



# CITY OF LONG BEACH

DEPARTMENT OF PARKS, RECREATION & MARINE



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[www.LBParks.org](http://www.LBParks.org)

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**best in the nation**

March 22, 2018

MEMBERS OF THE PARKS AND RECREATION COMMISSION  
 City of Long Beach  
 California

## RECOMMENDATION:

Recommend to the City Manager the approval of installation of fitness equipment as an improvement for public recreation at DeForest Park and Ramona Park, which meets a recreational need within the City. (District 9)

## DISCUSSION

A Fitness Station is a series of self-use pieces of fitness or activity equipment designed to allow users the opportunity to engage in healthy physical activity free of charge. The City of Long Beach, through its Department of Health and Human Services and Department of Parks, Recreation and Marine (Department) has encouraged the installation of Fitness Stations in parks throughout the City. DeForest Park, located at 6225 DeForest Avenue, and Ramona Park, located at 3301 E. 65<sup>th</sup> Street, have been identified as locations where Fitness Stations would benefit the surrounding community and these locations are consistent with the City's pedestrian and community health plans and policies.

The DeForest Park and Ramona Park Fitness Station projects are the result of 9<sup>th</sup> District infrastructure funding of \$180,000. The DeForest Park project proposes one (1) large Fitness Station with multiple pieces of fitness equipment adjacent to the playground. The Ramona Park project proposes up to four (4) Fitness Stations throughout the park with stretching signage placed on existing light poles to create a fitness loop around the park. The proposed Fitness Station project locations are included as Attachment 1.

The final designs will specify the exact locations of the Fitness Stations as well as the number and pieces of equipment and their configurations. In each project, fitness equipment accessible to users in wheelchairs will be selected and incorporated into the eventual stations.

The Parks and Recreation Commission (Commission) recommends to the City Manager plans for the development, beautification and maintenance of public-park and recreational areas, so Commission support of the proposed improvements is requested.

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FISCAL IMPACT

The construction budget for the Ramona Fitness Loop is \$100,000 while the DeForest Fitness equipment is \$80,000; both are from infrastructure "Divide-by-Nine" funds from District 9. Funds are budgeted in the Capital Projects Fund (CP) in the Public Works Department (PW). There will be ongoing costs related to maintenance, which will be requested by the Department during the FY19 budget process.

SUGGESTED ACTION:

Approve recommendation.

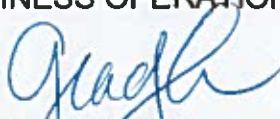
Respectfully Submitted,



LESLIE UNTENER  
INTERIM MANAGER  
BUSINESS OPERATIONS

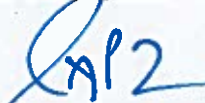


HURLEY OWENS  
MANAGER  
MAINTENACNE OPERATIONS BUREAU



GLADYS KAISER  
MANAGER  
COMMUNITY RECREATION SERVICES

APPROVED:



STEPHEN P. SCOTT  
INTERIM DIRECTOR

SS:LU:HO:GK:MR:dr

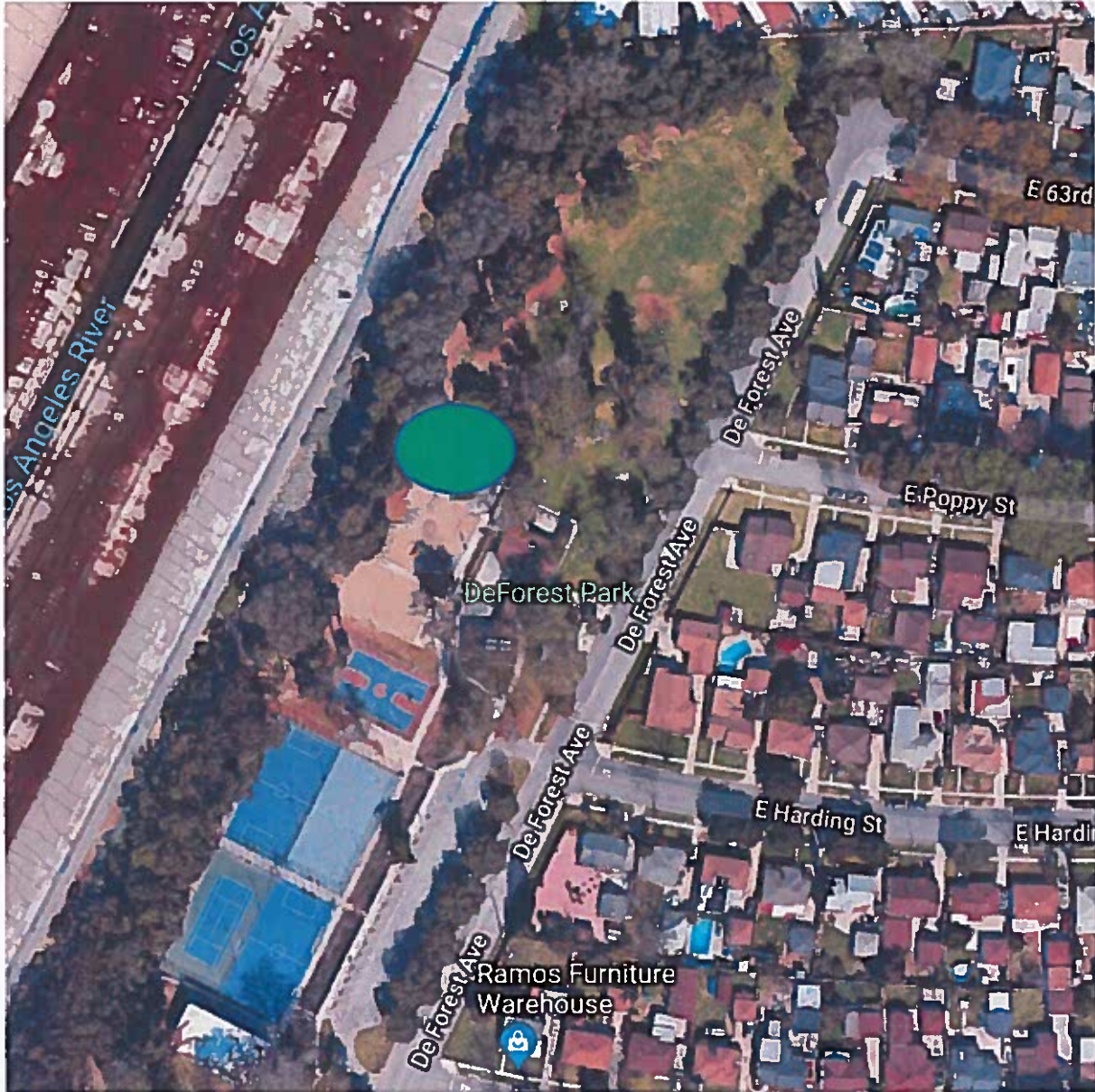
ATT: Proposed Fitness Loops at Deforest Park and Ramona Parks

**RAMONA PARK  
PROPOSED FITNESS LOOP**



Proposed general fitness station locations at Ramona Park  
*(Final locations and equipment configurations to be determined as part of design process)*

**DEFOREST PARK  
PROPOSED FITNESS LOOP**



Proposed general fitness station location at DeForest Park  
(Final location and equipment configuration to be determined as  
part of design process)