

# We Create Community



## El Dorado Senior Center Hosts Health and Wellness Fair



The El Dorado Park West Senior Center staff hosted a Health and Wellness Fair on May 6. Recreation Leader Matthew Stevens and Contract Class Coordinator Jeff Grant planned the event to have a focus on resources for the physical, social and cognitive aspects of living by using displays and information from MemorialCare Medical Group, United Health Care, SCAN Health Plan and other health care agencies. The community had the opportunity to visit with healthcare professionals, receive health screenings, and enjoy organic food from The Green Truck and Mustache Mike's Italian ice.

Staff and recreation class instructors provided information about El Dorado Senior Center's lifelong learning programs including fitness and dance, and enriching social activities such as bingo, bridge, card making and book club.

According to Jeff Grant, "An event like the Health and Wellness Fair is a great opportunity for our instructors to meet the community, which could help to increase their class attendance. The community benefits by being introduced to new classes that can help them to stay fit, mentally sharp, and broaden their perspective on life"

Attendees enjoyed demonstrations in Longevity Stick, Senior Fitness, Zumba Gold, Hawaiian Dance, Line Dancing and Tap Dancing to showcase the classes and possibilities for fun offered throughout the City by Long Beach Parks, Recreation and Marine.



*Crowd tries Longevity Stick class to improve balance and flexibility*



*David Allen Arnette (center) demonstrates easy yoga moves.*



*Several health screenings were available at the Fair.*



### Earth Day Beach Cleanup Makes a Difference

On April 23, El Dorado Nature Center sponsored another great Earth Day Coastal Cleanup in Long Beach.

More than 300 volunteers helped to clean four sites ranging from Downtown to the Peninsula. In two short hours they removed 500 pounds of trash from our beaches.

El Dorado Nature Center staff is thankful to their partners Clean LB, Alamitos Beach Cleanup, and Surfrider Foundation, who supported the event and highlighted the importance of residents taking an active role in improving the health of our local coastline throughout the year.

Get involved and mark your calendar for the California Coastal Cleanup Day on September 17, 2016. Call 562.570.1745 for more information.



*The Alamitos Beach Cleanup Group was on hand for the Earth Day event. The group also conducts monthly cleanups through El Dorado Nature Center's Adopt A Beach program.*

#### *By the Numbers: Community Recreation Services March 2016*

Permits to Gather .....	108
Reserved Picnic Sites .....	11
Number of Contract Classes .....	234
Facility Use Permits Issued .....	79
Field Use Permits Issued .....	44
Adult Sports League Participants .....	15,788
Visits to City / City Operated LBUSD Pools .....	17,308
El Dorado Regional Park Paid Entries .....	13,078
El Dorado Regional Park Annual Passes .....	792
Youth and Teen Participants .....	38,278
Senior Citizen Participant .....	41,501
Visits to the El Dorado Nature Center .....	33,263

## 100 days of summer kickoff concert



**start the  
100 days of summer  
with Flashpants**

at Marine Stadium  
5255 Paoli Way

**Friday, May 27**

Kid Zone opens at 5 p.m.,  
concert, 6-8 p.m.

The ultimate '80s cover band, Flashpants will have you dancing and singing to nostalgic favorites all evening. Enjoy food trucks and a Kids Zone with bouncers, balloon art and face painting.



# Community Recreation Services

## GET REELED IN BY MOVIES IN THE PARK



For the 11<sup>th</sup> year in a row, Parks, Recreation and Marine will offer free “Movies in the Park” at locations throughout the city during the summer. Sponsored by Signal Hill Petroleum, in cooperation with Partners of Parks, the free movie series features family friendly titles, free popcorn and fun for the kids with bounce houses, face painting and games before the show. Everyone is encouraged to bring their family and friends, a lawn chair, blanket, and a picnic style dinner. Movies begin at dusk and are subject to change.

Adding to the fun are free performances before the movie by the Shoreline Symphonic Winds at Cherry Park on June 27, King Park on July 13, Stearns Champions Park on July 22, Wardlow Park on August 5, Houghton Park on August 12 and Pan American Park on August 24. The Shoreline Symphonic Winds play classic band music and contemporary film scores. All concerts begin at 7 p.m.

### 2016 Movies in the Park

Star Wars The Force Awakens	June 20	Signal Hill Park
	June 22	Bixby Park
	June 24	El Dorado Park
Pan	June 27	Cherry Park
	June 29	MacArthur Park
	July 1	Whaley Park
Minions	July 5	Seaside Park
	July 6	Heartwell Park
	July 8	Chavez Park
Hotel Transylvania 2	July 11	DeForest Park
	July 13	King Park
	July 15	College Estates Park
Goosebumps	July 18	Grace Park
	July 20	Orizaba Park
	July 22	Stearns Champions Park
Norm of the North	July 25	Drake Park
	July 27	Veterans Park
	July 29	Scherer Park
Inside Out	August 1	Ramona Park
	August 3	Admiral Kidd Park
	August 5	Wardlow Park
Zootopia	August 8	McBride Park
	August 10	Somerset Park
	August 12	Houghton Park
	August 13	Animal Care Services
The Good Dinosaur	August 15	Signal Hill Park
	August 17	Coolidge Park
Pixels	August 19	Silverado Park
	August 22	Davenport Park
	August 24	Pan American Park





# Community Recreation Services

## Summer Class Registration Underway



Registration for Parks, Recreation and Marine summer recreation classes is going on now for sessions being held in June, July and August. Dozens of art, fitness, sports and special interest classes for all ages are offered.

A wide array of weeklong specialty camps allow youth to experience many different activities throughout the summer.

Preschoolers can enroll for three different sessions of "Preschool Summer Camp," to participate in art, cooking, water play and science experiments. Two sessions of the "D-Up Basketball Camp" will start building the fundamental skills of the game for ages three to five.



Youth ages five and up have options for film making, writing, soccer, chemistry, engineering, dance, music, robotics, sand castle design, skateboarding, basketball, football, gymnastics, cooking, and leadership skills. New

this summer for young artists are "Art and the Magical Underwater World" and "Art for Star Wars Fans." "Minecraft® Claymation World Camp," "Musical Madness Dance Camp," "Storybook Adventure Camp" and "Summer Science Fun" which will appeal to a child's creativity and sense of adventure.



You are never too old to have fun and embrace life-long learning with new class offerings this summer. Learn a creative new skill with "Beginning Sewing - the Apron" or "Welcome to Knitting and Crochet." Adults can learn to navigate the cyber world in "Social Networking for Beginners" and improve their overall well-being in "Total Wellness:

Body, Mind and Sport."

Visit <http://activenet.active.com/lbparks> or follow the link at [www.lbparks.org](http://www.lbparks.org) to register.

## Class Instructor Spotlight: Moria Hahn - Art



Moria Hahn teaches Illustrative Watercolor at El Dorado Park West. Her father served in WWII in China, and collected cloisonné and sculptures, and photographed rural people and lifestyles near his Army post. A favorite uncle sent care packages of Japanese art, toys and apparel while stationed in Osaka. These influences sparked her interest in Asian art. Staff recently interviewed Moria about her passion for art.

### Q: How did you get into Art?

**A:** I've drawn, and have been exposed to great art, since early childhood. I'm descended from artists on both sides of the family, so my folks didn't discourage me from pursuing art as a career.

### Q: How were you inspired to become an Art Instructor?

**A:** I have taught art and exhibited my work throughout Southern California for 25 years. It's in several museum collections, including the Long Beach Museum of Art. It gives me great pleasure to see my students' work in magazines, exhibitions, conventions, and on social media, and to realize I may have contributed, in some small way, to their success.

### Q: How do you feel your work impacts the community?

**A:** I've taught art and exhibited art in Long Beach and Southern California for 25 years. I had a large solo exhibition at the Cultural Alliance of Long Beach Gallery, downtown on Pine Avenue, which included a display showing how Japanese woodblock prints are made. I have participated in educational activities about Japanese art and culture for the first annual Long Beach Cherry Blossom Festival. My art is in the permanent collection of the Long Beach Museum of Art. One piece was displayed in the "Museum Menagerie" exhibition in 2013. I gave a talk for the Long Beach Museum docents last year, and taught a weekend watercolor workshop there. The successes of my students are evidence of impacting and improving the community.

### Q: What do you like most about working with the Long Beach community?

**A:** Long Beach has wonderful social diversity. It also offers a variety of interesting destinations for field trips, including the Aquarium of the Pacific, Rancho Los Alamitos, museums, beaches, the harbor and parks.

### Q: Tell our readers why they should attend your class.

**A:** My class offers original, effective techniques to make creative work stand out, in illustration or fine art. Students have told me that though they've studied for years, they'd never been shown some of the methods I teach. Beginners and experienced artists are equally at home in my classes.



# Know Your Long Beach Parks: Baker Street Park



Baker Street Park at 625 Baker Street at Golden Avenue opened on May 4 2013 and provides 1.35 acres of open space and recreational amenities for Long Beach's Wrigley neighborhood.

The park's amenities include picnic areas, a universally accessible playground and a walking path. A colorful monument highlights the history of the parkland's former owners, the Encinas family, one of California's early pioneering families and that used the land to operate a large ranch and farm.

The park project was funded with \$500,000 from the Los Angeles County Park District, \$100,000 from Long Beach Container Terminal Inc. and park impact fees. Partners of Parks accepted the \$100,000 donation from the Long Beach Container Terminal Inc., to add a small universally accessible playground, and further Partners of Park's goal for all youth to have full access at Long Beach parks.



## The Encinas Family, Long Beach Pioneers

The land you are standing on was once part of a large ranch and farm, pictured above, that belonged to one of California's early pioneering families, the Encinas. In the early 1900s the land was purchased from the Bisby family who were owners of the vast Rancho Los Alamitos and Rancho Los Cerritos. The original ranch boundaries extended north from this location to just south of San Antonio Drive and from the Blue Line track on the east to Golden Avenue on the west.

Several generations of Encinas lived and worked on this land. The family operated a dairy and a riding academy, grew large quantities of alfalfa, and farmed bees along with other important crops. The Encinas' personal history and memories are deeply intertwined in what was once their family's home, and the family's stories stand as a reminder of what times were like before Long Beach was transformed into a major urban city.



Gregorio Encinas, Sr. (left) and his son, Gregorio Encinas, Jr. (right) were the founders of the Encinas family. The first family in the region of Long Beach was the Encinas. Gregorio Encinas, Sr. was the first person to settle in the area of Long Beach. He and his wife, Isabella "Mama" Encinas, lived on the land for many years.



In preparation for the planting of crops, Gregorio and Isabella had a house built (above) for living, storage, or work. It had a large porch and was built of adobe. One of the most important crops was alfalfa, a very important crop used mainly as a food source for grazing livestock.



The jobs most on the ranch would be probably domestic, but the women of the family would also be responsible for the family's dairy. A variety of sports, below, the family also came to their horses and to a picnic table through the usual history of the early Long Beach area.

### Encinas Family Timeline

1850	1861	1876	1884	1897	1910	1930	1934	1961	2012
California is settled by the Encinas.	Gregorio Encinas arrives in Southern California.	A 14-year-old Gregorio joins a local ranch and horse work.	Gregorio arrives in California.	The City of Long Beach is founded, incorporated.	Gregorio purchases land from the Bisby family and establishes ranch and farm.	Moved to the Great Depression, the family struggles to maintain the farm.	Gregorio Encinas, Sr. dies.	The family's land is sold to establish downtown Long Beach by the San Diego, 1912, freeway.	Baker Street Park is dedicated.

# Maintenance Operations Update

## Touch a Truck Event Showcases PRM Vehicles

Third District Councilwoman Suzie Price and Justin Rudd of the non-profit Community Action Team, produced the second "Touch a Truck" event on May 1. More than 10,000 people had fun getting up close to all types of big trucks and rolling equipment. Parks, Recreation and Marine was well represented with a picker/crane combo truck, medium and large John Deere bulldozers and a Long Beach Animal Care Services truck.



*Long Beach Animal Care Services Officers Martin Lodono (r) and Alfredo Magana represented the ACS Bureau at Touch a Truck.*

### By the Numbers Maintenance Operations Bureau - April 2016

#### Community Service Worker Program:

Total Enrollment	133
Total Queensway Bay hours (Water cleanup, debris and litter pickup)	32
Total Number of Hours Worked at Beach Maintenance	152
Total Marine Maintenance hours (Litter pickup):	421
Total El Dorado Park hours (Litter pickup, and custodial).	508
Total Tree Farm hours (Litter pick up custodial and facility).	57
Total Los Cerritos Wetlands hours (Litter pickup and vegetation removal)	179
Special Cleanups: City clean-ups, graffiti paint-out	1,000
Total hours for the month of March	2,349
Work orders completed	310
Restrooms cleaned daily	172
Facilities cleaned and stocked daily	28

#### Park acres maintained:

Park turf	814
Park landscape	3,120
Street (medians) turf	53
Street landscape	212

#### Water Use for March 2016

Parks and Street Island Potable	20,794 ccf	\$84,044
Parks and Street Island Reclaimed	25,176 ccf	\$46,057



# Animal Care Services Update

## Timmons Subaru of Long Beach Shares The Love With Long Beach ACS

The Long Beach Animal Care Services Bureau offers a huge thank you to Timmons Subaru of Long Beach for donating over \$21,000 to LBACS in April. The money was raised through Subaru of America, Inc.'s "Share the Love" program that contributes \$250 for each purchased or leased Subaru during designated time periods to charities such as LBACS and ASPCA that benefit local communities.

The generous donation will support emergency medical needs for shelter animals and spay and neuter programs.



## Living With Urban Coyotes



Recent coyote activity around Long Beach and surrounding areas gives reason for reminding residents of important safeguards to protect pet lives and property against these wild animals. It is important to learn techniques to

compassionately co-exist with coyotes and protect yourself and your pets.

- Never feed coyotes or any other wildlife.
- Keep pets and pet food inside. If feeding outside, feed pets during the day (no more than one hour) and remove the food bowl when the pet finishes eating.
- Stay close to your pet when taking them outdoors and always keeping them on a leash, especially from dusk through the early morning hours.
- Use "hazing" techniques to shoo away coyotes, such as standing tall, yelling and waving arms while approaching the coyote; using a whistle, air horn, bell or other device; banging pots or pans together; stomping your feet; using a water hose, pepper spray, or throwing tennis balls or rocks at the coyote.

For more detailed information, visit [www.longbeach.gov/wildlife](http://www.longbeach.gov/wildlife).

Coyote activity should be reported online using the following link: [www.longbeach.gov/acs/wildlife/coyote-report](http://www.longbeach.gov/acs/wildlife/coyote-report).

All animal-related emergencies should be reported immediately by calling (562) 570-PETS (7387). If there is an immediate threat to a human, call 911.

## Low Cost Pet Vaccination Clinics Planned

Low Cost Pet Clinics are offered at various convenient locations each month. Pets owners must be 18 years or older. All pets must be on a leash or in a carrier. Bring vaccination information. For information about services and fees visit [www.snpla.com](http://www.snpla.com). Licensing is provided for residents at Saturday clinics. Please bring renewal notice and rabies certificate.

### May 14 - Licensing Available

9:30 – 11 a.m. Drake Park, 951 Maine Ave.

11:30 a.m. – 1 p.m. Chavez Park, 401 Golden Ave.

### May 19

4 - 6 p.m. Scherer Park, 4600 Long Beach Blvd.

### May 28 - Licensing Available

11 a.m. – 2 p.m. Signal Hill Park- Hounds on the Hill

### June 2

4 - 6 p.m. Scherer Park, 4600 Long Beach Blvd.

### June 11 - Licensing Available

9:30 – 11 a.m. Stearns Champions Park, 4520 E 23rd St.

11:30 a.m. – 1 p.m. Recreation Park, 4900 E 7th St

### June 16

4-6 p.m. Scherer Park, 4600 Long Beach Blvd.

### June 21- Licensing Available

6:30 - 8:30 p.m. Cerritos Park East, 13224 E 166th St., Cerritos



# May - June 2016 Calendar

## May

Th. 19:	4 p.m.	Low Cost Pet Vaccination Clinic	Scherer Park
	7:30 p.m.	El Dorado Audubon Society Meeting	El Dorado Nature Center
Sat. 21:	10 a.m.	Wetland Warrior Cleanup	Golden Shore Marine Reserve
Wed. 25:	10 a.m.	*Parent & Me (18 mo. - 5yrs.) Workshop	El Dorado Nature Center
Fri. 27:	6:30 p.m.	"100 Days of Summer" Kick-Off Concert	Marina Stadium
Sat. 28:	11 a.m.	Low Cost Pet Vaccination Clinic	Signal Hill Park
Mon. 30:		Memorial Day Holiday	

## June

Th. 2	4 p.m.	Low Cost Pet Vaccination Clinic	Scherer Park
Sat. 4	10 a.m.	First Saturday Stewards Clean Up Event	El Dorado Nature Center
	1 p.m.	Creation Station Youth Art Program	Rancho Los Cerritos
Sat. 11	9:30 a.m.	Low Cost Pet Vaccination and Licensing Clinic	Stearns Champions Park
	11:30 a.m.	Low Cost Pet Vaccination and Licensing Clinic	Recreation Park
	7:30 p.m.	*Liars, Thieves and Chocolate Storytelling Event	El Dorado Nature Center
Tue. 14	7 p.m./	*Family Nightlife Walk	El Dorado Nature Center
Th. 16	4 p.m.	Low Cost Pet Vaccination Clinic	Scherer Park
Sat. 18	10 a.m.	Wetland Warrior Cleanup	Golden Shore Marine Reserve
	Varies	8-Week Swim Lesson Sessions Begin	King Park Pool, Silverado Park Pool
Sun. 19		Father's Day	
Mon. 20		Summer Fun Days and Summer Day Camps Begin	Citywide Parks
	Varies	New four-week swim lessons begin	Belmont Plaza, King & Silverado Park Pools
	8 p.m.	Movie in the Park: Star Wars The Force Awakens	Signal Hill Park
Tue. 21	6:30 p.m.	Low Cost Pet Vaccination and Licensing Clinic	Cerritos Park East, 13224 E. 166 <sup>th</sup> St.
	Varies	New four-week swim lessons begin	Belmont Plaza Pool
	8 p.m.	Movie on the Beach	Granada Beach
Wed. 22	8 p.m.	Movie in the Park: Star Wars The Force Awakens	Bixby Park
Fri. 24	8 p.m.	Movie in the Park: Star Wars The Force Awakens	El Dorado Park
Sat. 25	1 p.m.	*Backyard Butterfly Presentation	El Dorado Nature Center
	Varies	New four-week swim lessons begin	Belmont Plaza Pool
		Sea Festival Pirate Invasion	Belmont Veterans Memorial Pier
Sun. 26	5:30 p.m.	Rancho Los Cerritos Summer Concert	Rancho Los Cerritos
		Sea Festival Pirate Invasion	Belmont Veterans Memorial Pier
Mon. 27	8 p.m.	Movie in the Park: Pan	Cherry Park
Tue. 28	6:30 p.m.	Concert: Long Beach Municipal Band	Whaley Park
Wed. 29	8 p.m.	Movie on the Beach	Granada Beach
	8 p.m.	Movie in the Park: Pan	MacArthur Park
Th. 30			

\*Call for registration and fee information.

## NATIONAL GOLD MEDAL AWARD WINNER!



LONG BEACH  
PARKS, RECREATION  
AND MARINE

**BEST  
IN THE  
NATION**



like us on facebook



### Long Beach Parks, Recreation and Marine

2760 Studebaker Road - Long Beach, Ca 90816-1697  
Phone: 562.570.3100 Fax: 562.570.3109



E-mail: [LBParks@longbeach.gov](mailto:LBParks@longbeach.gov)

Web Site: [www.LBParks.org](http://www.LBParks.org)

Web Site: [www.lgb.org](http://www.lgb.org)