

**II. NUTRITIONAL HEALTH EVALUATION
Juvenile Halls, Special Purpose Juvenile Halls and Camps**

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 9. Food				
1460 Frequency of Serving				
Food is served three times in any 24-hour period.			X	
At least one meal includes hot food.			X	
If more than 14 hours passes between these meals, supplemental food is served.			X	
A nutritious snack is offered at initial intake.			X	
Supplemental food is served in less than the 14-hour period for minors on medical diets requiring more than three meals.			X	
A minimum of twenty minutes is allowed for the actual consumption of each meal except for those minors on medical diets where the responsible physician has prescribed additional time.			X	
Minors who miss or may miss a regularly scheduled facility meal, are provided with a beverage and a sandwich or a substitute meal.			X	Juveniles are typically held for 1-3 hours; therefore, a convenient snack is offered such as canned fruit, canned soup or a granola bar if they are hungry.
Minors on therapeutic diets are provided with their prescribed meal.			X	
1461 Minimum Diet (See regulations for equivalencies and serving requirements.)				
The minimum diet provides an average daily caloric allowance of 2,000 to 2,200 calories for girls 11-18 years of age and 2,500 to 3,000 calories for boys 11-18 years of age.			X	
Based on activity levels, additional servings from the milk, vegetable-fruit, and grain groups are provided in amounts that assure calorie requirements specified in the regulation.			X	
Total dietary fat does not exceed 30% of total calories on a weekly basis.			X	
Pregnant minors are provided with a supplemental snack.			X	
Facilities electing to provide vegetarian diets for any reason also conform to the Recommended Dietary Allowances (RDA) dietary guidelines.			X	
The minimum diet in every 24-hour period consists of the full number of servings specified from each of the food groups below. Snacks may be included as part of the minimum diet.			X	
Protein Group. The daily requirement is two servings. In addition, there is a third serving from the legumes three days a week.			X	
Milk Group. The daily requirement for milk or milk equivalents is 32 fluid ounces for persons 11-18 years of age, including pregnant and lactating women.			X	
A serving of milk provides at least 250 mg. of calcium.			X	
All milk products are pasteurized.			X	
All milk is fortified with 400 IU of Vitamin D and 2,000 IU of Vitamin A, per quart.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Designating and supervising kitchen personnel;			X	
Training facility staff in serving food to comply with sanitary standards set forth in HSC, Division 22, Chapter 4, Articles 1 - 8, § 114020;			X	
Training food service staff;			X	
Arranging to dispose of garbage and trash in a safe and sanitary manner;			X	
Preparing a yearly food budget;			X	
Planning logistical support system for the food preparation function;			X	
Implementing a food cost accounting system and inventories;			X	
Developing an emergency feeding plan;			X	
Maintaining and repairing food service equipment and appliances; and,				
Scheduling meal service.			X	
In juvenile facilities with an average daily population of less than 50 minors, the facility administrator has developed a written food services plan if a food services manager is not employed or available to do so.			X	

Summary of nutritional evaluation:

The annual inspection was completed on Monday December 20, 2004. The Juvenile Detention Center does not have an area for food preparation. It only has convenient snacks such as canned fruit, canned soup and granola bars. This type of nourishment is offered to detained juveniles (if they are hungry) until processed and released to parents or further prosecuted. Since they are held for less than six hours, the facility does not provide a hot or cold meal.

II. NUTRITIONAL HEALTH EVALUATION
Adult Type I, II, III and IV Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Food				
1240 Frequency of Serving	X			
Food is served three times in any 24-hour period.				
At least one meal includes hot food.	X			
If more than 14 hours passes between these meals, supplemental food is served.			X	Meals are served at 4:10am, 8:10am and 3:10pm.
Supplemental food is served in less than the 14-hour period for inmates on therapeutic diets requiring more than three meals.	X			The diabetic diet is the only therapeutic diet served at this facility. Inmates requiring any other therapeutic diets are sent out to the county hospital.
A minimum of fifteen minutes is allowed for the actual consumption of each meal except for those inmates on therapeutic diets where the responsible physician has prescribed additional time.	X			
Inmates who miss or may miss a regularly scheduled facility meal, are provided with a beverage and a sandwich or a substitute meal.	X			
Inmates on therapeutic diets who miss a regularly scheduled meal, are provided with their prescribed meal.	X			
1241 Minimum Diet (See regulation for equivalencies and serving requirements.)	X			Meals are temporarily being provided by the Long Beach Unified School District. The menu complies with the requirements for type II and III jail facilities.
The minimum diet in every 24-hour period consists of the full number of servings specified from each of the food groups below. Facilities electing to provide vegetarian diets for any reason also conform to the dietary guidelines.				
Protein Group. The daily requirement is three servings, each containing at least 14 grams of protein (see regulation for exception) to a total of 42 grams or more.	X			
There is an additional, fourth serving of legumes three days per week.	X			
Meats, poultry and fish are lean.		X		
Dairy Group. The daily requirement for milk or milk equivalents is 32 fluid ounces for persons 15-17 years of age and for pregnant and lactating women. The daily requirement is 16 fluid ounces for all other inmates.			X	No pregnant women or teens are kept at this facility.
A serving is equivalent to 8 fluid ounces of milk and provides at least 250 mg. of calcium.	X			
All milk is fortified with Vitamin A and D.	X			
Vegetable-Fruit Group. The daily requirement is at least five servings. At least one serving is from each of the following categories.				
One serving of a fresh fruit or vegetable.	X			
One serving of a Vitamin C source containing 30 mg. or more.	X			
One serving of a Vitamin A source containing 200 micrograms R.E. or more.	X			
Grain Group. The daily requirement is at least six servings. At least three servings from this group are made with whole or partial whole grain products.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Additional servings from the dairy, vegetable-fruit, and grain groups are provided in amounts to assure caloric supply is at the required levels. (See RDA for recommended caloric intakes.)	X			
Fat is added only in minimum amounts necessary to make the diet palatable; however, at least one-tablespoon fat and/or oil is provided daily.	X			
A variety of food is served.	X			
1242 Menus (Applicable in Type II and III facilities and in those Type IV facilities where food is served.) Menus are planned at least one month in advance of their use, where kitchen facilities are a part of the facility. Menus are planned to provide a variety of foods, thus preventing repetitive meals.			X	Menus are developed by the Long Beach Unified School District.
A registered dietitian approves cycle menus before they are used.			X	
If any meal served varies from the planned menu, the change is noted in writing on the menu and/or production sheet.			X	
A registered dietitian evaluates menus, as planned and including changes, at least annually.			X	
1243 Food Manager In Type II and III facilities with an average daily population of 100 or more, a trained and experienced food service manager is employed or available to prepare and implement a food services plan that includes:	X		X	The Jail Administrator and two full-time Institutional Cooks.
Developing procedures for actual meal service;	X			
Planning menus;	X			
Identifying vendors and purchasing food;	X			
Identifying the methods, equipment and supplies to be used for transporting and serving food at safe temperatures and of palatable quality;	X			
Implementing a portion control system;	X			
Designating and supervising kitchen personnel;	X			
Training facility staff in serving food to comply with sanitary standards set forth in Health and Safety Code, Division 104 Part 7, Chapter 4, Articles 1-8, Sections 113700 et seq. California Uniform Retail Food Facilities Law;	X			
Training food service staff and inmates;	X			
Arranging to dispose of garbage and trash in a safe and sanitary manner;	X			
Preparing a yearly food budget;	X			
Planning a logistical support system for the food preparation function;	X			
Implementing a food cost accounting system and inventories;	X			
Developing an emergency feeding plan; and,	X			
Maintaining and repairing food service equipment and appliances.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
In facilities of less than 100 average daily population and in Temporary Holding, Type I and Type IV facilities, there is a written food service plan that addresses the applicable elements listed above. The plan is updated as necessary and is available for review in the facility.			X	
1247 Disciplinary Isolation Diet No inmate receiving a prescribed therapeutic diet is placed on a disciplinary isolation diet without review by the responsible physician or pursuant to a plan approved by the physician.			X	
The disciplinary isolation diet is an exception to the three-meal-a-day standard and is served twice in each 24-hour period. Each serving consists of one-half of the loaf (or a minimum of 19 ounces cooked loaf) described in the regulation or, if approved by the Board of Corrections, another equally nutritious diet. Additionally the inmate receives two slices of whole wheat bread and at least one quart of drinking water, if the cell does not have a water supply.			X	
The disciplinary isolation diet is not continued longer than 72 hours without the written approval of the facility manager.			X	
1248 Therapeutic Diets Only the attending physician can prescribe a therapeutic diet.	X			
Therapeutic diets utilized by a facility are planned, prepared and served with consultation from a registered dietitian.		X		Physician orders the diet and nurse is consulted for appropriate substitutions for the meal/snack.
The facility manager complies with providing any therapeutic diet prescribed for an inmate.		X		Only offer diabetic diet.
There is a therapeutic diet manual that includes sample menus. It is available to in-facility medical personnel and food service staff for reference and information.		X		
A registered dietitian reviews, and the responsible physician approves, the diet manual on an annual basis.		X		

Summary of nutritional evaluation:

The annual jail inspection was conducted on Monday December 20th, 2004. The meals for this facility are temporarily being provided by the Long Beach Unified School District. The menu complies with the requirements for type II and III jail facilities. No food preparation occurs on site. Hot meals are transported to the facility in a warmer. Cold foods are kept in the refrigerator/freezer. The only therapeutic diet offered at this facility is a diabetic diet. Inmates requiring any other therapeutic diet are sent out to the county hospital.

II. NUTRITIONAL HEALTH EVALUATION
Adult Court and Temporary Holding Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Food				
1240 Frequency of Serving <i>(Not applicable for CH.)</i>			X	
Food is served three times in any 24-hour period.				
At least one meal includes hot food.			X	
If more than 14 hours passes between these meals, supplemental food is served.			X	
Supplemental food is served in less than the 14-hour period for inmates on therapeutic diets requiring more than three meals.			X	
A minimum of fifteen minutes is allowed for the actual consumption of each meal except for those inmates on therapeutic diets where the responsible physician has prescribed additional time.			X	
Inmates who miss or may miss a regularly scheduled facility meal, are provided with a sandwich or a substitute meal and beverage.			X	
Inmates on therapeutic diets who miss a regularly scheduled meal, are provided with their prescribed meal.			X	
1241 Minimum Diet <i>(Not applicable for CH.)</i>			X	This facility is not operational at this time.
<i>Temporary holding facilities are required to provide the full RDA; however, determining what constitutes a full RDA presents a problem. Most prisoners in these facilities are in custody for a few hours with time only for one or two meals. The problem is determining an acceptable nutritional value for any one meal. In this instance the intent of the regulation is best described as requiring the arresting agency to provide reasonably nutritious meals in their feeding program. The inspector must take the facility operation into account and use good judgment when analyzing the food service. Typically these facilities have frozen dinners in stock or obtain food from a local restaurant when needed. Both these options are reasonable.</i>				
1243 Food Manager <i>(Not applicable for CH.)</i>			X	
There is a written food service plan in temporary holding facilities that addresses issues applicable to the facility and is available for review in the facility.				

Summary of nutritional health evaluation:

Not applicable...Monday, December 20, 2004 - The North facility is not holding any inmates at this time.

**II. NUTRITIONAL HEALTH EVALUATION
Adult Court and Temporary Holding Facilities**

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Food				
1240 Frequency of Serving <i>(Not applicable for CH.)</i>			X	Inmates are held for a few hours and sent away to another facility. Meals are served at 10 a.m., 2 p.m. and 4 p.m.
Food is served three times in any 24-hour period.				
At least one meal includes hot food.			X	
If more than 14 hours passes between these meals, supplemental food is served.			X	
Supplemental food is served in less than the 14-hour period for inmates on therapeutic diets requiring more than three meals.			X	
A minimum of fifteen minutes is allowed for the actual consumption of each meal except for those inmates on therapeutic diets where the responsible physician has prescribed additional time.	X			
Inmates who miss or may miss a regularly scheduled facility meal, are provided with a sandwich or a substitute meal and beverage.	X			Peanut butter and jelly sandwich, apple and water are served.
Inmates on therapeutic diets who miss a regularly scheduled meal, are provided with their prescribed meal.			X	
1241 Minimum Diet <i>(Not applicable for CH.)</i>			X	
<i>Temporary holding facilities are required to provide the full RDA; however, determining what constitutes a full RDA presents a problem. Most prisoners in these facilities are in custody for a few hours with time only for one or two meals. The problem is determining an acceptable nutritional value for any one meal. In this instance the intent of the regulation is best described as requiring the arresting agency to provide reasonably nutritious meals in their feeding program. The inspector must take the facility operation into account and use good judgment when analyzing the food service. Typically these facilities have frozen dinners in stock or obtain food from a local restaurant when needed. Both these options are reasonable.</i>				
1243 Food Manager <i>(Not applicable for CH.)</i>			X	
There is a written food service plan in temporary holding facilities that addresses issues applicable to the facility and is available for review in the facility.				

Summary of nutritional health evaluation:

The annual inspection was conducted on Monday December 20th, 2004. The L.A. County Sheriff Adult Court is a temporary holding facility in the City of Long Beach County Court House. Inmates spend a few hours at the facility and are usually served only one meal. Water, fruit, and peanut butter and jelly sandwiches are provided and prepared by outside vendors. The sandwiches and fruit are refrigerated at the holding facility and discarded when the new batch is received. This facility does not provide therapeutic diets. If an inmate requires a therapeutic diet they need to bring it with them.

II. NUTRITIONAL HEALTH EVALUATION
Adult Court and Temporary Holding Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Food				
1240 Frequency of Serving <i>(Not applicable for CH.)</i> Food is served three times in any 24-hour period.	X			Inmates are held for approximately 10 hours and sent out to other facilities. Meals are served 5 a.m., 12 p.m. and 3 p.m.
At least one meal includes hot food.	X			
If more than 14 hours passes between these meals, supplemental food is served.			X	
Supplemental food is served in less than the 14-hour period for inmates on therapeutic diets requiring more than three meals.			X	Inmates requiring a therapeutic diet are not held here.
A minimum of fifteen minutes is allowed for the actual consumption of each meal except for those inmates on therapeutic diets where the responsible physician has prescribed additional time.	X			
Inmates who miss or may miss a regularly scheduled facility meal, are provided with a sandwich or a substitute meal and beverage.	X			
Inmates on therapeutic diets who miss a regularly scheduled meal, are provided with their prescribed meal.			X	Inmates, who require therapeutic diet are not kept at this facility. Inmates are detained and nourished at the county hospital
1241 Minimum Diet <i>(Not applicable for CH.)</i> <i>Temporary holding facilities are required to provide the full RDA; however, determining what constitutes a full RDA presents a problem. Most prisoners in these facilities are in custody for a few hours with time only for one or two meals. The problem is determining an acceptable nutritional value for any one meal. In this instance the intent of the regulation is best described as requiring the arresting agency to provide reasonably nutritious meals in their feeding program. The inspector must take the facility operation into account and use good judgment when analyzing the food service. Typically these facilities have frozen dinners in stock or obtain food from a local restaurant when needed. Both these options are reasonable.</i>			X	The Long Beach Unified School District provides all the food for this facility.
1243 Food Manager <i>(Not applicable for CH.)</i> There is a written food service plan in temporary holding facilities that addresses issues applicable to the facility and is available for review in the facility.			X	

Summary of nutritional health evaluation:

The West Police Station was inspected on Monday December 20, 2004. This facility is a temporary holding location for female inmates. Food is provided by the Long Beach Unified School District. There is no medical staff at this facility, therefore, inmates who require a therapeutic diet are detained and nourished at the county hospital.

JUVENILE FACILITY HEALTH INSPECTION REPORT
Juvenile Halls, Special Purpose Juvenile Halls and Camps
Health and Safety Code Section 101045

BOC #: _____

FACILITY NAME: LONG BEACH JUVENILE HOLDING FACILITY		COUNTY: LOS ANGELES	
FACILITY ADDRESS (STREET, CITY, ZIP CODE, TELEPHONE): 1957 PACIFIC AVE LONG BEACH, CA 90806-5321			
TELE: (562) 570-1425			
CHECK THE FACILITY TYPE AS DEFINED IN TITLE 15, SECTION 1302:	JUVENILE HALL:	SPECIAL PURPOSE JUVENILE HALL: XXX	CAMP:
ENVIRONMENTAL HEALTH EVALUATION		DATE INSPECTED: DECEMBER 20, 2004	
ENVIRONMENTAL HEALTH EVALUATORS (NAME, TITLE, TELEPHONE): STEVE LE CHEMNANT, REHS IV TELE: (562) 570-6747 FAX: (562) 570-6034			
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): DETECTIVE EDDIE REYES TELE: (562) 570-1425			
NUTRITIONAL EVALUATION		DATE INSPECTED: DECEMBER 20, 2004	
NUTRITIONAL EVALUATORS (NAME, TITLE, TELEPHONE): REBECCA KILLIAN, REGISTERED DIETICIAN TELE: (562)570-4469			
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): DETECTIVE EDDIE REYES TELE: (562) 570-1425			
MEDICAL/MENTAL HEALTH EVALUATION		DATE INSPECTED: DECEMBER 20, 2004	
MEDICAL/MENTAL HEALTH EVALUATORS (NAME, TITLE, TELEPHONE): DR. DARRYL SEXTON, M.D. TELE: (562) 570-4013 FAX: (562) 570-4049 CITY HEALTH OFFICER			
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): DETECTIVE EDDIE REYES TELE: (562) 570-1425			

This checklist is to be completed pursuant to the attached instructions.

**I. ENVIRONMENTAL HEALTH EVALUATION
Juvenile Halls, Special Purpose Juvenile Halls and Camps**

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 9. Food				
1465 Food Handlers Education and Monitoring <i>CURFFL, the California Uniform retail food Facilities Law (HSC Division 104, Part 7, Chapter 4, Articles 1-8, Section 11370 et seq.) has been incorporated into Title 15 for local detention facilities through the rulemaking process.</i> There are written procedures for education, supervision and cleanliness of food handlers in accordance with HSC §114020.			X	There are only pre-packaged snacks available. Juveniles cannot be kept longer than 6 hours.
1466 Kitchen Facilities, Sanitation, and Food Service Kitchen facilities, sanitation, and food preparation, service and storage comply with standards set forth in CURFFL. In facilities where minors prepare meals for self-consumption, or where frozen meals or prepared food from other facilities permitted pursuant to HSC § 113920 (a) through (d) is (re)heated and served, the following CURFFL standards may be waived by the local health officer. <i>(Note: while the regulation uses the word "waived," the intent is that the inspector exercises professional latitude to approve alternative methods that that provide for food safety and sanitation in these situations.)</i>			X	
HSC § 114056, Hazard Analysis Critical Control Point (HACCP) plans, review, approval, suspension, revocation; hearing;			X	
HSC § 114065, New or replacement equipment;			X	
HSC § 114090 Utensil and equipment cleaning and sanitation;			X	
HSC § 114140 Ventilation;			X	
HSC § 114150 (a) Floors; and,			X	
HSC § 114165 (b) Storage area for cleaning equipment and supplies; disposal of mop bucket and wastes and other liquid wastes.			X	
1467 Food Serving Food is prepared and served only under the immediate supervision of a staff member.	X			
Article 10. Clothing and Personal Hygiene				
1480 Standard Facility Clothing Issue <i>Personal clothing and footwear may be substituted for the institutional clothing and footwear specified in this regulation. The facility has the primary responsibility to provide clothing and footwear.</i> Clothing provisions ensure that:			X	Personal clothing and footwear are substituted for institutional clothing and footwear.
Clothing is clean, reasonably fitted, durable, easily laundered, and in good repair; and,			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
The standard issue of climatically suitable clothing for minors consists of but not be limited to:				
Socks and serviceable footwear;			X	
Outer garments; and,			X	
Undergarments, including shorts and tee shirt for males; and, bra and panties for females.			X	
1481 Special Clothing			X	
Provision is made to issue suitable additional clothing essential for minors to perform special work assignments when the issue of regular clothing would be unsanitary or inappropriate.				
1482 Clothing Exchange			X	
There are policies and procedures for the cleaning and scheduled exchange of clothing.				
Unless work, climatic conditions or illness necessitates more frequent exchange, outer garments, except footwear, are exchanged at least once each week. Undergarments and socks are exchanged daily.			X	
1483 Clothing, Bedding and Linen Supply			X	Juveniles are not held more than 6 hours.
There is a quantity of clothing, bedding and linen available for actual and replacement needs of the facility population.				
1484 Control of Vermin in Minors Personal Clothing	X			Paramedics are called.
There are policies and procedures to control the contamination and/or spread of vermin in all minors' personal clothing.				
Infested clothing is cleaned or stored in a closed container so as to eradicate or stop the spread of the vermin.	X			
1485 Issue of Personal Care Items	X			On request only.
There are policies and procedures issuing personal hygiene items.				
Each female minor is issued sanitary napkins and/or tampons as needed.	X			
Each minor to be held over 24 hours is issued the following personal care items:			X	Juveniles are kept no longer than 6 hours.
Toothbrush;				
Dentifrice;			X	
Soap;			X	
Comb; and,			X	
Shaving implements.			X	
With the possible exception of shaving implements, minors are not required to share any personal care items listed above.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Minors do not share disposable razors. Double-edged safety razors, electric razors, and other shaving instruments capable of breaking the skin, when shared among minors are disinfected between individual uses by the method prescribed by the State Board of Barbering and Cosmetology in § 979 and 980, Chapter 9, Title 16, CCR.			X	
1486 Personal Hygiene			X	
There are policies and procedures for showering/bathing and brushing of teeth.				
Minors are permitted to shower/bathe upon assignment to a housing unit and on a daily basis thereafter and given an opportunity to brush their teeth after each meal.			X	
1487 Shaving			X	
Minors, except those who may not shave for reasons of identification in court, are allowed to shave daily.				
1488 Hair Care Services			X	
Hair care services are available in all juvenile facilities. Minors receive hair care services monthly.				
Equipment is cleaned and disinfected after each haircut or procedure, by a method approved by the State Board of Barbering and Cosmetology to meet the requirements of Title 16, Chapter 9, § 979 and 980, CCR.			X	
Article 11. Bedding and Linens				
1500 Standard Bedding and Linen Issue			X	There is no bedding available.
For each minor entering a living area and expected to remain overnight, the standard issue of clean suitable bedding and linens includes, but is not limited to:				
One clean and serviceable mattress which meets the requirements of Title 15 § 1502;			X	
One pillow and a pillow case;			X	
One mattress cover and a sheet or two sheets;			X	
One towel; and,			X	
One or more freshly laundered or dry-cleaned blanket, depending upon climatic conditions.			X	
1501 Bedding and Linen Exchange			X	
There are policies and procedures for the scheduled exchange of freshly laundered bedding and linen issued to each minor housed.				
Washable items such as sheets, mattress covers, pillowcases and towels are exchanged for clean replacement at least once each week.			X	
The covering blanket is cleaned or laundered at least every three months.			X	
1502 Mattresses			X	
Mattresses are at least 30 inches wide and 76 inches long and are enclosed in an easily cleaned, non-absorbent ticking.				

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Any mattress purchased for issue to a minor in a facility, which is locked to prevent unimpeded access to the outdoors, is certified by the manufacturer as meeting all requirements of the State Fire Marshal and Bureau of Home Furnishings test standard for penal mattresses (Technical Information Bulletin Number 121, dated April 1980).			X	
Article 12. Facility Sanitation and Safety				
1510 Facility Sanitation, Safety and Maintenance There are policies and procedures for the maintenance of an acceptable level of cleanliness, repair and safety throughout the facility.	X			There is a cleaning company on contract that cleans three times a week.
The plan provides for a regular schedule of housekeeping tasks, equipment and physical plant maintenance, and inspections to identify and correct unsanitary or unsafe conditions or work practices in a timely manner.	X			
Medical care housing as described in Title 24, Part 1 § 13-201(c)6 is cleaned and sanitized according to policies and procedures established by the health administrator.			X	Juveniles requiring attention are sent to Saint Mary's Hospital for treatment.
1511 Smoke Free Environment There are policies and procedures to assure that State laws prohibiting minors from smoking are enforced in all juvenile facilities, related work details, and other programs. Policies and procedures assure that minors are not exposed to second-hand smoke while in the facility or in the custody of staff.	X			
Other Applicable Codes				
Title 24, Uniform Building Code Toilet bowls, wash basins, drinking fountains, and showers are clean and in good repair.	X			
Title 24, Uniform Building Code Floors, walls, windows, grillwork and ceilings are clean and in good repair.	X			Both detention rooms need wall repair and painting.
Title 24, Part 1, 13-201(c)6 There is provision for a comfortable living environment in accordance with the heating, ventilating, and air conditioning requirements of Parts 2 and 4 and energy conservation requirements, of Part 6, Title 24, CCR.	X			
Title 24, Uniform Plumbing Code Floor drains are flushed at least weekly.	X			
Traps contain water to prevent escape of sewer gas.	X			
Grids and grates are present.	X			
CA Safe Drinking Water Act Potable water is supplied from an approved source in satisfactory compliance with this Act.	X			
Local Ordinances Solid, toxic and infectious wastes are disposed of in accordance with state and local laws and regulations.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
HSC and CCR Titles 22 and 24 Relating to Public Pools Swimming pools are designed, constructed, operated, and maintained in accordance with state and local laws and regulations			X	
Health and Safety Code, § 1803 and 2271 (Farms, petting zoos, etc.) All animal operations are removed from the immediate living area, designed, constructed, and maintained to minimize odor, vermin, and physical hazards.			X	
The facility is free of vermin (or vermin signs), and general housekeeping is satisfactory.	X			
General Industry Safety Order, Title 8-3362 The facility is free of structural and other safety hazards.	X			

Summary of environmental health evaluation:

1. Walls in both detention rooms need repair and paint.

III. MEDICAL/MENTAL HEALTH EVALUATION
Juvenile Halls, Special Purpose Juvenile Halls and Camps

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 8. Health Services				
1400 Responsibility For Health Care Services				
Health care services are provided to all minors.	X			
There is a designated health administrator who, in cooperation with the mental health director and the facility administrator, has responsibility for administrative health care policies.	X			
A responsible physician is designated to develop policy in health care matters involving clinical judgments.			X	
1401 Patient Treatment Decisions				
Clinical decisions about the treatment of individual minors are the sole province of licensed health care professionals operating within the scope of their license and within facility policy.	X			Juveniles are taken to local ER (SMMC). Life threatening medical problems are transported by Paramedics to nearest ER.
Security policies and procedures apply to both child supervision and health care personnel.	X			
1402 Scope of Health Care				
Policy and procedures define which health care services are provided in the facility and which services are provided through community providers.	X			
There is at least one physician available to provide treatment.			X	Medical services are through local ER (SMMC).
Health care services meet the minimum requirements of these regulations and are provided at a level to address acute symptoms and/or conditions and avoid preventable deterioration of the minor's health while in confinement.	X			
Staff, space, equipment, supplies, materials and resource manuals are adequate for the level of health care provided in the facility.	X			
There is provision for parents, guardians, or other legal custodians to arrange for health care that is permitted by law, at their expense.			X	Juveniles cannot be kept longer than 6 hours.
1403 Health Care Monitoring and Audits <i>(Applicable to facilities with on-site health care staff)</i>				
There are policies and procedures to collect statistical data and submit at least annual summaries of health care services to the facility administrator.	X			All Officers are trained to provide First Aid. Medical care provided through the ER after transportation via Paramedics.
There are policies and procedures requiring that the quality and adequacy of health care services are assessed at least annually.	X			
There is a process for correcting identified deficiencies in the medical, dental, mental health and pharmaceutical services delivered.			X	Local ER for medical services.
The health administrator provides the facility administrator with an annual written report on medical, dental, mental health and pharmaceutical services. <i>(Inspectors are requested to verify existence of these reports.)</i>			X	Local ER for medical services.

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
At least quarterly, there are documented administrative meetings between health and facility administrators to review medical, mental health and medical services.			X	
1404 Health Care Staff Qualifications (<i>Applicable to facilities with on-site health care staff</i>) Recruitment education and experience requirements are consistent with those in the community.			X	
There are policies and procedures to assure that state license, certification, or registration requirements and restrictions that apply in the community, also apply to health care personnel in the facility			X	
Health care staff credentials are on file at the facility or another central location where they are available for review. Policies and procedures require that these credentials are periodically reviewed and remain current.			X	
Position descriptions and actual practice reflect that health care staff receive the supervision required by their license and operate within the scope of their practice.			X	
1405 Health Care Procedures (<i>Applicable to facilities with on-site health care staff</i>) When the responsible physician determines that a clinical function can be delegated to health care staff other than a physician, that function is performed by staff operating within their scope of practice, pursuant to written protocol standardized procedures or direct medical order.			X	
1406 Health Care Records (<i>Applicable to facilities with on-site health care staff</i>) Complete, individual and dated health records are maintained and include, but are not limited to:			X	
Intake health screening form (<i>Note: The intake screening form may also be included in the probation file as a non-confidential document. See guidelines for discussion.</i>);			X	
Health appraisals/medical examinations;			X	
Health service reports (e.g., emergency department, dental, psychiatric and other consultations);			X	
Complaints of illness or injury;			X	
Names of personnel who treat prescribe, and/or administer/deliver prescription medication;			X	
Location where treatment is provided;			X	
Medication records in conformance with Title 15 § 1438;			X	
Progress notes;			X	
Consent forms;			X	
Authorization for release of information;			X	
Copies of previous health records;			X	
Immunization records; and,			X	
Laboratory reports.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Policies/procedures and practice require that health records are in a locked area separate from the confinement record.			X	
The health administrator controls access to health records and confidentiality laws related to provider-patient privilege apply. Minors are not used to translate confidential medical information for non-English speaking minors.			X	
Health records are retained in accordance with community standards.			X	
1407 Confidentiality				
Policy and procedures for multi-disciplinary sharing of health information, address providing information to the court, child supervision staff and to probation. Information from minors' (probation) case files is shared with health care staff when relevant.	X			All medical records are kept and controlled by provider of medical service. Jail is not the custodian of juvenile medical records.
The nature and extent of information shared is appropriate to: treatment planning; program needs; protecting the minor or others; facility management; security or preservation of safety; and, order.			X	
1408 Transfer of Health Care Summary Records				
Policy and procedures assure that: A summary of the health record, in an established format, or documentation that no health record exists in the facility, is transferred to another jurisdiction prior to or at the time of transfer;			X	Jail provides no direct medical services; and, as such, is not the custodian of medical records.
Relevant health records are forwarded to the health care staff of the receiving facility;			X	
Advance notification is provided to the local health officer in the sending jurisdiction and the responsible physician of the receiving facility prior to the release or transfer of minors with known or suspected active tuberculosis disease;			X	
Written authorization from the parent and/or legal guardian is obtained prior to transferring copies of actual health records, unless otherwise provided by court order, statute or regulation having the force and effect of law; and,			X	
Confidentiality of health records is maintained during transfer.			X	
After minors are released to the community, health record information is transmitted to community physicians or health care facilities upon the request and with written authorization of the minor and/or parent or guardian.			X	
In facilities without on-site health care staff, policies and procedures assure that child supervision staff forward non-confidential information on medications and other treatment orders, prior to or at the time of transfer.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
1409 Health Care Procedures Manual (<i>Applicable to facilities with on-site health care staff</i>)				
There is a facility-specific health services manual for written policies and procedures that, at a minimum, address all health care related standards that are applicable to the facility. (<i>Note: "Facility specific" means that policies and procedures for that facility are included. In multi-facility systems policies and procedures for more than one facility in that system may be included in the same manual.</i>)			X	
The manual is available to all health care staff, the facility administrator, the facility manager, and other individuals as appropriate to ensure effective service delivery.			X	
There is a documented annual review of the health care procedures manual, with revisions as necessary.			X	
The facility administrator, the facility manager, the health administrator and the responsible physician have approved and signed the manual.			X	
1410 Management of Communicable Diseases				
Policy and procedures have been developed in cooperation with the local health officer to address the identification, treatment, control and follow-up management of communicable diseases. Policy and procedures include:	X			Hospital and ER services comply with California Health and Safety Codes for disease reporting to Public Health.
Intake health screening procedures;			X	
Identification of relevant symptoms;			X	
Referral for medical evaluation;			X	
Treatment responsibilities during detention;			X	
Coordination with public and private community-based resources for follow-up treatment;			X	
Applicable reporting requirements, and,			X	
Strategies for handling disease outbreaks.			X	
Policies and procedures are updated as necessary to reflect local disease priorities.			X	
1411 Access to Treatment				
Policy and procedures provide unimpeded access to health care.	X			Paramedics called and will transport to ER.
1412 First Aid and Emergency Response				
Policy and procedures assure access to first aid and emergency services.	X			All Officers are trained in First Aid and CPR. Medical care given in ER and by Paramedics.
First aid kits are available in designated areas of each juvenile facility.	X			
The responsible physician approved the contents, number, location and procedure for periodic inspection of the first aid kits.	X			
Child supervision and health care staff is trained and there are policies and procedures to respond to emergencies requiring first aid.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
1413 Individualized Treatment Plans <i>(Excluding Special Purpose Juvenile Halls)</i>				
Policy and procedures direct that health care treatment plans are developed for minors who receive services for significant health care concerns.	X			All care provided by Paramedics and ER staff.
Health care treatment plans are considered in facility program planning.			X	
Health care restrictions do not limit participation in school, work, exercise and other programs beyond what is necessary to protect the health of the minor or others.			X	
Medical and mental health information is shared with supervision staff in accordance with §1407 for purposes of programming, treatment planning and implementation.			X	
Program planning includes pre-release arrangements for continuing health care, together with participation in relevant programs upon release.			X	
Minors who are suspected or confirmed to be developmentally disabled are referred to the local Regional Center for the Developmentally Disabled within 24 hours of identification, excluding holidays and weekends. <i>(See also Title 15 § 1355, Assessment and Plan)</i>			X	
1414 Health Clearance for in-Custody Work and Program Assignments				
There are health screening and monitoring procedures for work and program assignments that have health care implications, including, but not limited to food handlers. <i>(See also Title 15 § 1465.)</i>			X	
1415 Health Education <i>(Excluding Special Purpose Juvenile Halls)</i>				
Policy and procedures assure that age- and sex-appropriate health education and disease prevention programs are offered to minors.			X	
The health education programs are updated as necessary to reflect current health priorities and meet the needs of the offender population.			X	
1416 Reproductive Services				
Policy and procedures assure that reproductive health services are available to both male and female minors.			X	
Reproductive services include but are not be limited to those prescribed in WIC § 220, 221 and 222, and HSC § 123450.			X	
1430 Intake Health Screening				
Policies and procedures define when a health evaluation and/or treatment must be obtained prior to acceptance for booking, and establish a documented intake screening procedure to be conducted immediately upon entry into the facility.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Consistent with facility resources to safely hold a minor, the responsible physician has identified health conditions that would preclude a minor's acceptance into a facility without a documented medical clearance. At a minimum, intake criteria provide that:	X			Juveniles are not held more than 6 hours. Medical needs provided in ER by Paramedics.
Unconscious minors are not accepted;			X	
Minors who are known to have ingested or who appear to be under the influence of intoxicating substances are cleared in accordance with Title 15 § 1431, (<i>Intoxicated and Substance Abusing Minors</i>)			X	
Circumstances and reasons for requiring a medical clearance are documented whenever a minor is not accepted for booking; and,			X	
Written medical clearance is received prior to accepting any minor who was referred for pre-booking treatment and clearance.			X	
An intake screening, consisting of a defined, systematic inquiry and observation of every minor booked into the facility is conducted by health care or trained child supervision staff at the time of entry into the facility.			X	
Screening procedures address medical, dental and mental health concerns that may pose a hazard to the minor or others in the facility, as well as health conditions that require treatment while the minor is in the facility.			X	
Minors suspected of having a communicable disease are separated from the general population pending the outcome of an evaluation by medical staff.			X	
There is provision for a timely referral for health care commensurate with the nature of any problems or compliant identified during the screening process.			X	
1431 Intoxicated and Substance Abusing Minors				
There are policy and procedures for the identification and management of alcohol and other drug intoxication that address:	X			Medical services provided as above.
Designated housing, including protective environments for placement of intoxicated minors;			X	
Symptoms or known history of ingestion that should prompt immediate referral for medical evaluation and treatment;			X	
Determining when the minor is no longer considered intoxicated and documenting when the monitoring requirements of this regulation are discontinued;			X	
Medical responses to minors experiencing intoxication or withdrawal reactions;			X	
Management of pregnant minors who use alcohol or other drugs;			X	
Initiation of substance abuse counseling during confinement and referral procedures for continuation upon release to the community, consistent with Title 15 § 1413 and Title 15 § 1355; and,			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Coordination of mental health services in cases of substance abusing minors with known or suspected mental illness.			X	
A medical clearance is obtained prior to booking any minor who displays outward signs of intoxication or is known or suspected to have ingested any substance that could result in a medical emergency.			X	Juveniles are not held more than 6 hours.
Supervision of intoxicated minors who are cleared to be booked into a facility includes monitoring no less often than every 15 minutes until resolution of the intoxicated state.			X	
The monitoring observations are documented, with actual time of occurrence recorded.			X	
Medical, or child supervision staff operating pursuant to medical protocols, conduct a medical evaluation for all minors whose intoxicated behavior persists beyond six hours from the time of admission.			X	
1432 Health Appraisals/Medical Examinations				
Policy and procedures require a health appraisal/medical examination of minors.			X	Juveniles are not held more than 6 hours.
The health appraisal/medical examination is completed within 96 hours of admission, in a location that protects the minor's privacy and by a physician or other licensed or certified health professional working under direction of a physician.			X	
This health evaluation includes a health history, medical examination, laboratory and diagnostic testing and necessary immunizations.			X	
The health history includes: Review of the intake health screening, history of illnesses, operations, injuries, medications, allergies, immunizations, systems review, exposure to communicable diseases, family health history, habits (e.g., tobacco, alcohol and other drugs), developmental history (e.g., school, home, and peer relations), sexual activity, contraceptive methods, reproductive history, physical and sexual abuse, neglect, history of mental illness, self-injury, and suicidal ideation.			X	
The examination includes: Temperature, height, weight, pulse, blood pressure, appearance, gait, head and neck, a preliminary dental and visual acuity screening, gross hearing test, lymph nodes, chest and cardiovascular, breasts, abdomen, genital (pelvic and rectal examination, with consent, if clinically indicated), musculoskeletal neurological.			X	
Laboratory and diagnostic testing includes: Tuberculosis testing, pap smears and testing for sexually transmitted diseases for sexually active minors. Additional testing is available as clinically indicated, including pregnancy testing, urinalysis, hemoglobin or hematocrit.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Immunizations are verified and, within two weeks of the Health Appraisal/ Medical Examination, a program is started to bring the minor's immunizations up-to-date in accordance with current public health guidelines.			X	
The responsible physician may modify the health examination for minors admitted with an adequate examination done within the previous 12 months, provided there is reason to believe that no substantial change would have occurred since the full evaluation. When this is done, health care staff review the intake health screening form and conduct a face-to-face interview with the minor.			X	
There are policy and procedures for a medical evaluation and clearance for adjudicated minors who are confined in any juvenile facility for successive stays, each of which totals less than 96 hours. When this evaluation and clearance cannot be completed at the facility during the initial stay, it is completed prior to acceptance at the facility and includes screening for tuberculosis.			X	
For minors who are transferred to jails and juvenile facilities outside their detention system, policy and procedures assure that the health appraisal/medical examination:			X	
Is received from the sending facility;			X	
Is reviewed by designated health care staff at the receiving facility; and,			X	
Absent a previous appraisal/examination or receipt of the record, a health appraisal/medical examination, as outlined in this regulation, is completed on the minor within 96 hours of admission.			X	
Policy and procedures require that minors who are transferred among juvenile facilities within the same detention system, receive a written health care clearance. The health appraisal/medical examination is reviewed and updated prior to transfer and forwarded to facilities that have licensed on-site health care staff.			X	
1433 Requests for Health Care Services				
Policy and procedures establish a daily routine for minors to convey requests for emergency and non-emergency health care requests and include the following:			X	Juveniles are not held more than 6 hours.
There is opportunity for both written and verbal requests, with provision for minors having language or literacy barriers.			X	
Supervision staff relays requests from the minor, initiate referrals when the need for health care services is observed, and advocate for the minor when the need for services appears urgent.			X	
Designated staff inquires and make observations regarding the health of each minor on a daily basis and in the event of possible injury.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
There is 24-hour opportunity for minors and staff to communicate the need for emergency health care services.			X	
There is provision for any minor requesting health care, or observed to need such care, to be given that attention by licensed or certified health care staff.			X	
All health care requests are documented and maintained.			X	
1434 Consent for Health Care				
Policy and procedures require informed consent for health care examinations.	X			Parents are notified.
Examinations, treatments, and procedures requiring verbal or written consent in the community also require that consent for confined minors.			X	
There is provision for obtaining parental consent and obtaining authorization for health care services from the court when there is no parent-guardian or other person standing in loco parentis.			X	
Policy and procedures are consistent with applicable statute in those instances where the minor's consent for testing or treatment is sufficient or specifically required.			X	
Conservators provide consent only within limits of their court authorization.			X	
Minors may refuse non-emergency medical and mental health care, verbally or in writing.			X	
1435 Dental Care				
Policy and procedures require that dental treatment is provided to minors as necessary to respond to acute conditions and to avert adverse effects on the minor's health. Treatment is not limited to extractions.			X	Medical evaluations are provided in ER.
1436 Prostheses and Orthopedic Devices				
Policy and procedures address the provision, retention and removal of medical and dental prostheses, including eyeglasses and hearing aids.			X	Medical evaluations are provided in ER.
Prostheses are provided when the responsible physician determines that the health of the minor would be adversely affected without them.			X	
Procedures for the retention and removal of prostheses comply with the requirements of Penal Code § 2656. (See guidelines discussion.)			X	
1437 Mental Health Services and Transfer to a Treatment Facility				
Policy and procedures require providing mental health services that include but not limited to:			X	Parents notified and juveniles are seen in ER.
Screening for mental health problems at intake;			X	
Crisis intervention and the management of acute psychiatric episodes;			X	
Stabilization of the mentally ill and prevention of psychiatric deterioration in the facility setting;			X	
Elective therapy services and preventive treatment, where resources permit;			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Medication support services; and,			X	
Provision for referral and admission to licensed mental health facilities for minors whose psychiatric needs exceed the treatment capability of the facility.			X	
Any minor who displays significant symptoms of severe depression, suicidal ideation, irrational, violent or self destructive behaviors, or who is receiving psychotropic medication, is provided a mental status assessment by a licensed mental health clinician, psychologist or psychiatrist.			X	
A mentally disordered minor who appears to be a danger to himself or others or to be gravely disabled, is evaluated pursuant to Penal Code § 4011.6 or Welfare and Institutions Code § 6551. Absent an emergency, unless the facility has been designated as a Lanterman-Petris-Short (LPS) facility, and minors meet the criteria for involuntary commitment under the LPS Act in Welfare and Institutions Code § 5000 et seq., all services are provided on a voluntary basis. Voluntary mental health admissions may be sought pursuant to Penal Code § 4011.8 or Welfare and Institutions Code § 6552,			X	
1438 Pharmaceutical Management				
Pharmaceutical policies, procedures, space and accessories include but not be limited to:			X	Medical services provided through the ER.
Securely lockable cabinets, closets and refrigeration units:			X	
A means for the positive identification of the recipient of the prescribed medication;			X	
Administration/delivery of medicines to minors as prescribed;			X	
Confirmation that the recipient has ingested the medication;			X	
Documenting that prescribed medications have or have not been administered by whom, and if not, for what reason;			X	
Prohibition of the delivery of drugs from one minor to another:			X	
Limitation to the length of time medication may be administered without further medical evaluation;			X	
The length of time allowable for a physician's signature on verbal orders;			X	
Training for non-licensed personnel includes, but is not limited to: delivery procedures and documentation; recognizing common symptoms and side-effects that should result in contacting health care staff for evaluation; procedures for confirming ingestion of medication; and, consultation with health care staff for monitoring the minor's response to medication; and,			X	
At least annually, a pharmacist prepares a written report on the status of pharmacy services in the facility. The report is provided to the health authority and the facility administrator. (See also Title 15 § 1403.)			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Written protocols are consistent with pharmacy laws and regulations and limit the following functions to being performed by the identified personnel:			X	
Procurement is done only by a physician, dentist, pharmacist, or other person authorized by law.			X	
Medication storage assures that stock supplies of legend medications are accessed only by licensed health care personnel. Supplies of legend medications that have been properly dispensed and supplies of over-the-counter medications may be accessed by both licensed and trained non-licensed staff.			X	
Repackaging is done only by a physician, dentist, pharmacist, or other persons authorized by law.			X	
Labels are prepared by a physician, dentist, pharmacist or other personnel, either licensed or trained non-licensed, provided the label is checked and affixed to the medication container by the physician, dentist, or pharmacist before administration or delivery to the minor. Labels are prepared in accordance with Business and Professions Code § 4047.5.			X	
Dispensing is only done by a physician, dentist, pharmacist, or other person authorized by law.			X	
Administration of medication is only done by licensed health care personnel who are authorized to administer medication and acting on the order of a prescriber.			X	
Licensed and trained non-licensed personnel may deliver medication acting on the order of a prescriber.			X	
Disposal of legend medication is done accordance with pharmacy laws and regulations and requires any combination of two of the following classifications: physician, dentist, pharmacist, or reregistered nurse. Controlled substances are disposed of in accordance with Drug Enforcement Administration disposal procedures.			X	
There are written procedures for managing and providing over-the-counter medications to minors.			X	Juveniles are not held more than 6 hours.
1439 Psychotropic Medications				
Policies and procedures govern the use of voluntary and involuntary medications. These policies and procedures include, but are not limited to:			X	
Protocols for physicians' written and verbal orders for psychotropic medications in dosages appropriate for the minor's need;			X	
Requirements that verbal orders be entered in the minor's health record and signed by a physician within 72 hours;			X	
The length of time voluntary and involuntary medications may be ordered and administered before re-evaluation by a physician;			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Provision that minors who are on psychotropic medications prescribed in the community are continued on their medications pending re-evaluation and further determination by a physician;			X	
Provision that the necessity for continuation on psychotropic medication is addressed in pre-release planning and prior to transfer to another facility or program; and,			X	
Provision for regular clinical-administrative review for utilization patterns for all psychotropic medications, including every emergency situation.			X	
Psychotropic medications are not administered to a minor absent an emergency unless informed consent has been given by the legally authorized person or entity.			X	
Minors are informed of the expected benefits, potential side effects and alternatives to psychotropic medications.			X	
Absent an emergency, minors may refuse treatment.			X	
Minors found by a physician to be a danger to themselves or others by reason of a mental disorder, may be involuntarily given psychotropic medication that is immediately necessary for the preservation of life or the prevention of serious bodily harm. This can only be done when there is insufficient time to obtain consent from the parent, guardian or court before the threatened harm would occur. It is not necessary for harm to take place or become unavoidable prior to initiating treatment.			X	
Assessment and diagnosis supports the administration of psychotropic medications and administration of psychotropic medication is not allowed for disciplinary reasons.			X	
1450 Suicide Prevention Program There is a written suicide prevention plan, with policies and procedures to train staff to identify minors who present a suicide risk, appropriately monitor their condition, and provide for the necessary treatment and follow-up.	X			Detention room has glass wall for direct observation by Officer staff. Paramedics transport juveniles in need of medical care to ER. Parents are called. No juvenile is held more than 6 hours.
1452 Collection of Forensic Evidence Policy and procedures assure that forensic medical services, including drawing of blood alcohol samples, body cavity searches, and other functions for the purpose of prosecution are collected by appropriately trained medical personnel who are not responsible for providing ongoing health care to the minor.			X	
1453 Sexual Assaults There is policy and procedures for treating victims of sexual assaults and for reporting such incidents, when they occur in the facility, to local law enforcement.			X	Medical services provided through ER.

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
The evidentiary examination and initial treatment of victims of sexual assault is conducted at a health facility that is separate from the custodial facility and is properly equipped and staffed with personnel trained and experienced in such procedures.			X	
1454 Participation in Research				
Policy and procedures govern biomedical or behavioral research involving minors and require assurances for informed consent and the safety of the minor. Such research occurs only when ethical, medical and legal standards for human research are met.			X	
Participation in research is not a condition for obtaining privileges or other rewards and the court, health administrator, and facility administrator are informed of all proposed actions.			X	
1358 Use of Physical Restraints				
Policies and procedures govern the use of restraint devices. The policies address: known medical conditions that would contraindicate certain restraint devices and/or techniques; acceptable restraint devices; signs or symptoms which should result in immediate medical/mental health referral; availability of cardiopulmonary resuscitation equipment; protective housing of restrained minors; provision for hydration and sanitation needs; exercising of extremities.			X	
Physical restraints are utilized only when it appears less restrictive alternatives would be ineffective in controlling the disordered behavior.			X	
Restraints are used only for those minors who present an immediate danger to themselves or others, who exhibit behavior that results in the destruction of property, or reveals the intent to cause self-inflicted physical harm.			X	
Minors are placed in restraints only with the approval of the facility manager or the shift supervisor. The facility manager may delegate authority to place a minor in restraints to a physician.			X	
Continued retention in restraints is reviewed a minimum of every hour.			X	
A medical opinion on the safety of placement and retention is secured as soon as possible, but no later than two hours from the time of placement. The minor is medically cleared for continued retention at least every three hours after the initial medical opinion.			X	
A mental health consultation to assess the need for mental health treatment is secured as soon as possible, but in no case longer than four hours from the time of placement.			X	
Continuous direct visual supervision is conducted and documented to ensure that the restraints are properly employed and to ensure the well-being of the minor.			X	
All minors in restraint devices are housed alone or in a specified housing area for restrained minors with provisions to protect the minor from abuse.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Restraints are not used as punishment, discipline, or as a substitution for treatment.			X	
The affixing of hands and feet together behind the back (hog-tying) is prohibited.			X	
1359 Safety Room Procedures				
Policies and procedures govern the use of safety rooms, as described in Title 24, Part 2, Section 460A.1.13.	X			Detention rooms have glass wall allowing direct observation of juveniles by Police Officers.
The safety room is used to hold only those minors who present an immediate danger to themselves or others who exhibit behavior that results in the destruction of property, or reveals the intent to cause self-inflicted physical harm.			X	
The safety room is not to be used for punishment, discipline, or as a substitute for treatment. Policies and procedures:			X	
Include provisions for administration of necessary nutrition and fluids, access to a toilet, and suitable clothing to provide for privacy;			X	
Provide for approval of the facility administrator, or designed shift supervisor, before a minor is placed into a safety room;			X	
Provide for continuous direct visual observation;			X	
Provide that the minor is evaluated by the facility administrator, or designee, every four hours;			X	
Provide for immediate medical assessment, where appropriate, or an assessment at the next daily sick call;			X	
Provide that a minor is medically cleared for continued retention every 24 hours;			X	
Provide that a mental health opinion is secured within 24 hours; and,			X	
Provide a process for documenting the reason for placement, including attempts to use less restrictive means of control, observations of the minor during confinement, and decisions to continue and end placement.			X	

Summary of medical/mental health evaluation:

No medical violations noted.

I. ENVIRONMENTAL HEALTH EVALUATION

Adult Type I, II, III and IV Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Food				
<p>Approach for Providing Food Service</p> <p><i>CURFFL, the California Uniform retail food Facilities Law (HSC Division 104, Part 7, Chapter 4, Articles 1-8, Section 11370 et seq.) has been incorporated into Title 15 for local detention facilities through the rulemaking process.</i></p> <p>Food served in the facility is prepared in the facility. If "No," respond to items 1 and 2 below prior to continuing with the checklist.</p>		X		
1. Food is prepared at another city or county detention facility.		X		
2. Food is contracted through a private vendor who had been inspected and complies with provisions of CURFFL.	X			Long Beach Unified School Kitchen. Located at 3333 Airport Way, Long Beach 90806 Tele: (562) 427-7923
<p>1230 Food Handlers</p> <p><i>(Note: Title 15, § 1230 is in Article 10, MMH, but inspected under Environmental Health due to CURFFL reference.)</i></p> <p>Policy and procedures have been developed and implemented for medical screening of (inmate) food handlers prior to working in the facility.</p>	X			
There are procedures for education, supervision and cleanliness of food handlers in accordance with HSC § 114020	X			
<p>1245 Kitchen Facilities, Sanitation and Food Service</p> <p>Kitchen facilities, sanitation, and food preparation, service and storage comply with standards set forth in CURFFL.</p>		X		Kitchen facilities are in process of being remodeled. Currently, remodel does not meet CURFFL Standards. See comments at end of report.
In facilities where inmates prepare meals for self-consumption, or where frozen meals or prepared food from other facilities permitted pursuant to HSC § 113920 (a) through (d) is (re)heated and served, the following CURFFL standards may be waived by the local health officer. <i>(Note: while the regulation uses the word "waived," the intent is that the inspector exercises professional latitude to approve alternative methods that provide for food safety and sanitation in these situations.)</i>		X		Kitchen is currently under remodel and will meet CURFFL Standards.
HSC § 114056, Hazard Analysis Critical Control Point (HACCP) plans, review, approval, suspension, revocation; hearing;			X	
HSC § 114065, New or replacement equipment;			X	
HSC § 114090 Utensil and equipment cleaning and sanitation;			X	Currently, disposable utensils are used to serve food.
HSC § 114140 Ventilation;	X			
HSC § 114150 (a) Floors; and,		X		Floors are in need of repair.

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
HSC § 114165 (b) Storage area for cleaning equipment and supplies; disposal of mop bucket and wastes and other liquid wastes.	X			
1246 Food Serving Food is prepared and served only under the immediate supervision of a staff member.	X			
Article 12. Inmate Clothing and Personal Hygiene				
1260 Standard Institutional Clothing Issue <i>Personal undergarments and footwear may be substituted for the institutional undergarments and footwear specified in this regulation; however, the facility has the primary responsibility to provide these items.</i> There is a standard issue of climatically suitable clothing for inmates held after arraignment in Type I, II and III facilities, which includes, but is not limited to:	X			
Clean socks and footwear;	X			
Clean outer garments; and,	X			
Clean undergarments, including shorts and tee shirt for males; or, bra and two pairs of panties for females.	X			Females are held at the West Side Police Station on a temporary basis until Main Jail remodel is completed.
Clothing is reasonably fitted, durable, easily laundered and repaired.	X			
1261 Special Clothing Provision is made to issue suitable additional clothing essential for inmates to perform special work assignments (e.g., food service, medical, farm, sanitation, mechanical and other specified work).	X			
1262 Clothing Exchange There are policies and procedures for the scheduled exchange of clean clothing.	X			
Unless work, climatic conditions, illness, or the CURFFL necessitates more frequent exchange, outer garments, except footwear, are exchanged at least once each week. Undergarments and socks are exchanged twice each week.	X			
1263 Clothing Supply There is a quantity of clothing, bedding, and linen available for actual use and replacement needs of the inmate population.	X			
There are policies and procedures for the special handling of laundry that is known or suspected to be contaminated with infectious material.	X			
1264 Control of Vermin in Inmates Personal Clothing There are policies and procedures to control the contamination and/or spread of vermin in all inmate personal clothing.	X			
Infested clothing is cleaned, disinfected, or stored in a closed container so as to eradicate or stop the spread of the vermin.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
1265 Issue of Personal Care Items	X			
There are policies and procedures for issuing personal hygiene items.				
Each female inmate is issued sanitary napkins and/or tampons as needed.	X			
Each inmate to be held over 24 hours who is unable to supply himself/herself with personal care items, is issued the following personal care items:	X			
Toothbrush;				
Dentifrice;	X			
Soap;	X			
Comb; and,	X			
Shaving implements.	X			
With the possible exception of shaving implements, inmates are not required to share any personal care items listed above.	X			
Inmates do not share disposable razors. Double-edged safety razors, electric razors, and other shaving instruments capable of breaking the skin, when shared among inmates are disinfected between individual uses by the method prescribed by the State Board of Barbering and Cosmetology in § 979 and 980, Chapter 9, Title 16, CCR.	X			
1266 Personal Hygiene	X			
There are policies and procedures for showering-bathing.				
Inmates are permitted to shower-bathe upon assignment to a housing unit and, thereafter, at least every other day and more often if possible.	X			
1267 Hair Care Services			X	
Hair care services are available.				
Except for those who may not shave for court identification reasons, inmates are allowed to shave daily and receive hair care services at least once a month.			X	Inmates are not kept more than four days.
Equipment is disinfected before use, by a method approved by the State Board of Barbering and Cosmetology to meet the requirements of Title 16, Chapter 9, § 979 and 980, CCR.			X	
Article 13. Bedding and Linens				
1270 Standard Bedding and Linen Issue				
For each inmate entering a living unit and expected to remain overnight, the standard issue of clean suitable bedding and linens includes, but is not limited to:				
One serviceable mattress which meets the requirements of § 1272 of these regulations;	X			
One mattress cover or one sheet;			X	
One towel; and,			X	
One freshly laundered or dry-cleaned blanket, depending upon climatic conditions.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
1271 Bedding and Linen Exchange	X			
There are policies and procedures for the scheduled exchange of freshly laundered bedding and linen issued to each inmate housed.				
Washable items such as sheets, mattress covers, and towels are exchanged for clean replacement, at least once each week.			X	Mattresses and blankets are issued daily
Where a top sheet is not issued, blankets are laundered or dry cleaned at least once a month. When a top sheet is issued, blankets are laundered or dry cleaned at least once every three months.	X			
1272 Mattresses	X			
Mattresses are enclosed in an easily cleaned, non-absorbent ticking and conform to the size of the bunk as referenced in Title 24, Section 470A.3.5 Beds (at least 30" wide X 76" long).				
Any mattress purchased for issue to an inmate in a facility which is locked to prevent unimpeded access to the outdoors, is certified by the manufacturer as meeting all requirements of the State Fire Marshal and Bureau of Home Furnishings test standard for penal mattresses (Technical Information Bulletin Number 121, dated April 1980).	X			
Article 12. Facility Sanitation and Safety				
1280 Facility Sanitation, Safety and Maintenance	X			
There are policies and procedures for the maintenance of an acceptable level of cleanliness, repair and safety throughout the facility.				
The plan provides for a regular schedule of housekeeping tasks and inspections to identify and correct unsanitary or unsafe conditions or work practices.	X			
Medical care housing as described in Title 24, Part 2, § 470A.2.14 is cleaned and sanitized according to policies and procedures established by the health authority.			X	There is no medical care housing on premises.
Other Applicable Codes				
Title 24, Uniform Building Code – Plumbing	X			
Toilet bowls, washbasins, drinking fountains, and showers are clean and in good repair.				
Title 24, Uniform Building Code – Cleanliness and Repair	X			
Floors, walls, windows, grillwork and ceilings are clean and in good repair.				
Title 24, Part 1, 13-102(c)6 – Heating and Cooling	X			
There is provision for a comfortable living environment in accordance with the heating, ventilating, and air conditioning requirements of Parts 2 and 4 and energy conservation requirements of Part 6, Title 24, CCR.				

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Title 24, Uniform Plumbing Code – Floor Drains	X			
Floor drains are flushed at least weekly.				
Traps contain water to prevent escape of sewer gas.	X			
Grids and grates are present.	X			
Title 24, Part 2, 470A.3.6 – Lighting	X			
Lighting in housing units, dayrooms and activity areas is sufficient to permit easy reading by a person with normal vision.				
20 foot candles light are provided at desk level and in the grooming area. (<i>Applicable to facilities constructed after 1980.</i>)	X			
Lighting is centrally controlled or occupant controlled in housing cells or rooms.	X			
Night lighting provides good vision for supervision. (<i>Applicable to facilities constructed after 1980.</i>)	X			
CA Safe Drinking Water Act	X			
Potable water is supplied from an approved source in satisfactory compliance with this Act.				
Local Ordinances	X			
Solid, toxic and infectious wastes are disposed of in accordance with state and local laws and regulations.				
HSC § 1803	X			
The facility is free of vermin (or vermin signs), and general housekeeping is satisfactory.				
General Industry Safety Order, Title 8-3362		X		Remodel is not completed. Many unfinished areas are present including stairwell landings.
The facility is free of structural and other safety hazards.				

Summary of environmental health evaluation:

Take action to repair the following:

6th Floor Kitchen

1. Seal all gaps in walls, holes, and conduit/plumbing junctures.
2. Repair all missing and damaged floor tiles throughout.
3. Complete tile at raised concrete area where old stove was removed.
4. Install coved base at least 4 inches high along all wall to floor areas where missing or damaged. Areas to be addressed are east wall, north wall located at hot holding equipment, three compartment sink, paper good storage, walk-in cooler, back hallway, restroom door wall, old cooking line, etc.
5. Elevate bottom shelves to at least 6 inches in height.
6. Install electrical plates/covers where needed.
7. Install clean out covers where missing.
8. Seal/grout tile located at 3-compartment sink.
9. Seal top, sides, and bottom of paper goods storage.
10. Seal top, sides, and bottom of walk-in cooler.
11. Drain walk-in cooler condensate via 1-inch air gap into a floor sink.
12. Seal all gaps at access panels and doorframes.
13. Repair paint along top of ceramic tile in restroom.
14. Repair hole in tile in restroom floor next to hand sink and other damaged tiles.
15. Repair/seal/grout ceramic tiles on walls throughout.
16. Provide a hand sink in kitchen area for employee hand washing.

17. Secure floor drain covers.

6th Floor General

1. Repair deteriorated cement at catwalks.
2. Properly seal all pipe thru areas to prevent rodent/insect harborage.
3. Provide coving at wall areas where missing.
4. Repair deteriorated wall of Admin Office at catwalk area. Coving recommended in this area.
5. Replace missing main hallway coving.
6. Complete remodel/finishing of storage; formerly old drunk tank area.
7. Complete finish of stairwell from 6th to 4th floor. Noted safety hazards due to unfinished work at landings.

4th Floor General

This floor is unfinished at time of inspection.

NOTES: Call Food Plan Check Specialist, Sara Rhodes, at 562-570-4492, for any questions concerning the kitchen area and adherence to kitchen plans that were submitted.

ADDITIONAL INSPECTION - Conducted on 01/12/05, at 9:40 am, with Jail Administrator Yvonne Duke and Detention Supervisor Walt Williams. The reason for the inspection was a walk through of the 4th Floor Jail per request of Sergeant Ryan Ford. The following items need correction:

1. North and South catwalk ceiling cap to windows needs to be completed.
2. North catwalk, west wall, rough opening needs to be closed and finished.
3. Coving needs to be applied in all areas of floor to wall juncture.
4. The cement coving at the "backporch" wall to floor area is not covering exposed metal angle iron and other metal protrusions causing a safety hazard.
5. Clean wall in large storage room of food debris.
6. Seal hole in floor of large storage room.
7. Finish ramp areas of walkways to prevent tripping hazards.
8. Finish painting ceiling in laundry area where a torch was used to cut through the metal.
9. Cap open non-operational sewer line by washing machine to prevent rodent and insect harborage.
10. Seal pipe penetrations in pipe spaces as needed.
11. Repair leaking plumbing to sink by water fountain.
12. Repair handwash sink deteriorated counter coving.
13. Check with Building Department for suspect non-code drainage of handwash sink and water fountain to prison shower stall.
14. Seal cracked cement walkway at south catwalk.
15. Check with Building Department on employee bathroom sinks where both are are connected with a rubber hose before the "P" trap at a "Y" connection to each sink. Suspect non-code plumbing.

ENVIRONMENTAL HEALTH INSPECTION CHECKLIST ATTACHMENT

Reference: California Uniform Retail Food Facilities Law; Health and Safety Code (HSC) Division 104, Part 7, Chapter 4, Articles 1-8

Use of this checklist is optional; however, inspectors may find it useful when determining responses to the Environmental Health Evaluation. Facility managers may use the checklist and corresponding explanations of key CURFFL requirements as a self-audit.

HSC AREAS	YES	NO	N/A	COMMENTS
<i>Foodborne Illness – Critical Risk Factors</i>				
1. Knowledge in Food Safety				
113716 (HSC) Minimum standards of knowledge in food safety	X			
2. Cooling, Holding and Preparing Food Ahead of Service				
113995 (HSC) Holding potentially hazardous foods; temperatures for holding, keeping or displaying; thermometers	X			
114002 (HSC) Cooling of potentially hazardous foods	X			
114085 (HSC) Storage of frozen food; refreezing thawed food; thawing potentially hazardous food	X			Non-working refrigeration equipment needs to be removed.
3. Personal Hygiene/Food Handling				
114020 (HSC) Requirements for food handlers/hand washing	X			
114095 (HSC) Water supply; minimum temperature for hot water	X			
114105 (HSC) Toilet facilities	X			
114115 (HSC) Hand washing facilities	X			Handwash facilities need to be installed in kitchen area per plan check.
114135 (HSC) Food service clothing/apron storage	X			
4. Cooking Temperatures				
113996 (HSC) Cooking temperatures (Lauren Beth Rudolph Safety Act of 1997)	X			
113998 (HSC) Reheating of foods		X		Food served once and not reheated.
5. Cross Contamination/Inspection				
113980 (HSC) Protection from contamination/approved sources	X			
114003 (HSC) Inspections upon receipt	X			
114010 (HSC) Food must be protected	X			
114015 (HSC) Returned food	X			
114050 (HSC) Facilities and equipment are to be clean and in good repair	X			See summary of corrections.
114080 (HSC) Storage of food and non-food items	X			
<i>Safety, Housekeeping, Maintenance and Equipment</i>				
6. Cleaning and Sanitizing				
114060 (HSC) Requirements for manual sanitation and cleaning, and sanitizing of utensils and equipment	X			A new three compartment sink had been installed and the dishwasher removed.

ENVIRONMENTAL HEALTH INSPECTION CHECKLIST ATTACHMENT

Reference: California Uniform Retail Food Facilities Law; Health and Safety Code (HSC) Division 104, Part 7, Chapter 4, Articles 1-8

HSC AREAS	YES	NO	N/A	COMMENTS
114090 (HSC) Cleanliness of utensils and equipment; three-compartment metal sink required; methods of cleaning utensils	X			
7. Pesticide and Cleaning Supply Storage				
114021 (HSC) Posting of signs			X	
114025 (HSC) Storage and use of poisonous or injurious substances			X	Long Beach Vector Control takes care of insect/vermin program.
8. Vermin Exclusion				
114030 (HSC) Prevention of the entrance and harborage of insects and/or rodents		X		See summary of corrections. No active rodent infestation noted.
9. Solid Waste				
114035 (HSC) Storage and disposal of waste material			X	
10. Other Requirements				
114040 (HSC) Cleanliness of premises	X			See summary of corrections.
114045 (HSC) Prohibition against live animals; Exceptions; Liability for damages	X			
114055/114056 (HSC) Requirements for HACCP Plans & HACCP Plans Requiring Approval. The food facility may operate pursuant to a Hazard Analysis Critical Control Point Plan (HACCP). Applicability is determined by food management techniques.			X	
114057 (HSC) Date marking on containers	X			
114065 (HSC) New or replacement equipment	X			Jail is currently in the process of a remodel.
114100 (HSC) Installation and maintenance of plumbing; disposal of liquid waste; drains	X			
114140 (HSC) Ventilation; mechanical exhaust for cooking equipment			X	
114150 (HSC) Floor surface materials and floor drains	X			See summary of corrections.
114155 (HSC) Wall and ceiling surfaces	X			See summary of corrections.
114160 (HSC) Storage for clean linens; containers for soiled linens	X			
114165 (HSC) Storage area for cleaning equipment and supplies; disposal of mop bucket waste and other liquid wastes	X			
114170 (HSC) Lighting requirements	X			
114175 (HSC) Living and sleeping quarters shall be separated from food preparation areas	X			

Environmental Health summary of corrections required:

NOTE: Kitchen is being completely remodeled and will be finished the beginning of 2005. Please see violations noted located on the main Environmental Health Evaluation Report.

EXPLANATION FOR CURFFL REQUIREMENTS ON INSPECTION ATTACHMENT

The following explanation was developed by California environmental health inspectors as a reference for detention facility health inspectors and facility managers. It is not intended as a replacement to California Uniform Retail Food Facilities Law (CURFFL). Explanations reference the numbers on the CURFFL attachment to the Board of Corrections inspection checklist.

FOODBORNE ILLNESS – CRITICAL RISK FACTORS

1. Knowledge in Food Safety

- Health and Safety Code 113716
- Food Safety Manager

Knowledgeable managers and employees, who understand the importance of food safety are vital to the operation of a food facility in preventing foodborne illness. Each food facility must have at least one employee who has successfully passed an approved and accredited food safety certification examination. The certification is good for three years from the date of issuance and is to be kept on file in each food facility.

2. Cooling, Holding & Preparing Food Ahead of Service

- Health and Safety Code 113995
- Hot and Cold Holding Temperatures

Maintaining proper holding temperatures is one of the most important factors in preventing foodborne illness. Since disease-causing bacteria are able to multiply rapidly at temperatures between 41 degrees Fahrenheit and 140 degrees Fahrenheit, and this is known as the temperature danger zone. You can prevent bacterial growth in food by keeping hot foods hot, and cold foods cold. The proper holding temperatures for potentially hazardous foods are:

- Hot foods shall be kept at 140 degrees Fahrenheit or above.
- Cold foods shall be refrigerated at 41 degrees Fahrenheit or below. The exception is in refrigeration of eggs and packaged pasteurized milk may be held at 45 degrees Fahrenheit or below.
- Frozen food shall be kept at 0 degrees Fahrenheit or below.

Ways in which hot foods can be held safely:

- Transfer hot foods directly to an oven, steam table, or other holding unit. Do not heat foods in a steam table or by using hot holding equipment.
- Reheat leftover foods to 165 degrees Fahrenheit prior to placing in holding unit.
- If possible, avoid cooking foods more than one day ahead of time.
- Stir foods at frequent intervals to evenly distribute heat.
- Keep a cover on foods to help maintain temperatures.

Ways in which cold foods can be held safely:

- Keep foods in cold-holding tables, commercial refrigerated display cases, and refrigerators.
- For salad bars and display units place the food containers in ice up to the product depth.
- Keep a cover on foods held in cold holding units to help maintain temperatures.
- Check the temperature of the foods on a frequent and regular basis. Use a calibrated, clean and sanitized thermometer. Thermostat gauges of holding equipment may not accurately indicate the internal temperature of the food and should not solely be relied on during food preparation.

Thawing

Frozen food must be thawed under refrigeration, or under cold (70 degrees Fahrenheit) running water, as part of the cooking process or in a microwave oven as part of a continuous cooking process.

- Health and Safety Code 114002
- Cooling of Potentially Hazardous Food
- Potentially hazardous food prepared or cooked, which will be served at a later time and which is not held at 140 degrees Fahrenheit must be rapidly cooled to prevent the growth of microorganisms that cause foodborne illness.
- After heating or hot holding, potentially hazardous food must be cooled from 140 degrees Fahrenheit to 70 degrees Fahrenheit within two hours and from 70 degrees Fahrenheit to 41 degrees Fahrenheit or below within four hours.
- Food prepared at room temperature must be cooled to 41 degrees Fahrenheit or below within four hours.

Methods of Rapid Cooling:

- Using shallow pans.
- Separating food into smaller portions.
- Using rapid cooling equipment.
- Adding ice.
- Placing food in an ice bath and stirring.
- Other means as approved by local Environmental Health Agency.

3. Personal Hygiene/Food Handling

- **Health and Safety Code 114020, 110435, 114095, 114115**
- **Food Handlers**

Employees (including inmate workers) must conduct themselves in such a manner that they do not contribute to the contamination of either food or utensils. This includes the need for wearing clean outer garments and hairnets, caps, etc., to confine hair. Hands must be washed for at least 20 seconds before and after any activity that may result in contamination. This includes:

- Immediately before engaging in food preparation or handling.
- When switching from handling raw food products to ready-to-eat food.
- After handling soiled equipment or utensils.
- After using the toilet facilities.
- After coughing, sneezing, eating or drinking.
- After any other activity that may contaminate the hands.

Disposable gloves are to be worn by employees (including inmate workers in detention facilities), when contacting food or food surfaces if the individual has any cuts, sores, rashes, artificial nails, etc. An adequate supply of dispensed soap and paper towels are to be maintained at all sinks used for hand washing.

4. Cooking Temperatures

- **Health and Safety Code 113996, 113998**
- **Cooking Temperatures**

Proper cooking of potentially hazardous foods at correct temperatures is essential to kill bacteria, viruses, and parasites and deactivate some bacterial toxins. The following are the minimum internal cooking temperatures:

- Poultry, stuffed meats, stuffed pasta, leftovers: 165 degrees Fahrenheit.
- Ground meats, including ground beef (non-poultry): 155 degrees Fahrenheit.
- Injected or game meats: 155 degrees Fahrenheit.
- Eggs, fish, pork, steak and most other potentially hazardous foods: 145 degrees Fahrenheit.

Foods cooked in a microwave oven must be stirred or rotated often during cooking, and need to be covered and heated throughout to a minimum temperature of 165 degrees Fahrenheit. Never cook or reheat food using hot holding equipment, and never add raw food to food that has already been cooked. The final cooking temperatures should be checked with a sanitized, calibrated thermometer.

5. Cross Contamination/Inspection

- **Health and Safety Code 114003**
- **Inspecting Food Upon Receipt**

Food delivered to a food facility must be inspected upon receipt. A receipt or invoice is to be provided upon delivery in order to verify this food is from an approved source.

Purchasing and Receiving of Food:

- Only clean and unbroken shell eggs shall be received.
- Carefully inspect deliveries for proper labeling, temperature and appearance.
- Check shipments for intact packaging, e.g., broken boxes, leaky packages or dented cans are signs of mishandling.
- Check packages for signs of refreezing and/or pest infestation.
- Inspect deliveries immediately and put items away as quickly as possible.
- Frozen foods are accepted only if there is no sign of thawing or re-freezing.

➤ **Health and Safety Code 114010, 114080**

➤ **Food Storage**

All food must be stored in a manner that prevents contamination. Food must be stored at least six inches above the floor and away from sources of contamination, e.g., like overhead pipes and trash storage areas. Ready-to-eat food must be stored away from, or above raw food, such as uncooked meat, poultry or pork. Bulk container of flour, sugar etc. must be labeled and kept covered. Unpackaged food, which has been previously served, shall not be served to another person.

Safety, Housekeeping, Maintenance and Equipment

6. Cleaning and Sanitizing

➤ **Health and Safety Code 114060/114090**

➤ **Cleaning and Sanitizing Utensils and Equipment**

After utensils, cutting boards, prep tables, and other food contact surfaces have been soiled from food storage, preparation, cooking and/or service, they must be washed, rinsed and sanitized before re-use. Failure to do so properly could contaminate food and lead to foodborne illness. Cleaning and Sanitizing must occur separately to be effective.

Definitions:

- "Cleaning" is the physical removal of soil and food matter from a surface.
- "Sanitizing" is the reduction of the number of bacteria and viruses on a surface to safe levels.

Dishwashing Machines

Dishwashing machines, when properly operated and maintained, can be very effective in removing soil and destroying microorganisms. Dishwashing machines must be certified or classified for sanitation by an American National Standards Institute (ANSI) accredited certification program or otherwise approved by the local environmental health jurisdiction. Generally, there are two types of dishwashing machines, and they differ in their method of sanitizing:

- High Temperature Machines sanitize dishes by rinsing dishes and utensils in water that has been heated to a temperature between 180 degrees Fahrenheit to 195 degrees Fahrenheit. The temperature at the dish surface must be at least 160 degrees Fahrenheit.
- Chemical-Sanitizing Machines dispense a chemical sanitizer into the final rinse water [concentration must be at least 50 to 100 parts per million (ppm) chlorine].

The sanitizing temperature or chemical concentration must be checked often to ensure proper levels are maintained.

Manual Dishwashing

Washing, rinsing, and sanitizing equipment, utensils, and other food-contact surfaces can also be done manually in a three-compartment sink. In a three-compartment sink, the first compartment is used for washing, the second is used for rinsing and the third is used for sanitizing. The three-compartment sink shall be equipped with dual integral drain boards. There are five steps to the manual dishwashing method:

1. Pre-Rinse: Scrap and pre-rinse dishes thoroughly.
2. Wash with hot water and dishwashing detergent.
 - a. Hot water means that the water should be as hot as can be tolerated by hand.
 - b. Change the water often to keep it hot and free of food particles.
3. Rinse: Rinse in clean hot water to remove detergent.
 - a. Hot water means the water should be as hot as can be tolerated by hand.
 - b. Change the water often to keep it hot.
4. Sanitize: Immerse dishes into the warm (75 degrees Fahrenheit to 120 degrees Fahrenheit) sanitizer solution for the required amount of time listed below. Change the water solution often. The choices of sanitizer and the time required are:
 - a. 100 ppm chlorine for 30 seconds, or
 - b. 200 ppm quaternary ammonium for one minute, or
 - c. 25 ppm iodine for one minute, or
 - d. Hot water, at least 180 degrees Fahrenheit for 30 seconds.
5. Air Dry: Allow dishes to air dry or store in a draining position.

Frequency of Washing and Sanitizing

Food contact surfaces, such as prep tables, cutting boards, and utensils, (including knives and serving spoons) must be cleaned and sanitized throughout the day if in continuous use or after each use as indicated:

- Whenever there is a change between animal products.
- Each time there is a change from working with raw meats, or other potentially hazardous foods, to ready-to-eat foods.
- If the utensil or equipment is in continuous use throughout the day, it must be washed and sanitized at least every four hours.
- At any time during food preparation when contamination of the equipment or utensil may have occurred.

Wiping Cloths

Wiping cloths used on service counters, scales, and other surfaces that may directly or indirectly contact food, shall be used only once until laundered, or held in a sanitizing solution as indicated in #4 above, "Sanitize." The water solution must be changed often to keep it clean and to maintain the proper strength of sanitizer. Wiping cloths and solution used in the dining area must not be used on kitchen equipment and other food contact surfaces.

Sanitizer Test Kits

Sanitizer testing kits are necessary to ensure proper concentrations are being prepared and maintained. Check with your cleaning chemical or restaurant supplier to obtain the specific type of kit for the sanitizing chemical used in your facility.

7. Pesticide and Cleaning Supply Storage

- Health and Safety Code 114025
- Use and Storage of Pesticides and Cleaning Supplies

All pesticides and cleaning supplies must be stored in an area where they will not contaminate food or food contact surfaces, utensils or packaging materials. It is recommended that only a licensed pest control operator should apply pesticides. Pesticides are not to be stored with cleaning supplies.

8. Vermin Exclusion

- Health and Safety Code 114030
- Exclusions of Vermin

To exclude flies, physical barriers such as the installation of window and door screening, high velocity air curtain fans above exterior doors, and installation of self-closing devices on exterior doors are recommended. Openings under exterior doors and around pipes and wires that enter buildings through exterior walls, greater than one-quarter inch, are to be sealed to exclude rodents.

9. Solid Waste Management

- Health and Safety Code 114035
- Solid Waste Management and Garbage Disposal

Pests attracted by garbage, can contaminate food items, equipment and utensils. The solid waste management (garbage) program shall include:

- Removal of trash and garbage away from food preparation areas as soon as possible, and from the facility at least once each week, or more often if necessary to prevent a nuisance.
- Use of leak proof garbage containers with tight fitting lids.
- Frequent cleaning of garbage containers in a location away from food preparation and food storage areas.

10. Other Requirements

- Health and Safety Codes 114040 –114175 (from attachment to inspection checklist)

Please reference the California Uniform Retail Food Facilities Law if further explanation is required.

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Additional servings from the dairy, vegetable-fruit, and grain groups are provided in amounts to assure caloric supply is at the required levels. (See RDA for recommended caloric intakes.)	X			
Fat is added only in minimum amounts necessary to make the diet palatable; however, at least one-tablespoon fat and/or oil is provided daily.	X			
A variety of food is served.	X			
1242 Menus (Applicable in Type II and III facilities and in those Type IV facilities where food is served.) Menus are planned at least one month in advance of their use, where kitchen facilities are a part of the facility. Menus are planned to provide a variety of foods, thus preventing repetitive meals.			X	Menus are developed by the Long Beach Unified School District.
A registered dietitian approves cycle menus before they are used.			X	
If any meal served varies from the planned menu, the change is noted in writing on the menu and/or production sheet.			X	
A registered dietitian evaluates menus, as planned and including changes, at least annually.			X	
1243 Food Manager In Type II and III facilities with an average daily population of 100 or more, a trained and experienced food service manager is employed or available to prepare and implement a food services plan that includes:	X		X	The Jail Administrator and two full-time Institutional Cooks.
Developing procedures for actual meal service;	X			
Planning menus;	X			
Identifying vendors and purchasing food;	X			
Identifying the methods, equipment and supplies to be used for transporting and serving food at safe temperatures and of palatable quality;	X			
Implementing a portion control system;	X			
Designating and supervising kitchen personnel;	X			
Training facility staff in serving food to comply with sanitary standards set forth in Health and Safety Code, Division 104 Part 7, Chapter 4, Articles 1-8, Sections 113700 et seq. California Uniform Retail Food Facilities Law;	X			
Training food service staff and inmates;	X			
Arranging to dispose of garbage and trash in a safe and sanitary manner;	X			
Preparing a yearly food budget;	X			
Planning a logistical support system for the food preparation function;	X			
Implementing a food cost accounting system and inventories;	X			
Developing an emergency feeding plan; and,	X			
Maintaining and repairing food service equipment and appliances.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
In facilities of less than 100 average daily population and in Temporary Holding, Type I and Type IV facilities, there is a written food service plan that addresses the applicable elements listed above. The plan is updated as necessary and is available for review in the facility.			X	
1247 Disciplinary Isolation Diet			X	
No inmate receiving a prescribed therapeutic diet is placed on a disciplinary isolation diet without review by the responsible physician or pursuant to a plan approved by the physician.				
The disciplinary isolation diet is an exception to the three-meal-a-day standard and is served twice in each 24-hour period.			X	
Each serving consists of one-half of the loaf (or a minimum of 19 ounces cooked loaf) described in the regulation or, if approved by the Board of Corrections, another equally nutritious diet. Additionally the inmate receives two slices of whole wheat bread and at least one quart of drinking water, if the cell does not have a water supply.				
The disciplinary isolation diet is not continued longer than 72 hours without the written approval of the facility manager.			X	
1248 Therapeutic Diets	X			
Only the attending physician can prescribe a therapeutic diet.				
Therapeutic diets utilized by a facility are planned, prepared and served with consultation from a registered dietitian.		X		Physician orders the diet and nurse is consulted for appropriate substitutions for the meal/snack.
The facility manager complies with providing any therapeutic diet prescribed for an inmate.		X		Only offer diabetic diet.
There is a therapeutic diet manual that includes sample menus. It is available to in-facility medical personnel and food service staff for reference and information.		X		
A registered dietitian reviews, and the responsible physician approves, the diet manual on an annual basis.		X		

Summary of nutritional evaluation:

The annual jail inspection was conducted on Monday December 20th, 2004. The meals for this facility are temporarily being provided by the Long Beach Unified School District. The menu complies with the requirements for type II and III jail facilities. No food preparation occurs on site. Hot meals are transported to the facility in a warmer. Cold foods are kept in the refrigerator/freezer. The only therapeutic diet offered at this facility is a diabetic diet. Inmates requiring any other therapeutic diet are sent out to the county hospital.

III. MEDICAL/MENTAL HEALTH EVALUATION

Adult Type I, II, III and IV Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 10. Health Services				
1200 Responsibility For Health Care Services	X			
The facility administrator has developed a plan to ensure provision of emergency and basic health care services to all inmates.				
Clinical judgments are the sole province of the responsible physician, dentist, and psychiatrist or psychologist, respectively.	X			
Security regulations are applicable to facility staff and health care personnel.	X			
At least one physician is available.	X			
In Type IV facilities where routine health services are provided by access to the community, there is a written plan for the treatment, transfer, or referral of emergencies. <i>(When Type IV facilities provide health services within the facility, they must meet applicable regulations, as do other facilities.)</i>			X	
1202 Health Service Audits <i>(Applicable to facilities with on-site health care staff)</i>	X			
There is a written plan for annual statistical summaries of health care and pharmaceutical services that are provided.				
There is a mechanism to assure that the quality and adequacy of health care services are assessed annually.	X			
There is a process for correcting identified deficiencies in the health care and pharmaceutical services delivered.	X			
Based on information from these audits, the health authority provides the facility administrator with an annual written report on health care and pharmaceutical services delivered.	X			
1203 Health Care Staff Qualifications <i>(Applicable to facilities with on-site health care staff)</i>	X			
There are policies and procedures to assure that state licensing, certification, or registration requirements and restrictions that apply in the community, also apply to health care personnel in the facility.				
Health care staff credentials are on file at the facility or another central location where they are available for review.	X			
1204 Health Care Procedures <i>(Applicable to facilities with on-site health care staff)</i>	X			
Medical care performed by personnel other than a physician, is performed pursuant to written protocol or order of the responsible physician.				
1205 Health Care Records <i>(Applicable to facilities with on-site health care staff)</i>	X			
Individual, complete and dated health records are maintained and include, but are not limited to:				

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Receiving screening form/history (<i>Note: The intake receiving screening form may also be included in the custody file. See Guidelines for discussion.</i>);	X			
Medical/mental health evaluation reports;	X			
Complaints of illness or injury;	X			
Names of personnel who treat prescribe, and/or administer/deliver prescription medication;	X			
Location where treatment is provided; and,	X			
Medication records in conformance with Title 15 § 1216.	X			
Physician-patient confidentiality privilege is applied to the record; the health authority controls access; health record files are maintained separately from other inmate jail records.	X			
The responsible physician or designee communicates information obtained in the course of medical-mental health screening and care to jail authorities when necessary for the protection of the welfare of the inmate or others, management of the jail, or maintenance of jail security and order.				
The inmate's written authorization is necessary for transfer of health record information unless otherwise provided by law or regulation.	X			
Inmates are not used for medical record keeping.	X			
1206 Health Care Procedures Manual (<i>Applicable to facilities with on-site health care staff</i>)	X			Computer based electronic medical manual and nursing procedures manual.
There is a health services manual, with policies and procedures that conform to applicable state and federal law. The manual is reviewed and updated at least annually.				
The health care manual includes, but is not limited to:				
Summoning and application of proper medical aid;	X			
Contact and consultation with private physicians;	X			
Emergency and non-emergency medical and dental services, including transportation;	X			
Provision for medically required dental and medical prostheses and eyeglasses;	X			
Notification of next of kin or legal guardian in case of serious illness which may result in death;	X			
Provision for screening and care of pregnant and lactating women, including postpartum care, and other services mandated by statute;			X	Women are held at West Police Substation.
Screening, referral and care of mentally disordered and developmentally disabled inmates;	X			
Implementation of special medical programs;	X			
Management of inmates suspected of or confirmed to have communicable diseases;	X			
The procurement, storage, repackaging, labeling, dispensing, administration-delivery to inmates, and disposal of pharmaceuticals;	X			
Use of non-physician personnel in providing medical care;	X			24/7 Nursing care.

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Provision of therapeutic diets;	X			Meals contracted with LBUSD School Kitchen.
Patient confidentiality and its exceptions;	X			
Transfer of pertinent individualized health care information (or documentation that no health care information is available), to the health authority of another correctional system, medical facility or mental health facility at the time each inmate is transferred and prior to notification to HSC Sections 121361 and 121362 for inmates with known or suspected active tuberculosis disease;	X			
Procedures for notifying facility health care staff of a pending transfer allow sufficient time to prepare the summary.	X			
The summary information identifies the sending facility, is in a consistent format that includes the need for follow-up care, diagnostic tests performed, medications prescribed, pending appointments, significant health problems and other information that is necessary to provide for continuity of health care.	X			
Necessary inmate medication and health care information are provided to the transporting staff, together with precautions necessary to protect staff and inmate passengers from disease transmission during transport.	X			
Forensic medical services, including drawing of blood alcohol samples, body cavity searches, and other functions for the purpose of prosecution are not be performed by medical personnel responsible for providing ongoing health care to the inmates.	X			
1206.5 Management of Communicable Diseases	X			
There is a written plan that addresses the identification, treatment, control and follow-up management of communicable diseases. The plan reflects the current local incidence of communicable diseases which threaten the health of inmates and staff and includes:				
Intake health screening procedures;	X			
Identification of relevant symptoms;	X			
Referral for medical evaluation;	X			
Treatment responsibilities during incarceration; and,	X			
Coordination with public and private community-based resources for follow-up treatment.	X			
Consistent with the plan, there are policies and procedures that conform with applicable state and federal law, which include but are not limited to:	X			
The types of communicable diseases to be reported;	X			
The persons who must receive the medical reports;	X			
Sharing of medical information with inmates and custody staff;	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Medical procedures required to identify the presence of disease(s) and lessen the risk of exposure to others;	X			
Medical confidentiality requirements;	X			
Housing considerations based upon behavior, medical needs, and safety of the affected inmates;	X			
Provision for inmates consent that address the limits of confidentiality; and,	X			
Reporting and appropriate action upon the possible exposure of custody staff to a communicable disease.	X			
1207 Medical Receiving Screening	X			
A receiving screening is performed on all inmates at the time of intake. <i>(See regulation for exception.)</i>				
This screening is completed in accordance with procedures established by the responsible physician in cooperation with the facility administrator.	X			
The screening includes, but is not limited to, medical, mental health, developmental disabilities, and communicable diseases, including, TB and other airborne diseases.	X			
The screening is performed by licensed health care staff or by trained facility staff.	X			
There is a written plan for compliance with PC§ 2656, which allows prisoners to keep prescribed orthopedic or prosthetic appliances unless an immediate risk to security has been determined.	X			
There is a written plan to provide medical care for any inmate who appears in the need of or requests medical, mental health or developmental disability treatment.	X			
1207.5 Special Mental Disorder Assessment <i>(Not applicable Type I & IV. Type I facilities are expected to transfer these women to an appropriate facility where the assessment can occur.)</i>			X	Type I Facility.
There are written procedures for the mental health screening of women who have given birth within the past year and are charged with murder or attempted murder of their infant. Screening occurs at intake and, if postpartum psychosis is indicated, a referral for further evaluation is made.				
1208 Access to Treatment	X			
A written plan has been developed and implemented for identifying, assessing, treating and/or referring any inmate who appears to be in need of medical, mental health or developmental disability treatment at any time during incarceration.				
Health care personnel perform the evaluation.	X			
1209 Transfer to a Treatment Facility <i>(Not applicable Type I and IV.)</i>			X	
There are policies and procedures to provide mental health services that include but are not limited to:				
Screening for mental health problems;	X			Intake screening then transferal.

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Crisis intervention and management of acute psychiatric episodes;			X	
Stabilization and treatment of mental disorders; and,			X	
Medication support services.			X	
Provision is made to transfer mentally disordered inmates to a Lanterman Petris Short treatment facility for further evaluation as provided in PC § 4011.6 or 4011.8, unless the jail contains a designated treatment facility.	X			
1210 Individualized Treatment Plans	X			
Treatment staff develops a written individualized plan for each inmate treated by the medical and/or mental health staff.				
Custody staff is informed of the treatment plan when necessary to ensure coordination and cooperation in the ongoing care of the inmate.	X			
Where recommended by treatment staff, the plan includes referral to treatment after release from the facility.	X			
1211 Sick Call	X			
There are policies and procedures for daily sick call for all inmates.				
Any inmate requesting health care is provided that attention.	X			
1212 Vermin Control	X			Environmental Health of LBDHHS notified. EH provides control measures for vermin.
There is a written plan for the control and treatment of vermin infested inmates, including medical protocols, for treating persons suspected of being infested or having contact with vermin-infested inmates.				
1213 Detoxification Treatment (Not applicable Type IV.)	X			
Medical policies on detoxification which a statement as to whether detoxification will be provided within the facility or require transfer to a licensed medical facility, and, procedures and symptoms necessitating immediate transfer to a hospital or other medical facility.				
When medically licensed personnel are not in attendance, inmates undergoing withdrawal reactions, judged or defined as not readily controllable with available medical treatment, are transferred to an appropriate medical facility.	X			
1214 Informed Consent	X			
There is a written plan to assure informed consent of inmates in a language understood by the inmate.				
Except in emergencies, as defined in Business and Professional Code § 2397 and Title 15 § 1217, all examination, treatments and procedures affected by informed consent standards in the community are likewise observed for inmate care.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
For minors and conservatees, the informed consent of parent, guardian, or legal custodian applies when the law requires it. Absent informed consent in non-emergency situations, a court order is required before involuntary treatment is done.			X	Juveniles are only held at Juvenile Detention Station. No juvenile is held more than 6 hours.
Any inmate who has not been adjudicated to be incompetent may refuse non-emergency health care.	X			
1215 Dental Care	X			
Emergency and medically required dental care is provided to inmates, upon request.				
1216 Pharmaceutical Management	X			
Pharmaceutical policies, procedures, space and accessories include, but are not limited to:				
Securely lockable cabinets, closets and refrigeration units:	X			
A means for the positive identification of the recipient of the prescribed medication;	X			
Administration/delivery of medicines to minors as prescribed;	X			
Confirmation that the recipient has ingested the medication or accounting for medication under self-administration procedures outlined in Title 15, § 1216;	X			
Documenting that prescribed medications have or have not been administered, by whom, and if not, for what reason;	X			
Prohibiting delivery of drugs by inmates;	X			
Limitation to the length of time medication may be administered without further medical evaluation;	X			
Limitation to the length of time allowable for a physician's signature on verbal orders, and,	X			
An annual written report is prepared by a pharmacist on the status of pharmacy services, and provided to the health authority and facility administrator.	X			
There are written protocols that are consistent with pharmacy laws and regulations, and limit the following functions to being performed by the identified personnel:	X			
Procurement is done only by a physician, dentist, pharmacist, or other person authorized by law.	X			
Medication storage assures that stock supplies of legend medications are accessed only by licensed health care personnel. Supplies of legend medications that have been properly dispensed and supplies of over-the-counter medications, may be accessed by both licensed and non-licensed staff.	X			
Repackaging is done only by a physician, dentist, pharmacist, or other persons authorized by law.	X			Contract with Pharmacist.

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Labels are prepared by either licensed or non-licensed personnel, provided the label is checked and affixed to the container by the physician, dentist, or pharmacist before administration or delivery to the inmate. Labels are prepared in accordance with Business and Professions Code § 4076.	X			
Dispensing is only done by a physician, dentist, pharmacist, or persons authorized by law.	X			
Administration of medication is only done by authorized and licensed health care personnel acting on the order of a prescriber.	X			
Licensed and non-licensed personnel may deliver medication acting on the order of a prescriber.	X			
Disposal of legend medication is done accordance with pharmacy laws and regulations and requires any combination of two of the following classifications: physician, dentist, pharmacist, or reregistered nurse. Controlled substances are disposed of in accordance with Drug Enforcement Administration disposal procedures.	X			
There are written procedures for managing and providing over-the-counter medications, which include but are not limited to how they are made available, documentation when delivered by staff and precautions against hoarding large quantities.	X			
Policy and procedures may allow inmate self-administration of prescribed medication under limited circumstances (<i>see regulation text</i>). If self-administration of prescription drugs is not allowed, this subsection is "not applicable." When allowed, policies and procedures must include but are not limited to:	X			i.e. Inhalers.
Medications permitted for self-administration are limited to those with no recognized abuse potential. Medication for treating tuberculosis, psychotropic medication, controlled substances, injectables and any medications for which documentation of ingestion is essential, are excluded from self-administration.	X			
Inmates with histories of frequent rule violations of any type, or those who are found to be in violation of rules regarding self-administration, cannot participate.	X			
Prescribing health care staff must document that each inmate participating in self-administration is capable of understanding and following the rules of the program and instructions for medication use.	X			
Provisions are made for the secure storage of the prescribed medication when it is not on the inmate's person.	X			
Provisions are made for consistent enforcement of self-medication rules by both custody and health care staff, with systems of communication among them when either one finds that an inmate is in violation of rules regarding the program.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Health care staff performs documented assessments of inmate compliance with self-administration medication regimens. Compliance evaluations are done with sufficient frequency to guard against hoarding medication and deterioration of the inmate's health.	X			
1217 Psychotropic Medications <i>(Not applicable Type IV.)</i>	X			
There are policies and procedures governing the use of psychotropic medications.				
Involuntary administration of psychotropic medication is limited to emergencies. <i>(See Business and Professional Code § 2397 and the text of Title 15 § 1217 for definition of an emergency.)</i>	X			
If psychotropic medication is administered in an emergency, such medication is only that which is required to treat the emergency condition.	X			
Medication is prescribed by a physician in written form in the inmate's record or by verbal order in a dosage appropriate to the inmate's need. Verbal orders are entered in the inmate's record and signed by a physician within 72 hours.	X			
There is a protocol for supervising and monitoring inmates who are involuntarily receiving psychotropic medication.	X			
Psychotropic medication is not administered to an inmate absent an emergency unless: (1) the inmate has given his or her informed consent in accordance with WIC § 5326.2; or, (2) has been found to lack the capacity to give consent pursuant to the county's hearing procedures under the Lanterman-Petris-Short (LPS) Act for handling capacity determinations and subsequent reviews. <i>(Note: Inspections need to be aware of differing consent requirements for juveniles held in adult facilities.)</i>	X			
Policies limit the length of time both voluntary and involuntary psychotropic medications may be administered.	X			
There is a plan for monitoring and re-evaluating all inmates receiving psychotropic medications, including a review of all emergency situations.	X			
The administration of psychotropic medication is not allowed for disciplinary reasons.	X			
1218 Inmate Deaths	X			
There are procedures to ensure that there is a medical review of every in-custody inmate death. <i>(Note: See Title 15 § 1206, regarding notification requirements in the event of serious illness or injury.)</i>				
1219 Suicide Prevention Program	X			
There is a written suicide prevention plan designed to identify, monitor and provide treatment for those inmates who present a suicide risk.				
1220 First Aid Kits	X			
One or more first aid kits are available in the facility.				

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
The responsible physician has approved the contents, number, location and procedure for periodic inspection of the kit(s).	X			
1051 Communicable Diseases	X			
Upon identification, all inmates with suspected communicable diseases are segregated until a medical evaluation can be completed.				
In absence of medically trained personnel at the time of intake into the facility, an inquiry is made to determine if the inmate has or has had any communicable diseases, or has observable symptoms of communicable diseases, including but not limited to tuberculosis or other airborne diseases, hepatitis, or other special medical problems identified by the health authority.	X			
The inmate's response is noted on the booking form and/or screening device.	X			
1052 Mentally Disordered Inmates	X			Inmates with unstable mental illness are transferred. Inmates controlled on psychiatric medications are allowed to continue their medications.
There are policies and procedures to identify and evaluate all mentally disordered inmates, with segregation provided, if necessary to protect the safety of the inmate of others.				
A physician's opinion is secured within 24 hours of identification or at the next daily sick call, whichever is earliest.	X			
1055 Use of Safety Cell	X			
A safety cell, specified in Title 24, Section 2-470A.2.5, is used only to hold inmates who display behavior that results in the destruction of property or reveals an intent to cause physical harm to self or others.				
There are policies and procedures, written by the facility administrator in cooperation with the responsible physician, governing safety cell use.	X			
Safety cells are not used for punishment or as a substitute for treatment.	X			
Placement requires the approval of the facility manager or watch commander, or a physician delegated by the facility manager.	X			
There are procedures that assure necessary nutrition and fluids are administered.	X			
Continued retention of the inmate is reviewed a minimum of every eight hours.	X			
Inmates are allowed to retain sufficient clothing, or are provided with a "safety garment" to provide for personal privacy unless risks to the inmate's safety or facility security are documented.	X			
Direct visual observation is conducted at least twice every 30 minutes and is documented.	X			
Continued retention of inmate is reviewed a minimum of every eight hours.	X			
A medical assessment is secured within 12 hours of placement in this cell or at the next daily sick call, whichever is earliest, and medical clearance for continued retention is secured every 24 hours thereafter.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
A mental health opinion on placement and retention is secured within 24 hours of placement.	X			
1056 Use of Sobering Cell	X			
Pursuant to policies and procedures, a sobering cell, specified in Title 24, Part 2 § 470A.2.4, is used only for housing inmates who are a threat to their own safety or the safety of others due to their state of intoxication. Policies and procedures for managing the sobering cell, include handling both males and females.				
Intermittent direct visual observation of inmates in sobering cells conducted no less than every half hour..	X			
An evaluation by a medical staff person or by custody staff, pursuant to written medical procedures in accordance with Section 1213 of these regulations, occurs whenever any inmate is retained in a sobering cell for more than six hours.	X			
Such inmates are removed from the sobering cell when they are able to continue with processing.	X			
1057 Developmentally Disabled Inmates	X			
There are procedures to identify and evaluate all developmentally disabled inmates. <i>(Note: Appropriate housing is based on T-15 § 1050, Classification.)</i>				
A contact to the regional center occurs within 24 hours when an inmate is suspected or confirmed to be developmentally disabled. <i>(Applicable only in facilities holding inmates in excess of 24 hours.)</i>	X			
1058 Use of Restraint Devices	X			
<i>(Note: The regulation distinguishes "use of force" from use of restraints. Health inspectors should familiarize themselves with this discussion in the Medical-Mental Health Guidelines and contact their BOC Field Representative if there are questions regarding applicability to a particular facility.)</i>				
Restraints are used only to hold inmates who display behavior that results in the destruction of property or reveals an intent to cause physical harm to self or others.				
Restraints are not used as a discipline or as a substitute for treatment.	X			
There are policies and procedures for the use of restraint devices including acceptable restraint devices; signs or symptoms which should result in immediate medical/mental health referral; availability of CPR equipment; protective housing of restrained persons; provisions for hydration and sanitation needs; and exercising of extremities.	X			
Inmates are placed in restraints only with approval of the facility manager, watch commander, or if delegated, a physician.	X			
All inmates in restraints are housed alone or in a specified area for restrained inmates.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Direct visual observation is conducted and logged at least twice every 30 minutes.	X			
Continued retention in such restraints is reviewed every two hours.	X			
A medical opinion on placement and retention is secured as soon as possible but no later than four hours from the time of placement.	X			
Medical review for continued retention in restraint devices occurs at a minimum of every six hours.	X			
A mental health consultation is secured as soon as possible, but no later than eight hours from the time of placement.	X			
Other Applicable Codes				
Title 24 Part 2 § 470.2.12 – Medical Exam Room Availability			X	Type I Facility built prior to 1999.
In facilities constructed after 2-1-99, a medical examination room is available in every facility that provides on-site health care. Prior to 2-1-99, every Type II and III facility designed to house 25 or more inmates must have a medical exam room. The examination room must:				
Be suitably equipped;	X			
Be located within the security area and provide for inmate privacy;	X			
Have at least 100 square feet of floor space with no single dimension less than 7 feet;	X			
Provide hot and cold running water (<i>Note: For facilities constructed after 2-1-99, any rooms where medical procedures are provided must be equipped with hot and cold running water, even though this area may not technically be an "examination room"</i>); and,			X	
Have lockable storage for medical supplies (<i>Applicable to facilities constructed after 2-1-99</i>).	X			
Title 24 Part 2, § 470A.2.13 – Pharmaceutical Storage Space	X			
There is lockable storage space for medical supplies and pharmaceutical preparation as referenced in Title 15, § 1216.				
Title 24 Part 2 § 470A.2.14 – Medical Care Housing	X			
There is a means to provide medical care and housing to ill and/or infirm inmates. If this housing is located in the jail, it must:				
Provide lockable storage space for medical instruments; and,	X			
Be located within the security area of the facility, accessible to both female and male inmates, but not in the living area of either.	X			
If negative pressure isolation rooms are being planned, they are designed to the community standard (<i>Applicable to facilities constructed after 2-1-99</i>).	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Title 24 Part 2 § 470.2.25- Confidential Interview Rooms In facilities constructed after 2-1-99, there must be a minimum of one suitably furnished interview room for confidential interviews in every facility that provides on-site health care. For facilities constructed prior to 2-1-99, every Type II and III facility designed to house 25 or more inmates must have a confidential interview room. The interview room must:			X	
Be suitably equipped;			X	
Be located within the security area accessible to both female and male inmates; and,			X	
Provide no less than 70 square feet of floor space with no single dimension less than 6 feet.			X	
HSC 11222 and 11877 Addicted Arrestee Care	X			
Where there is reasonable cause to believe an arrestee is addicted to a controlled substance, there is provision for medical aid to relieve symptoms.				
In accordance with statute, persons on methadone maintenance are allowed to continue until conviction, at the direction of the licensed methadone program director.	X			
PC 4023.6 Female Inmate Physician			X	Female inmates are held at West Police Substation.
Reasonable procedures are established to allow a female prisoner to summon and receive the services of any physician of choice to determine pregnancy.				
Procedures allow female inmates to receive needed medical services.			X	
These procedures are posted in at least one conspicuous place in which all female inmates have access.			X	
PC 4023.5 Female Inmate – Personal Care			X	West Police Substation.
At their request, female inmates are allowed to continue use of materials for:				
Personal hygiene regarding menstrual cycle; and,			X	
Birth control measures as prescribed by their physician.			X	
The county furnishes females who are confined in the facility with information and education regarding the availability of family planning services.			X	
Family planning services are offered to each female inmate at least 60 days prior to a scheduled release date and services of a licensed physician are available to meet her family planning needs at the time of release.			X	
PC 4028 Abortions			X	West Police Substation.
Pregnant inmates, if eligible, are permitted to obtain an abortion pursuant to law. Such rights are posted in at least one conspicuous place accessed by all female inmates.				

Summary of medical/mental health evaluation:
 Medical services meet State minimum standards. No violations identified.

**ADULT COURT AND TEMPORARY HOLDING FACILITIES
Local Detention Facility Health Inspection Report
Health and Safety Code Section 101045**

BOC #: _____

FACILITY NAME: SHERIFF COURT HOLDING FACILITY		COUNTY: LOS ANGELES
FACILITY ADDRESS (STREET, CITY, ZIP CODE, TELEPHONE): 415 W OCEAN BLVD LONG BEACH, CA 90802		
TELE: (562) 590-3621 (HOLDING FACILITY)/ (562) 590-3622		
CHECK THE FACILITY TYPE AS DEFINED IN TITLE 15, SECTION 1006:	COURT HOLDING FACILITY: XXXX	TEMPORARY HOLDING FACILITY:
ENVIRONMENTAL HEALTH EVALUATION	DATE INSPECTED: DECEMBER 20, 2004	
ENVIRONMENTAL HEALTH EVALUATORS (NAME, TITLE, TELEPHONE): STEVE LE CHEMINANT, REHS IV TELE: (562) 570-6747 FAX: (562) 570-6034		
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): SERGEANT MAURICE A. HILL TELE: (562) 590-3622 FAX: (562) 436-3743		
NUTRITIONAL EVALUATION	DATE INSPECTED: DECEMBER 20, 2004	
NUTRITIONAL EVALUATORS (NAME, TITLE, TELEPHONE): REBECCA KILLIAN, REGISTERED DIETICIAN TELE: (562) 570-4469		
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): SERGEANT MAURICE A. HILL TELE: (562) 590-3622		
MEDICAL/MENTAL HEALTH EVALUATION	DATE INSPECTED: DECEMBER 20, 2004	
MEDICAL/MENTAL HEALTH EVALUATORS (NAME, TITLE, TELEPHONE): DR. DARRYL SEXTON, MD TELE: (562) 570-4013 FAX: (562) 570-4049 CITY HEALTH OFFICER		
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): SERGEANT MAURICE A. HILL TELE: (562) 570-590-3622		

This checklist is to be completed pursuant to the attached instructions.

**I. ENVIRONMENTAL HEALTH EVALUATION
Adult Court and Temporary Holding Facilities**

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Food				
Approach for Providing Food Service <i>(Not applicable for CH.)</i> <i>CURFFL, the California Uniform retail food Facilities Law (HSC Division 104, Part 7, Chapter 4, Articles 1-8, Section 11370 et seq.) has been incorporated into Title 15 for local detention facilities through the rulemaking process.</i> Food served in the facility is prepared in the facility. If "No," respond to items 1 and 2 below prior to continuing with the checklist.	X			Food consists of a single service peanut butter and jelly sandwich, two cookies, apple, and water. Food materials sent from Los Angeles Main Jail on bus. Lunches assembled on premises and individually bagged.
1. Food is prepared at another city or county detention facility.		X		
2. Food is contracted through a private vendor who had been inspected and complies with provisions of CURFFL.			X	
1245 Kitchen Facilities, Sanitation and Food Service <i>(Not applicable for CH.)</i> Kitchen facilities, sanitation, and food preparation, service and storage comply with standards set forth in CURFFL.			X	
In facilities where inmates prepare meals for self-consumption, or where frozen meals or prepared food from other facilities permitted pursuant to HSC § 113920 (a) through (d) is (re)heated and served, the following CURFFL standards may be waived by the local health officer. <i>(Note: while the regulation uses the word "waived," the intent is that the inspector exercises professional latitude to approve alternative methods that provide for food safety and sanitation in these situations.)</i>			X	
HSC § 114056, Hazard Analysis Critical Control Point (HACCP) plans, review, approval, suspension, revocation; hearing;			X	
HSC § 114065, New or replacement equipment;			X	
HSC § 114090 Utensil and equipment cleaning and sanitation;			X	
HSC § 114140 Ventilation;			X	
HSC § 114150 (a) Floors; and,			X	
HSC § 114165 (b) Storage area for cleaning equipment and supplies; disposal of mop bucket and wastes and other liquid wastes.			X	
1246 Food Serving Food is prepared and served only under the immediate supervision of a staff member.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 13. Bedding and Linens				
1270 Standard Bedding and Linen Issue <i>(Not applicable for CH.)</i>			X	
The standard issue of clean suitable bedding and linens, for each inmate held for longer than 12 hours includes:				
One serviceable mattress which meets the requirements of Title 15 § 1272;			X	
One mattress cover or one sheet;			X	
One freshly laundered or dry-cleaned blanket, depending upon climatic conditions.			X	
1272 Mattresses <i>(Not applicable for CH.)</i>			X	
Mattresses are enclosed in an easily cleaned, non-absorbent ticking and conform to the size of the bunk as referenced in Title 24, Section 470 A.3.5 Beds (at least 30" wide X 76" long).				
Any mattress purchased for issue to an inmate in a facility, which is locked to prevent unimpeded access to the outdoors, is certified by the manufacturer as meeting all requirements of the State Fire Marshal and Bureau of Home Furnishings test standard for penal mattresses. Technical Information Bulletin Number 121, dated April 1980.			X	
Article 12. Facility Sanitation and Safety				
1280 Facility Sanitation, Safety and Maintenance	X			
There are policies and procedures for the maintenance of an acceptable level of cleanliness, repair and safety throughout the facility.				
The plan provides for a regular schedule of housekeeping tasks and inspections to identify and correct unsanitary or unsafe conditions or work practices.	X			
Other Applicable Codes				
Title 24, Uniform Building Code – Plumbing	X			
Toilet bowls, washbasins, drinking fountains, and showers are clean and in good repair.				
Title 24, Uniform Building Code – Cleanliness and Repair		X		See summary at end of this report.
Floors, walls, windows, grillwork and ceilings are clean and in good repair.				
Title 24, Part 1, 13-102(c)6 – Heating and Cooling		X		Air circulation appears static and stale.
There is provision for a comfortable living environment in accordance with the heating, ventilating, and air conditioning requirements of Parts 2 and 4 and energy conservation requirements of Part 6, Title 24, CCR.				
Title 24, Uniform Plumbing Code – Floor Drains	X			
Floor drains are flushed at least weekly.				
Traps contain water to prevent escape of sewer gas.	X			
Grids and grates are present.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Title 24, Part 2, 470A.3.6 – Lighting	X			
Lighting in housing units, dayrooms and activity areas is sufficient to permit easy reading by a person with normal vision.				
20 foot candles light are provided at desk level and in the grooming area. <i>(Applicable to facilities constructed after 1980.)</i>	X			
Lighting is centrally controlled or occupant controlled in housing cells or rooms.	X			
Night lighting provides good vision for supervision. <i>(Applicable to facilities constructed after 1980.)</i>	X			
CA Safe Drinking Water Act	X			
Potable water is supplied from an approved source in satisfactory compliance with this Act.				
Local Ordinances	X			
Solid, toxic and infectious wastes are disposed of in accordance with state and local laws and regulations.				
HSC § 1803	X			
The facility is free of vermin (or vermin signs), and general housekeeping is satisfactory.				
General Industry Safety Order, Title 8-3362	X			
The facility is free of structural and other safety hazards.				

Summary of environmental health evaluation:

Floor 4D

1. Remove chipping paint and repaint walls, floors, and seating areas, as needed in all holding tanks.
2. Repair/paint deteriorated plaster on pillars and walls at hallway walk areas. Note: Never addressed since last inspection.
3. Clean return air vent grates on a routine basis. Note: Appear to not have been cleaned in months.
4. Check air flow and ventilation.

Floor 2D

4. Repair/repaint deteriorated wall at elevator area.
5. Repair deteriorated plaster, remove grime, and repaint, as needed hallway.
6. Provide adequate airflow and ventilation of this holding area. Note: Air is stale and not circulating in all areas of this floor.

III. MEDICAL/MENTAL HEALTH EVALUATION
Adult Court and Temporary Holding Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 10. Health Services				
1200 Responsibility For Health Care Services				
The facility administrator has developed a plan to ensure provision of emergency and basic health care services to all inmates.	X			
1207 Medical Receiving Screening <i>(Not applicable for CH.)</i>			X	
A receiving screening is performed on all inmates at the time of intake. <i>(See regulation for exception.)</i>				
This screening is completed in accordance with written procedures established by the facility administrator.			X	
The screening includes, but is not limited to, medical, mental health, developmental disabilities, and communicable diseases, including, TB and other airborne diseases.			X	
The screening is performed by licensed health care staff or by trained facility staff.			x	
There is a written plan for compliance with PC§ 2656, which allows prisoners to keep prescribed orthopedic or prosthetic appliances unless an immediate risk to security has been determined.			X	
There is a written plan to provide medical care for any inmate who appears in the need of or requests medical, mental health or developmental disability treatment.			X	
1209 Transfer to a Treatment Facility <i>Not applicable CH.)</i>			X	
There are policies and procedures to provide mental health services that include but are not limited to:				
Screening for mental health problems;			X	
Crisis intervention and management of acute psychiatric episodes;			x	
Stabilization and treatment of mental disorders; and,			X	
Medication support services.			X	
Provision is made to transfer mentally disordered inmates to a Lanterman Petris Short treatment facility for further evaluation as provided in PC § 4011.6 or 4011.8, unless the jail contains a designated treatment facility.			X	
1212 Vermin Control <i>(Not applicable for CH.)</i>			X	
There is a written plan for the control and treatment of vermin infested inmates, including medical protocols, for treating persons suspected of being infested or having contact with vermin-infested inmates.				

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
<p>1213 Detoxification Treatment (Not applicable for CH.)</p> <p>Medical policies on detoxification include a statement as to whether detoxification will be provided within the facility or require transfer to a licensed medical facility, and, procedures and symptoms necessitating immediate transfer to a hospital or other medical facility.</p>			X	
<p>When medically licensed personnel are not in attendance, inmates undergoing withdrawal reactions, judged or defined as not readily controllable with available medical treatment, are transferred to an appropriate medical facility.</p>			X	
<p>1218 Inmate Deaths</p> <p>There are written procedures to ensure that there is a medical review of every in-custody inmate death.</p>	X			
<p>1219 Suicide Prevention Program</p> <p>There is a written suicide prevention plan designed to identify, monitor and provide treatment for those inmates who present a suicide risk.</p>	X			
<p>1220 First Aid Kits</p> <p>One or more first aid kits are available in the facility.</p>	X			
<p>The facility administrator has approved the contents, number, location and procedure for periodic inspection of the kit(s).</p>	X			
<p>1051 Communicable Diseases</p> <p>Upon identification, all inmates with suspected communicable diseases are segregated until a medical evaluation can be completed.</p>	X			
<p>In absence of medically trained personnel at the time of intake into the facility, an inquiry is made to determine if the inmate has or has had any communicable diseases, or has observable symptoms of communicable diseases, including but not limited to tuberculosis or other airborne diseases, hepatitis, or other special medical problems identified by the health authority.</p>	X			
<p>The inmate's response is noted on the booking form and/or screening device.</p>	X			
<p>1052 Mentally Disordered Inmates</p> <p>There are policies and procedures to identify and evaluate all mentally disordered inmates, with segregation provided, if necessary to protect the safety of the inmate of others.</p>	X			
<p>A physician's opinion is secured within 24 hours of identification or at the next daily sick call, whichever is earliest.</p>	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
1055 Use of Safety Cell (Not applicable for CH)				
A safety cell, specified in Title 24, Section 2-470A.2.5, is used only to hold inmates who display behavior that results in the destruction of property or reveals an intent to cause physical harm to self or others.			X	
There are policies and procedures, written by the facility administrator in cooperation with the responsible physician, governing safety cell use.			X	
Safety cells are not used for punishment or as a substitute for treatment.			X	
Placement requires the approval of the facility manager or watch commander, or a physician delegated by the facility manager.			X	
There are procedures that assure necessary nutrition and fluids are administered.			X	
Continued retention of the inmate is reviewed a minimum of every eight hours.			X	
Inmates are allowed to retain sufficient clothing, or are provided with a "safety garment" to provide for personal privacy unless risks to the inmate's safety or facility security are documented.			X	
Direct visual observation is conducted at least twice every 30 minutes and is documented.			X	
Continued retention of inmate is reviewed a minimum of every eight hours.			X	
A medical assessment is secured within 12 hours of placement in this cell or at the next daily sick call, whichever is earliest, and medical clearance for continued retention is secured every 24 hours thereafter.			X	
A mental health opinion on placement and retention is secured within 24 hours of placement.			X	
1056 Use of Sobering Cell (Not applicable for CH)				
Pursuant to policies and procedures, a sobering cell, specified in Title 24, Part 2 § 470A.2.4, is used only for housing inmates who are a threat to their own safety or the safety of others due to their state of intoxication. There are policies and procedures for managing the sobering cell, including handling both males and females.			X	
Intermittent direct visual observation of inmates in sobering cells conducted no less than every half hour.			X	
An evaluation by a medical staff person or by custody staff, pursuant to written medical procedures in accordance with Section 1213 of these regulations, occurs whenever any inmate is retained in a sobering cell for more than six hours.			X	
Such inmates are removed from the sobering cell when they are able to continue with processing.			X	
1057 Developmentally Disabled Inmates				
There are procedures for the identification and evaluation of all developmentally disabled inmates. (Note: Appropriate housing is based on T-15 § 1050, Classification.)	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
A contact to the regional center occurs within 24 hours when an inmate is suspected or confirmed to be developmentally disabled. <i>(Applicable only in facilities holding inmates in excess of 24 hours.)</i>			X	
1058 Use of Restraint Devices <i>(Note: The regulation distinguishes "use of force" from use of restraints. Health inspectors should familiarize themselves with this discussion in the Medical-Mental Health Guidelines and contact their BOC Field Representative if there are questions regarding applicability to a particular facility.)</i> Restraints are used only to hold inmates who display behavior that results in the destruction of property or reveals an intent to cause physical harm to self or others.	X			
Restraints are not used as discipline or as a substitute for treatment.	X			
There are policies and procedures for the use of restraint devices including acceptable restraint devices; signs or symptoms which should result in immediate medical/mental health referral; availability of CPR equipment; protective housing of restrained persons; provisions for hydration and sanitation needs; and exercising of extremities.	X			
Inmates are placed in restraints only with approval of the facility manager, watch commander, or if delegated, a physician.	X			
All inmates in restraints are housed alone or in a specified area for restrained inmates.	X			
Direct visual observation is conducted and logged at least twice every 30 minutes.	X			
Continued retention in such restraints is reviewed every <u>two</u> hours.	X			
A medical opinion on placement and retention is secured as soon as possible but no later than <u>four</u> hours from the time of placement.	X			
Medical review for continued retention in restraint devices occurs at a <u>minimum</u> of every <u>six</u> hours.	X			
A mental health consultation is secured as soon as possible, but no later than <u>eight</u> hours from the time of placement.	X			

Summary of medical/mental health evaluation:
No violations noted.

**ADULT COURT AND TEMPORARY HOLDING FACILITIES
Local Detention Facility Health Inspection Report
Health and Safety Code Section 101045**

BOC #: _____

FACILITY NAME: WEST SIDE POLICE FACILITY		COUNTY: LOS ANGELES
FACILITY ADDRESS (STREET, CITY, ZIP CODE, TELEPHONE): 1835 SANTA FE AVENUE LONG BEACH, CA 90810		
TELE: (562) 570-3422		
CHECK THE FACILITY TYPE AS DEFINED IN TITLE 15, SECTION 1006:	COURT HOLDING FACILITY:	TEMPORARY HOLDING FACILITY: XXXX
ENVIRONMENTAL HEALTH EVALUATION	DATE INSPECTED: DECEMBER 20, 2004	
ENVIRONMENTAL HEALTH EVALUATORS (NAME, TITLE, TELEPHONE): STEVE LE CHEMINANT, REHS IV TELE: (562) 570-6747 FAX: (562) 570-6034		
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): OFFICER J. GJERSVOLD TELE: (562) 570-3422		
NUTRITIONAL EVALUATION	DATE INSPECTED: DECEMBER 20, 2004	
NUTRITIONAL EVALUATORS (NAME, TITLE, TELEPHONE): REBECCA KILLIAN, REGISTERED DIETICIAN TELE: (562) 570-4469		
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): OFFICER J. GJERSVOLD TELE: (562) 570-3422		
MEDICAL/MENTAL HEALTH EVALUATION	DATE INSPECTED: DECEMBER 20, 2004	
MEDICAL/MENTAL HEALTH EVALUATORS (NAME, TITLE, TELEPHONE): DR. DARRYL SEXTON, MD TELE: (562) 570-4013 FAX: (562) 570-4049 CITY HEALTH OFFICER		
FACILITY STAFF INTERVIEWED (NAME, TITLE, TELEPHONE): OFFICER J. GJERSVOLD TELE: (562) 570-590-3622		

This checklist is to be completed pursuant to the attached instructions.

**I. ENVIRONMENTAL HEALTH EVALUATION
Adult Court and Temporary Holding Facilities**

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Food				
Approach for Providing Food Service <i>(Not applicable for CH.)</i> <i>CURFFL, the California Uniform retail food Facilities Law (HSC Division 104, Part 7, Chapter 4, Articles 1-8, Section 11370 et seq.) has been incorporated into Title 15 for local detention facilities through the rulemaking process.</i> Food served in the facility is prepared in the facility. If "No," respond to items 1 and 2 below prior to continuing with the checklist.		X		Food delivered from Long Beach Unified School Kitchen located at: 3333 Airport Way, Long Beach, CA 90806, telephone (562)427-7923.
1. Food is prepared at another city or county detention facility.		X		
2. Food is contracted through a private vendor who had been inspected and complies with provisions of CURFFL.	X			Long Beach Unified School Kitchen.
1245 Kitchen Facilities, Sanitation and Food Service <i>(Not applicable for CH.)</i> Kitchen facilities, sanitation, and food preparation, service and storage comply with standards set forth in CURFFL.			X	
In facilities where inmates prepare meals for self-consumption, or where frozen meals or prepared food from other facilities permitted pursuant to HSC § 113920 (a) through (d) is (re)heated and served, the following CURFFL standards may be waived by the local health officer. <i>(Note: while the regulation uses the word "waived," the intent is that the inspector exercises professional latitude to approve alternative methods that provide for food safety and sanitation in these situations.)</i>			X	
HSC § 114056, Hazard Analysis Critical Control Point (HACCP) plans, review, approval, suspension, revocation; hearing;			X	
HSC § 114065, New or replacement equipment;			X	
HSC § 114090 Utensil and equipment cleaning and sanitation;			X	
HSC § 114140 Ventilation;			X	
HSC § 114150 (a) Floors; and,			X	
HSC § 114165 (b) Storage area for cleaning equipment and supplies; disposal of mop bucket and wastes and other liquid wastes.			X	
1246 Food Serving Food is prepared and served only under the immediate supervision of a staff member.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 13. Bedding and Linens				
1270 Standard Bedding and Linen Issue <i>(Not applicable for CH.)</i>	X			Inmates can be held up to 24 hours.
The standard issue of clean suitable bedding and linens, for each inmate held for longer than 12 hours includes:				
One serviceable mattress which meets the requirements of Title 15 § 1272;	X			
One mattress cover or one sheet;			X	
One freshly laundered or dry-cleaned blanket, depending upon climatic conditions.	X			
1272 Mattresses <i>(Not applicable for CH.)</i>	X			
Mattresses are enclosed in an easily cleaned, non-absorbent ticking and conform to the size of the bunk as referenced in Title 24, Section 470 A.3.5 Beds (at least 30" wide X 76" long).				
Any mattress purchased for issue to an inmate in a facility, which is locked to prevent unimpeded access to the outdoors, is certified by the manufacturer as meeting all requirements of the State Fire Marshal and Bureau of Home Furnishings test standard for penal mattresses. Technical Information Bulletin Number 121, dated April 1980.	X			
Article 12. Facility Sanitation and Safety				
1280 Facility Sanitation, Safety and Maintenance	X			
There are policies and procedures for the maintenance of an acceptable level of cleanliness, repair and safety throughout the facility.				
The plan provides for a regular schedule of housekeeping tasks and inspections to identify and correct unsanitary or unsafe conditions or work practices.	X			
Other Applicable Codes				
Title 24, Uniform Building Code – Plumbing	X			
Toilet bowls, wash basins, drinking fountains, and showers are clean and in good repair.				
Title 24, Uniform Building Code – Cleanliness and Repair	X			
Floors, walls, windows, grillwork and ceilings are clean and in good repair.				
Title 24, Part 1, 13-102(c)6 – Heating and Cooling	X			
There is provision for a comfortable living environment in accordance with the heating, ventilating, and air conditioning requirements of Parts 2 and 4 and energy conservation requirements of Part 6, Title 24, CCR.				
Title 24, Uniform Plumbing Code – Floor Drains	X			
Floor drains are flushed at least weekly.				
Traps contain water to prevent escape of sewer gas.	X			
Grids and grates are present.	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Title 24, Part 2, 470A.3.6 – Lighting Lighting in housing units, dayrooms and activity areas is sufficient to permit easy reading by a person with normal vision.	X			
20 foot candles light are provided at desk level and in the grooming area. <i>(Applicable to facilities constructed after 1980.)</i>	X			
Lighting is centrally controlled or occupant controlled in housing cells or rooms.	X			
Night lighting provides good vision for supervision. <i>(Applicable to facilities constructed after 1980.)</i>	X			
CA Safe Drinking Water Act Potable water is supplied from an approved source in satisfactory compliance with this Act.	X			
Local Ordinances Solid, toxic and infectious wastes are disposed of in accordance with state and local laws and regulations.			X	
HSC § 1803 The facility is free of vermin (or vermin signs), and general housekeeping is satisfactory.	X			
General Industry Safety Order, Title 8-3362 The facility is free of structural and other safety hazards.	X			

Summary of environmental health evaluation:

No violations noted.

III. MEDICAL/MENTAL HEALTH EVALUATION
Adult Court and Temporary Holding Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 10. Health Services				
1200 Responsibility For Health Care Services	X			Facility houses females only for up to 24 hours.
The facility administrator has developed a plan to ensure provision of emergency and basic health care services to all inmates.				
1207 Medical Receiving Screening <i>(Not applicable for CH.)</i>	X			
A receiving screening is performed on all inmates at the time of intake. <i>(See regulation for exception.)</i>				
This screening is completed in accordance with written procedures established by the facility administrator.	X			
The screening includes, but is not limited to, medical, mental health, developmental disabilities, and communicable diseases, including, TB and other airborne diseases.	X			
The screening is performed by licensed health care staff or by trained facility staff.	X			
There is a written plan for compliance with PC§ 2656, which allows prisoners to keep prescribed orthopedic or prosthetic appliances unless an immediate risk to security has been determined.	X			
There is a written plan to provide medical care for any inmate who appears in the need of or requests medical, mental health or developmental disability treatment.	X			
1209 Transfer to a Treatment Facility <i>Not applicable CH.)</i>	X			Persons with medical problems become priority for transfer. Emergency services available in local ER. Transported by Paramedics. Inmates can be held up to 24 hours.
There are policies and procedures to provide mental health services that include but are not limited to:				
Screening for mental health problems;	X			
Crisis intervention and management of acute psychiatric episodes;	X			
Stabilization and treatment of mental disorders; and,	X			
Medication support services.	X			
Provision is made to transfer mentally disordered inmates to a Lanterman Petris Short treatment facility for further evaluation as provided in PC § 4011.6 or 4011.8, unless the jail contains a designated treatment facility.	X			
1212 Vermin Control <i>(Not applicable for CH.)</i>	X			
There is a written plan for the control and treatment of vermin infested inmates, including medical protocols, for treating persons suspected of being infested or having contact with vermin-infested inmates.				

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
1213 Detoxification Treatment <i>(Not applicable for CH.)</i> Medical policies on detoxification include a statement as to whether detoxification will be provided within the facility or require transfer to a licensed medical facility, and, procedures and symptoms necessitating immediate transfer to a hospital or other medical facility.	X			
When medically licensed personnel are not in attendance, inmates undergoing withdrawal reactions, judged or defined as not readily controllable with available medical treatment, are transferred to an appropriate medical facility.	X			
1218 Inmate Deaths There are written procedures to ensure that there is a medical review of every in-custody inmate death.	X			
1219 Suicide Prevention Program There is a written suicide prevention plan designed to identify, monitor and provide treatment for those inmates who present a suicide risk.	X			Transfer to LA County.
1220 First Aid Kits One or more first aid kits are available in the facility.	X			
The facility administrator has approved the contents, number, location and procedure for periodic inspection of the kit(s).	X			
1051 Communicable Diseases Upon identification, all inmates with suspected communicable diseases are segregated until a medical evaluation can be completed.	X			
In absence of medically trained personnel at the time of intake into the facility, an inquiry is made to determine if the inmate has or has had any communicable diseases, or has observable symptoms of communicable diseases, including but not limited to tuberculosis or other airborne diseases, hepatitis, or other special medical problems identified by the health authority.	X			
The inmate's response is noted on the booking form and/or screening device.	X			
1052 Mentally Disordered Inmates There are policies and procedures to identify and evaluate all mentally disordered inmates, with segregation provided, if necessary to protect the safety of the inmate of others.	X			Sent to IRC/Harbor General.
A physician's opinion is secured within 24 hours of identification or at the next daily sick call, whichever is earliest.			X	

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
1055 Use of Safety Cell <i>(Not applicable for CH)</i> A safety cell, specified in Title 24, Section 2-470A.2.5, is used only to hold inmates who display behavior that results in the destruction of property or reveals an intent to cause physical harm to self or others.	X			Inmates can be held up to 24 hours. Separate cell is available, and inmate becomes priority for transfer to LA County.
There are policies and procedures, written by the facility administrator in cooperation with the responsible physician, governing safety cell use.	X			
Safety cells are not used for punishment or as a substitute for treatment.	X			
Placement requires the approval of the facility manager or watch commander, or a physician delegated by the facility manager.	X			
There are procedures that assure necessary nutrition and fluids are administered.	X			
Continued retention of the inmate is reviewed a minimum of every eight hours.	X			
Inmates are allowed to retain sufficient clothing, or are provided with a "safety garment" to provide for personal privacy unless risks to the inmate's safety or facility security are documented.	X			
Direct visual observation is conducted at least twice every 30 minutes and is documented.	X			
Continued retention of inmate is reviewed a minimum of every eight hours.	X			
A medical assessment is secured within 12 hours of placement in this cell or at the next daily sick call, whichever is earliest, and medical clearance for continued retention is secured every 24 hours thereafter.	X			
A mental health opinion on placement and retention is secured within 24 hours of placement.	X			
1056 Use of Sobering Cell <i>(Not applicable for CH)</i> Pursuant to policies and procedures, a sobering cell, specified in Title 24, Part 2 § 470A.2.4, is used only for housing inmates who are a threat to their own safety or the safety of others due to their state of intoxication. There are policies and procedures for managing the sobering cell, including handling both males and females.	X			
Intermittent direct visual observation of inmates in sobering cells conducted no less than every half hour.	X			
An evaluation by a medical staff person or by custody staff, pursuant to written medical procedures in accordance with Section 1213 of these regulations, occurs whenever any inmate is retained in a sobering cell for more than six hours.	X			
Such inmates are removed from the sobering cell when they are able to continue with processing.	X			
1057 Developmentally Disabled Inmates There are procedures for the identification and evaluation of all developmentally disabled inmates. <i>(Note: Appropriate housing is based on T-15 § 1050, Classification.)</i>	X			

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
A contact to the regional center occurs within 24 hours when an inmate is suspected or confirmed to be developmentally disabled. <i>(Applicable only in facilities holding inmates in excess of 24 hours.)</i>	X			
1058 Use of Restraint Devices <i>(Note: The regulation distinguishes "use of force" from use of restraints. Health inspectors should familiarize themselves with this discussion in the Medical-Mental Health Guidelines and contact their BOC Field Representative if there are questions regarding applicability to a particular facility.)</i> Restraints are used only to hold inmates who display behavior that results in the destruction of property or reveals an intent to cause physical harm to self or others.	X			
Restraints are not used as discipline or as a substitute for treatment.	X			
There are policies and procedures for the use of restraint devices including acceptable restraint devices; signs or symptoms which should result in immediate medical/mental health referral; availability of CPR equipment; protective housing of restrained persons; provisions for hydration and sanitation needs; and exercising of extremities.	X			
Inmates are placed in restraints only with approval of the facility manager, watch commander, or if delegated, a physician.	X			
All inmates in restraints are housed alone or in a specified area for restrained inmates.	X			
Direct visual observation is conducted and logged at least twice every 30 minutes.	X			
Continued retention in such restraints is reviewed every <u>two</u> hours.	X			
A medical opinion on placement and retention is secured as soon as possible but no later than <u>four</u> hours from the time of placement.	X			
Medical review for continued retention in restraint devices occurs at a minimum of every <u>six</u> hours.	X			
A mental health consultation is secured as soon as possible, but no later than <u>eight</u> hours from the time of placement.	X			

Summary of medical/mental health evaluation:

Medical services meet State minimum standards. No violations identified.