



# CITY OF LONG BEACH

## DEPARTMENT OF PARKS, RECREATION & MARINE

2760 N. Studebaker Road, Long Beach, CA 90815-1697  
 (562) 570-3100 • FAX (562) 570-3109  
[www.LBParks.org](http://www.LBParks.org)



**selected**  
**best in the nation**

February 15, 2018

MEMBERS OF THE PARKS AND RECREATION COMMISSION  
 City of Long Beach  
 California

### RECOMMENDATION:

Authorize the Director of Parks, Recreation and Marine to assign Fitness Provider Permit No. 33008 with Fitness Through Motion, Inc., a California Corporation, to Karolina Soltani the corporation's new owner and execute all necessary documents.

Or

Authorize the Director of Parks, Recreation and Marine to execute all documents necessary for the termination of Fitness Provider Permit No. 33008 with Fitness Through Motion, Inc. (District 3).

### DISCUSSION

At the Parks and Recreation Commission (Commission) meeting of November 16, 2017, the Commission received a report on issues related to previously approved Use and Fitness Provider Permits (Permits). The report concluded that the for-pay or commercial recreational activities that occur under these Permits as private businesses, and not part of the Departments Contract Class Program, should either meet certain requirements (that had not been imposed upon approval) or should have received a Conditional Use Permit from the City's Planning Commission pursuant to zoning regulations. In response to this report and because existing permittees have operated in good faith, the Commission directed the Director of the Department of Parks, Recreation and Marine (Department) to honor all currently active Permits through the earlier date of September 30, 2019 or effective date of the new policy that is currently being developed.

On July 16, 2015, the Commission authorized an extension of Fitness Provider Permit No. 33008 (Permit 33008) with Fitness Through Motion, Inc., (FTM) through January 31, 2020, for the conduct of a boot camp in Recreation Park. FTM subsequently received approval to move to Marina Vista Park, for an annual fee of \$350 per year. The Department of Parks, Recreation and Marine (Department) has received a request for approval of a change of ownership of FTM that occurred in 2017 (Attachment A). One of the provisions of Permit 33008 is that it cannot be assigned or transferred. As FTM is a corporation (as opposed to an individual or sole proprietor), the sale of a corporate entity could be considered a change of ownership and a prohibited transfer under the Permit provisions. The City Attorney's Office has suggested that the Commission make the policy determination whether its directive to temporarily grandfather existing Permits would apply to all

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permittees regardless of their ownership structure, and whether to allow for the assignment or transfer of this Permit.

FISCAL IMPACT

If the transfer of Permit 33008 is allowed, there will be no fiscal impact. If the permit is cancelled, there would be a loss of \$350 to the Department in revenue to the General Fund.

SUGGESTED ACTION:

Approve one of the suggested recommendations

Respectfully Submitted,



STEPHEN P. SCOTT  
DEPUTY DIRECTOR



GLADYS KAISER  
MANAGER  
COMMUNITY RECREATION SERVICES

APPROVED:



MARIE KNIGHT  
DIRECTOR

MK:SS:GK:rl/dr

Att. A: Ownership Transfer Request and CA Statement of Information for Permit No. 33008

ATTACHMENT A



LONG BEACH BOOT CAMP

Fitness Through Motion, Inc.  
1139 E. Ocean Blvd. #301  
Long Beach, CA 90802  
562-343-5230

1/29/2018

Alan Kosoff  
Analyst, Contract Management Division  
City of Long Beach Department of Parks, Recreation and Marine  
2760 Studebaker Rd., Long Beach, CA 90815-1697

**Request for Transfer of Assignment of Fitness Provider Permit #33008**

To Whom It May Concern:

I, Karolina Soltani, purchased Fitness Through Motion, an S Corp based in Long Beach, CA from the previous owner, Shannon Paul in 2017, and hereby request a Transfer of Assignment of a Fitness Provider Permit #33008.

Fitness Through Motion, Inc. (DBA Long Beach Boot Camp) primarily provides outdoor group fitness exercise programs to our members in supportive small group settings at several locations, one of them being **Marina Vista Park** for which Fitness Through Motion has received the above mentioned permit.

We offer our members a diverse collection of fitness training sessions in a small group setting along with weekly meditation sessions designed to promote and nurture healthy living for all those who choose to join us. Our community consists of new and long-time residents of Long Beach who find companionship and encouragement in each other through their shared values of living a positive lifestyle centered around health and wellness.

In December 2017, we were honored to be voted "**Best Boot Camp in Long Beach**" by **Long Beach Home + Living** who surveyed our city's residents. We feel exceptionally grateful to have been awarded this recognition by our fellow citizens and we embrace our role in contributing to the health and fitness of our community.

On **October 5, 2017**, Fitness Through Motion, Inc. filed a Statement of Information with the California Secretary of State confirming the change of ownership. We respectfully ask for your approval of our request so that we may continue our mission of "Making Fitness Fun" and providing a valued service to our members and residents of our city.

Sincerely,

*K. Soltani*

Karolina Soltani  
Owner, Fitness Through Motion, Inc.

Enclosed:  
Statement of Information



# State of California Secretary of State

**S**

## Statement of Information

(Domestic Stock and Agricultural Cooperative Corporations)

FEES (Filing and Disclosure): \$25.00.

If this is an amendment, see instructions.

**IMPORTANT – READ INSTRUCTIONS BEFORE COMPLETING THIS FORM**

**FR42330****FILED**

In the office of the Secretary of State  
of the State of California

**OCT-05 2017**

This Space for Filing Use Only

**1. CORPORATE NAME**

FITNESS THROUGH MOTION

**2. CALIFORNIA CORPORATE NUMBER**

C2788664

**No Change Statement** (Not applicable if agent address of record is a P.O. Box address. See instructions.)

3. If there have been any changes to the information contained in the last Statement of Information filed with the California Secretary of State, or no statement of information has been previously filed, this form must be completed in its entirety.

☐ If there has been no change in any of the information contained in the last Statement of Information filed with the California Secretary of State, check the box and proceed to Item 17.

**Complete Addresses for the Following** (Do not abbreviate the name of the city. Items 4 and 5 cannot be P.O. Boxes.)

4. STREET ADDRESS OF PRINCIPAL EXECUTIVE OFFICE CITY STATE ZIP CODE  
1139 E OCEAN BLVD. #301, LONG BEACH, CA 90802

5. STREET ADDRESS OF PRINCIPAL BUSINESS OFFICE IN CALIFORNIA, IF ANY CITY STATE ZIP CODE

6. MAILING ADDRESS OF CORPORATION, IF DIFFERENT THAN ITEM 4 CITY STATE ZIP CODE

**Names and Complete Addresses of the Following Officers** (The corporation must list these three officers. A comparable title for the specific officer may be added; however, the preprinted titles on this form must not be altered.)

7. CHIEF EXECUTIVE OFFICER/ ADDRESS CITY STATE ZIP CODE  
KAROLINA SOLTANI 1139 E OCEAN BLVD. #301, LONG BEACH, CA 90802

8. SECRETARY ADDRESS CITY STATE ZIP CODE  
KAROLINA SOLTANI 1139 E OCEAN BLVD. #301, LONG BEACH, CA 90802

9. CHIEF FINANCIAL OFFICER/ ADDRESS CITY STATE ZIP CODE  
KAROLINA SOLTANI 1139 E OCEAN BLVD. #301, LONG BEACH, CA 90802

**Names and Complete Addresses of All Directors, Including Directors Who are Also Officers** (The corporation must have at least one director. Attach additional pages, if necessary.)

10. NAME ADDRESS CITY STATE ZIP CODE  
KAROLINA SOLTANI 1139 E OCEAN BLVD. #301, LONG BEACH, CA 90802

11. NAME ADDRESS CITY STATE ZIP CODE

12. NAME ADDRESS CITY STATE ZIP CODE

13. NUMBER OF VACANCIES ON THE BOARD OF DIRECTORS, IF ANY: 0

**Agent for Service of Process** If the agent is an individual, the agent must reside in California and Item 15 must be completed with a California street address, a P.O. Box address is not acceptable. If the agent is another corporation, the agent must have on file with the California Secretary of State a certificate pursuant to California Corporations Code section 1505 and Item 15 must be left blank.

14. NAME OF AGENT FOR SERVICE OF PROCESS

KAROLINA SOLTANI

15. STREET ADDRESS OF AGENT FOR SERVICE OF PROCESS IN CALIFORNIA, IF AN INDIVIDUAL CITY STATE ZIP CODE  
1139 E OCEAN BLVD. #301, LONG BEACH, CA 90802

**Type of Business**

16. DESCRIBE THE TYPE OF BUSINESS OF THE CORPORATION  
FITNESS & NUTRITION

17. BY SUBMITTING THIS STATEMENT OF INFORMATION TO THE CALIFORNIA SECRETARY OF STATE, THE CORPORATION CERTIFIES THE INFORMATION CONTAINED HEREIN, INCLUDING ANY ATTACHMENTS, IS TRUE AND CORRECT.

10/05/2017 KAROLINA SOLTANI CEO, PRESIDENT, OWNER

DATE

TYPE/PRINT NAME OF PERSON COMPLETING FORM

TITLE

SIGNATURE