

# We Create Community



## Promenade Square Tot Lot Opens



An Opening Ceremony for the Promenade Square Park Tot Lot at The Promenade North and East First Street, was held on Saturday, December 17.

"Access to safe, fun places to recreate is a need in every neighborhood and this new tot lot will serve the many families living in Downtown that previously had to travel a half-mile away to play," said Mayor Robert Garcia.

The Tot Lot includes a slide, several climbing structures and climbing rocks, a park bench, and playground safety surfacing. The design compliments the design elements of Promenade Square Park and The Promenade.

"The total project cost was \$192,000, and was supported with \$75,000 in one-time infrastructure funds from the Office of former Vice Mayor Suja Lowenthal; \$20,000 from Los Angeles County Supervisor Don Knabe; \$10,000 from the Downtown Long Beach Associates; \$7,300 raised by the Promenade Area Residents Association; and \$5,000 from the Molina Family Trust.



## El Dorado Nature Center Named a Top Place to Visit in Southern California

El Dorado Nature Center ranked third in the "13 Places You Should Go In Southern California In 2017," compiled by OnlyInYourState.com, a web site that "helps readers discover things to do in each of the 50 states."

In making the designation, Only In Your State said, "2016 has been an eventful year in Southern California. Over the past twelve months we've featured fun adventures including scrumptious foodie finds, breathtaking hiking trails, and historic landmarks that all Southern Californians should see." They recommended adding El Dorado Nature to your "2017 bucket list" and said, "For nature lovers looking for short and sweet walking trails, El Dorado Nature Center is the perfect destination. The trail lengths range from one to three miles at this outdoor oasis in Southern California."

Kudos to El Dorado Nature Center for offering residents and visitors a serene place to get away and enjoy nature for almost 48 years.





## Community Recreation Services

### L.A. Kings Street Hockey Clinic Enhances Youth Sports Skills



On December 29, the Los Angeles Kings Hockey team conducted a free “Street Hockey” clinic for dozens of excited youth from the Department’s Winter Fun Days program. The Kings set up at the Wardlow Park sports court with sticks and pucks, and demonstrated techniques and procedures that introduced kids to the fundamentals of the sport and honed the skills of experienced players.

The Kings previously supported the Department at All City Beach Day in August by attending and leading games and distributing giveaways.



#### *By the Numbers: Community Recreation Services November 2016*

|  |        |
|--|--------|
| Permits to Gather .....                          | 78     |
| Reserved Picnic Sites .....                      | 7      |
| Number of Contract Classes .....                 | 121    |
| Facility Use Permits Issued .....                | 68     |
| Field Use Permits Issued .....                   | 68     |
| Adult Sports League Participants .....           | 5,880  |
| Visits to City / City Operated LBUSD Pools ..... | 12,675 |
| El Dorado Regional Park Paid Entries .....       | 6,133  |
| El Dorado Regional Park Annual Passes .....      | 462    |
| Youth and Teen Participants .....                | 38,792 |
| Senior Citizen Participants.....                 | 35,102 |
| Visits to El Dorado Nature Center.....           | 15,427 |

#### El Dorado Regional Park Annual Passes

Buy an Annual Parking Pass now for El Dorado Regional Park and El Dorado Nature Center and get unlimited vehicle entry to both areas for twelve months. The visor hanger design allows the pass to be used on more than one car within the purchaser’s immediate family.

Purchase passes at the Parks, Recreation and Marine Administration office at 2760 Studebaker Road or at El Dorado Nature Center Gift Shop, 7550 E. Spring Street. The pass costs are \$60; \$35 for Seniors(ages 50 and up) and Disabled.





## PRM Winter Fun Days Engage Kids Over School Break

During the winter school break on weedays from December 26-January 6, youth and teens found fun at their local park. The free drop-in activities offered included activities like charades, board games, digital games, and musical chairs. Sports fun such as basketball, soccer, obstacle courses and dodge ball kept kids active. Other fun included crafts, cooking, talent shows, New Year's celebrations and field trips.

Parks, Recreation and Marine staff are proud to provide safe and enriching environments that foster growth, and encourage fitness and positive community engagement.



*Outdoor Games at M.L.King Park*



*Shooting Hoops at Pan American Gym*



*Active Fun at Pan American Park*



*Whaley Park Crafts*



*Whaley Park Foosball Fun*



*Whaley Park Kids Ready to Pop in the New Year*



*Whaley Park Tamale Making*



*Orizaba Digital Academy*



*Hooray for Winter Break Fun Days at Pan American Park*

# A New Year and a New Fitter You

Get healthier and more active with Parks, Recreation & Marine fitness classes. Many classes may be attended on a drop in basis (\*). Visit [www.lbparks.org](http://www.lbparks.org) to register.

## Adult Classes

|   |                        |      |           |                    |         |
|---|------------------------|------|-----------|--------------------|---------|
| * Aerobics Lite (Great for starters)      | Recreation Park        | \$35 | 2/3-2/27  | 8:30-9:30 a.m.     | M/W/F   |
| * B.L.A.S.T. (Lean, Agile, Strong, Toned) | Recreation Park        | \$44 | 2/6-2/27  | 6-6:45 p.m.        | M       |
| * B.L.A.S.T. Kickboxing Workout           | Whaley Park.           | \$44 | 2/9-3/2   | 6-7 p.m.           | Th      |
| * B.L.A.S.T. Total Body Fitness           | El Dorado West         | \$44 | 2/7-2/28  | 6-7 p.m.           | Tu      |
| * Cardio Sculpt Low-Impact Aerobics       | El Dorado West         | \$24 | 2/1-2/17  | 5:30-6:30 p.m.     | M & W   |
| * Funrobics!                              | Recreation Park        | \$30 | 2/2-2/28  | 8-9 a.m.           | Tu & Th |
| * Fusion Pilates Conditioning             | Recreation Park        | \$75 | 2/1-2/24  | 9:45-10:45 a.m.    | W F     |
| * Hatha Flow Yoga- Chair as Prop          | Whaley Park            | \$44 | 2/2-2/23  | 10:30 a.m.-12 p.m. | Th      |
| * Kundalini Yoga and Meditation           | El Dorado Nature Ctr   | \$52 | 2/5-2/26  | 11 a.m.-12:30 p.m. | Su      |
| Pilates                                   | Bixby Park             | \$50 | 2/13-3/13 | 6:30-7:30 p.m.     | M       |
| Pilates                                   | Bixby Park             | \$50 | 2/8-3/8   | 6-7 PM             | W       |
| Pilates                                   | Bixby Park             | \$50 | 2/11-3/11 | 9:30-10:30 AM      | Sa      |
| Pilates on the Ball                       | Bixby Park             | \$50 | 2/13-3/13 | 7:35-8:35 a.m.     | M       |
| *Pilates Total Care                       | Recreation Park        | \$37 | 2/1-2/11  | 11 a.m.- 12 p.m.   | W       |
| Power Barre                               | 12233 Centralia, Lkwd. | \$65 | 2/2-2/27  | 7-7:50 p.m.        | M & Th  |
| Power Tae Fitness                         | 12233 Centralia, Lkwd. | \$65 | 2/4-2/28  | 7-8 p.m.           | Tu & Sa |
| Yoga for Health and Wellness              | Whaley Park            | \$33 | 2/7-2/28  | 6-7:30 p.m.        | Tu      |

## Adult 50+ Classes

|                      |                   |      |          |                       |         |
|----------------------|-------------------|------|----------|-----------------------|---------|
| *Boomer Zumba®       | Houghton Park     | \$10 | 2/1-2/22 | 7:15-8:15 p.m.        | W       |
| *Firm, Fit, Flexible | Pan American Park | \$3  | 2/7-2/28 | 9:30-10:30 a.m.       | Tu      |
| *Senior Fitness      | El Dorado West    | \$3  | 2/2-2/28 | 10-11 a.m.            | Tu & Th |
| *Zumba® Gold         | LB Senior Ctr.    | \$10 | 2/4-2/25 | 11:30 a.m.-12:30 p.m. | Sa      |
| *Zumba® Gold         | LB Senior Ctr.    | \$10 | 2/7-2/28 | Sa 6:16-7:15 p.m.     | Tu      |
| *Zumba® Gold         | El Dorado West    | \$3  | 2/3-2/24 | 8:45 – 9:45 a.m.      | F       |
| *Zumba® Gold Toning  | El Dorado West    | \$3  | 2/1-2/22 | 9-10 a.m.             | W       |

**Swimming** is a great low impact way to exercise. Visit [www.longbeach.gov/park/recreation-programs/aquatics/pools](http://www.longbeach.gov/park/recreation-programs/aquatics/pools) for more information.

|                          |                     |                     |           |
|--------------------------|---------------------|---------------------|-----------|
| Recreational Swimming    | Belmont Plaza Pool  | 7-9 p.m.            | M & W     |
| Recreational Swimming    | Belmont Plaza Pool  | 12-2 p.m.           | Sa & Su   |
| Recreational Swimming    | King Park Pool      | 1-3:30 p.m.         | Sa & Su   |
| Recreational Swimming    | King Park Pool      | 3-4:30 p.m.         | Tu/Th/Fri |
| Recreational Swimming    | King Park Pool      | 6:30-8 p.m.         | Tu & Th   |
| Recreational Swimming    | Silverado Park Pool | 2-3:30 p.m.         | M & W     |
| Recreational Swimming    | Silverado Park Pool | 1-3:30 p.m.         | Sa        |
| Lap Swimming             | Belmont Plaza Pool  | 5:30-9:30 a.m.      | M - F     |
| Lap Swimming             | Belmont Plaza Pool  | 10 a.m. - 2 p.m.    | M/W/F     |
| Lap Swimming             | Belmont Plaza Pool  | 11 a.m. - 2 p.m.    | Tu & Th   |
| Lap Swimming             | Belmont Plaza Pool  | 7-9 p.m.            | Tu & Th   |
| Lap Swimming             | Belmont Plaza Pool  | 8 a.m.- 12 p.m.     | Sa & Su   |
| Lap Swimming             | King Park Pool      | 6-9 a.m.            | M/W/F     |
| Lap Swimming             | King Park Pool      | 12-2 p.m.           | Tu/Th/Fri |
| Lap Swimming             | King Park Pool      | 11:30 a.m. – 1 p.m. | Sa & Su   |
| Lap Swimming             | Silverado Park Pool | 6:30-11 a.m.        | M/W/F     |
| Lap Swimming             | Silverado Park Pool | 12-2 p.m.           | M/W/F     |
| Lap Swimming             | Silverado Park Pool | 6-7 p.m.            | M & W     |
| Lap Swimming             | Silverado Park Pool | 12-1 p.m.           | Sa        |
| Lap Swimming             | Silverado Park Pool | 8-11 a.m.           | Su        |
| Water Exercise – Shallow | Belmont Plaza Pool  | 11-11:50 a.m.       | M/W/F/Su  |
| Water Exercise – Shallow | Belmont Plaza Pool  | 7:10-8 p.m.         | Tu & Th   |
| Water Exercise – Shallow | King Park Pool      | 8-8:50 a.m.         | M/W/F     |
| Water Exercise – Shallow | King Park Pool      | 6-6:50 p.m.         | M & W     |
| Water Exercise – Shallow | Silverado Park Pool | 11-11:50 a.m.       | M/W/F/Su  |
| Water Exercise – Deep    | Belmont Plaza Pool  | 10-10:50 a.m.       | M/W/F/Su  |
| Water Exercise – Deep    | King Park Pool      | 6:30-7:20 a.m.      | M/W/F     |



## Animal Care Services Update

### Animal Care Services "Feels the Love" From Timmons Subaru



Long Beach Animal Care Services (LBACS) was chosen by Timmons Subaru as their local charity for their Share the Love event on December 10. Timmons Subaru will donate \$250 from the sale of each purchased or leased new vehicle sold between November 17, 2016 and January 3, 2017.

In addition on December 10, Subaru covered all pet adoption fees for LBACS's adoptable animals at the dealership to get as many shelter animals as possible a home for the holidays. Timmons Subaru strongly supported the event

with radio and Pandora ads that brought attention to the lifesaving programs at LBACS and helped nine successful adoptions occur that day.

The day also featured Photos with Santa for families and pets, mobile pet grooming, and a Shelter Pet Donation Drive for blankets, towels, heating pads, dog and cat food, dog treats, toys, and travel crates and carriers.

Timmons Subaru is currently calculating the donation from the sold and leased cars and will tentatively present a check to LBACS in June.





## LOW COST PET CLINIC

**VACCINES & MICROCHIPS  
DEWORMING  
FLEA & TICK TREATMENTS**

**Every 1st & 3rd Thursday  
4 PM - 6 PM  
Scherer Park  
4600 Long Beach Blvd, Long Beach**

**Every 1st & 3rd Saturday  
10AM - 1 PM  
Rotating Long Beach Parks  
Visit [snpla.org/events](http://snpla.org/events) for current listing**



[www.snpla.org](http://www.snpla.org) (310) 574-5555

### Low Cost Pet Vaccination Clinics

Pet owners, 18 years or older, may bring their pets on leashes or in carriers to vaccination clinics. Only healthy and non-pregnant animals will be vaccinated. Please bring prior vaccination information with you to the clinic. Vaccination and microchip services are provided for pets residing in any city. Licensing is provided for residents within Long Beach at Saturday clinics; please bring your renewal notice and rabies certificate with you. For more information and updates, please visit the SNPLA website.

# ADOPT

from  
**LONG BEACH ANIMAL CARE SERVICES**



7700 E. SPRING ST. LONG BEACH, CA 90815 (562) 570-7387  
W - F: 10 am - 5:30 pm Sat & Sun: 10 am - 4 pm  
[www.longbeach.gov/acs](http://www.longbeach.gov/acs)



# Drake Chavez Greenbelt Artificial Turf Sports Field Project



In December, work began on the 8.75-acre Drake Chavez Greenbelt Project, which includes a striped artificial turf sport field with organic infill, a grass play area, a landscaped open space area, a pedestrian trail, benches and on-site parking. Construction is scheduled to be complete and the Greenbelt is anticipated to be open in Summer 2017.

The total cost of the Drake Chavez Project is estimated at \$3,813,000, including \$2.865 million for construction and costs for design, construction management, labor compliance and project oversight. The project is supported by \$2,513,000 from Proposition 84 grant funding for

statewide park development, \$300,000 from Los Angeles County Regional Parks and Open Space District "Per Parcel Discretionary" funding, and \$1,000,000 of FY14 one-time funding that was designated for this project.

The annual maintenance cost of the Greenbelt is about \$40,000 per year, that includes daily trash removal, irrigation repair, and plant trimming. Weed abatement and artificial turf maintenance includes brushing to rejuvenate matted fibers, aeration to avoid infill compaction, and sweeping to remove litter.

The project is the first in the City to feature an artificial turf field with organic infill. The use of artificial turf on sports fields provides a safe surface not impeded by gopher holes, ruts or

other elements that cause uneven playing areas. An artificial turf field can provide more playable hours per field, and does not need to be closed as often for re-sodding or rehabilitation as grass fields with the same amount of heavy play. The use of artificial fields can reduce maintenance costs because there is no need to reseed, re-sod or aerate.

Future Long Beach parks that are planned to have artificial turf sports fields include Seaside Park and Admiral Kidd Park.

## Know Your Long Beach Parks: Alamitos Heights Park



The land for Alamitos Heights Park at E. Colorado Street and Orlena Avenue was acquired by the City of Long Beach from oil producing companies in 1923. The 1.31-acre park is a landscaped open space area between

Colorado Lagoon to the west and Marina Vista Park to the south. The site was developed as a park along with homes in the area beginning in the early 1960s.

Members of the Alamitos Heights Improvement Association (AHIA) hold events at the park including their annual 5k Fun Run and Picnic, and holiday toy drives and snow days events.



# Marine Bureau Update

## Marketing Campaign Building Awareness of Local Boat Slip Availability

In recent months the Long Beach Marine Bureau team has been working on a marketing campaign to help achieve 100% slip occupancy in the City's three marinas. The campaign has included traditional marketing such as advertising in trade magazines, website listings and Facebook postings. The campaign is also featured in rotation on the Long Beach Worthington Ford digital sign at the 405 freeway at Bellflower. Approximately 400,000 vehicles drive past that sign on a daily basis. As a result, we welcomed new boat owners into both Shoreline and Alamitos Bay Marinas.

Another first is the recently launched Long Beach Boat Slip Mooring public service announcement. Our marinas have never looked more beautiful. Marine Advisory Commissioner Jerry Avila graciously agreed to participate in the filming of the video with his family. Looks like they had a fun afternoon. Here's the link, take a look, <https://www.youtube.com/watch?v=2RS5LWhu9ac>.



## By the Numbers: Maintenance Operations Dcember 2016

### Community Service Workers Program

|  |                      |
|--|----------------------|
| Total number of persons enrolled for December:   | 147                  |
| Total number of CSW hours for November 2016  | 1,909                |
| Total number of hours worked at Queensway Bay:<br>(Water cleanup, debris removal, litter pickup)   | 8                    |
| Total number of hours worked at Beach Maintenance:<br>(Litter pickup along beach areas, parking lots, Belmont Pool area, Ocean Blvd., Peninsula area and maintenance yard) | 116                  |
| Total number of hours worked at Marine Maintenance:<br>(Litter pickup including Belmont Pier, maintenance building, and assist with custodial work)                        | 180                  |
| Total number of hours worked at El Dorado Park areas:<br>(Litter pickup, custodial and facility sites including Tree Farm and Night Crew)                                  | 380                  |
| Total number of hours worked at Tree Farm:<br>(Litter pickup, custodial and facility)  | 73                   |
| Total number of hours worked at Los Cerritos Wetlands:<br>(Litter pickup and vegetation removal of Sims Pond, Golden Shore, Colorado Lagoon and other Various Wetlands)    | 86                   |
| Total number of hours worked at special clean-ups:<br>(Neighborhood clean-ups and events, graffiti paint-outs)   | 1,066                |
| Work orders completed:   | 477                  |
| Restrooms cleaned on a daily basis bureau wide:  | 172                  |
| Facilities and Gymnasiums cleaned and stocked daily:   | 28                   |
| Park turf acres maintained:  | 814                  |
| Park landscape acres maintained:   | 2,310                |
| Street (medians) turf acres maintained:  | 53                   |
| Street landscape acres maintained:   | 143                  |
| Water Use  |                      |
| Parks and Street Island Potable  | 30,492 ccf \$112,359 |
| Parks and Street Island Reclaimed  | 67,609 ccf \$171,614 |



# CALENDAR OF EVENTS

## January

|          |         |   |                             |
|----------|---------|---|-----------------------------|
| Mon. 16  |         | Martin Luther King Jr. Birthday Holiday |                             |
| Wed. 18  | 9 a.m.  | Senior Citizen Advisory Commission      | Long Beach Senior Center    |
| Th. 19   | 9 a.m.  | Parks and Recreation Commission         | El Dorado Senior Center     |
| Sat. 21  | 10 a.m. | *Wetland Warriors Cleanup               | Golden Shore Marine Reserve |
| Wed. 25  | 6 p.m.  | Commission on Youth and Children        | El Dorado Park West         |
| Sat. 28: |         | Animal Care Services Open House         | 7700 E. Spring Street       |
| Mon. 30  |         | Spring Recreation Connection Published  |                             |

## February

|         |                        |  |   |
|---------|------------------------|--|---|
| Sat. 4  | 10 a.m.<br>2 p.m.      | *First Saturday Stewards Cleanup<br>California Native Plant Class              | El Dorado Nature Center<br>El Dorado Nature Center  |
| Sun. 5  |                        |  |   |
| Mon 6   | Varies                 | Four-week M/W Swim Lessons Begin   | Silverado Park Pool                                 |
| Tue. 7  | Varies                 | Four-week Tu/Th Swim Lessons Begin   | King Park Pool                                      |
| Wed. 8  | 10 a.m.                | *Love Bugs Preschool Art Program   | El Dorado Nature Center                             |
| Th. 9   | 2:30 p.m.<br>3:30 p.m. | Marine Advisory Commission<br>Golf Advisory Committee                          | Long Beach Yacht Club<br>2760 Studebaker Road       |
| Sat. 11 | 9 a.m.<br>6 p.m.       | Great Backyard Bird Count<br>*Romances at the Rancho Tours                     | El Dorado Nature Center<br>Rancho Los Cerritos      |
| Sun. 12 | 8 a.m.                 | Audubon Bird Walk  | El Dorado Nature Center                             |
| Tue. 14 | 10 a.m.                | *Tu/Th Preschool in Nature Classes Begin                                       | El Dorado Nature Center                             |
| Wed. 15 | 9 a.m.<br>10 a.m.      | Senior Citizen Advisory Commission<br>*Tu/Th Preschool in Nature Classes Begin | Long Beach Senior Center<br>El Dorado Nature Center |
| Th. 16  | 9 a.m.                 | Parks and Recreation Commission  | El Dorado Senior Center                             |
| Sat. 18 | 10 a.m.                | *Wetland Warriors Cleanup  | Golden Shore Marine Reserve                         |
| Mon 20  |                        | President's Day Holiday  |   |
| Mon 27  | 9:30 a.m.              | *Bubble! Fizz! Boom! Preschool Science Class                                   | El Dorado Nature Center                             |

\*Call for registration and fee information.



**Long Beach Parks, Recreation and Marine**  
2760 Studebaker Road - Long Beach, CA 90815-1697  
Phone: 572.570.3100 Fax: 572.570.3109



Email: [LBParks@longbeach.gov](mailto:LBParks@longbeach.gov)

Website: [www.LBParks.org](http://www.LBParks.org)

LB Airport Web Site: [www.lgb.org](http://www.lgb.org)