

**AMENDMENT NUMBER FIVE
FAMILY SUPPORT PROGRAM ACTIVITIES/SERVICES**

31035

This Amendment Number Five ("Amendment") to the Family Support Program Activities/Services Contract ("Contract"), is made and entered into by and between South Bay Center for Counseling, ("CONTRACTOR") and City of Long Beach, ("SUBCONTRACTOR") for administration of Family Support services on this 1st day of January 2014.

WHEREAS, COUNTY and CONTRACTOR are parties to the Contract and CONTRACTOR has been providing Family Support services to the COUNTY; and

NOW, THEREFORE, in consideration of the foregoing and mutual consent herein contained, CONTRACTOR and SUBCONTRACTOR hereby agree to amend the Contract as follows:

1. Section 2.0 TERM, is added to read as follows:

The term of the Contract shall be extended for an additional six months, effective January 1, 2014 through June 30, 2014, unless terminated earlier as provided herein.

Section 2.3 TERM, is added to read as follows:

"SUBCONTRACTOR will make referrals of families and individuals to the South Bay Center for Community Development (SBCC) Intake/Assessment Case Manager for program intake and assessment. Families and individuals may also be referred by other program partners, DCFS, or directly through SBCC. The SBCC Case Manager will bear final responsibility for determining which referred families and individuals are appropriate candidates for services through the Family Support program. The Case Manager will collaborate with these families and individuals to develop a Family Strengthening Plan that will include an array of supportive services provided by FS partners, possibly including the SUBCONTRACTOR. SUBCONTRACTOR will collaborate with the SBCC Family Coach to assure the continuum of services that support the Family Support program model. SBCC Family Coach will provide but not limited to weekly support to families, community referrals, consult with partner agencies, and follow up to assess if changes or adjustments are necessary to the Family Strengthening Plan.

2. Section 3.2 is amended, in its entirety, to read as follows:
CONTRACTOR shall compensate the SUBCONTRACTOR a total maximum Contract sum not to exceed FIFTY-FOUR THOUSAND DOLLARS AND ZERO CENTS (\$54,000.00) for the term of this Subcontract to provide the service designated in

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Section 3.3 of this Subcontract for the following Fiscal Year ("FY"):
Parent Child Focused Activities

FY (July 1, 2012-June 30, 2013)	\$27,000
FY (July 1, 2013 – December 31, 2013)	\$13,500
FY (January 1, 2014-June 30, 2014)	\$13,500

SUBCONTRACTOR shall invoice CONTRACTOR monthly in arrears for services provided. Seventy-five percent (75%) of funds shall be expended by February 28, 2014. Should seventy-five percent (75%) of funds not be expended, SUBCONTRACTOR shall submit, in writing, a Program Plan (including activity timeline and projected expenditures) to CONTRACTOR and the same must be approved by the Program Director or contract funds will be subject to reallocation. CONTRACTOR shall compensate SUBCONTRACTOR by check within sixty (60) days of receipt and approval of monthly invoice.

4. Section 3.3 is amended, in its entirety, to read as follows:

In compliance with all terms and condition of the Subcontract, SUBCONTRACTOR shall provide those services specified in that certain "Form Contract By and Between the County of Los Angeles Department of Children and Family Services and South Bay Center for Counseling, Contractor for Family Support Services" and detailed in the "South Bay Center for Counseling Family Support Program 2012-2014 Logic Model, attached hereto as Exhibit "A" and incorporated herein by this reference.

5. Section 3.7 is amended, in its entirety, to read as follows:

CONTRACTOR shall hold final contract payment until such time that all required reports, evaluation surveys, evaluation forms and invoices with supporting documentation are submitted and approved by South Bay Center for Counseling (SBCC).

6. Section 3.8 is amended, in its entirety, to read as follows:

CONTRACTOR reserves the right to re-distribute the unspent portion of the SUBCONTRACTOR'S contract sum before the expiration of the Subcontract, as amended, or when it is evident that SUBCONTRACTOR is not delivering the services/activities as per the "Logic Model" attached hereto as Exhibit A and incorporated herein by this reference.

EXHIBIT A

FAMILY SUPPORT LOGIC MODEL

Name of Agency: City of Long Beach Center for Families and Youth

Fiscal Year: January 1, 2014-June 30, 2014

INPUTS/RESOURCES	ACTIVITIES	OUTPUTS	OUTCOMES
<p>Referred at risk families</p> <p>Agency to provide staff to facilitate specific workshops, coordinate workshop series, manage, track FS program required documents and reports. Maintain communication with families to encourage continued participation throughout series.</p> <p>Provide skilled facilitator for specific workshops and or utilize SBCC and other community partners as co-presenters to leverage cost.</p> <p>Agency provides facility, volunteers, incentives, certificates, refreshments, and materials.</p> <p>Agency to utilize and manage allocated grants funds effectively from SBCC for Family Support Program July 1, 2012-December 31, 2013 fiscal year in the amount of \$40,500.</p>	<p>Provide Strengthening Families Workshops Series I. These workshops will focus on Child Developmental Milestones, which will include parent-child activities for: Cognitive Milestones, Language Milestones, Social/Emotional Milestones, and Physical Milestones.</p> <p>Contacts referred participants, announce workshop series on flyers through email blast, mail and or posting on community boards, lobbies and present at resource fairs.</p> <p>Collaboration with SBCC Intake/Assessment Case Manager will be provided to identify referrals on an as needed basis and depending on the needs and goals of each family.</p>	<p>Engage referred teen parents with children ages 0 to 12 months within the SPA 8 community that are identified as at risk families. To have them participate and complete a minimum of 4 out of the 4 workshop series.</p> <p>Families will attend 4-Strengthening Families Workshops, once per week, 2 hours per week offered in English: May 2014</p> <p>Workshops include: Instruction, materials, structured interactive parent-child/or family centered activities, incentives and a light meal.</p> <p>It is projected that 8-10 unduplicated families will be served (8-10 teen parents and 8-10 Infants/children).</p> <p>Strengthening Families Series I Workshops: Teen Parents (13-18) Series</p> <p>"Infant Developmental Milestones" *Cognitive Milestones *Language Milestones *Social/Emotional Milestones *Physical Milestones</p>	<p>Increase attachment and bonding for at risk families.</p>

Provide Strengthening Families Workshop Series II, III, and or IV These workshops will focus on positive communication between parents and youth, parents as role models, self identity and self expression, tools to develop healthy relationships between parents and youth as well as with teen peers, physical and mental well being.

Contacts referred participants, announce workshop series on flyers through email blast, mail and or posting on community boards, lobbies, and present at resource fairs.

Collaboration with SBCC Intake/Assessment Case Manager will be provided to identify referrals on an as needed basis and depending on the needs and goals of each family.

Each workshop will improve parent's knowledge of how and the reason their baby responds the way he or she does during this stage of their lives. Teen parents will improve their understanding of what their baby's basic needs are. As a result parent's will respond to their babies needs more appropriately, gain a sense of confidence to create healthier attachments and bonding between parent and child.

*Two Additional Sessions may be added on with a parent support/parent training component based on ages children.

***Completion of Series I**

Teen parents will receive certificates of completion and a incentive prize for completing workshop series.

Strengthening Families Series II Workshops:

Engage referred mothers with daughters ages 8 to 17 within the SPA 8 community that are identified as at risk families. To have them participate and complete a minimum of 50% of the workshop series.

Families will attend 6-Strengthening Families Workshops, once per week for 2 hours per session offered in English/Spanish separately: April 2014 (ages 13-17), OR (ages 8-12)

Workshops include: instruction, materials, structured interactive parent-child/or family centered activities, incentives and a light meal.

It is projected that 12-16 unduplicated families will be served in each Series II, and III (6-8 English Only and or 6-8 Spanish Only)

**Strengthening Families Series II Workshops:
Mothers and Daughters Series**

"Bridging the Gap Between Mothers and Daughters"

***Girl Talk: Lets get to know each other:**

Positive communication between mother and daughter (includes: guardian, relative, etc.)

***Building Self Confidence:**

Increase knowledge of self- identity and positive self- expression. Mother's insight on being positive role models.

***Finding Your SELF-Worth and what that means:**

Promote importance of deleting negative self worth, damage done to daughters by passing down negative emotions from mothers.

***REAL Love – Healthy Relationships:**

Skills for self- empowerment tools that equip mother/daughter's ability to choose and engage in healthy relationships.

***Living at 100%-Mental Health /**

Physical Health:

Improved knowledge of being mentally and physically fit, age appropriate sexual health

***Beauty: Self-Expression**

"Inner Beauty vs. Outer Beauty:

Discuss difference between inner and outer beauty and how to develop, and express healthy sense of inner beauty on the outside

***Completion Celebration-Series II**

Mother and daughter will receive certificates of participation and or completion of workshop series.

Increase attachment and bonding between mother and daughter participants

**Strengthening Families Series III
Workshops: Parents and Youth Series**

Engage referred parents with youth ages 8 to 17 within the SPA 8 community that are identified as at risk families. To have them participate and complete a minimum of 50% of the workshop series.

Families will attend 6-Strengthening Families Workshops, once per week for 2 hours per session offered in English/Spanish:
February-March (ages 8-12)

Workshops include: Instruction, materials, structured interactive parent-child/or family centered activities, incentives and a light meal.

It is projected that 12-16 unduplicated families will be served in each Series II, and III (6-8 English Only and or 6-8 Spanish Only)

**Strengthening Families Series III Workshops:
Parents and Youth Series:**

***Say No to Alcohol & Drugs**

Affects of alcohol and drug use on emotional health and family relationships.

***Effective Communication between
Parents and Youth**

Improve parent knowledge of children/youth developmental stages, reframing positive language for effective communication between parents and youth.

***Building Self Confidence:**

Increase knowledge of self- identity and positive self-expression. Mother's insight on being positive role models.

**Increase attachment
and bonding between
parents and youth
participants**

***Finding Your SELF-Worth and what that means:**

Promote importance of deleting negative self worth, damage done to daughters by passing down negative emotions from mothers.

***REAL Love – Building Healthy Relationships:**

Skills for self- empowerment tools that equip mother/daughter's ability to choose and engage in healthy relationships.

***Family Bonding Opportunity**

Family Game Night

Engage youth and parents in games building relationships. Building on skills of patience, praise, and ongoing positive family interactions.

***Completion Celebration-Series III**

Parents and youth will receive certificates of participation and or completion of workshop series.

**Strengthening Families Series IV
Workshops: Dad & Me Series
"Bridging the Gap Between Fathers and
Youth"**

Engage referred parents with youth ages 10 to 17 within the SPA 8 community that are identified as at risk families. To have them participate and complete a minimum of 50% of the workshop series.

Families will attend 4 Strengthening Families Workshops, once per week for 2 hours per session offered: Bilingual
June 2014 (ages 10-17)

Workshops include: Instruction, materials, structured interactive parent-child/or family centered activities, incentives and a light meal.

It is projected that 6-8 unduplicated families will be served in Series IV-Bilingual Session:

- *Lets Talk: Lets get to know each other:**
Positive communication between fathers and child/youth (includes: guardian, relative, etc.)
- *Building Self Confidence:**
Increase knowledge of self- identity and positive self-expression. Father's insight on being positive role models.
- *REAL Love – Building Healthy Relationships:**
Skills for self- empowerment tools that equip father/kids ability to choose and engage in healthy relationships.
- *Family Bonding /Family Game Night**
Engage youth and parents in games building relationships. Building on skills of patience, praise, and ongoing positive family interactions.
- *Completion Celebration-Series IV**
Fathers and youth will receive certificates of participation and or completion of workshops

**Increase attachment
and bonding between
fathers and youth
participants**