for Independent Medical Review, DWC Form IMR, pursuant to section 9792.10.1(b), the Administrative Director shall determine, within 15 days following receipt of the application and all appropriate information to make a determination, whether the disputed medical treatment identified in the application is eligible for independent medical review. If the application is deemed eligible for independent medical review, a process shall be in place to expedite delivery of the request to the Independent Review Organization. Delivery of a complete set of medical records to support the disputed request for treatment accompanied by the application for independent medical review, DWC, form IMR (Independent Medical Review) must be sent within required timeframes and in the order required by the Administrative Director, section 9792.10.5. A process must be in place to immediately deliver the final determination related to disputed medical treatment to all parties so that authorized treatment may be expedited and or the decision appealed within timeframes outlined by the Administrative Director, section 9792.10.7.
- (j) Criteria utilized will be consistent with CCR, Title 8, Sec. 9792.8; will be reviewed, researched and updated on a regular basis; and shall include but not be limited to:
- 1. MTUS-Medical Treatment Utilization Schedule or those additions subsequently adopted under CA Labor Code Sec. 5307.27

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- 2. ACOEM - Occupational Medicine Practice Guidelines, 2nd Edition 2004 or subsequent versions.
- 3. Official Disability Guidelines (ODG) for Treatment via the most current available version.
- 4. Any other nationally accepted and recommended evidencebased guidelines.
- MEDEX may process pre-authorizations. Pre-authorization is defined (k) as a list of treatment requests that has been authorized by the claims administrator to be approved by the claims adjusters when the listed treatments are requested by the treating physician. The pre-authorized list is unique to each MEDEX client. When a preauthorization request is received by MEDEX, we will immediately forward the RFA to the claims administrator who will review and certify depending on file facts. There may be times when a claims adjuster is not available. When this occurs, MEDEX is instructed to forward the RFA to the claims supervisor or manager. If the claims administrative staff is unable to approve the request, then the request will be sent to MEDEX for physician review. MEDEX is a contractor to a claims administrator(s) and conducts prospective, concurrent, and retrospective reviews only unless specifically asked to process pre-authorizations on behalf of a claims administrator.
- **(I)** When authorization for treatment has been given by MEDEX, it is an assurance that appropriate reimbursement will be made for an authorized specific course of treatment to cure or relieve the effects of the industrial injury pursuant to Labor Code Sec. 4600, subject to the provisions of Labor Code Sec. 5402, based on the Doctor's First Report of Injury or Illness", Form 5021, or on the "Primary Treating Physician's Progress Report", DWC Form PR2 as contained in Sec. 9785.2, or in a narrative form containing the same information required in the DWC From PR2.
- (m) Upon request by the public, MEDEX shall make available its complete utilization review plan, consisting of the policies and procedures, and a description of the utilization review process.

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- (n) The personnel involved in decision-making and plan implementation are the Medical Director, UR Director, Intake Coordinator, Non-Physician Reviewer, Review/Expert Review Physician, and UR Assistant.
- 1.2 Utilization Review Quality Metrics and Performance Standards. MEDEX shall adhere to the following procedures in administering utilization review services:
- Upon receipt of a written request for authorization as defined in CCR, Title 8, Section 9792.6 (o) for all prospective and concurrent medical treatment or services, MEDEX shall issue a written authorization to the requesting physician within five (5) working days and within 24 hours of having reached a determination unless information reasonably necessary to make the determination is lacking. If the necessary information is lacking, the reviewer (or non-physician) requests the necessary information within the first five days of receipt of the request for authorization (RFA). Modification, non-certification, or delay decision notifications to the health care provider shall be transmitted no later than five (5) working days after MEDEX's receipt of the request or necessary medical information and shall include the name, phone number and hours of availability of the physician reviewer. MEDEX maintains an open means of communication via toll-free phone message line and 24-hour facsimile operation to receive after hours requests.
- (b) A notice of delay/denial due to lack of information shall state what additional information was requested within the first five business days of receipt of the RFA, and which is required to make a decision; that the request will be reconsidered once the necessary information is received, and when a decision regarding the request is expected to be made.
- (c) A non-physician reviewer will initially apply medically based criteria to requests for authorization. Non-physician reviewers will not non-certify, delay or modify any requests. Non-physician reviewers will approve authorization requests when applicable.
- (d) A physician with an unrestricted state license by his/her licensing board who has education, training, expertise, and experience that is pertinent for evaluating the specific clinical issues or services under review shall review authorization requests that

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do not meet medically-based criteria.

- A written decision approving a request for treatment authorization (e) under section 9792.9 (i) will specify the specific medical treatment service approved.
- (f) If MEDEX modifies, delays, or denies a request for authorization on the basis that the services were not reasonably necessary to cure or relieve the effects of the injury, a written explanation of the basis of the non-certification or modification will be submitted to the requesting healthcare provider, the injured worker, and if the injured worker is represented by counsel, the injured worker's attorney, including all items noted in section 9792.9 (j) (1-9). The written notification shall include a clear statement advising the injured employee that any dispute shall be resolved in accordance with the independent medical review provisions of Labor Code section 4610.5 and 4610.6, and that an objection to the utilization review decision must be communicated by the injured worker, the injured worker's representative, or the injured worker's attorney on behalf of the injured worker on the Application for Independent Medical Review, DWC Form IMR, within 30 calendar days after service of the decision. The Application for Independent Medical Review, DWC Form IMR will be provided to the injured worker along with the utilization review decision. All fields of the form, except for the signature of the employee, must be completed by the claim's administrator. The written decision provided to the injured worker, shall include an addressed envelope, which may be postage-paid for mailing to the Administrative Director or his or her designee.

Following receipt of the Application for Independent Medical Review, DWC Form IMR, pursuant to section 9792.10.1 (b), the Administrative Director shall determine, within 15 days following receipt of the application and all appropriate information to make a determination, whether the disputed medical treatment identified in the application is eligible for independent medical review. If the application is deemed eligible for independent medical review, a process shall be in place to expedite delivery of the request to the Independent Review Organization. Delivery of a complete set of medical records to support the disputed request for treatment accompanied by the application for

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independent medical review, DWC, form IMR (Independent Medical Review) must be sent within required timeframes and in the order required by the Administrative Director, section 9792.10.5.

A process must be in place to immediately deliver the final determination related to disputed medical treatment to all parties so that authorized treatment may be expedited and or the decision appealed within timeframes outlined by the Administrative Director, section 9792.10.7.

If a requesting physician agrees to withdraw or revise his/her request and submit a request that meets the medical criteria, then a non-physician reviewer can approve the request, as the request now meets the medical guidelines.

All UR decisions will include the following information:

- 1. The date on which the decision is made,
- A description of the specific course of proposed medical 2. treatment, for which authorization was requested,
- 3. A specific description of the medical treatment services approved, if any,
- 4. A clear and concise explanation of the reasons for the claims administrator's decision,
- 5. A description of the medical criteria or guidelines used pursuant to section 9792.8.
- 6. A clear statement that any dispute will be resolved via provisions of LC. Sec. 4062 and will include mandatory language as outlined in section 9792.9 (j).
- 7. The name and specialty of the reviewer and their telephone number.
 - 8. The hours of availability of the reviewer or the medical director.
- Authorization may not be non-certified on the basis of lack of (g) information without documentation of a bona fide attempt to obtain the necessary

information.

- (h) Determinations are made in a timely manner, and the urgency of the situation is taken into consideration.
- (i) No prior authorization is required for screening and stabilizing injured employees in emergency situations. An emergency is defined as an incident in which a prudent layperson, a person who is without medical training and who draws on his or her practical experience, acting reasonably, would have believed that an emergency medical condition exists. Emergency health care services may be subjected to retrospective review. Documentation for emergency health care services will be requested from the provider and should be made available to the claims administrator/MEDEX upon request. "Emergency health care services" means health care services for a medical condition manifesting itself by acute symptoms of sufficient severity such that the absence of immediate medical attention could reasonably be expected to place the patient's health in serious jeopardy.
- shall be made in a timely fashion appropriate to the injured worker's condition, not to exceed 72 hours after the receipt of the written information reasonably necessary to make the determination. The requesting physician must indicate the need for an expedited review upon submission of the request. Decisions related to expedited review refer to the following situations:
- When the injured worker's condition is such that the injured worker faces an imminent and serious threat to his or her health, including, but not limited to, the potential loss of life, limb, or other major bodily function, or
- 2. The normal timeframe for the decision-making process, as described in LC 9792.9 subdivision (b), would be detrimental to the injured worker's life or health or could jeopardize the injured worker's permanent ability to regain maximum function.
 - (k) During a concurrent review, the medical treatment will continue until

the treating physician is notified of the decision to deny, until a care plan has been agreed upon by the treating physician, and the care plan is appropriate for the medical needs of the injured worker. [LC Sec. 4610 (g) (3) (B); 8CCR 9792.10 (b) (1), 9792.12 (a) (11)]

- (I) Retrospective review decisions are made within thirty days of the receipt of all necessary information.
- (m) MEDEX shall provide standard reports to the City on a monthly, quarterly, and annual basis, which shall include Detail and Summary information, including UR referrals and Savings History.
- (n) The UR Contractor must be prepared for routine investigations, conducted every five years, as defined by section 9792.6. It is expected the chosen UR Contractor will pass all investigations. Furthermore, it is expected no penalties or repeat investigations will be associated with the City of Long Beach UR program.

II. MEDICAL DISPUTE RESOLUTION

- 2.1 MEDEX shall adhere to the following reconsideration process in the event of a disagreement with the healthcare provider:
- (a) If the healthcare provider disagrees with a determination and/or has additional information that was not available at the time of the review and desires to initiate a re-consideration, they may contact MEDEX Utilization Review within 5 business days of receipt of the Explanation of Review letter to request reconsideration or within 20 days to initiate an appeal. Any and all additional information will be reviewed and sent to a Physician Reviewer/Expert Reviewer reconsideration and/or appeal. If the Reviewer who made the initial determination is not available, another Reviewer will be assigned. NOTE: MEDEX will only accept a reconsideration or appeal request from the requesting treating physician/healthcare provider. If the treating physician/health care provider wishes to discuss the utilization review decision with the reviewer, expert reviewer, or the medical director, in accordance with regulation 9792.9 (k) the physician can call the toll-free number provided from 12:00 p.m. to 4:00 p.m. PST, Monday through Friday. Should the reviewing

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physician be unable to speak with the physician, another reviewer who is competent to evaluate the specific clinical issues involved in the medical treatment services will be made available from 9:00 am to 5:30, pm Monday through Friday.

- (b) In the event the reconsideration or appeal process does not resolve the dispute, the parties will be instructed to complete the Application for Independent Medical Review, DWC Form IMR, within 30 calendar days after service of the decision. The Application for Independent Medical Review, DWC Form IMR will be provided to the injured worker along with the utilization review decision. All fields of the form, except for the signature of the employee, must be completed by the claim administrator. The written decision provided to the injured worker, shall include an addressed envelope, which may be postage-paid for mailing to the Administrative Director or his or her designee.
- 2.2 In the with MEDEX's utilization review event City disagrees recommendations regarding the provision of services to an injured employee, the parties agree to adhere to the following medical dispute resolution process:
- Level I Medical Disputes. For medical disputes between the City's (a) claims adjustor and UR involving a pre-recommended treatment plan with an estimated claims level below One Thousand Dollars (\$1,000.00), as determined by UR, the claims adjustor and UR shall promptly provide the necessary summary information to City's claims supervisor and MEDEX's UR Director, respectively, for resolution.
- (b) Level II Medical Disputes. For medical disputes between the City's claims adjustor and UR involving a pre-recommended treatment plan with an estimated claims level greater than One Thousand Dollars (\$1,000.00), as determined by UR, the claims adjustor and UR shall promptly provide the necessary summary information to City's branch or claims manager and MEDEX's account manager, respectively, for resolution.
- 2.3 The parties agree to use their best efforts to resolve all medical disputes within seventy-two (72) hours after City's receipt of the necessary summary information from MEDEX. In those instances where the parties cannot reach an agreement as to the appropriate treatment to be provided to an injured worker and City's proposed alternative

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course of treatment varies materially, as determined by the UR Medical Director in his or her sole discretion, from the treatment plan recommended by MEDEX and its medical providers, MEDEX shall have the right to cease providing UR services relating to the injured worker's care.

- 2.4 In the event City repeatedly fails to approve MEDEX's recommendations for utilization review, MEDEX may terminate this Agreement upon thirty (30) days prior notice to City.
- 2.5 Notwithstanding the medical dispute resolution process described above and MEDEX's obligations to perform UR services on behalf of City under this Agreement, City retains the sole responsibility and authority to accept or deny workers' compensation claims and to make workers' compensation benefit and coverage-related decisions.

PHYSICIAN REVIEW III.

- 3.1 When necessary and appropriate, MEDEX shall provide to City Medical Director and physician review services to support identified utilization management issues that may escalate and result in the Independent Medical Review (IMR) process. The Medical Director shall oversee the provision of physician review for all cases where clinical determination is needed for an admission, procedure or services Criteria identified for Physician Review services include, but are not limited to:
 - (a) Requests that cannot be authorized by the non-physician reviewer;
 - Retrospective review of emergency health care requests; (b)
 - Prospective, concurrent or expedited review requests; (c)
- (d) Medical requests for claims that may be denied based on evaluation of circumstances completed by the City.

IV. EXPERT TESTIMONY

4.1 MEDEX is expected to defend the UR process and UR decisions rendered and provide Expert Testimony if requested and/or required on a case by case basis. OFFICE OF THE CITY ATTORNEY CHARLES PARKIN, City Attorney 411 West Ocean Boulevard, 9th Floor Lonα Beach. CA 90802-4664

MEDEX shall not charge for their appearance within a one hundred (100) mile radius of MEDEX's office location. If MEDEX is required to appear on a second day with respect to the same UR decision or it is outside the above stated area, City shall negotiate payment for a second appearance and agree upon rates in a written Letter of Agreement. Following termination of this Agreement, MEDEX shall continue to provide expert witness testimony concerning any work performed pursuant to this Agreement at MEDEX's then current rates and on its then current terms and conditions.

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EXHIBIT "B"

COMPENSATION

MEDEX Managed Care					
Utilization Review					
Flat Rate – Log Only	\$	25.00 * ¹			
Flat Rate – Non-physician Review	\$	80.00 *1			
Flat Rate – Physician Review	\$	200.00 *1			
Flat Rate – Physician Review by Specialty if applicable	\$	215.00 *1			
Flat Rate – Expert Review/Medical Director if rates vary from Physician Review	\$	225.00 *1			

^{*} Charges based on level of determination

¹ Includes 3 medical requests in a single review

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EXHIBIT "C"

PERFORMANCE GUARANTEES

For services rendered pursuant to this Agreement, MEDEX guarantees the following performance levels for Utilization Review:

- A. All decisions for utilization review will be performed within the statutory time limits pursuant to the Workers' Compensation Laws of California, rules and regulations.
- B. Written utilization review determinations (for example, authorizations, modifications, and denials) will be performed within one (1) business day after such determinations.

In order to ensure that MEDEX achieves the desired performance levels, City will perform semi-annual audits to monitor outcomes with respect to each of the abovementioned performance criteria. Utilizing a representative random sampling of no less than ten percent (10%) of the total Utilization Review decisions reviewed in the prior six (6) month period, City will review each performance criteria for the six-month period being audited for completion and accuracy. Scoring will be tracked for each criterion to determine whether the performance level was achieved and to what percentage of the time within the selected sample. City will then compute a composite average score for all criteria.

MEDEX guarantees a composite score of ninety percent (90%). If the score is eighty-four percent (84%) or less, then MEDEX shall reimburse to City five percent (5%) of MEDEX's service fees for six (6) months following the computation of the composite score. If the Agreement is expiring or is terminated and there are not six months remaining. then MEDEX shall refund five percent (5%) of MEDEX's service fees to City within thirty (30) days after such expiration or termination. This provision shall survive expiration or termination of the Agreement.

Notwithstanding these provisions regarding the composite score, MEDEX shall submit a written action plan to City within fifteen (15) days after a computation showing a composite score below eighty-four percent (84%).