

RESOLUTION NO. RES-11-0015

A RESOLUTION OF THE CITY COUNCIL OF THE
CITY OF LONG BEACH DECLARING FRIDAY, FEBRUARY
4, 2011 AS "GO RED FOR WOMEN DAY"

WHEREAS, diseases of the heart are the nation's leading cause of death,
and stroke is the fourth leading cause of death in the United States; and

WHEREAS, each year, cardiovascular diseases claim the lives of almost
421,000 American females, about one death per minute; and

WHEREAS, each year, 52 percent of all cardiovascular disease deaths
occur in females, and 60 percent of all stroke death victims are females; and

WHEREAS, in 2010, the direct and indirect cost of cardiovascular diseases
in the United States, including stroke, was estimated to be \$503.2 billion; and

WHEREAS, more women die of heart disease, stroke, and all other
cardiovascular diseases than the next four leading causes of death combined, including
all cancers, yet only 16 percent of women surveyed in 2009 consider cardiovascular
disease their greatest health risk; and

WHEREAS, February is designated as American Heart Month, and "Go
Red For Women" is the American Heart Association's national call to increase awareness
about the leading cause of death for women, heart disease, and to inspire women to take
charge of their heart health; and

WHEREAS, all women should learn their own personal risk for heart
disease, using tools such as the American Heart Association's My Life Check, Go Red
For Women Heart CheckUp, and Go Red for Women Better U, and by talking to their
health care provider; and

WHEREAS, in recognition of the importance of the ongoing fight against
heart disease and stroke, Friday, February 4, 2011, is declared "Go Red For Women

OFFICE OF THE CITY ATTORNEY
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333 West Ocean Boulevard, 11th Floor
Long Beach, CA 90802-4664

1 Day”;

2 NOW, THEREFORE, the City Council of the City of Long Beach resolves as
3 follows:

4 Section 1. The City Council of the City of Long Beach formally declares
5 February 4, 2011 as “Go Red For Women Day.”

6 Section 2. This resolution shall take effect immediately upon its adoption
7 by the City Council, and the City Clerk shall certify the vote adopting this resolution.

8 I hereby certify that the foregoing resolution was adopted by the City
9 Council of the City of Long Beach at its meeting of February 8, 2011 by the
10 following vote:

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12 Ayes: Councilmembers: Garcia, Lowenthal, DeLong, O'Donnell,
13 Schipske, Andrews, Johnson, Gabelich,
14 Neal.

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16 Noes: Councilmembers: None.

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18 Absent: Councilmembers: None.

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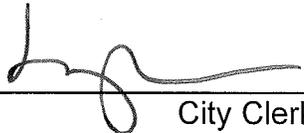
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City Clerk