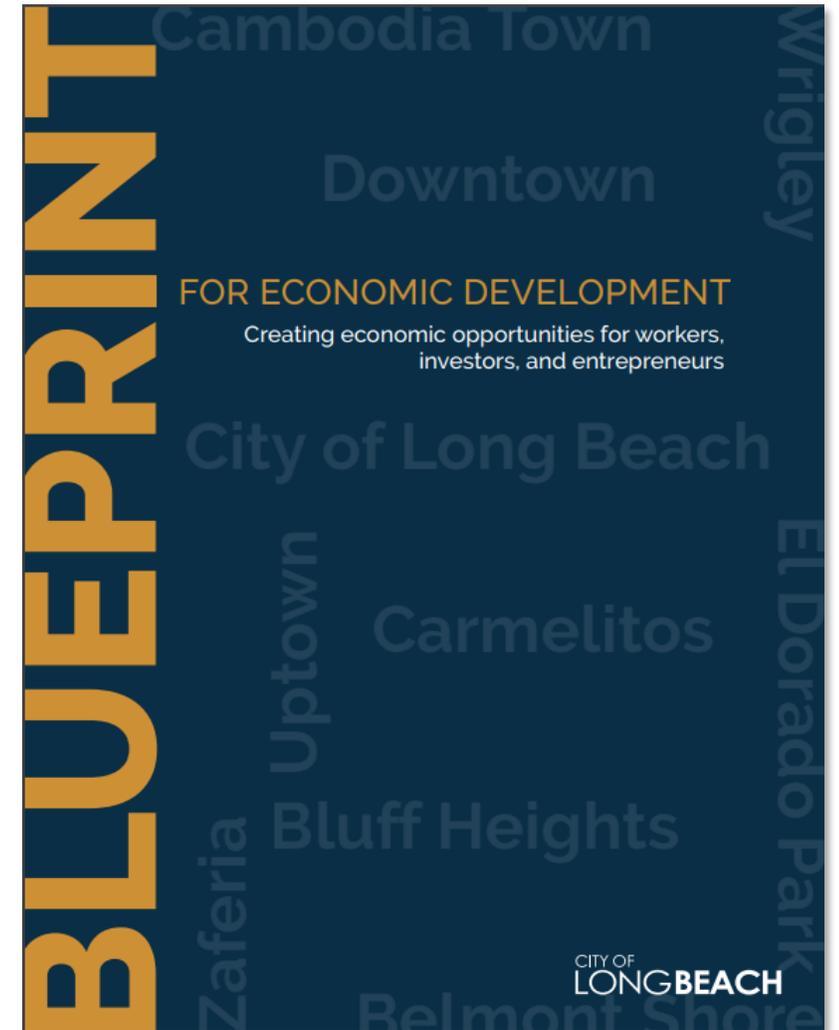




Economic Development Blueprint Quality of Life Focus Area

Tuesday, May 28, 2019

Quality of Life

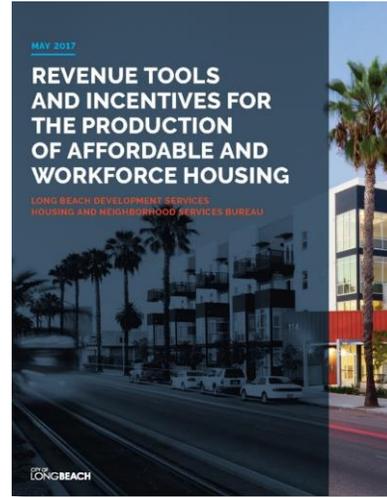


Objectives

- Increase investment in strategies that enhance public safety in all areas of Long Beach.
- Increase access to workforce housing at all market levels.
- Increase active transportation and public transportation options across all areas of Long Beach.
- Increase the percentage of children and adults with health insurance.
- Increase public parkland per 1,000 people with an emphasis on “park poor” areas.
- Increase the share of Long Beach residents working in Long Beach.
- Increase investment in the arts

Blueprint Update Summary

- Affordable Housing
- Housing Production
- Tenant Assistance
- Mental Health America
- Bridge Housing
- Community Hospital
- Art Exchange
- Campus for Homeless Services
- Homeless Property Storage
- Alamitos Bay Parking



Bridge Housing / The Children's Clinic





The Children's Clinic,
Serving Children & Their Families



Cambodia Town Neighborhood Project

**A COMMUNITY DEVELOPMENT PROJECT BY TCC FAMILY HEALTH
AND BRIDGE HOUSING**

Maria Chandler, MD, MBA

Chief Medical Officer and Pediatrician

Clinical Professor of Pediatrics, University of California Irvine

May 28, 2019

About The Children's Clinic, Serving Children & Their Families (Soon to be renamed: TCC Family Health)

- A not for profit health center system founded **80 years ago**.
- A network of **14 community and school-based health centers** including a mobile clinic serving all ages throughout Long Beach.
- Serves as patient centered medical home for approximately **40,000** patients through almost **140,000** visits every year.
- Employs **400** (333 FTEs) staff
- With over 80 new employment opportunities in the next year



New TCC Family Health & Wellness Center Located at Anaheim & Walnut

TCC expects to serve 9,000 patients annually in the new Center, with 28,800 medical visits and 9,600 social service visits.



Key Community Benefits

- **Improve** physical and emotional health for patients of all ages in the surrounding community
- **Create** employment opportunities
- **Serve** as an economic engine for local businesses
- **Educate** and empower patients to take charge of their own wellness
- **Promote** intergenerational healing
- **Promote** cross-cultural learning and understanding
- **Prevent** social isolation and build community
- **Counter** soaring housing costs due to gentrification
- **Participate** in creating a hub for Cambodian cultural activity and support



New TCC Family Health & Wellness Center Located at Anaheim & Walnut

- 18,331 sq. ft. health and wellness centers
- Serving all ages with staff reflective of the community
- 88 units of housing to all ages by BRIDGE Housing



New TCC Family Health & Wellness Center Located at Anaheim & Walnut

Health Services

- Full Scope Pediatrics*
- Full Scope Adult Care*
- Women's Health
 - Obstetrics/Gynecology
 - Prenatal Care
 - Family Planning
- Integrated Behavioral Health
- Pharmacy with education and medication management
- Chiropractor /Acupuncture
- Oral Health
- Walk-In Immunizations
- Health Education & Outreach
- Enrollment Services



**including Asthma, Diabetes, Depression, Obesity Management*



New TCC Family Health & Wellness Center Located at Anaheim & Walnut

Wellness Center Services

Intergenerational Family Activities

- Yoga
- Tai Chi
- Zumba
- Gentle Stretch

Intergenerational Family Classes

- Fall Prevention
- Sewing
- Art classes
- Handcrafts
- Container Gardening

Khmer Girls in Action Classes

- Teen Classes and art
- Writing/Journaling
- Computer/AV area

Food/Nutrition Education

- Healthy Cooking
- Multicultural classes-cooking, nutrition
- Intergenerational Cooking Classes

- Eligibility Screening & Enrollment
- Cal Fresh
- Health insurance programs
- Other health/wellness programs
- Mental Health-Intergenerational communication
- Parenting
- Stress Free for Good
- How to recognize and address substance abuse
- Infant Massage
- Mindfulness



New TCC Family Health & Wellness Center Located at Anaheim & Walnut

For more information or to provide input, please contact:

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Elisa A. Nicholas, MD, MSPH, Chief Executive Officer at
562-264-3551 or email enicholas@thechildrensclinic.org



Quality of Life - Agenda

- Health and Equity
- Climate Action and Adaptation Plan
- Green Business Certification and Recognition Program
- Livability Initiative



CITY OF LONG BEACH

CAAP

Climate Action & Adaptation Plan

LB CLIMATEFEST

SAVE THE DATE
SATURDAY, JUNE 1, 2019
10 A.M. — 1 P.M.

FREE!

food, music, community resources,
fun activities, games, and giveaways!



GREEN

**CALIFORNIA
GREEN BUSINESS
NETWORK**

LONG BEACH



Questions

- Affordable Housing
- Housing Production
- Tenant Assistance
- Mental Health America
- Bridge Housing
- Community Hospital
- Art Exchange
- Campus for Homeless Services
- Homeless Property Storage
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