



# CITY OF LONG BEACH **C-13**

DEPARTMENT OF HEALTH AND HUMAN SERVICES

2525 GRAND AVENUE • LONG BEACH, CALIFORNIA 90815 • (562) 570-4000 • FAX: (562) 570-4049

August 19, 2008

HONORABLE MAYOR AND CITY COUNCIL  
City of Long Beach  
California

## RECOMMENDATION:

Authorize the City Manager to execute a subcontract agreement with South Bay Center for Counseling for Family Support Program activities/services for the period from July 1, 2008 through June 30, 2009, in an amount not to exceed \$32,000; and authorize the City Manager to execute any amendments changing the amounts of the subcontract or extending the subcontract term. (Citywide)

## DISCUSSION

Family Support Collaborative was initiated by Los Angeles Department of Children and Family Services to collaborate with its community partners to enhance the capacity of the health services system to improve the lives of children and families. Family Support is a community services program built on the principle of family empowerment, a commitment to capacity building for local communities, and the belief that families are better served when they can easily access needed services in their own communities. Within each of the County's eight Service Planning Areas (SPAs), a lead agency was awarded a contract to manage the Family Support Program.

South Bay Center for Counseling (SBCC) was awarded the Family Support Program grant through the Los Angeles Department of Children and Family Services in 1996 as the lead agency in SPA 8.

Since 1997, the Department of Health and Human Services (Health Department) has provided services under the Family Support Program. The program is funded by the Los Angeles County Department of Children and Family Services, through SBCC, which acts as a lead agency for the Family Support Program in SPA 8.

Under the Family Support subcontract, the Health Department provides Structured Parent-Child and or/Family-Centered Activities to promote enriched activities for at-risk families. The program helps improve relationships between parents, children and families. Activities include family dinner nights, self-esteem building activities, parent-child trips to sporting and cultural events, and community holiday parties. Activities are designed to teach families how to spend quality time together, facilitate positive family interactions as well as how to interact with the community. Services are provided in

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cooperation with other City departments and community-based organizations. The target service area for the Family Support Program is the entire City of Long Beach. Last fiscal year, the program served 413 children and 182 adults.

This matter was reviewed by Deputy City Attorney Linda Trang on August 4, 2008 and by Budget Management Officer Victoria Bell on August 1, 2008.

TIMING CONSIDERATIONS

City Council action is requested on August 19, 2008, as the Health Department has been providing services under the agreement since July 1, 2008 but cannot recover costs from SBCC until the subcontract is approved.

FISCAL IMPACT

The amount of the subcontract is \$32,000 from July 1, 2008 through June 30, 2009. All revenue from reimbursements through this program will be deposited in the Health Fund (SR 130) and in the Department of Health and Human Services (HE). Sufficient funds have been appropriated for Fiscal Year 2008-2009 for this activity.

SUGGESTED ACTION:

Approve the recommendation.

Respectfully submitted,



RONALD R. ARIAS  
DIRECTOR  
HEALTH AND HUMAN SERVICES

APPROVED:

  
PATRICK H. WEST  
CITY MANAGER