

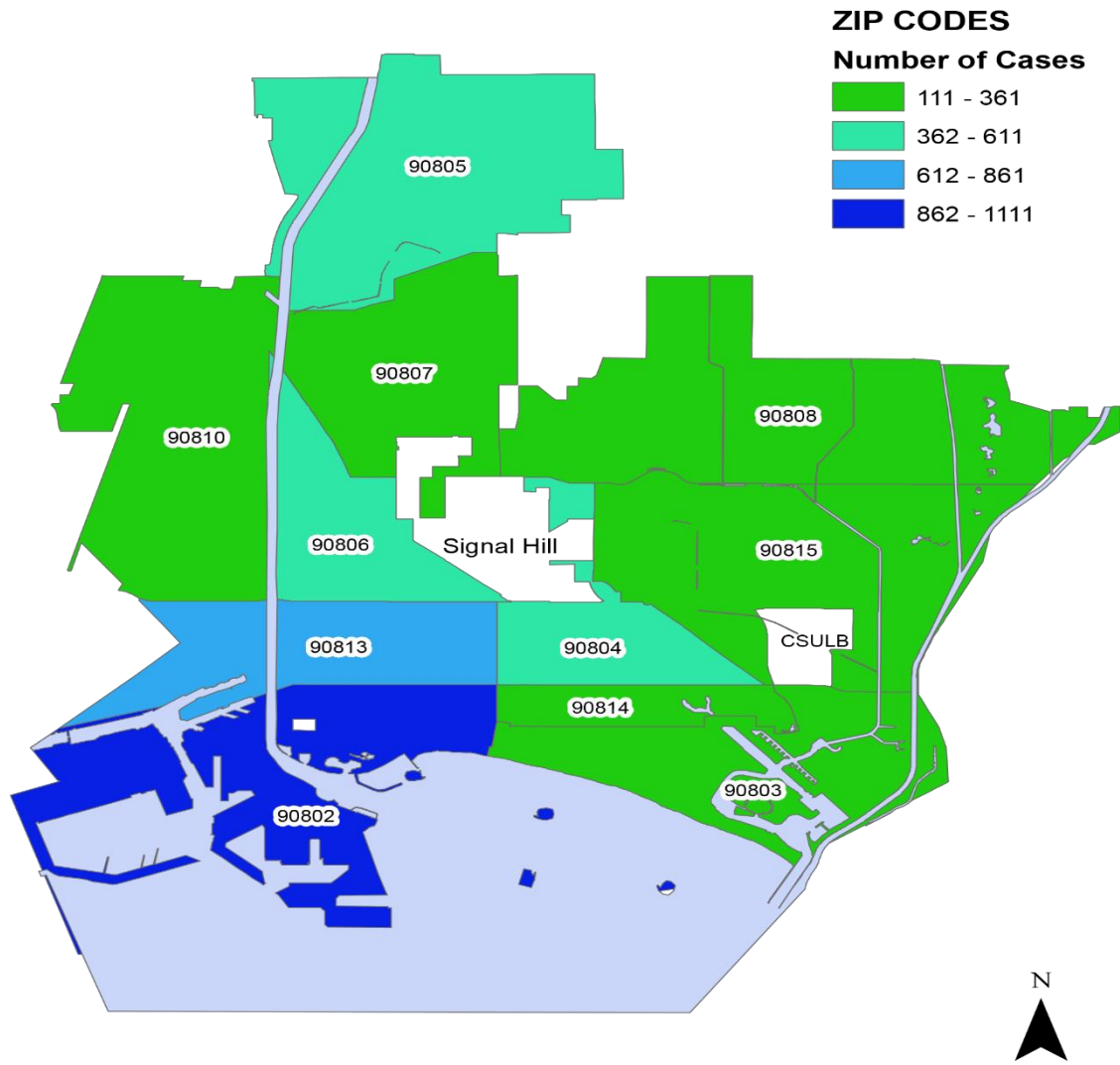
HIV Pre-Exposure Prophylaxis in Long Beach

An effective tool to prevent
transmission of HIV

Anissa Davis, MD, MPH
Tuesday, August 14, 2018



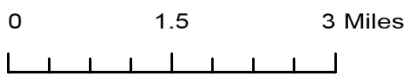
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In 2017, there were 4,520 people living with HIV in Long Beach

HIV Cases by Zip Code

- > Most cases found in:
 - > **90802** (1,111 cases)
 - > **90813** (722 cases)
 - > **90804** (473 cases)



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HIV in Long Beach - 2017

- 107 new HIV diagnoses in Long Beach
- Most new infections among people living in the 90802, 90813 and 90805 zip codes
- 33% decrease from 2012 to 2016



HIV Pre Exposure Prophylaxis (PrEP)

- Prevents HIV infection
- Take a pill, Truvada, every day
- Originally used to treat those with HIV
- Approved in 2012 to prevent HIV infection
- Very effective
- Must be used consistently



How many people should be on HIV PrEP in Long Beach?

- Goal: 4,543 residents on PrEP
- As of 2017, approximately 430 people are on PrEP in Long Beach
- Long Beach residents can receive PrEP at:
 - › Long Beach Department of Health and Human Services
 - › St. Mary Medical Center CARE Clinic
 - › Long Beach Comprehensive Health Clinic
 - › Long Beach Memorial Medical Center
 - › AIDS Project Los Angeles (APLA)- Long Beach
 - › Planned Parenthood
 - › Tarzana Treatment Centers
 - › Private providers



Increasing access to HIV PrEP in Long Beach Financial Support

- Los Angeles County Project Pride (sunsetting)
- California State Pre Exposure Prophylaxis Assistance Program (PrEP-AP)



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Increasing access to HIV PrEP in Long Beach Community Outreach

- Long Beach HIV Planning Group
 - › PrEP Committee
 - › Primary goal to increase PrEP uptake and continuation
 - › Education and outreach to at-risk residents, clinicians, institutions



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Stopping Transmission of HIV: PrEP and U=U

- PrEP for HIV negative individuals
- Undetectable=Untransmissible for HIV positive individuals
- If viral load is suppressed, then “virtually no risk” to transmit the virus to others
- LBDHHS signed on to consensus statement supporting U=U



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Thank you

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