

# CITY OF LONG BEACH

**C-6** 

DEPARTMENT OF HEALTH AND HUMAN SERVICES

2525 GRAND AVENUE • LONG BEACH, CALIFORNIA 90815 • (562) 570-4000 • FAX: (562) 570-4049

October 18, 2016

HONORABLE MAYOR AND CITY COUNCIL City of Long Beach California

### **RECOMMENDATION:**

Authorize the City Manager, or designee, to execute a sub-award agreement and any subsequent amendments, with the California State University Long Beach Research Foundation, for the Familias Unidas (United Families): Pre-Diabetes Diagnosis and Treatment Project, in an amount not to exceed \$4,775, for the period of May 1, 2016 through April 30, 2017 (Districts 1, 2)

## DISCUSSION

Diabetes is a chronic disease that can cause serious health complications, including blindness, kidney failure, and heart disease. Diabetes is among the top five causes of death in the City. Mostly impacting minority groups, the percentage of adults diagnosed with diabetes, sugar diabetes or borderline/pre-diabetes in Long Beach by zip code ranges from 15 percent to 24 percent (Community Health Assessment, 2013). The 90813 zip code has the highest rate at 24.3 percent of the adult population receiving either a diabetes or pre-diabetes diagnosis.

On June 9, 2015, the City Council authorized an agreement with the Colorado Foundation for Public Health and the Environment to accept funding in the amount of \$15,000 for the period of May 1, 2015 through February 1, 2016 to support the planning and development of a patient-centered, community-informed proposal to address a health research question on the topic of prediabetes prevention, diagnosis and treatment methods among low-income Latino patients and their families.

For year two of the project, the California State University Long Beach Research Foundation (CSULBRF), as the lead agency, is awarding the Health and Human Services Department (Health Department) funding in the amount of \$4,775 to continue work on the Familias Unidas: Pre-Diabetes Diagnosis and Treatment Project (Project). The primary agreement is between the CSULBRF and the Colorado Foundation for Public Health and the Environment and, therefore, a sub-award agreement is required between the CSULBRF and the Health Department.

The Project is based on a partnership between the Health Department, the National Council of La Raza/CSULB Center for Latino Community Health, St. Mary's Medical Center, and The Children's Clinic. The partnership explores how best to address prediabetes diagnosis and treatment to reduce or delay the onset of diabetes among low-income Latino communities. This is a continuation of a research planning grant aimed at establishing a community advisory board and address a health research question on the topic of pre-diabetes prevention, diagnosis, and treatment among low-income Latino families.

This matter was reviewed by Deputy City Attorney Linda T. Vu on September 23, 2016 and by Budget Analysis Officer Rhutu Amin Gharib on September 28, 2016.

# TIMING CONSIDERATIONS

City Council action on this item is requested on October 18, 2016, to accept funding and continue program operations to meet required objectives.

## FISCAL IMPACT

The total amount of the sub-award agreement will not exceed \$4,775 for the grant period of May 1, 2016 through April 30, 2017. Sufficient funds are currently budgeted in the Health Fund (SR 130) in the Health and Human Services Department (HE). No match or in-kind service mandate is required, and there is no local job impact associated with this recommendation.

#### SUGGESTED ACTION:

Approve recommendation.

Respectfully submitted,

KELLY COLOPY

DIRECTOR

HEALTH AND HUMAN SERVICES

APPROVED:

PATRICK H. WEST