



35569 REIMBURSEMENT AGREEMENT

This Agreement is made and entered into this **18th** day of **May 2020**, between the **Long Beach Unified School District of Los Angeles County**, hereinafter referred to as "District," and **City of Long Beach Department of Parks, Recreation & Marine**, hereinafter referred to as "Contractor" and jointly referred to herein as the "Parties."

The parties agree as follows:

1. Services to be Provided. The District agrees to reimburse the Contractor as follows: To provide summer swimming programs at selected parks and school sites throughout the District, in accordance with Exhibit A, as requested by the District. Services for this Agreement will be performed under the direction of the Superintendent, during the course of the work.
2. Exhibit. Consultant's proposal is attached hereto and incorporated herein by this reference as Exhibit A. Exhibit A is limited as it applies to this Agreement to its clarification of Paragraphs 1 and 4 only. Other terms in Exhibit A that do not clarify Paragraphs 1 and 4 are void. Where other terms in Exhibit A conflict with this Agreement, the Agreement shall prevail.
3. Term. This Agreement shall be effective for the period 6/15/2020 through 8/28/2020.
4. Compensation. District agrees to reimburse Contractor a total not to exceed SEVENTY THOUSAND Dollars and NO/100 (\$70,000.00), for the above services.
5. Independent Contractor. Contractor, in the performance of this Agreement, shall be and act as an independent contractor. Contractor understands and agrees that it and all of its employees shall not be considered officers, employees or agents of the District, and are not entitled to benefits of any kind or nature normally provided employees of the District and/or to which District's employees are normally entitled, including, but not limited to, State Unemployment Compensation or Workers' Compensation. Contractor assumes the full responsibility for the acts and/or omissions of its employees or agents as they relate to the services to be provided under this Agreement. Contractor shall assume full responsibility for payment of all federal, state and local taxes or contributions, including unemployment insurance, social security and income taxes with respect to Contractor's employees.
6. Termination. District may, at any time, with or without reason, terminate this Agreement. Contractor agrees to compensate District for services satisfactorily rendered to the date of termination. Written notice by District shall be sufficient to stop further performance of services. Notice shall be deemed given when received by the Contractor or no later than three days after the day of mailing, whichever is sooner.
7. Hold Harmless. Contractor shall defend, indemnify, and hold harmless the District and its governing board, officers, employees and agents from and against any and all demands, debts, liens, claims, losses, damages, liability, costs, expenses (including, but not limited to attorney fees and costs), penalties, assessments, judgments, or obligations, actions, or causes of action, whatsoever for or in connection with any injury, damage, or loss to any person or property, including the District, arising from or connected in any way directly or indirectly or as a consequence of the acts and omissions of Contractor, its agents, or any person, firm or corporation employed by the Contractor, either directly or by independent contract, arising out of, or in any way connected with, the services covered by this

Agreement, including, but not limited to, its failure to comply with its obligations under this Agreement and under the law.

8. Insurance. By signing this agreement, both parties certify that they have current insurance policies and maintain the following types of and amounts of coverage: Worker's Compensation, Employer's Liability and Comprehensive General Liability – minimum of \$1,000,000 per occurrence; \$2,000,000 aggregate.

9. Assignment. The obligations of the Contractor pursuant to this Agreement shall not be assigned by the Contractor.

10. Compliance With Applicable Laws. Contractor agrees to comply with all federal, state and local laws, rules, regulations and ordinances that are now or may in the future become applicable to Contractor, Contractor's business, and personnel engaged in operations covered by this Agreement or accruing out of the performance of such operations.

11. Entire Agreement/Amendment. This Agreement constitutes the entire agreement among the parties to it and supersedes any prior or contemporaneous understanding or agreement with respect to the services contemplated, and may be amended only by a written amendment executed by both parties to the Agreement.

12. Nondiscrimination. Contractor agrees to not discriminate on the basis of race, color, religion, sex, marital status, national origin, ancestry, familiar status, disability, sexual orientation, pregnancy or pregnancy related condition in its employment practices. This policy of affording equal employment opportunities to all persons is in keeping with provisions of state and federal laws and regulations.

13. Images. If applicable, the Consultant is prohibited from capturing on any visual medium images of any property, logo, student, or employee of the District, or any image that represents the District without express prior written consent from the District and, in the case of a student or employee, the express prior written consent from the student's parents or the employee whose image is to be captured.

14. Non-waiver. The failure of District or Consultant to seek redress for violation of, or to insist upon, the strict performance of any term or condition of this Agreement shall not be deemed a waiver by that party of such term or condition, or prevent a subsequent similar act from again constituting a violation of such term or condition.

15. Notice. All notices or demands to be given under this Agreement by either party to the other shall be in writing and given by one or more of the following: (a) personal service, (b) email, (c) facsimile, or (d) U.S. Mail, mailed either by registered or certified mail, return receipt requested, with postage prepaid. Service shall be considered given when received if personally served or if mailed on the third day after deposit in any U.S. Post Office. The address to which notices or demands may be given by either party may be changed by written notice given in accordance with the notice provisions of this section. At the date of this Agreement, the addresses of the parties are as follows:

DISTRICT:
Long Beach Unified School District
2201 E. Market Street
Long Beach, CA 90805
Attn: Contracts Office
Telephone: 562-663-3004

CONTRACTOR:
City of Long Beach Department of Parks,
Recreation & Marine
2760 Studebaker Road,
Long Beach, CA 90815,
Attn: Caitlynn Cruz
Telephone: 562-570-1809
Email: caitlynn.cruz@longbeach.gov

13. Severability. If any term, condition or provision of this Agreement is held by a court of competent jurisdiction to be invalid, void, or unenforceable, the remaining provisions will nevertheless continue in full force and effect, and shall not be affected, impaired or invalidated in any way.

14. Governing Law. The terms and conditions of this Agreement shall be governed by the laws of the State of California with venue in Los Angeles County, California.

15. Education Code 45125. During the entire term of this Contract, the Contractor and its contractors and agents, shall fully comply with the provision of Education Code 45125.1 (Fingerprint Requirements) with respect to individuals who will have contact with Long Beach Unified School District pupils in the performance of the work of this Agreement.

16. In accordance with Education Code Section 17604, this contract is not valid or an enforceable obligation against the District until approved or ratified by motion of the governing board duly passed and adopted.

The undersigned hereby certify that they are authorized to bind their entities.

City of Long Beach

Long Beach Unified School District of Los Angeles County

Signature: Rebecca G. Garner

Signature: [Handwritten Signature]

Print Name: Thomas B. Modica

Ron Hoppe

Title City Manager

Purchasing & Contracts Director

Date 6/5/2020

Date 6/26/2020

EXECUTED PURSUANT TO SECTION 301 OF THE CITY CHARTER

6-30, 2020
CHARLES PARKIN, City Attorney
By [Handwritten Signature]
AMY R. WEBBER
DEPUTY CITY ATTORNEY

EXHIBIT A

GENERAL INFORMATION

Belmont Plaza Pool is a year-round, outdoor facility. Water temperature is maintained between 80-82 degrees. Children under 48" tall must be accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers." Pool fee is per entry. We do not offer refunds of admission fees. Schedules and fees may be subject to change. **POOL CLOSED MONDAY, MAY 25 (MEMORIAL DAY). SATURDAY, JULY 4 (INDEPENDENCE DAY). MONDAY, SEPTEMBER 7 (LABOR DAY).**

OPEN SWIM FEES

Youth, ages 17 yrs & under: \$1, FREE June 15-August 28 compliments of LBUSD.
Seniors, ages 50 yrs & over: \$3
Adults, ages 18-49 yrs: \$4

SWIM PASSES: Swim passes are available online or at the pool. Each swim pass purchase is valid for 1-year from purchase date. Membership pass fees: Youth-\$25, Seniors-\$58, Adults-\$87. Membership Pass valid for 25 visits. Fees may be subject to change.

LAP SWIM

| | | |
|-------|-------------------|--------------|
| M-F | 5:30-9:30 a.m. | Long Course |
| M-F | noon-1 p.m. | Short Course |
| Tu/Th | 7-9 p.m. | Short Course |
| Sa | 8 a.m.-12:30 p.m. | Short Course |
| Su | 8 a.m.-12:30 p.m. | Long Course |

ALL AGES RECREATION SWIM

Mon-Sun 1-3 p.m.
Mon/Wed/Fri 7-9 p.m.

Swim meets and special events may cause changes to the regular pool schedule. Call the pool at 570-1806 for more information or check the website at: http://www.longbeach.gov/park/recreation/aquatics/pools/belmont_plaza_pool.asp

WATER EXERCISE CLASSES

Adults of all ages benefit from these fun, fast paced, low impact classes designed to shape you up with little or no stress on your knees or back. For more information regarding the Water Exercise program, call (562) 570-1807. Seniors 50+ are free with a Senior Fitness Pass. Walk-in fee is \$6 per class for adults or \$42 for a fitness pass valid for 10 classes.

Shallow Water Exercise: M/W/F/Su 11-11:50 a.m.
Tu/Th 7:10-8 p.m.
Deep Water Exercise: M/W/F/Su 10-10:50 a.m.

SWIM LESSONS

Class options: Saturday mornings, Monday/Wednesday evenings, Tuesday/Thursday evenings and Monday-Thursday mornings. Youth classes are 25 minutes in length; Adults 50 minutes. Registration for classes will be available on-line (lbparks.org) or at Belmont Plaza Pool during regular scheduled hours.

Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at Belmont Plaza Pool. Visit <http://lbparks.org> to register online.

If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be cancelled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

REGISTRATION DATES:

| Lessons | Start Date | Registration Dates: |
|-----------|------------------|---------------------|
| 6/15-6/25 | Monday-Thursday | May 4 at 8 a.m |
| 6/15-7/8 | Monday/Wednesday | May 4 at 8 a.m |
| 6/16-7/9 | Tuesday/Thursday | May 4 at 8 a.m |
| 6/20-8/8 | Saturday | May 4 at 8 a.m. |
| 6/29-7/9 | Monday-Thursday | June 22 at 8 a.m. |
| 7/13-8/5 | Monday/Wednesday | June 29 at 8 a.m |
| 7/14-8/6 | Tuesday/Thursday | June 30 at 8 a.m |
| 7/13-7/23 | Monday-Thursday | July 6 at 8 a.m |
| 7/27-8/6 | Monday-Thursday | July 20 at 8 a.m |

AQUATICS - PARENT & CHILD

An introductory course for children nine months to three years. A parent must accompany the child in the water. Skills taught include: blowing bubbles, putting face in water, kicking feet, paddling arms, using kickboards, floating on back, and rolling over.

| | | | | | |
|-------|-------------|-----------|------------------|------|---------|
| 38611 | 9 Mos-2 Yrs | 6/15-7/8 | 6:30-6:55 p.m. | MW | \$44 |
| 38617 | 9 Mos-2 Yrs | 7/13-8/5 | 6:30-6:55 p.m. | MW | \$44 |
| 38612 | 9 Mos-2 Yrs | 6/16-7/9 | 3-3:25 p.m. | T,Th | \$44 |
| 38618 | 9 Mos-2 Yrs | 7/14-8/6 | 3-3:25 p.m. | T,Th | \$44 |
| 38613 | 9 Mos-2 Yrs | 6/20-8/8 | 9-9:25 a.m. | Sa | \$38.50 |
| 38614 | 9 Mos-2 Yrs | 6/20-8/8 | 11:30-11:55 a.m. | Sa | \$38.50 |
| 38610 | 9 Mos-2 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$44 |
| 38615 | 9 Mos-2 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$44 |
| 38616 | 9 Mos-2 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$44 |
| 38619 | 9 Mos-2 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$44 |

AQUATICS - PRESCHOOL AQUATICS 1

Skills taught in Preschool Aquatics 1 include: blowing bubbles, front float, back float, front glide, back-glide, introduction to arm and leg action on front, jumping in, and safety rules.

| | | | | | |
|-------|---------|-----------|------------------|------|---------|
| 38622 | 3-5 Yrs | 6/15-7/8 | 3-3:25 p.m. | MW | \$44 |
| 38623 | 3-5 Yrs | 6/15-7/8 | 5-5:25 p.m. | MW | \$44 |
| 38632 | 3-5 Yrs | 7/13-8/5 | 3-3:25 p.m. | MW | \$44 |
| 38633 | 3-5 Yrs | 7/13-8/5 | 5-5:25 p.m. | MW | \$44 |
| 38624 | 3-5 Yrs | 6/16-7/9 | 3-3:25 p.m. | T,Th | \$44 |
| 38625 | 3-5 Yrs | 6/16-7/9 | 5-5:25 p.m. | T,Th | \$44 |
| 38634 | 3-5 Yrs | 7/14-8/6 | 3-3:25 p.m. | T,Th | \$44 |
| 38635 | 3-5 Yrs | 7/14-8/6 | 5-5:25 p.m. | T,Th | \$44 |
| 38626 | 3-5 Yrs | 6/20-8/8 | 9-9:25 a.m. | Sa | \$38.50 |
| 38627 | 3-5 Yrs | 6/20-8/8 | 10:30-10:55 a.m. | Sa | \$38.50 |
| 38620 | 3-5 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$44 |
| 38621 | 3-5 Yrs | 6/15-6/25 | 11-11:25 a.m. | M-Th | \$44 |
| 38628 | 3-5 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$44 |
| 38629 | 3-5 Yrs | 6/29-7/9 | 11-11:25 a.m. | M-Th | \$44 |
| 38630 | 3-5 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$44 |
| 38631 | 3-5 Yrs | 7/13-7/23 | 11-11:25 a.m. | M-Th | \$44 |
| 38636 | 3-5 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$44 |
| 38637 | 3-5 Yrs | 7/27-8/6 | 11-11:25 a.m. | M-Th | \$44 |

AQUATICS - PRESCHOOL AQUATICS 2

Skills taught in Preschool Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

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|-------|---------|-----------|----------------|------|---------|
| 38640 | 3-5 Yrs | 6/15-7/8 | 3-3:25 p.m. | MW | \$44 |
| 38641 | 3-5 Yrs | 6/15-7/8 | 5-5:25 p.m. | MW | \$44 |
| 38650 | 3-5 Yrs | 7/13-8/5 | 3-3:25 p.m. | MW | \$44 |
| 38651 | 3-5 Yrs | 7/13-8/5 | 5-5:25 p.m. | MW | \$44 |
| 38642 | 3-5 Yrs | 6/16-7/9 | 3:30-3:55 p.m. | T,Th | \$44 |
| 38643 | 3-5 Yrs | 6/16-7/9 | 5:30-5:55 p.m. | T,Th | \$44 |
| 38652 | 3-5 Yrs | 7/14-8/6 | 3:30-3:55 p.m. | T,Th | \$44 |
| 38653 | 3-5 Yrs | 7/14-8/6 | 5:30-5:55 p.m. | T,Th | \$44 |
| 38644 | 3-5 Yrs | 6/20-8/8 | 9:30-9:55 a.m. | Sa | \$38.50 |
| 38645 | 3-5 Yrs | 6/20-8/8 | 11-11:25 a.m. | Sa | \$38.50 |
| 38638 | 3-5 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$44 |
| 38639 | 3-5 Yrs | 6/15-6/25 | 11-11:25 a.m. | M-Th | \$44 |
| 38646 | 3-5 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$44 |
| 38647 | 3-5 Yrs | 6/29-7/9 | 11-11:25 a.m. | M-Th | \$44 |
| 38648 | 3-5 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$44 |
| 38649 | 3-5 Yrs | 7/13-7/23 | 11-11:25 a.m. | M-Th | \$44 |
| 38654 | 3-5 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$44 |
| 38655 | 3-5 Yrs | 7/27-8/6 | 11-11:25 a.m. | M-Th | \$44 |

AQUATICS - PRESCHOOL AQUATICS 3

Skills taught in Pre School Aquatics 3 include: front crawl with side breathing, backstroke, treading water, floating, introduction to breaststroke and water safety skills.

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|-------|---------|-----------|------------------|------|---------|
| 38657 | 3-5 Yrs | 6/15-7/8 | 3:30-3:55 p.m. | MW | \$44 |
| 38662 | 3-5 Yrs | 7/13-8/5 | 3:30-3:55 p.m. | MW | \$44 |
| 38658 | 3-5 Yrs | 6/16-7/9 | 3:30-3:55 p.m. | T,Th | \$44 |
| 38663 | 3-5 Yrs | 7/14-8/6 | 3:30-3:55 p.m. | T,Th | \$44 |
| 38659 | 3-5 Yrs | 6/20-8/8 | 9:30-9:55 a.m. | Sa | \$38.50 |
| 38656 | 3-5 Yrs | 6/15-6/25 | 11-11:25 a.m. | M-Th | \$44 |
| 38660 | 3-5 Yrs | 6/29-7/9 | 11:00-11:25 a.m. | M-Th | \$44 |
| 38661 | 3-5 Yrs | 7/13-7/23 | 11:00-11:25 a.m. | M-Th | \$44 |
| 38664 | 3-5 Yrs | 7/27-8/6 | 11:00-11:25 a.m. | M-Th | \$44 |

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

| | | | | | |
|-------|----------|-----------|------------------|------|---------|
| 38549 | 6-12 Yrs | 6/15-7/8 | 3:30-3:55 p.m. | MW | \$44 |
| 38550 | 6-12 Yrs | 6/15-7/8 | 5:30-5:55 p.m. | MW | \$44 |
| 38559 | 6-12 Yrs | 7/13-8/5 | 3:30-3:55 p.m. | MW | \$44 |
| 38560 | 6-12 Yrs | 7/13-8/5 | 5:30-5:55 p.m. | MW | \$44 |
| 38551 | 6-12 Yrs | 6/16-7/9 | 4-4:25 p.m. | T,Th | \$44 |
| 38552 | 6-12 Yrs | 6/16-7/9 | 5:30-5:55 p.m. | T,Th | \$44 |
| 38561 | 6-12 Yrs | 7/14-8/6 | 4-4:25 p.m. | T,Th | \$44 |
| 38562 | 6-12 Yrs | 7/14-8/6 | 5:30-5:55 p.m. | T,Th | \$44 |
| 38553 | 6-12 Yrs | 6/20-8/8 | 10:00-10:25 a.m. | Sa | \$38.50 |
| 38554 | 6-12 Yrs | 6/20-8/8 | 11:00-11:25 a.m. | Sa | \$38.50 |
| 38547 | 6-12 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38548 | 6-12 Yrs | 6/15-6/25 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38555 | 6-12 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38556 | 6-12 Yrs | 6/29-7/9 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38557 | 6-12 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38558 | 6-12 Yrs | 7/13-7/23 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38563 | 6-12 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38564 | 6-12 Yrs | 7/27-8/6 | 11:30-11:55 a.m. | M-Th | \$44 |

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

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|-------|----------|-----------|------------------|------|---------|
| 38567 | 6-12 Yrs | 6/15-7/8 | 4-4:25 p.m. | MW | \$44 |
| 38568 | 6-12 Yrs | 6/15-7/8 | 5:30-5:55 p.m. | MW | \$44 |
| 38577 | 6-12 Yrs | 7/13-8/5 | 4-4:25 p.m. | MW | \$44 |
| 38578 | 6-12 Yrs | 7/13-8/5 | 5:30-5:55 p.m. | MW | \$44 |
| 38569 | 6-12 Yrs | 6/16-7/9 | 4-4:25 p.m. | T,Th | \$44 |
| 38570 | 6-12 Yrs | 6/16-7/9 | 6-6:25 p.m. | T,Th | \$44 |
| 38579 | 6-12 Yrs | 7/14-8/6 | 4-4:25 p.m. | T,Th | \$44 |
| 38580 | 6-12 Yrs | 7/14-8/6 | 6-6:25 p.m. | T,Th | \$44 |
| 38571 | 6-12 Yrs | 6/20-8/8 | 10-10:25 a.m. | Sa | \$38.50 |
| 38572 | 6-12 Yrs | 6/20-8/8 | 11:30-11:55 a.m. | Sa | \$38.50 |
| 38565 | 6-12 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38566 | 6-12 Yrs | 6/15-6/25 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38573 | 6-12 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38574 | 6-12 Yrs | 6/29-7/9 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38575 | 6-12 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38576 | 6-12 Yrs | 7/13-7/23 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38581 | 6-12 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38582 | 6-12 Yrs | 7/27-8/6 | 11:30-11:55 a.m. | M-Th | \$44 |

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of pool, introduction to butterfly, and water safety rules.

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|-------|----------|-----------|------------------|------|---------|
| 38585 | 6-12 Yrs | 6/15-7/8 | 4-4:25 p.m. | MW | \$44 |
| 38586 | 6-12 Yrs | 6/15-7/8 | 6-6:25 p.m. | MW | \$44 |
| 38594 | 6-12 Yrs | 7/13-8/5 | 4-4:25 p.m. | MW | \$44 |
| 38595 | 6-12 Yrs | 7/13-8/5 | 6-6:25 p.m. | MW | \$44 |
| 38587 | 6-12 Yrs | 6/16-7/9 | 4:30-4:55 p.m. | T,Th | \$44 |
| 38588 | 6-12 Yrs | 6/16-7/9 | 6:30-6:55 p.m. | T,Th | \$44 |
| 38596 | 6-12 Yrs | 7/14-8/6 | 4:30-4:55 p.m. | T,Th | \$44 |
| 38597 | 6-12 Yrs | 7/14-8/6 | 6:30-6:55 p.m. | T,Th | \$44 |
| 38589 | 6-12 Yrs | 6/20-8/8 | 10:30-10:55 a.m. | Sa | \$38.50 |
| 38583 | 6-12 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38584 | 6-12 Yrs | 6/15-6/25 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38590 | 6-12 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38591 | 6-12 Yrs | 6/29-7/9 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38592 | 6-12 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38593 | 6-12 Yrs | 7/13-7/23 | 11:30-11:55 a.m. | M-Th | \$44 |
| 38598 | 6-12 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$44 |
| 38599 | 6-12 Yrs | 7/27-8/6 | 11:30-11:55 a.m. | M-Th | \$44 |

AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

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|-------|----------|----------|----------------|------|---------|
| 38600 | 6-12 Yrs | 6/15-7/8 | 4:30-4:55 p.m. | MW | \$44 |
| 38603 | 6-12 Yrs | 7/13-8/5 | 4:30-4:55 p.m. | MW | \$44 |
| 38601 | 6-12 Yrs | 6/16-7/9 | 4:30-4:55 p.m. | T,Th | \$44 |
| 38604 | 6-12 Yrs | 7/14-8/6 | 4:30-4:55 p.m. | T,Th | \$44 |
| 38602 | 6-12 Yrs | 6/20-8/8 | 8:30-8:55 a.m. | Sa | \$38.50 |

AQUATICS - LEVEL 5-6

Skills taught in Level 5-6 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke.

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|-------|----------|----------|----------------|------|---------|
| 38605 | 6-12 Yrs | 6/15-7/8 | 4:30-4:55 p.m. | MW | \$44 |
| 38608 | 6-12 Yrs | 7/13-8/5 | 4:30-4:55 p.m. | MW | \$44 |
| 38606 | 6-12 Yrs | 6/16-7/9 | 5-5:25 p.m. | T,Th | \$44 |
| 38609 | 6-12 Yrs | 7/14-8/6 | 5-5:25 p.m. | T,Th | \$44 |
| 38607 | 6-12 Yrs | 6/20-8/8 | 8-8:25 a.m. | Sa | \$38.50 |

AQUATICS - ADULTS

Teaches new skills and improves endurance and swimming abilities for adults of all levels.

| | | | | | |
|-------|----------|----------|-------------|------|---------|
| 38521 | 13 Yrs + | 6/15-7/8 | 6-6:50 p.m. | MW | \$52 |
| 38524 | 13 Yrs + | 7/13-8/5 | 6-6:50 p.m. | MW | \$52 |
| 38522 | 13 Yrs + | 6/16-7/9 | 6-6:50 p.m. | T,Th | \$52 |
| 38525 | 13 Yrs + | 7/14-8/6 | 6-6:50 p.m. | T,Th | \$52 |
| 38523 | 13 Yrs + | 6/20-8/8 | 8-8:50 a.m. | Sa | \$45.50 |

PRIVATE & SEMI-PRIVATE SWIM LESSONS: Enroll to the waitlist online at no cost. Pool staff will fill all available slots from the waitlist. Private lessons are offered as one-on-one with instructor. Price for private lessons is \$160 for eight (8) 25-minute lessons. Semi-Private lessons are offered as 2-3 students to 1 instructor. Price for semi-private lessons is \$103 for eight (8) 25-minute lessons. Lessons are offered on Saturday mornings, Monday/Wednesday evenings & Tuesday/Thursday evenings and Monday - Thursday mornings: June 15 - August 8. Session dates run concurrent with group lessons. For information and availability please contact the pool at (562) 570-1808.

AQUATICS - BELMONT PRIVATE SWIM LESSONS

| | | | | | |
|-------|------------|-----------|--------------|------|-------|
| 38527 | 9 Mos & Up | 6/15-7/8 | 3-7 p.m. | MW | \$160 |
| 38532 | 9 Mos & Up | 7/13-8/5 | 3-7 p.m. | MW | \$160 |
| 38528 | 9 Mos & Up | 6/16-7/9 | 3-7 p.m. | T,Th | \$160 |
| 38533 | 9 Mos & Up | 7/14-8/6 | 3-7 p.m. | T,Th | \$160 |
| 38529 | 9 Mos & Up | 6/20-8/8 | 8 a.m.-noon | Sa | \$140 |
| 38526 | 9 Mos & Up | 6/15-6/25 | 10 a.m.-noon | M-Th | \$160 |
| 38530 | 9 Mos & Up | 6/29-7/9 | 10 a.m.-noon | M-Th | \$160 |
| 38531 | 9 Mos & Up | 7/13-7/23 | 10 a.m.-noon | M-Th | \$160 |
| 38534 | 9 Mos & Up | 7/27-8/6 | 10 a.m.-noon | M-Th | \$160 |

AQUATICS - BELMONT SEMI PRIVATE SWIM LESSONS

| | | | | | |
|-------|------------|-----------|--------------|------|-------|
| 38536 | 9 Mos & Up | 6/15-7/8 | 3-7 p.m. | MW | \$103 |
| 38541 | 9 Mos & Up | 7/13-8/5 | 3-7 p.m. | MW | \$103 |
| 38537 | 9 Mos & Up | 6/16-7/9 | 3-7 p.m. | T,Th | \$103 |
| 38542 | 9 Mos & Up | 7/14-8/6 | 3-7 p.m. | T,Th | \$103 |
| 38538 | 9 Mos & Up | 6/20-8/8 | 8 a.m.-noon | Sa | \$90 |
| 38535 | 9 Mos & Up | 6/15-6/25 | 10 a.m.-noon | M-Th | \$103 |
| 38539 | 9 Mos & Up | 6/29-7/9 | 10 a.m.-noon | M-Th | \$103 |
| 38540 | 9 Mos & Up | 7/13-7/23 | 10 a.m.-noon | M-Th | \$103 |
| 38543 | 9 Mos & Up | 7/27-8/6 | 10 a.m.-noon | M-Th | \$103 |

SPECIAL PROGRAMS

CITY OF LONG BEACH WATER POLO PROGRAM

Participant meeting begins Saturday, June 6 at 8 a.m., followed by a swim test required before registration. Spaces are limited and will be granted on a first come, first served basis, early registration is recommended. For information and availability please contact the pool at (562) 570-1806.

Water Polo Team Practice: 11a.m.-noon M-Th

LA84 FOUNDATION SUMMER SPORTS PROGRAMS

This novice sports program is offered at Belmont Plaza Pool for Long Beach youth ages 7-17 years of age. Participant meeting begins Saturday, June 6 at 8 a.m., followed by a swim test required before registration. Proof of age is required at the time of registration. Scholarships are limited and will be granted on a first come, first served basis, early registration is recommended. Programs begin June 15 and will be conducted for approximately nine weeks. For information regarding LA84 Foundation programs, call the pool at 570-1806.

SWIM TEAM PRACTICE: 10-11 a.m. M-Th
SYNCHRONIZED SWIM TEAM PRACTICE: noon-1 p.m. M-Th

RICHARD MILLER SWIM MEET

Free for all novice swimmers, date to be announced, at Belmont Plaza Pool. Entry forms will be available in late June, please call the pool at 570-1806 for more information.

GENERAL INFORMATION:

The Cabrillo High School Swimming Pool is a summer only, outdoor pool with water temperature maintained between 83-84 degrees. Children must be at least 42" tall or accompanied by an adult in the water. Swimsuits are required. Infants must wear "swim diapers". Schedule is effective from June 15 to August 28 and may be subject to change.

OPEN SWIM FEES:

Youth, 17 years and under: FREE, compliments of LBUSD
Adults, 18 years and over: FREE, compliments of LBUSD
Seniors, 50 years and over: FREE, compliments of LBUSD

| Activity | Days | Times | Ages |
|-----------|-------|---------------|-------|
| Lap Swim | M - F | noon - 2 p.m. | Adult |
| Rec. Swim | M - F | noon - 2 p.m. | All |

SWIMMING CLASSES

The following are conducted during two-week sessions Mon.-Thu. ONLINE REGISTRATION ONLY. No registration accepted at the facility. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test prior to classes starting. Note: Schedule may be subject to change.

AQUATICS - PARENT & CHILD

Skills taught in Parent & Child include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

| | | | | |
|-------|-------------|-----------|-------------|------|
| 38979 | 6 Mos-3 Yrs | 6/15-6/25 | 5-5:25 p.m. | M-Th |
| 38980 | 6 Mos-3 Yrs | 6/29-7/9 | 5-5:25 p.m. | M-Th |
| 38981 | 6 Mos-3 Yrs | 7/13-7/23 | 5-5:25 p.m. | M-Th |
| 38982 | 6 Mos-3 Yrs | 7/27-8/6 | 5-5:25 p.m. | M-Th |
| 38983 | 6 Mos-3 Yrs | 8/10-8/20 | 5-5:25 p.m. | M-Th |

AQUATICS - PRE SCHOOL AQUATICS 1

Skills taught in Pre-School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

| | | | | |
|-------|---------|-----------|-------------|------|
| 38984 | 3-5 Yrs | 6/15-6/25 | 3-3:25 p.m. | M-Th |
| 38985 | 3-5 Yrs | 6/15-6/25 | 3-3:55 p.m. | M-Th |
| 38986 | 3-5 Yrs | 6/29-7/9 | 3-3:25 p.m. | M-Th |
| 38987 | 3-5 Yrs | 6/29-7/9 | 3-3:55 p.m. | M-Th |
| 38988 | 3-5 Yrs | 7/13-7/23 | 3-3:25 p.m. | M-Th |
| 38989 | 3-5 Yrs | 7/13-7/23 | 3-3:55 p.m. | M-Th |
| 38990 | 3-5 Yrs | 7/27-8/6 | 3-3:25 p.m. | M-Th |
| 38991 | 3-5 Yrs | 7/27-8/6 | 3-3:55 p.m. | M-Th |
| 38992 | 3-5 Yrs | 8/10-8/20 | 3-3:25 p.m. | M-Th |
| 38993 | 3-5 Yrs | 8/10-8/20 | 3-3:55 p.m. | M-Th |

AQUATICS - PRE SCHOOL AQUATICS 2

Skills taught in Pre School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

| | | | | |
|-------|---------|-----------|-------------|------|
| 38994 | 3-5 Yrs | 6/15-6/25 | 3-3:25 p.m. | M-Th |
| 38995 | 3-5 Yrs | 6/29-7/9 | 3-3:25 p.m. | M-Th |
| 38996 | 3-5 Yrs | 7/13-7/23 | 3-3:25 p.m. | M-Th |
| 38997 | 3-5 Yrs | 7/27-8/6 | 3-3:25 p.m. | M-Th |
| 38998 | 3-5 Yrs | 8/10-8/20 | 3-3:25 p.m. | M-Th |

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

| | | | | |
|-------|----------|-----------|---------------------|------|
| 38934 | 6-12 Yrs | 6/15-6/25 | 3:30 p.m.-3:55 p.m. | M-Th |
| 38935 | 6-12 Yrs | 6/15-6/25 | 4-4:25 p.m. | M-Th |
| 38936 | 6-12 Yrs | 6/29-7/9 | 3:30 p.m.-3:55 p.m. | M-Th |
| 38937 | 6-12 Yrs | 6/29-7/9 | 4-4:25 p.m. | M-Th |
| 38938 | 6-12 Yrs | 7/13-7/23 | 3:30 p.m.-3:55 p.m. | M-Th |
| 38939 | 6-12 Yrs | 7/13-7/23 | 4-4:25 p.m. | M-Th |
| 38940 | 6-12 Yrs | 7/27-8/6 | 3:30 p.m.-3:55 p.m. | M-Th |
| 38941 | 6-12 Yrs | 7/27-8/6 | 4-4:25 p.m. | M-Th |
| 38942 | 6-12 Yrs | 8/10-8/20 | 3:30 p.m.-3:55 p.m. | M-Th |
| 38943 | 6-12 Yrs | 8/10-8/20 | 4-4:25 p.m. | M-Th |

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

| | | | | |
|-------|----------|-----------|----------------|------|
| 38944 | 6-12 Yrs | 6/15-6/25 | 3:30-3:55 p.m. | M-Th |
| 38945 | 6-12 Yrs | 6/15-6/25 | 4-4:25 p.m. | M-Th |
| 38946 | 6-12 Yrs | 6/29-7/9 | 3:30-3:55 p.m. | M-Th |
| 38947 | 6-12 Yrs | 6/29-7/9 | 4-4:25 p.m. | M-Th |
| 38948 | 6-12 Yrs | 7/13-7/23 | 3:30-3:55 p.m. | M-Th |
| 38949 | 6-12 Yrs | 7/13-7/23 | 4-4:25 p.m. | M-Th |
| 38950 | 6-12 Yrs | 7/27-8/6 | 3:30-3:55 p.m. | M-Th |
| 38951 | 6-12 Yrs | 7/27-8/6 | 4-4:25 p.m. | M-Th |
| 38952 | 6-12 Yrs | 8/10-8/20 | 3:30-3:55 p.m. | M-Th |
| 38953 | 6-12 Yrs | 8/10-8/20 | 4-4:25 p.m. | M-Th |

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of the pool, introduction to butterfly, and water safety rules.

| | | | | |
|-------|----------|-----------|----------------|------|
| 38954 | 6-12 Yrs | 6/15-6/25 | 4-4:25 p.m. | M-Th |
| 38955 | 6-12 Yrs | 6/15-6/25 | 4:30-4:55 p.m. | M-Th |
| 38956 | 6-12 Yrs | 6/29-7/9 | 4-4:25 p.m. | M-Th |
| 38957 | 6-12 Yrs | 6/29-7/9 | 4:30-4:55 p.m. | M-Th |
| 38958 | 6-12 Yrs | 7/13-7/23 | 4-4:25 p.m. | M-Th |
| 38959 | 6-12 Yrs | 7/13-7/23 | 4:30-4:55 p.m. | M-Th |
| 38960 | 6-12 Yrs | 7/27-8/6 | 4-4:25 p.m. | M-Th |
| 38961 | 6-12 Yrs | 7/27-8/6 | 4:30-4:55 p.m. | M-Th |
| 38962 | 6-12 Yrs | 8/10-8/20 | 4-4:25 p.m. | M-Th |
| 38963 | 6-12 Yrs | 8/10-8/20 | 4:30-4:55 p.m. | M-Th |

AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

| | | | | |
|-------|----------|-----------|----------------|------|
| 38964 | 6-12 Yrs | 6/15-6/25 | 4:30-4:55 p.m. | M-Th |
| 38965 | 6-12 Yrs | 6/29-7/9 | 4:30-4:55 p.m. | M-Th |
| 38966 | 6-12 Yrs | 7/13-7/23 | 4:30-4:55 p.m. | M-Th |
| 38967 | 6-12 Yrs | 7/27-8/6 | 4:30-4:55 p.m. | M-Th |
| 38968 | 6-12 Yrs | 8/10-8/20 | 4:30-4:55 p.m. | M-Th |

AQUATICS - LEVEL 5

Skills taught in Level 5 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke 2.

| | | | | |
|-------|----------|-----------|----------------|------|
| 38969 | 6-12 Yrs | 6/15-6/25 | 4:30-4:55 p.m. | M-Th |
| 38970 | 6-12 Yrs | 6/29-7/9 | 4:30-4:55 p.m. | M-Th |
| 38971 | 6-12 Yrs | 7/13-7/23 | 4:30-4:55 p.m. | M-Th |
| 38972 | 6-12 Yrs | 7/27-8/6 | 4:30-4:55 p.m. | M-Th |
| 38973 | 6-12 Yrs | 8/10-8/20 | 4:30-4:55 p.m. | M-Th |

AQUATICS - LEVEL 6

Skills taught in Level 6 include: building endurance in front crawl, back crawl, breaststroke, and sidestroke.

| | | | | |
|-------|----------|-----------|-------------|------|
| 38974 | 6-12 Yrs | 6/15-6/25 | 3-3:25 p.m. | M-Th |
| 38975 | 6-12 Yrs | 6/29-7/9 | 3-3:25 p.m. | M-Th |
| 38976 | 6-12 Yrs | 7/13-7/23 | 3-3:25 p.m. | M-Th |
| 38977 | 6-12 Yrs | 7/27-8/6 | 3-3:25 p.m. | M-Th |
| 38978 | 6-12 Yrs | 8/10-8/20 | 3-3:25 p.m. | M-Th |

AQUATICS - ADULTS

Skills taught in Adult class include: learning and building skill in front crawl, back crawl, breaststroke, and sidestroke.

| | | | | |
|-------|-------------|-----------|-------------|------|
| 38929 | 13 Yrs & UP | 6/15-6/25 | 5-5:25 p.m. | M-Th |
| 38930 | 13 Yrs & UP | 6/29-7/9 | 5-5:25 p.m. | M-Th |
| 38931 | 13 Yrs & UP | 7/13-7/23 | 5-5:25 p.m. | M-Th |
| 38932 | 13 Yrs & UP | 7/27-8/6 | 5-5:25 p.m. | M-Th |
| 38933 | 13 Yrs & UP | 8/10-8/20 | 5-5:25 p.m. | M-Th |

LBUSD SPONSORED SWIM LESSONS

All summer 2020 swim lessons at Cabrillo High School Pool are offered free of charge compliments of the Long Beach Unified School District. Swim lesson availability is on a first come, first served basis. Only online registration will be accepted - no lesson registrations will be processed at the pool facility.

LA84 SWIM TEAM

Novice Youth Swim Team. Come participate in a competitive swim training program. Scholarships are available. Training is Monday through Thursday 2-3p.m.



GENERAL INFORMATION:

The Jordan High School Swimming Pool is a summer only, indoor pool with water temperature maintained at a comfortable 83-84 degrees. Children must be at least 42" tall or accompanied by an adult in the water. Swimsuits are required. Infants must wear "swim diapers". Schedule is effective from June 15 to August 28 and may be subject to change.

OPEN SWIM FEES:

Youth, 17 years and under: Free, June 15–August 28 compliments of LBUSD

Adults, 18 years and over: \$3

Seniors, 50 years and over: \$2

| Activity | Days | Times | Ages |
|-----------------|-------|-------------|-------|
| Lap Swim | M - F | 10 am–1 pm | Adult |
| Recreation Swim | M - F | 1–3 pm | All |
| Water Exercise | T/Th | 11-11:50 am | Adult |

SWIMMING CLASSES

The following are conducted during two-week sessions Monday–Thursday. Swim lesson fees are \$32. Make checks payable to the CITY OF LONG BEACH. Refunds for classes will only be granted prior to the first class meeting, with a \$10 service charge assessed. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test prior to classes starting. Note: schedule and fees may be subject to change.

REGISTRATION DATES

| Lessons | Starting Date: | Registration Begins: |
|-----------|-----------------|----------------------|
| 6/15-6/25 | Monday-Thursday | May 4 at 8 a.m. |
| 6/29-7/9 | Monday-Thursday | June 22 at 10 a.m. |
| 7/13-7/23 | Monday-Thursday | July 6 at 10 a.m. |
| 7/27-8/6 | Monday-Thursday | July 20 at 10 a.m. |

Classes may be cancelled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 39119 | 6-12 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$32 |
| 39120 | 6-12 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$32 |
| 39121 | 6-12 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$32 |
| 39122 | 6-12 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 39123 | 6-12 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$32 |
| 39124 | 6-12 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$32 |
| 39125 | 6-12 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$32 |
| 39126 | 6-12 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of pool, introduction to butterfly, and water safety rules.

| | | | | | |
|-------|----------|-----------|---------------|------|------|
| 39127 | 6-12 Yrs | 6/15-6/25 | 11-11:25 a.m. | M-Th | \$32 |
| 39128 | 6-12 Yrs | 6/29-7/9 | 11-11:25 a.m. | M-Th | \$32 |
| 39129 | 6-12 Yrs | 7/13-7/23 | 11-11:25 a.m. | M-Th | \$32 |
| 39130 | 6-12 Yrs | 7/27-8/6 | 11-11:25 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

| | | | | | |
|-------|----------|-----------|---------------|------|------|
| 39131 | 6-12 Yrs | 6/15-6/25 | 11-11:25 a.m. | M-Th | \$32 |
| 39132 | 6-12 Yrs | 6/29-7/9 | 11-11:25 a.m. | M-Th | \$32 |
| 39133 | 6-12 Yrs | 7/13-7/23 | 11-11:25 a.m. | M-Th | \$32 |
| 39134 | 6-12 Yrs | 7/27-8/6 | 11-11:25 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 5

Skills taught in Level 5 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 39135 | 6-12 Yrs | 6/15-6/25 | 11:30-11:55 a.m. | M-Th | \$32 |
| 39136 | 6-12 Yrs | 6/29-7/9 | 11:30-11:55 a.m. | M-Th | \$32 |
| 39137 | 6-12 Yrs | 7/13-7/23 | 11:30-11:55 a.m. | M-Th | \$32 |
| 39138 | 6-12 Yrs | 7/27-8/6 | 11:30-11:55 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 6

Skills taught in Level 6 include: building endurance in front crawl, back crawl, breaststroke, and sidestroke.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 39139 | 6-12 Yrs | 6/15-6/25 | 11:30-11:55 a.m. | M-Th | \$32 |
| 39140 | 6-12 Yrs | 6/29-7/9 | 11:30-11:55 a.m. | M-Th | \$32 |
| 39141 | 6-12 Yrs | 7/13-7/23 | 11:30-11:55 a.m. | M-Th | \$32 |
| 39142 | 6-12 Yrs | 7/27-8/6 | 11:30-11:55 a.m. | M-Th | \$32 |

AQUATICS - PRE SCHOOL AQUATICS 1

Skills taught in Pre-School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

| | | | | | |
|-------|---------|-----------|---------------|------|------|
| 39143 | 3-5 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$32 |
| 39144 | 3-5 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$32 |
| 39145 | 3-5 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$32 |
| 39146 | 3-5 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$32 |

AQUATICS - PRE SCHOOL AQUATICS 2

Skills taught in Pre School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

| | | | | | |
|-------|---------|-----------|---------------|------|------|
| 39147 | 3-5 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$32 |
| 39148 | 3-5 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$32 |
| 39149 | 3-5 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$32 |
| 39150 | 3-5 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$32 |

LA84 SWIM TEAM

Novice Youth Swim Team. Come participate in a competitive swim training program. Scholarships are available. Training is Monday through Thursday 10–11 am.

LA84 Swim Lesson Scholarships

For youth ages 5-17, Swim Lesson Levels 1–6. Save \$20 on each lesson session by using the LA84 Coupon code at registration.

GENERAL INFORMATION

King Park Pool is a year-round, indoor facility. Water temperature is maintained between 83-85 degrees. Children must be at least 42 inches tall or accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers". Pool fee is per entry. We do not offer refunds of admission fees. Schedule and fees may be subject to change. **POOL CLOSED MONDAY, MAY 25 (MEMORIAL DAY); SATURDAY, JULY 4 (INDEPENDENCE DAY); MONDAY, SEPTEMBER 7 (LABOR DAY).**

OPEN SWIM FEES

Youth, ages 17 yrs & under: \$1, FREE June 15 – August 28 compliments of LBUSD.

Seniors, ages 50 yrs & up: \$2
Adults, ages 18-49 yrs: \$3

SWIM PASSES: Swim passes are available online or at the pool. Each swim pas purchase is valid for 1-year from purchase date. Membership pass fees: Youth-**\$25**, Seniors-**\$40**, Adults-**\$65**. Membership pass valid for 25 visits. Fees may be subject to change.

LAP SWIM

Tu/Th/F 6-8 a.m.
M-Su noon-1 p.m.

ALL AGES RECREATION SWIM

M-Su 1-3:30 p.m.
T/Th 6:30-8 p.m.

WATER EXERCISE CLASSES

Ages 16 & up. Looking for a new style of exercise? This is the class for you! It will help you shape-up and keep fit. This class is offered on an on-going basis. Don't miss the fun! Fee is \$3.00/class meeting. Senior Citizens 50+ free with a Senior Fitness Pass.

Deep Water Tu/Th/F 6:30-7:20 a.m.
Shallow Water Tu/Th/F 8-8:50 a.m.
Shallow Water M/W 6-6:50 p.m.

SWIMMING LESSONS

Class options: Saturday mornings, Monday/Wednesday evenings, Tuesday/Thursday evenings and Monday-Thursday mornings. Youth classes are 25 minutes in length; Adults 50 minutes. Registration for classes will be available online or at King Park Pool during regular scheduled hours. **SCHOLARSHIPS AVAILABLE, AGES 7-17.** Proof of residency and birth certificate required.

Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at King Park Pool. Visit www.lbparks.org to register online. Refunds for classes will only be granted prior to the first class meeting, with a \$10 service charge assessed.

If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be cancelled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

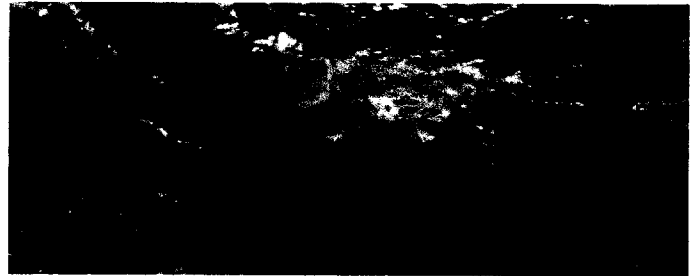
REGISTRATION DATES

| Lessons | Starting Date: | Registration Begins: |
|-----------|------------------|----------------------|
| 6/15-6/25 | Monday-Thursday | May 4 at 8 am |
| 6/15-7/8 | Monday/Wednesday | May 4 at 8 a.m. |
| 6/16-7/9 | Tuesday/Thursday | May 4 at 8 a.m. |
| 6/20-8/8 | Saturday | May 4 at 8 a.m. |
| 6/29-7/9 | Monday-Thursday | June 22 at 8 a.m. |
| 7/13-7/23 | Monday-Thursday | July 6 at 8 a.m. |
| 7/13-8/5 | Monday/Wednesday | June 29 at 3pm |
| 7/14-8/6 | Tuesday/Thursday | June 30 at 3pm |
| 7/27-8/6 | Monday-Thursday | July 20 at 8 a.m. |
| 8/10-8/20 | Monday-Thursday | August 3 at 8 a.m. |

AQUATICS - PARENT & CHILD

An introductory course for children nine months to three years. A parent must accompany the child in the water. Skills taught include: blowing bubbles, putting face in water, kicking feet, paddling arms, using kickboards, floating on back and rolling over.

| | | | | | |
|-------|--------------|----------|---------------|----|------|
| 38469 | 9 Mths-3 Yrs | 6/15-7/8 | 6-6:25 p.m. | MW | \$32 |
| 38470 | 9 Mths-3 Yrs | 7/13-8/5 | 6-6:25 p.m. | MW | \$32 |
| 38471 | 9 Mths-3 Yrs | 6/20-8/8 | 11-11:25 a.m. | Sa | \$28 |



AQUATICS - PRE-SCHOOL AQUATICS 1

Skills taught in Pre-School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

| | | | | | |
|-------|---------|-----------|------------------|------|------|
| 38473 | 3-5 Yrs | 6/15-7/8 | 3:30-3:55 p.m. | MW | \$32 |
| 38480 | 3-5 Yrs | 7/13-8/5 | 3:30-3:55 p.m. | MW | \$32 |
| 38474 | 3-5 Yrs | 6/15-7/8 | 6:30-6:55 p.m. | MW | \$32 |
| 38481 | 3-5 Yrs | 7/13-8/5 | 6:30-6:55 p.m. | MW | \$32 |
| 38475 | 3-5 Yrs | 6/16-7/9 | 4-4:25 p.m. | T,Th | \$32 |
| 38482 | 3-5 Yrs | 7/14-8/6 | 4-4:25 p.m. | T,Th | \$32 |
| 38476 | 3-5 Yrs | 6/16-7/9 | 5-5:25 p.m. | T,Th | \$32 |
| 38483 | 3-5 Yrs | 7/14-8/6 | 5-5:25 p.m. | T,Th | \$32 |
| 38477 | 3-5 Yrs | 6/20-8/8 | 9-9:25 a.m. | Sa | \$28 |
| 38498 | 3-5 Yrs | 6/20-8/8 | 10:30-10:55 a.m. | Sa | \$28 |
| 38472 | 3-5 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$32 |
| 38478 | 3-5 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$32 |
| 38479 | 3-5 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$32 |
| 38484 | 3-5 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$32 |
| 38860 | 3-5 Yrs | 8/10-8/20 | 10-10:25 a.m. | M-Th | \$32 |

AQUATICS - PRE-SCHOOL AQUATICS 2

Skills taught in Pre-School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water. Saturday & Monday-Thursday classes are combined with Pre-School Aquatics 3.

| | | | | | |
|-------|---------|-----------|------------------|------|------|
| 38486 | 3-5 Yrs | 6/15-7/8 | 4:30-4:55 p.m. | MW | \$32 |
| 38491 | 3-5 Yrs | 7/13-8/5 | 4:30-4:55 p.m. | MW | \$32 |
| 38487 | 3-5 Yrs | 6/16-7/9 | 3:30-3:55 p.m. | TTh | \$32 |
| 38492 | 3-5 Yrs | 7/14-8/6 | 3:30-3:55 p.m. | TTh | \$32 |
| 38488 | 3-5 Yrs | 6/20-8/8 | 9:30-9:55 a.m. | Sa | \$28 |
| 38485 | 3-5 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38489 | 3-5 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38490 | 3-5 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38493 | 3-5 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38862 | 3-5 Yrs | 8/10-8/20 | 10:30-10:55 a.m. | M-Th | \$32 |

AQUATICS - PRE-SCHOOL AQUATICS 3

Skills taught in Pre-School Aquatics 3 include: front crawl with side breathing, backstroke, treading water, floating, introduction to breaststroke, and water safety skills. Saturday & Monday-Thursday classes are combined with Pre-School Aquatics 2.

| | | | | | |
|-------|---------|-----------|------------------|------|------|
| 38494 | 3-5 Yrs | 6/15-7/8 | 5:30-5:55 p.m. | MW | \$32 |
| 38496 | 3-5 Yrs | 7/13-8/5 | 5:30-5:55 p.m. | MW | \$32 |
| 38495 | 3-5 Yrs | 6/16-7/9 | 6-6:25 p.m. | TTh | \$32 |
| 38497 | 3-5 Yrs | 7/14-8/6 | 6-6:25 p.m. | TTh | \$32 |
| 38488 | 3-5 Yrs | 6/20-8/8 | 9:30-9:55 a.m. | Sa | \$28 |
| 38485 | 3-5 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38489 | 3-5 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38490 | 3-5 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38493 | 3-5 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38862 | 3-5 Yrs | 8/10-8/20 | 10:30-10:55 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 38409 | 6-12 Yrs | 6/15-7/8 | 3:30-3:55 p.m. | MW | \$32 |
| 38421 | 6-12 Yrs | 7/13-8/5 | 3:30-3:55 p.m. | MW | \$32 |
| 38410 | 6-12 Yrs | 6/15-7/8 | 4-4:25 p.m. | MW | \$32 |
| 38422 | 6-12 Yrs | 7/13-8/5 | 4-4:25 p.m. | MW | \$32 |
| 38411 | 6-12 Yrs | 6/15-7/8 | 5-5:25 p.m. | MW | \$32 |
| 38423 | 6-12 Yrs | 7/13-8/5 | 5-5:25 p.m. | MW | \$32 |
| 38412 | 6-12 Yrs | 6/16-7/9 | 4-4:25 p.m. | T,Th | \$32 |
| 38424 | 6-12 Yrs | 7/14-8/6 | 4-4:25 p.m. | T,Th | \$32 |
| 38413 | 6-12 Yrs | 6/16-7/9 | 4:30-4:55 p.m. | T,Th | \$32 |
| 38425 | 6-12 Yrs | 7/14-8/6 | 4:30-4:55 p.m. | T,Th | \$32 |
| 38414 | 6-12 Yrs | 6/16-7/9 | 5:30-5:55 p.m. | T,Th | \$32 |
| 38426 | 6-12 Yrs | 7/14-8/6 | 5:30-5:55 p.m. | T,Th | \$32 |
| 38415 | 6-12 Yrs | 6/20-8/8 | 11-11:25 a.m. | Sa | \$28 |
| 38416 | 6-12 Yrs | 6/20-8/8 | 11:30-11:55 a.m. | Sa | \$28 |
| 38407 | 6-12 Yrs | 6/15-6/25 | 9-9:25 a.m. | M-Th | \$32 |
| 38417 | 6-12 Yrs | 6/29-7/9 | 9-9:25 a.m. | M-Th | \$32 |
| 38419 | 6-12 Yrs | 7/13-7/23 | 9-9:25 a.m. | M-Th | \$32 |
| 38427 | 6-12 Yrs | 7/27-8/6 | 9-9:25 a.m. | M-Th | \$32 |
| 38855 | 6-12 Yrs | 8/10-8/20 | 9-9:25 a.m. | M-Th | \$32 |
| 38408 | 6-12 Yrs | 6/15-6/25 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38418 | 6-12 Yrs | 6/29-7/9 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38420 | 6-12 Yrs | 7/13-7/23 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38428 | 6-12 Yrs | 7/27-8/6 | 10:30-10:55 a.m. | M-Th | \$32 |
| 38861 | 6-12 Yrs | 8/10-8/20 | 10:30-10:55 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 38430 | 6-12 Yrs | 6/15-7/8 | 4-4:25 p.m. | MW | \$32 |
| 38436 | 6-12 Yrs | 7/13-8/5 | 4-4:25 p.m. | MW | \$32 |
| 38431 | 6-12 Yrs | 6/15-7/8 | 5:30-5:55 p.m. | MW | \$32 |
| 38437 | 6-12 Yrs | 7/13-8/5 | 5:30-5:55 p.m. | MW | \$32 |
| 38432 | 6-12 Yrs | 6/16-7/9 | 3:30-3:55 p.m. | T,Th | \$32 |
| 38438 | 6-12 Yrs | 7/14-8/6 | 3:30-3:55 p.m. | T,Th | \$32 |
| 38433 | 6-12 Yrs | 6/20-8/8 | 11:30-11:55 a.m. | Sa | \$28 |
| 38429 | 6-12 Yrs | 6/15-6/25 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38434 | 6-12 Yrs | 6/29-7/9 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38435 | 6-12 Yrs | 7/13-7/23 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38439 | 6-12 Yrs | 7/27-8/6 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38857 | 6-12 Yrs | 8/10-8/20 | 9:30-9:55 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of pool, introduction to butterfly, and water safety rules.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 38441 | 6-12 Yrs | 6/15-7/8 | 6-6:25 p.m. | MW | \$32 |
| 38446 | 6-12 Yrs | 7/13-8/5 | 6-6:25 p.m. | MW | \$32 |
| 38442 | 6-12 Yrs | 6/16-7/9 | 6-6:25 p.m. | T,Th | \$32 |
| 38447 | 6-12 Yrs | 7/14-8/6 | 6-6:25 p.m. | T,Th | \$32 |
| 38443 | 6-12 Yrs | 6/20-8/8 | 11:30-11:55 a.m. | Sa | \$28 |
| 38440 | 6-12 Yrs | 6/15-6/25 | 9-9:25 a.m. | M-Th | \$32 |
| 38444 | 6-12 Yrs | 6/29-7/9 | 9-9:25 a.m. | M-Th | \$32 |
| 38445 | 6-12 Yrs | 7/13-7/23 | 9-9:25 a.m. | M-Th | \$32 |
| 38448 | 6-12 Yrs | 7/27-8/6 | 9-9:25 a.m. | M-Th | \$32 |
| 38856 | 6-12 Yrs | 8/10-8/20 | 9-9:25 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

| | | | | | |
|-------|----------|-----------|----------------|------|------|
| 38450 | 6-12 Yrs | 6/15-7/8 | 6:30-6:55 p.m. | MW | \$32 |
| 38455 | 6-12 Yrs | 7/13-8/5 | 6:30-6:55 p.m. | MW | \$32 |
| 38451 | 6-12 Yrs | 6/16-7/9 | 5:30-5:55 p.m. | T,Th | \$32 |
| 38456 | 6-12 Yrs | 7/14-8/6 | 5:30-5:55 p.m. | T,Th | \$32 |
| 38452 | 6-12 Yrs | 6/20-8/8 | 11-11:25 a.m. | Sa | \$28 |
| 38449 | 6-12 Yrs | 6/15-6/25 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38453 | 6-12 Yrs | 6/29-7/9 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38454 | 6-12 Yrs | 7/13-7/23 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38457 | 6-12 Yrs | 7/27-8/6 | 9:30-9:55 a.m. | M-Th | \$32 |
| 38858 | 6-12 Yrs | 8/10-8/20 | 9:30-9:55 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 5

Skills taught in Level 5 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke.

| | | | | | |
|---|----------|-----------|----------------|------|------|
| Saturday & Monday-Thursday classes are combined with Level 6. | | | | | |
| 38459 | 6-12 Yrs | 6/15-7/8 | 5:30-5:55 p.m. | MW | \$32 |
| 38464 | 6-12 Yrs | 7/13-8/5 | 5:30-5:55 p.m. | MW | \$32 |
| 38460 | 6-12 Yrs | 6/16-7/9 | 6-6:25 p.m. | T,Th | \$32 |
| 38465 | 6-12 Yrs | 7/14-8/6 | 6-6:25 p.m. | T,Th | \$32 |
| 38461 | 6-12 Yrs | 6/20-8/8 | 10-10:25 a.m. | Sa | \$28 |
| 38458 | 6-12 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$32 |
| 38462 | 6-12 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$32 |
| 38463 | 6-12 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$32 |
| 38466 | 6-12 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$32 |
| 38859 | 6-12 Yrs | 8/10-8/20 | 10-10:25 a.m. | M-Th | \$32 |

AQUATICS - LEVEL 6

Skills taught in Level 6 include: building endurance in front crawl, back crawl, breaststroke, and butterfly. Saturday & Monday-Thursday classes are combined with Level 5.

| | | | | | |
|-------|----------|-----------|----------------|------|------|
| 38467 | 6-12 Yrs | 6/16-7/9 | 5:30-5:55 p.m. | T,Th | \$32 |
| 38468 | 6-12 Yrs | 7/14-8/6 | 5:30-5:55 p.m. | T,Th | \$32 |
| 38461 | 6-12 Yrs | 6/20-8/8 | 10-10:25 a.m. | Sa | \$28 |
| 38458 | 6-12 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-Th | \$32 |
| 38462 | 6-12 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-Th | \$32 |
| 38463 | 6-12 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-Th | \$32 |
| 38466 | 6-12 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-Th | \$32 |
| 38859 | 6-12 Yrs | 8/10-8/20 | 10-10:25 a.m. | M-Th | \$32 |

AQUATICS - ADULTS

Teaches new skills and improves endurance and swimming abilities for adults of all levels.

| | | | | | |
|-------|---------|----------|----------------|-----|------|
| 38401 | 13 Yrs+ | 6/16-7/9 | 5:30-6:20 p.m. | TTh | \$40 |
| 38403 | 13 Yrs+ | 7/14-8/6 | 5:30-6:20 p.m. | TTh | \$40 |
| 38402 | 13 Yrs+ | 6/20-8/8 | 9-9:50 a.m. | Sa | \$35 |

JUNIOR LIFEGUARD PROGRAM

Get started for a future job as a lifeguard. Learn swimming and lifeguarding skills. Must have Level 5 swim skills and be between the ages of 11-16. Please call the pool for more information. Saturdays, June 20-August 8, 10-11 a.m.

CITY OF LONG BEACH WATER POLO PROGRAM

Novice water polo training opportunity for ages 7-17 years old. Participant meeting begins Saturday, June 6 at 3 p.m., followed by a swim test required before registration. Spaces are limited and will be granted on a first come, first served basis, early registration is recommended. For information call the pool at 570-1718.

WATER POLO TEAM: 9-10 a.m., M-Th beginning June 15

LA84 FOUNDATION SUMMER AQUATICS PROGRAMS

Novice competitive swim and dive training opportunity for ages 7-17 years old. Participant meeting begins Saturday, June 6 at 3 p.m., followed by a swim test required before registration. Proof of age is required at the time of registration. Scholarships are limited and will be granted on a first come, first served basis, early registration is recommended. For information regarding LA84 Foundation programs, call the pool at 570-1718.

DIVE TEAM:

3:30-4:30 p.m., M-Th, beginning June 15

SWIM TEAM:

4:30-5:30 p.m., M-Th, beginning June 15



POOL RENTALS

Please call the pool supervisor at 570-1718 for information, fees and scheduling availability.

GENERAL INFORMATION

Silverado Pool is a year-round, indoor facility. Water temperature is maintained between 82 - 84 degrees. Children must be at least 42 inches tall or accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers." Pool fee is per entry. We do not offer refunds of admission fees. Schedule and fees may be subject to change. **POOL CLOSED MONDAY, MAY 25 (MEMORIAL DAY); SATURDAY, JULY 4 (INDEPENDENCE DAY); MONDAY SEPTEMBER 7 (LABOR DAY).**

OPEN SWIM FEES

Youth, ages 17 Yrs & Under: \$1, FREE June 15 - August 28 compliments of LBUSD.
Seniors, ages 50 Yrs & Over: \$2
Adults, ages 18-49 Yrs: \$3

SWIM PASSES: Swim passes are available online or at the pool. Each swim pass purchase valid for 1-year from purchase date. Membership pass fees: Youth-**\$25**, Seniors-**\$40**, Adults-**\$65**. Membership Pass valid for 25 visits. Fees may be subject to change.

LAP SWIM

M/W/F 6:30-9 a.m.
M-F noon-1 p.m.
M/Tu/Th 6-7 p.m., 2 LANES ONLY
Sa/Su noon-1 p.m.

ALL AGES RECREATION SWIM

Mon-Sun 1-3:30 p.m.
Wed 7-8:30 p.m.

WATER EXERCISE CLASSES

Seniors 50+ are free with a Senior Fitness Pass. Walk-in fee is \$3 per class for adults. Benefit from these fast paced, low impact classes designed to shape you up with little or no stress on your knees or back.
Deep Water Exercise: M/W/F/Su 10-10:50 a.m.
Shallow Water Exercise: M/W/F/Su 11-11:50 a.m.

WEIGHT ROOM

We offer a full set of Universal equipment and two Lifecycles. The weight room is open during the above hours of operation. Fees include pool use and are the same as pool entry. Users must be 18 years of age and wear closed toe shoes and T-shirts.

SWIMMING LESSONS

Class options: Monday and Wednesday, Tuesday and Thursday or Saturday. Classes are 25 minutes in length. Registration for classes will be available on-line or at Silverado Park Pool during regular scheduled hours up to 15 minutes before closing.

Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at Silverado Park Pool. Visit www.lbparks.org to register online.

If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test.

REGISTRATION DATES

| Lessons | Starting Date: | Registration Begins: |
|-----------|------------------|----------------------|
| 6/27-8/15 | Saturdays | May 4 at 3pm |
| 6/15-6/25 | Monday-Thursday | May 4 at 3pm |
| 6/15-7/8 | Monday/Wednesday | May 4 at 3 pm |
| 6/16-7/9 | Tuesday/Thursday | May 4 at 3 pm |
| 6/29-7/9 | Monday-Thursday | June 22 at 3 pm |
| 7/13-7/23 | Monday-Thursday | July 6 at 3 pm |
| 7/13-8/5 | Monday/Wednesday | June 29 at 3 pm |
| 7/14-8/6 | Tuesday/Thursday | June 30 at 3 pm |
| 7/27-8/6 | Monday-Thursday | July 20 at 3 pm |

Classes may be cancelled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

AQUATICS - ADULTS

Teaches new skills and improves endurance and swimming abilities for adults of all levels.

| | | | | | |
|-------|----------|-----------|-------------|-----|------|
| 38303 | 13 Yrs + | 6/15-7/8 | 6-6:50 p.m. | MW | \$40 |
| 38304 | 13 Yrs + | 6/16-7/9 | 6-6:50 p.m. | TTH | \$40 |
| 38305 | 13 Yrs + | 6/27-8/15 | 8-8:50 a.m. | Sa | \$35 |
| 38306 | 13 Yrs + | 7/13-8/5 | 6-6:50 p.m. | MW | \$40 |
| 38307 | 13 Yrs + | 7/14-8/6 | 6-6:50 p.m. | TTH | \$40 |

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

| | | | | | |
|-------|----------|-----------|--------------------|------|------|
| 38312 | 6-12 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-TH | \$32 |
| 38313 | 6-12 Yrs | 6/15-7/8 | 4:30-4:55 p.m. | MW | \$32 |
| 38314 | 6-12 Yrs | 6/16-7/9 | 4:30-4:55 p.m. | TTH | \$32 |
| 38315 | 6-12 Yrs | 6/27-8/15 | 10-10:25 a.m. | Sa | \$28 |
| 38316 | 6-12 Yrs | 6/27-8/15 | 11:30 -11:55 a.m. | Sa | \$28 |
| 38317 | 6-12 Yrs | 6/29-7/9 | 10-10:25 | M-TH | \$32 |
| 38318 | 6-12 Yrs | 7/13-7/23 | 10 a.m.-10:25 a.m. | M-TH | \$32 |
| 38319 | 6-12 Yrs | 7/13-8/5 | 4:30-4:55 p.m. | MW | \$32 |
| 38320 | 6-12 Yrs | 7/14-8/6 | 4:30-4:55 p.m. | TTH | \$32 |
| 38321 | 6-12 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-TH | \$32 |

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

| | | | | | |
|-------|----------|-----------|-------------------|------|------|
| 38322 | 6-12 Yrs | 6/15-6/25 | 10-10:25 a.m. | M-TH | \$32 |
| 38323 | 6-12 Yrs | 6/15-7/8 | 4:30-4:55 p.m. | MW | \$32 |
| 38324 | 6-12 Yrs | 6/16-7/19 | 4:30-4:55 p.m. | TTH | \$32 |
| 38325 | 6-12 Yrs | 6/27-8/15 | 10-10:25 a.m. | Sa | \$28 |
| 38326 | 6-12 Yrs | 6/27-8/15 | 11:30 -11:55 a.m. | Sa | \$28 |
| 38327 | 6-12 Yrs | 6/29-7/9 | 10-10:25 a.m. | M-TH | \$32 |
| 38328 | 6-12 Yrs | 7/13-7/23 | 10-10:25 a.m. | M-TH | \$32 |
| 38329 | 6-12 Yrs | 7/13-8/5 | 4:30-4:55 p.m. | MW | \$32 |
| 38330 | 6-12 Yrs | 7/14-8/6 | 4:30-4:55 p.m. | TTH | \$32 |
| 38331 | 6-12 Yrs | 7/27-8/6 | 10-10:25 a.m. | M-TH | \$32 |

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of pool, introduction to butterfly, and water safety rules.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 38332 | 6-12 Yrs | 6/15-6/25 | 9:30-9:55 a.m. | M-TH | \$32 |
| 38333 | 6-12 Yrs | 6/15-7/8 | 5-5:25 p.m. | MW | \$32 |
| 38334 | 6-12 Yrs | 6/16-7/9 | 5-5:25 p.m. | TTH | \$32 |
| 38335 | 6-12 Yrs | 6/27-8/15 | 10:30-10:55 a.m. | Sa | \$28 |
| 38336 | 6-12 Yrs | 6/29-7/9 | 9:30-9:55 a.m. | M-TH | \$32 |
| 38337 | 6-12 Yrs | 7/13-7/23 | 9:30-9:55 a.m. | M-TH | \$32 |
| 38338 | 6-12 Yrs | 7/13-8/5 | 5-5:25 p.m. | MW | \$32 |
| 38339 | 6-12 Yrs | 7/14-8/6 | 5-5:25 p.m. | TTH | \$32 |
| 38340 | 6-12 Yrs | 7/27-8/6 | 9:30-9:55 a.m. | M-TH | \$32 |

AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

| | | | | | |
|-------|----------|-----------|------------------|------|------|
| 38341 | 6-12 Yrs | 6/15-6/25 | 9:30-9:55 a.m. | M-TH | \$32 |
| 38342 | 6-12 Yrs | 6/15-7/8 | 5-5:25 p.m. | MW | \$32 |
| 38343 | 6-12 Yrs | 6/16-7/9 | 5-5:25 p.m. | TTH | \$32 |
| 38344 | 6-12 Yrs | 6/27-8/15 | 10:30-10:55 a.m. | Sa | \$28 |
| 38345 | 6-12 Yrs | 6/29-7/9 | 9:30-9:55 a.m. | M-TH | \$32 |
| 38346 | 6-12 Yrs | 7/13-7/23 | 9:30-9:55 a.m. | M-TH | \$32 |
| 38347 | 6-12 Yrs | 7/13-8/5 | 5-5:25 p.m. | MW | \$32 |
| 38348 | 6-12 Yrs | 7/14-8/6 | 5-5:25 p.m. | TTH | \$32 |
| 38349 | 6-12 Yrs | 7/27-8/6 | 9:30-9:55 a.m. | M-TH | \$32 |

AQUATICS - LEVEL 5

Skills taught in Level 5 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke.

| | | | | | |
|-------|----------|-----------|----------------|------|------|
| 38350 | 6-12 Yrs | 6/15-6/25 | 9-9:25 a.m. | M-TH | \$32 |
| 38351 | 6-12 Yrs | 6/15-7/8 | 5:30-5:55 p.m. | MW | \$32 |
| 38352 | 6-12 Yrs | 6/16-7/9 | 5:30-5:55 p.m. | TTH | \$32 |
| 38353 | 6-12 Yrs | 6/27-8/15 | 11-11:25 a.m. | Sa | \$28 |
| 38354 | 6-12 Yrs | 6/29-7/9 | 9-9:25 a.m. | M-TH | \$32 |
| 38355 | 6-12 Yrs | 7/13-7/23 | 9-9:25 a.m. | M-TH | \$32 |
| 38356 | 6-12 Yrs | 7/13-8/5 | 5:30-5:55 p.m. | MW | \$32 |
| 38357 | 6-12 Yrs | 7/14-8/6 | 5:30-5:55 p.m. | TTH | \$32 |
| 38358 | 6-12 Yrs | 7/27-8/6 | 9-9:25 a.m. | M-TH | \$32 |

AQUATICS - LEVEL 6

Skills taught in Level 6 include: building endurance in front crawl, back crawl, breaststroke, and sidestroke.

| | | | | | |
|-------|----------|-----------|-------------|------|------|
| 38359 | 6-12 Yrs | 6/15-6/25 | 9-9:25 a.m. | M-TH | \$32 |
|-------|----------|-----------|-------------|------|------|

Leeway Sailing Center offers lessons in kayaking and sailing.

ALL CLASSES REQUIRE REGISTRATION ONLINE OR AT THE PARKS, RECREATION AND MARINE REGISTRATION OFFICE. REGISTRATION IS NOT ACCEPTED AT THE FACILITY.

LITTLE LEEWHALERS 6-8 yrs

For boating beginners! Participants will learn the basics of canoeing, kayaking, sailing and beach safety in a fun, safe environment. Register early, space is limited.

| | | | | |
|-------|-----------|-----------|-----|-------|
| 38922 | 6/15-6/26 | 9-11 a.m. | M-F | \$110 |
| 38923 | 6/29-7/10 | 9-11 a.m. | M-F | \$110 |
| 38924 | 7/13-7/24 | 9-11 a.m. | M-F | \$110 |
| 38925 | 7/27-8/07 | 9-11 a.m. | M-F | \$110 |
| 38926 | 8/10-8/21 | 9-11 a.m. | M-F | \$110 |

BEGINNING SABOT SAILING (8' BOATS) 8 yrs & up

A beginning sailing class designed to introduce children to the exciting sport of dinghy sailing. No previous experience is necessary.

| | | | | |
|-------|-----------|----------------|-----|-------|
| 38885 | 6/6-6/27 | 9 a.m.-noon | Sa | \$120 |
| 38886 | 7/11-8/1 | 9 a.m.-12 p.m. | Sa | \$120 |
| 38887 | 8/8-8/29 | 9 a.m.-12 p.m. | Sa | \$120 |
| 38888 | 6/15-6/26 | 9-11 a.m. | M-F | \$195 |
| 38889 | 6/29-7/10 | 9-11 a.m. | M-F | \$195 |
| 38890 | 7/13-7/24 | 9-11 a.m. | M-F | \$195 |
| 38891 | 7/27-8/07 | 9-11 a.m. | M-F | \$195 |
| 38892 | 8/10-8/21 | 9-11 a.m. | M-F | \$195 |



INTERMEDIATE SABOT SAILING (8' BOATS) 8yrs & up

An intermediate class for sailors that have completed Beginning Sabot. This class focuses on boat handling skills and beginning tactics.

| | | | | |
|-------|-----------|----------------------|-----|-------|
| 38902 | 6/15-6/26 | 11:30 a.m.-1:30 p.m. | M-F | \$195 |
| 38903 | 6/29-7/10 | 11:30 a.m.-1:30 p.m. | M-F | \$195 |
| 38904 | 7/13-7/24 | 11:30 a.m.-1:30 p.m. | M-F | \$195 |
| 38905 | 7/27-8/07 | 11:30 a.m.-1:30 p.m. | M-F | \$195 |
| 38906 | 8/10-8/21 | 11:30 a.m.-1:30 p.m. | M-F | \$195 |

SABOT RACE TEAM (8' BOATS) 8yrs & up

This four-week course is designed for Sabot students that would like to learn racing strategy, tactics, and advanced boat handling skills. Participants should bring water and snacks and must have instructors approval.

| | | | | |
|-------|-------------|-------------|-----|-------|
| 38927 | 6/22 - 7/17 | 1:30-4 p.m. | M-F | \$210 |
| 38928 | 7/20 - 8/14 | 1:30-4 p.m. | M-F | \$210 |

BEGINNING CAPRI SAILING (14' BOATS) 13yrs & up

A beginning sailing class designed to introduce adult students to the exciting sport of dinghy sailing.

| | | | | |
|-------|-----------|-------------|----|-------|
| 38879 | 6/6-6/27 | 9 a.m.-noon | Sa | \$120 |
| 38880 | 7/11-8/01 | 9 a.m.-noon | Sa | \$120 |
| 38881 | 8/8-8/29 | 9 a.m.-noon | Sa | \$120 |
| 38882 | 6/7-6/28 | 9 a.m.-noon | Su | \$120 |
| 38883 | 7/12-8/02 | 9 a.m.-noon | Su | \$120 |
| 38884 | 8/9-8/30 | 9 a.m.-noon | Su | \$120 |

INTERMEDIATE CAPRI SAILING (14' BOATS) 13yrs & up

For sailors who have completed our Beginning Capri class. Learn advanced sailing skills such as solo sailing, backwinding, basic racing, tiller extensions and controlled jibes.

| | | | | |
|-------|-----------|-----------------|----|-------|
| 38899 | 6/7-6/28 | 12:30-3:30 p.m. | Su | \$120 |
| 38900 | 7/12-8/02 | 12:30-3:30 p.m. | Su | \$120 |
| 38901 | 8/9-8/30 | 12:30-3:30 p.m. | Su | \$120 |

KEELBOAT CLASS 13yrs & up

A class for those with sailing experience. Participants must have Intermediate Capri certification and/or skills needed for sailing on a Keelboat.

| | | | | |
|-------|-----------|----------------|----|-------|
| 33124 | 6/7-6/28 | 10 a.m.-2 p.m. | Su | \$133 |
| 33125 | 7/12-8/02 | 10 a.m.-2 p.m. | Su | \$133 |
| 33126 | 8/9-8/30 | 10 a.m.-2 p.m. | Su | \$133 |

BEGINNING BAY KAYAKING 10 yrs & up

Learn basic kayaking and safety procedures. Bring a bathing suit and towel, as you will get wet! An adult must accompany children under 12 years of age.

| | | | | |
|-------|-----------|-----------|----|------|
| 33112 | 6/6-6/13 | 9-11 a.m. | Sa | \$49 |
| 33113 | 6/20-6/27 | 9-11 a.m. | Sa | \$49 |
| 33114 | 7/11-7/18 | 9-11 a.m. | Sa | \$49 |
| 33115 | 7/25-8/1 | 9-11 a.m. | Sa | \$49 |
| 33116 | 8/8-8/15 | 9-11 a.m. | Sa | \$49 |
| 33117 | 8/22-8/29 | 9-11 a.m. | Sa | \$49 |
| 33118 | 6/11-6/18 | 6-8 p.m. | Th | \$49 |
| 33119 | 6/25-7/02 | 6-8 p.m. | Th | \$49 |
| 33120 | 7/9-7/16 | 6-8 p.m. | Th | \$49 |
| 33121 | 7/23-7/30 | 6-8 p.m. | Th | \$49 |
| 33122 | 8/6-8/13 | 6-8 p.m. | Th | \$49 |
| 33123 | 8/20-8/27 | 6-8 p.m. | Th | \$49 |



INTERMEDIATE BAY KAYAKING 10 yrs & up

Review and refine skills. Involves lots of on-water time to practice with kayak skirts and introduces ocean kayaking. Bring a bathing suit and towel, as everyone will get wet! An adult must accompany children under 12 years of age.

| | | | | |
|-------|-----------|----------------------|----|------|
| 33098 | 6/6-6/13 | 11:30 a.m.-1:30 p.m. | Sa | \$49 |
| 33099 | 6/20-6/27 | 11:30 a.m.-1:30 p.m. | Sa | \$49 |
| 33100 | 7/11-7/18 | 11:30 a.m.-1:30 p.m. | Sa | \$49 |
| 33101 | 7/25-8/1 | 11:30 a.m.-1:30 p.m. | Sa | \$49 |
| 33102 | 8/8-8/15 | 11:30 a.m.-1:30 p.m. | Sa | \$49 |
| 33103 | 8/22-8/29 | 11:30 a.m.-1:30 p.m. | Sa | \$49 |

PRIVATE LESSONS

Private and semi-private lessons in sailing, kayaking, and canoeing are available. Call Leeway Sailing Center at (562) 570-1719 for more information.

SAIL CLUB

A rental program offered on Saturdays from noon-5 p.m. year-round and Thursdays 5 p.m.-Dusk June 18-August 27. All participants must have successfully completed a course conducted by Leeway Sailing Center or must pass a skills check conducted by Leeway staff prior to renting equipment. A skills check may be scheduled by calling the Sailing Center at (562) 570-1719 at least one week in advance. The skills check fee is \$95 per person.

Rental rates are as follows:
Capri & Sabots: \$17/hour